

June 2012

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Dada Bhagwan Parivar's

# AKRAM

## Express

Store of Happiness



Come on, let us also open up a Store of Happiness!

# Store of Happiness

Editorial

Dear Friends,

I am certain you go shopping! Its fun to go shopping, isn't it? You get to buy brand new things. At that time we might even have the thought that, "How lucky this shopkeeper is! He can get all the things whenever he wants, from his own shop! Don't you agree?"

Param Pujya Dadashri always used to say that, "Whatever goods we sell in our shop, we never need to go and purchase those from elsewhere." Similarly, if we open a store of happiness, we will never fall short of happiness in our life.

The beautiful understanding behind questions such as, "What is a store of happiness? How can you open up such a store? How is it beneficial?" have been given in this issue.

So come on, after reading this, let us also open our own store of happiness and reap the benefits of obtaining happiness ourselves too (without looking for it elsewhere).

-Dimple Mehta

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# Dadaji

# Says...



What is a 'Store of Happiness'? Supplying the merchandise of happiness to everyone is a good business. When we establish such a shop, should we give the merchandise of happiness or unhappiness?

Questioner: Only of happiness, Dada.

Dadashri: Yes, we should supply the merchandise of happiness to everyone. At that time, even if we get the merchandise of unhappiness, we should always give the person a stock of happiness. Don't do any other business. From the moment you wake up, give only happiness to others, never give unhappiness. In the morning resolve that, 'I want to give happiness in some

form or other to whoever I come across.'

Now, someone may say, "How can we give happiness to others, we do not have any money." In that case, spending money is not the only way to give happiness. If somebody is hungry, then we can give him something to eat or drink. If someone is in need of clothes, we can give away our used clothes. You can provide happiness to others with whatever potential you have. If you are smart, then you can use your smartness to explain things to someone and reduce the person's unhappiness. At the very least, you should have an obliging nature. Launch such a store of happiness such that you provide nothing but happiness to all. "I have come to give only happiness," this is what should be in the mind.

If you open a store of happiness, then in your share as well only happiness will remain and others will receive only happiness as well. If we have a confectionery store, then would we ever have to go elsewhere to purchase sweets? You can eat them whenever you want. If the entire store is full of sweets then what more do you need? Therefore, you should open a store of just happiness. Thereafter, you shall have no problems. So, if you have given happiness to others, you will definitely get happiness. It is not possible to obtain happiness by giving unhappiness to anyone. What is the natural law of this world, if you give your own fruits to others, then nature will take care of you. If you bestow happiness upon others, then its immediate reaction is that, happiness will automatically come your way. That is why you should keep giving happiness.



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# Two Questions

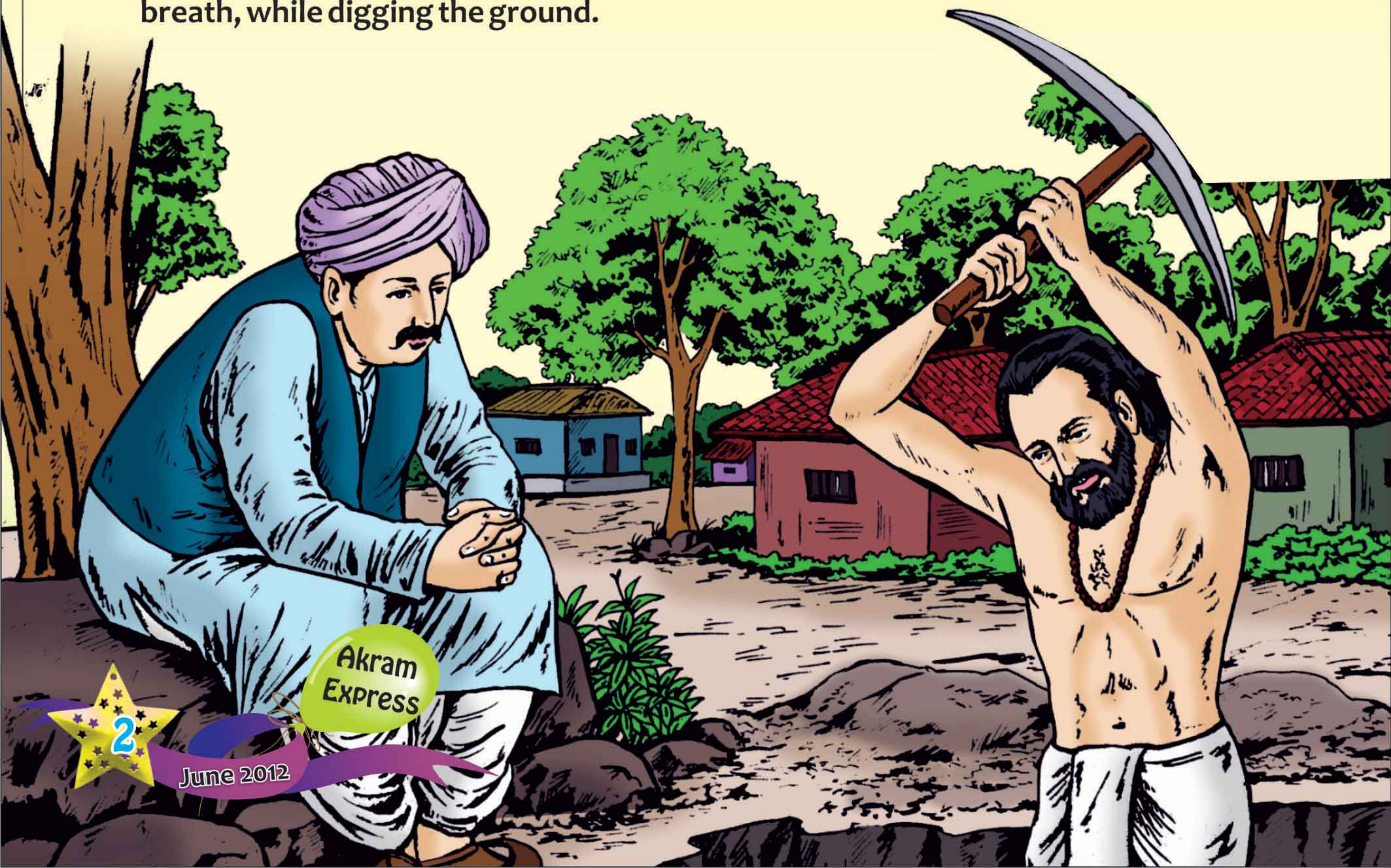
Trilokchand was a trader of grains. He used to face minor problems and difficulties in his trade, but overall, his business was running well. Despite that, he was not completely satisfied. He did not have peace and happiness in his life.

For a long time, Trilokchand had been very perplexed by two questions. The questions were, “What is the most significant work?” and “Who is considered the single most important person?”

“If I were to know the answers to these two questions, then I would become very happy.” This belief had become very strong in Trilokchand’s mind. He thought, “If I do the most significant work, then I shall never be unsuccessful in my work. Then, my business will flourish and if I do business with the most important person, then I shall never incur any losses.”

He went to many places to get solutions to these two questions. He asked his friends, his elders, even the astrologers; but he didn’t get a convincing reply from anyone. At last, one of his friends gave him the reference of a great scholar, “He resides in an ashram situated in the outer limits of the village. You will definitely get a solution to your questions from him.”

When Trilokchand reached the scholar’s house, the scholar was digging the ground in the backyard. The scholar acknowledged Trilokchand’s presence and continued digging. The scholar looked old and weary. He was panting, out of breath, while digging the ground.





Trilokchand went up to him and shared his confusion, “Oh great scholar, I have come to you with two questions. “What is the most significant work? And, who is considered the single most important person?”

The scholar heard Trilokchand’s questions but did not reply and he resumed his work.

“You look very tired. Let me help you.” Saying this, Trilokchand took the shovel from the scholar. The scholar sat down after saying, “Thank you.”

After sometime, Trilokchand posed his two questions again. But, the scholar did not answer.

“Brother come away; now let me dig.” Saying this, the scholar asked Trilokchand for the shovel. However, upon seeing the scholar’s weakness, Trilokchand did not think it suitable and hence he continued the work himself. In this way, an hour passed by. Eventually, Trilokchand got tired and asked the scholar, “Oh scholar, I had come to you seeking the solution to two of my questions. If you don’t have the answers, I shall head back home.”

Just then, the scholar happened to glance at a man, “Somebody is coming this way. Let’s go and find out who it is.”

Trilokchand saw that the man approaching was his ex-business partner’s son Viru. He was severely injured. He was bleeding profusely from his head. The moment he came close to Trilokchand, he tumbled to the ground. The scholar got a cloth from the house. Trilokchand used the cloth to clean the wound and apply pressure, but the

bleeding would not stop. Trilokchand removed the cloth, washed it and re-tied the cloth tightly around the wound. Eventually, the bleeding subsided. Trilokchand got a glass of water for Viru from the house.

The sun had set and it had now become cooler outside. With the scholar's help, Trilokchand took Viru inside the house and set him down on the bed. Trilokchand was also tired because of traveling and the work he had done. The moment he lay on the bed, he fell asleep. When he woke up, it was already morning. Viru was also up by then.

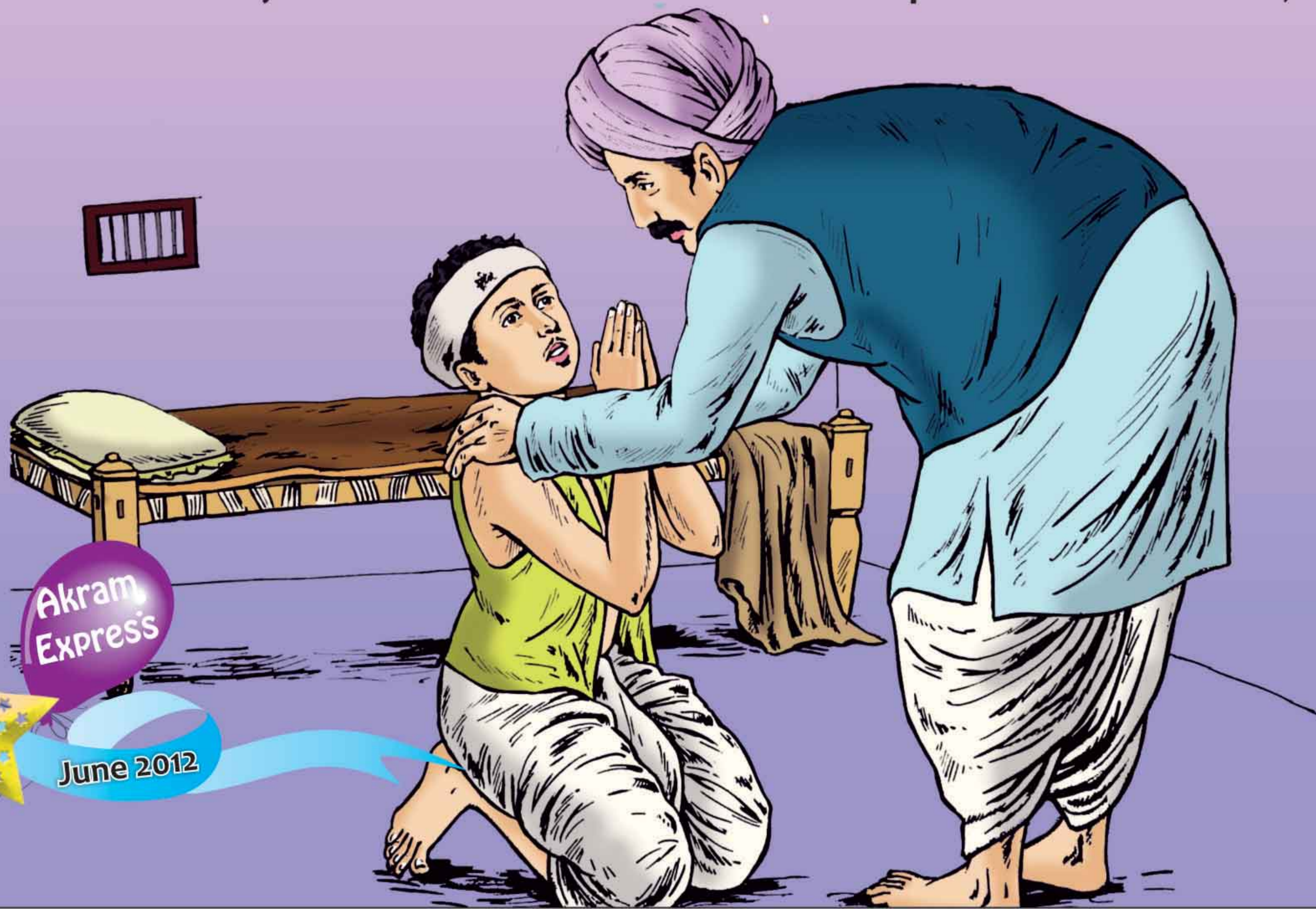
Suddenly, Viru fell down bowing at Trilokchand's feet, "Please forgive me. The fight you had with my father..."

"Oh brother, that's a by-gone." Trilokchand recalled the fight he had with his business partner, Bachulal, "There was a disagreement between your father and me because of some misunderstanding, and we dissolved the partnership. But, why do you want to discuss that right now?"

With tears in his eyes, Viru said, "I had kept that event burning in my mind and was always in search of an opportunity to take revenge from you. When I discovered that you were going to visit the scholar, I hatched a plan to kill you on your return from the ashram. I was waiting for you afar. The whole day passed by and as you had not turned back; I started walking towards the ashram. On my way, I met with a big accident. Had you not helped me last night, I would have died. I had come to kill you, but instead you saved my life. I am highly indebted to you."

Trilokchand was very happy to learn that this old bitterness had been cleared. Trilokchand passed on his regards for Viru's family and took Viru's leave. He then went outside to speak to the scholar.

Trilokchand joined his hands and with lot of respect told the scholar, "I have



come to take your leave. But before I leave, I once again request you to answer two of my questions.”

The scholar was sowing seeds in the spot where Trilokchand had dug the previous day. The scholar looked at Trilokchand and said, “But, you have already found the answers to your questions.”

“Meaning, if you had not thought about my weakness yesterday and helped me with my work, then you would have gone back home and Viru would have attacked you on the way. And then you would have felt remorse for not having stayed with me,” the scholar said, explaining in detail.

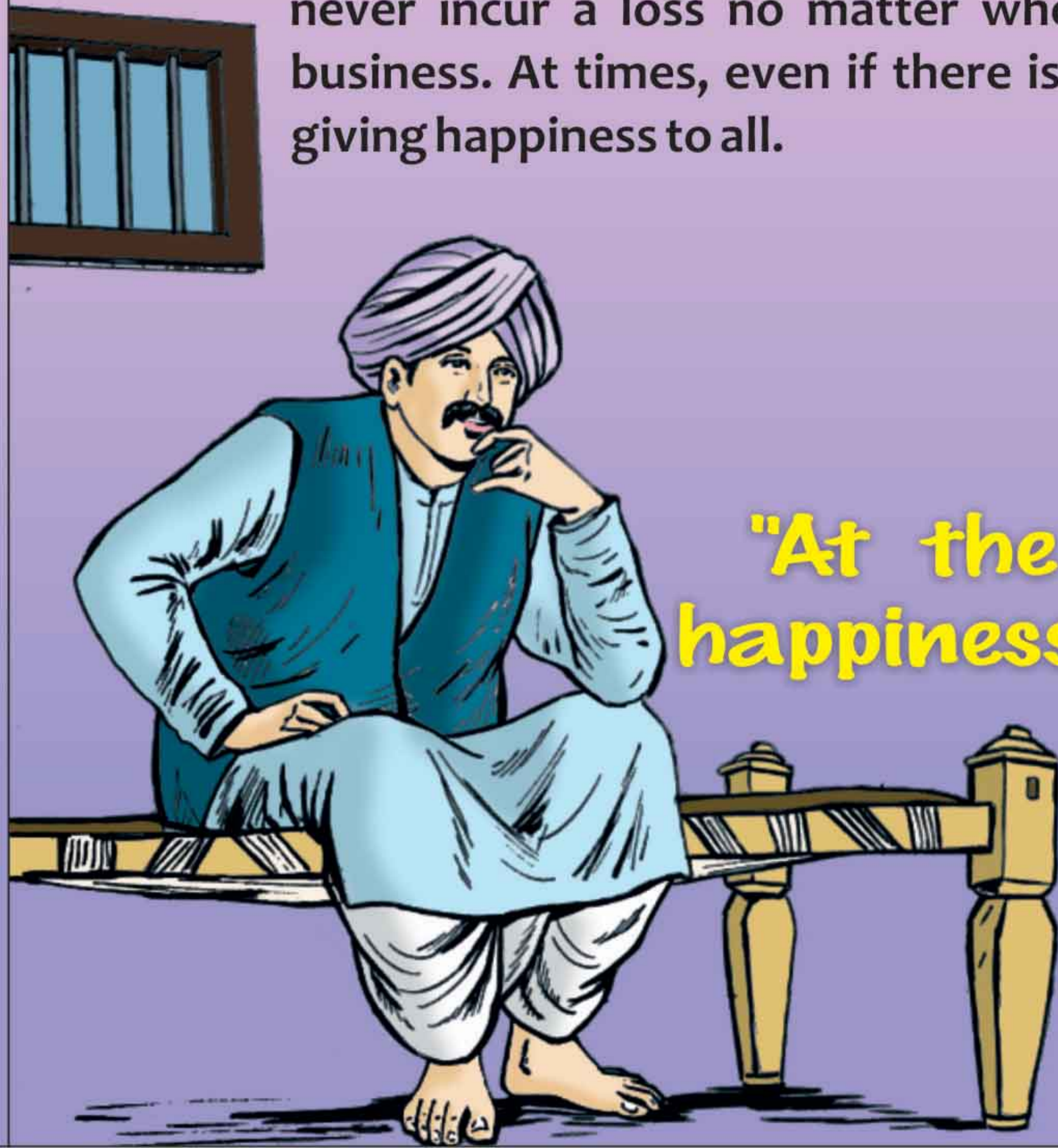
Trilokchand was listening intently to the scholar.

The scholar explained further, “So, at that point in time, the most significant work was to help me, to give me happiness and I was the most important person for you. Later, when Viru came to you, had you not helped him thinking about the pain that his father had given you, Viru would have died without putting aside the revenge he had with you. Therefore, at that time, the most significant work was to help Viru, to alleviate him from pain and suffering, and Viru was the important person for you.

So, remember that the person around you is the most important person and to give him happiness is the most significant work you could do. Even if we are suffering from some pain, we should give happiness to him. That is the significance of human life. Therefore, resolve from today, that you shall give happiness and joy to whoever you come across. And in return you will also get happiness only.”

Trilokchand was very touched by the scholar’s explanation. He bowed down to the scholar and took his blessings. With a smiling face the scholar said, “You shall never be unsuccessful in this business of happiness. And you shall never incur a loss no matter who you deal with in this business. At times, even if there is unhappiness, you keep giving happiness to all.


**"At the end, only happiness shall win."**



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A store of happiness means supplying the merchandise of happiness to everyone. Even if someone hurts you, you should give happiness to that person. For instance, if someone comes with an intention to quarrel with you, then you should ask for forgiveness and stop the quarrel in such a way that the person is not hurt.

# Absolutely New




A person who gives away even their share of happiness to others, goes to the realm of celestial beings (devgati), becomes a superhuman. For instance, giving away one's favorite things to others for their pleasure.



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If you give happiness to people,  
your chit will become pure.  
What is purification of the chit?  
It leads to an increase in  
concentration power. And, if  
you give unhappiness to others, then  
even the purified chit will become impure.  
For example, it becomes difficult  
to remember studies or  
assigned tasks get forgotten.

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## Different !



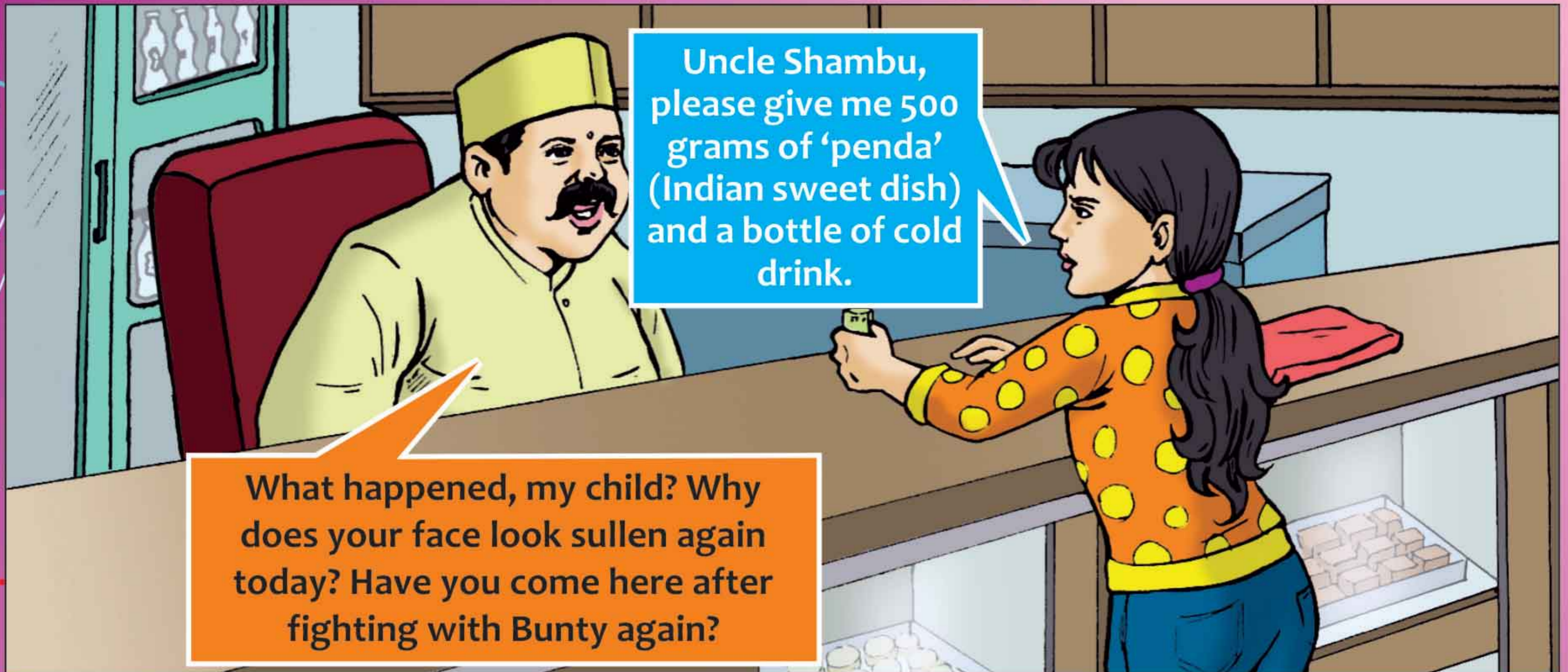
No living being likes unhappiness.  
Every living being is in search  
of happiness. Even if we cut  
this tree, it feels pain within and  
then the poor thing withers away.  
So, even trees do not like unhappiness.  
Thus, all living beings like happiness only.

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# Store of Happiness



Uncle Shambu, please give me 500 grams of 'penda' (Indian sweet dish) and a bottle of cold drink.

What happened, my child? Why does your face look sullen again today? Have you come here after fighting with Bunty again?



No, not with Bunty, I had a fight with that Priti. She just pretends to be my friend.

Oh! So today it was Priti's turn, was it?



Daddy, I want to eat a 'pendo'.

Here, take this.



Well, I also have a clothes shop, so, I also get clothes without going elsewhere. But, what is the big deal in that?

See Shruti, since I have sweet shop, I do not have to go elsewhere to buy sweets.

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It means that we never fall short of those things that we sell in our own store.

That is obvious, uncle!

In that case, do one thing. Starting today, open a store of happiness. In that way, you will never fall short of happiness. Consequently, you shall not have arguments with anyone.

A store of happiness? How do I do that?

It means that from the time you wake up, you should only give happiness to others. Do not give unhappiness to anyone.

How do I give happiness to others? I am too young to do that.

So what? If you help Bunty in his studies; let him play your games; help your mother with housework; give food, clothes and other things to the poor and needy; all these are considered as giving happiness to others.

Oh! That is quite simple.

So start doing it from now. Then check and see how much happiness you experience.

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Just then, a laborer walked in, wet with perspiration.

Sister, can you please read this address out to me?

This place is very close to my house. Come, I shall take you there.



Having reached the place,

Here uncle, please have this cold drink. It will feel good in this hot weather.

May God bless you with happiness, my child.



After coming home, Shrutiben sat down to read the newspaper.

Shrutiben, What's the latest news in the paper?

It's all the same thing, nothing extraordinary.



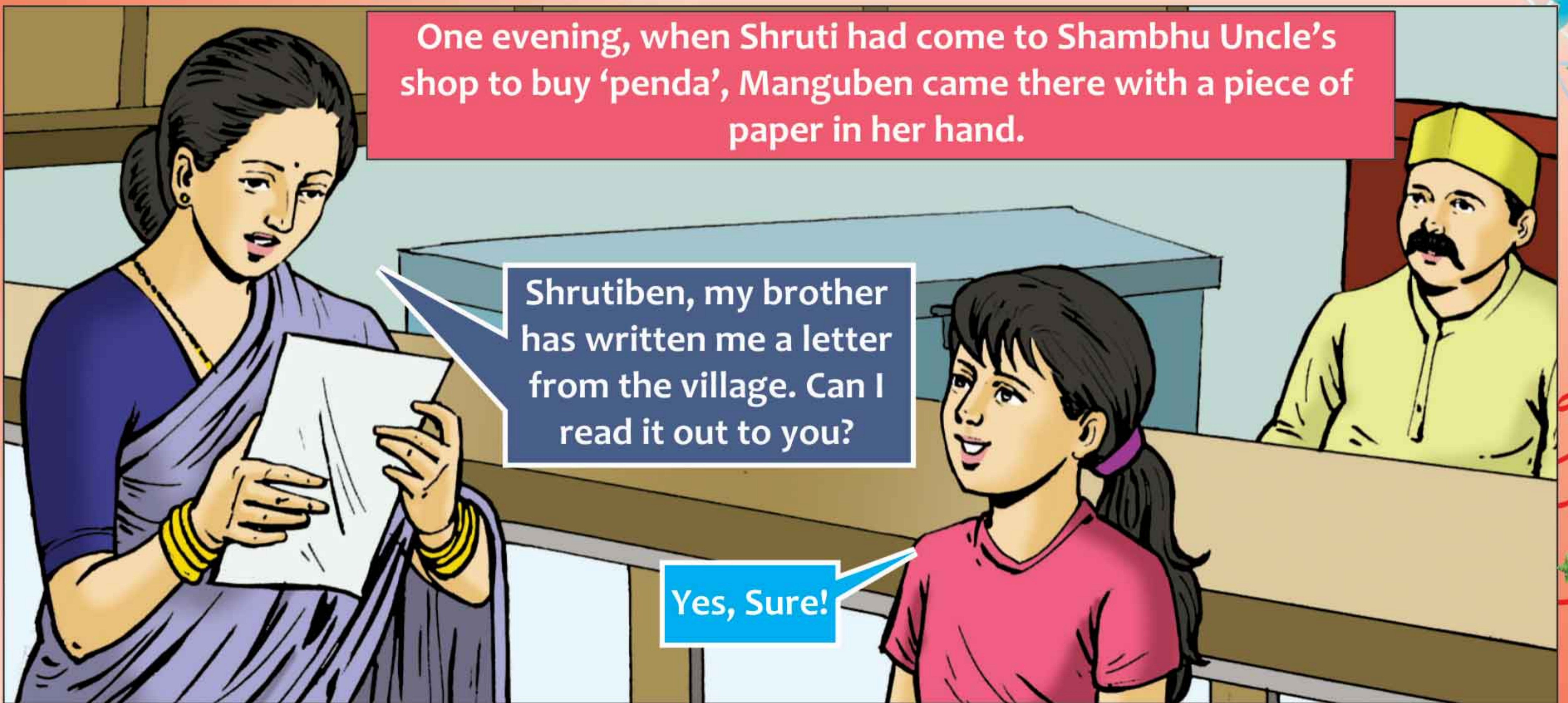
If only I knew how to read and write! It would have been so good then.

I will teach you how to read and write.

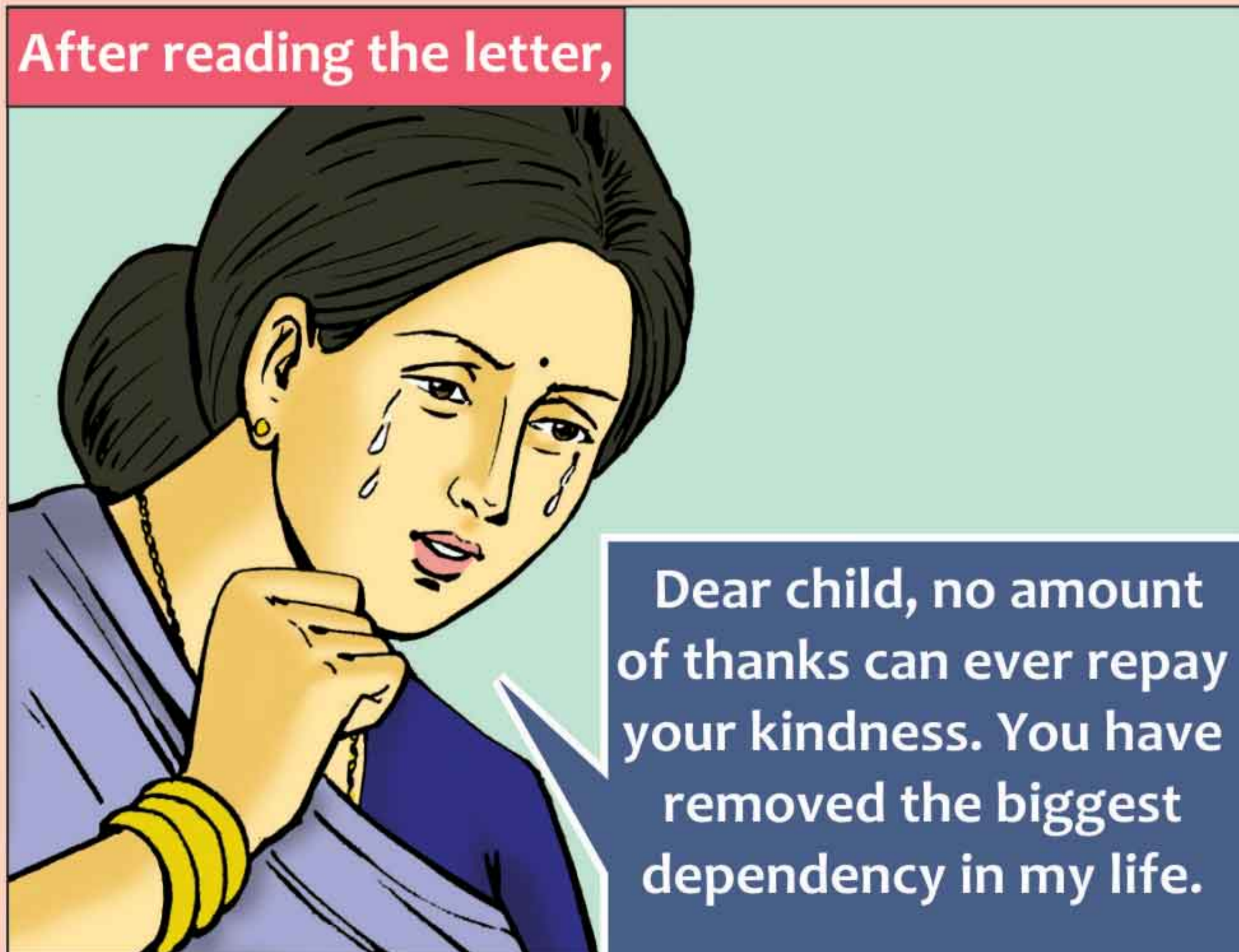
Shruti would teach Manguben for an hour daily. Seeing Manguben's perseverance and enthusiasm, Shruti would also experience a lot of joy. With each passing day, her joy increased.



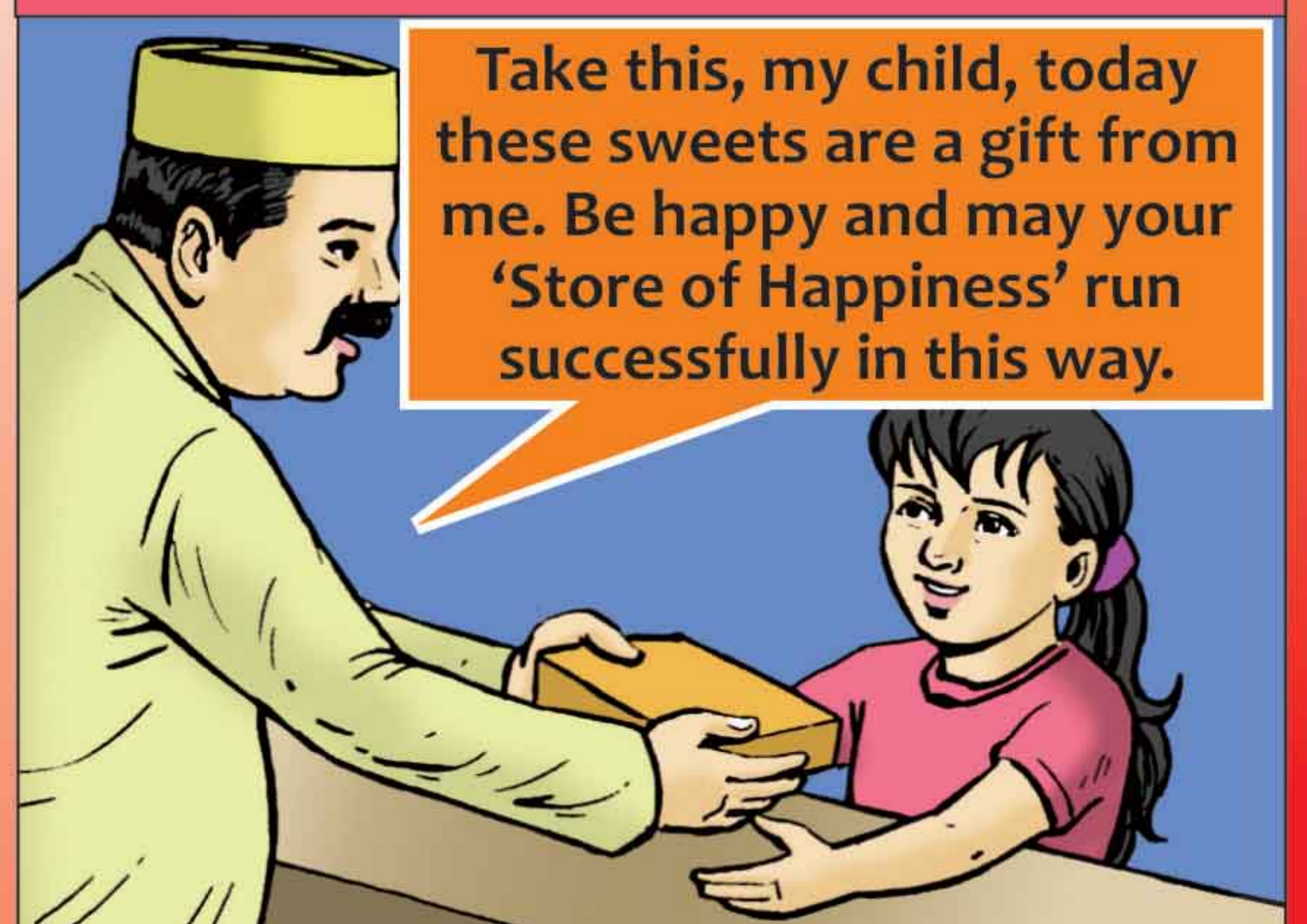
One evening, when Shruti had come to Shambhu Uncle's shop to buy 'penda', Manguben came there with a piece of paper in her hand.



After reading the letter,



Shruti was very satisfied. She had never felt such contentment before.



# Introspect Yourself !

Come on, let's search for the store of happiness.

Discover where the store of happiness lies by answering the questions given below.

As shown on the map, there are four horizontal roads named Joyous Route, Delightful Way, Path of Happiness, and Pleasant Road. The vertical roads have been numbered 1, 2, 3, and 4. The store of happiness is located on the junction of one of the horizontal and vertical roads. Information: Between any two junctions, there is a distance of 1 km. We will begin our search from the junction of Joyous Route and Road no. 1, called Ulhas chowk

**1** Everyone is playing musical chairs at a party. One friend, whose leg has been fractured is sitting in a corner looking on sadly at everyone.

- You don't pay any attention to that friend, join in the game of musical chairs and enjoy yourself. (Move 2 km East from Ulhas chowk)
- You sit beside that friend, talk to him, and endeavor to make him happy. (Move 1 km East from Ulhas chowk)
- You end the musical chair game and start the game of 'Kho-Kho'. (Move 3 km East from Ulhas chowk)

**2** Your favorite program is about to begin on T.V.. Just then, your little neighbour comes over to learn some Math from you.

- You lovingly teach him Maths. (Move 2 km South from where you are)
- You chase him away saying that you do not have time right now. (Move 1 km South from where you are)
- You make him sit down with you to watch the T.V. program. (Move 3 km South from where you are)

**3** It's freezing. You have worn your woolen shirt and your favorite jacket. You notice that your cousin is shivering in the cold.

- You scold him saying, "Why didn't you wear a sweater? This fashion fad will leave you only when you catch a cold." (Move 1 km North from where you are)
- You give your own jacket to him to wear. (Move 1 km West from where you are)
- You try to ensure that he does not see you. (Move 1 km South from where you are)

**4** After the party ended at your friend's place, everyone is leaving for their own houses. You notice that your friend's mum is very tired, and there is still a lot of work to do.

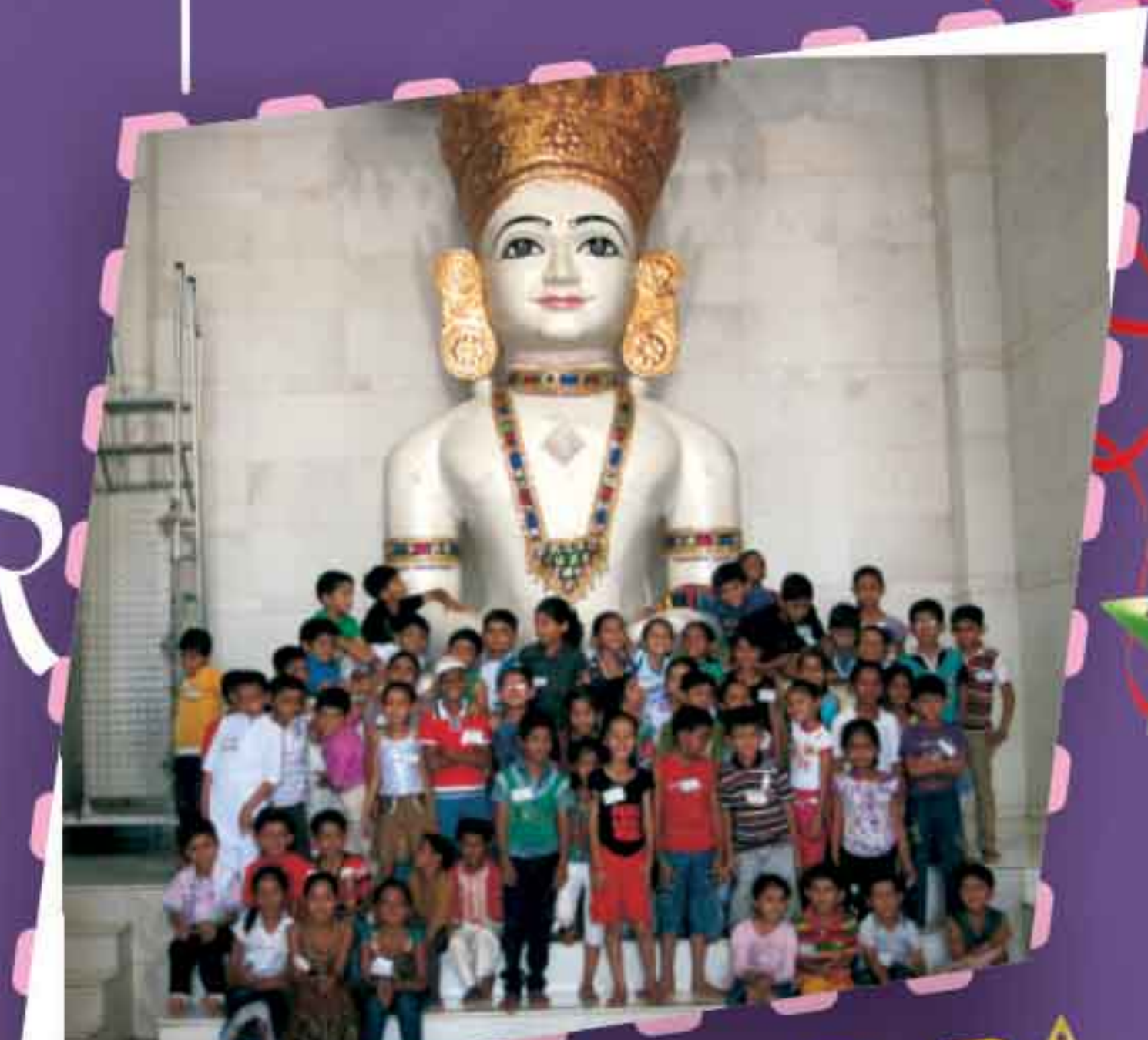
- You stay behind to help her. (Move 1 km South from where you are)
- You also leave quickly with all your friends to return home. (Move 1 km North from where you are)
- You leave after advising your friend to help his mother. (Move 2 km North from where you are)



# Glimpses of Kids Camps

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Introspect Yourself – Answer  
The Store of Happiness is located on the junction of Pleasant Road and Road no. 1

# Mythological Story

There once lived a merchant named Jinmati in the city of Vasantpur. He had a daughter named Subhadra who was very dear to him. He had a strong desire for his daughter to marry a man who was a staunch follower of the Jain religion.

One day, a trader from the city of Champapuri, Buddhdas, saw Subhadra. He was smitten with her. When he found out about her father's strong insistence to marry her off to a Jain follower, Buddhdas became perplexed. What could he do now? He was not a follower of the Jain religion.

Eventually, Buddhdas stayed with a monk and gained lot of knowledge and expertise in the Jain religion in a short time. He convinced Jinmati that he was of the Jain faith. With satisfaction, the merchant gave his blessings for Subhadra to marry Buddhdas.

Subhadra went to her in-laws after her marriage. When she discovered that her in-laws were staunch followers of the Buddhist faith, she felt a lot of sorrow. Nevertheless, she made a firm decision to follow the Jain religion amidst all odds.

Subhadra's mother-in-law always derided her. She would criticize the Jain religion. Subhadra would quietly bear such treatment.

One day, Subhadra saw a monk walking around asking for alms. She requested the monk to come to her house to take alms. The monk came in. A small particle had entered the monk's eye and was pricking him a lot. If the particle were not removed immediately, it would damage his eye forever. But, how could a woman touch a male monk?

Subhadra removed the particle from the monk's eye using her tongue. The monk's eye was saved. Even though Subhadra had taken a lot of care, however, while removing the particle, some red color from the kumkum bindi on her forehead got stuck onto the monk's forehead.

The monk took his alms of 'modak' (Indian sweet dish) and came out of the house. Subhadra's mother-in-law, who was sitting outside, saw the monk and the red mark on his forehead. She became suspicious of the monk and Subhadra's character. She yelled and gathered a crowd, she started condemning the monk and her daughter-in-law. Subhadra felt a lot of sorrow, not for herself, but for the monk since such abuse of a monk amounts to accusations against the religion. She resolved not to eat or drink anything until the accusation was cleared away and sat in meditation.

The purity of Sati Subhara did not go unnoticed by the protecting Gods and Goddesses (Sashan Dev Devis). The protecting Goddesses shut the four doors in all the four cardinal directions to and from the city of Champanagri. Nobody could enter or leave the city. And then they made a divine revelation from the sky that, "Only when a





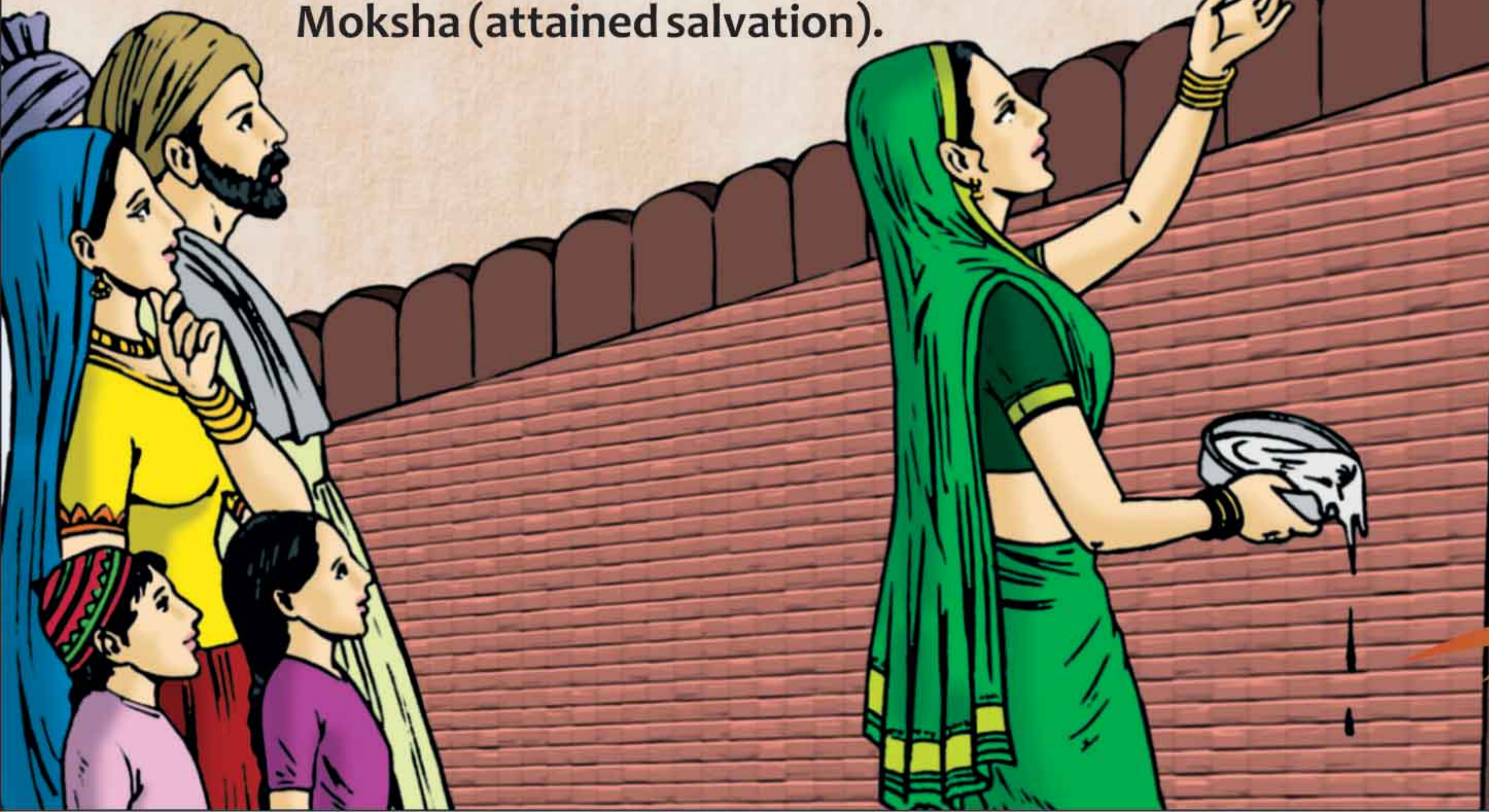
**"Only when a pure woman sprinkles water on all four doors; water that has been fetched from a well, using a sieve tied with a raw thread; will the doors open."**

pure woman (Sati) sprinkles water on all four doors; water that has been fetched from a well, using a sieve (metal plate with holes) tied with a raw thread; will the doors open."

Water in a sieve! How would it hold water? People began to talk. To test their purity, many women tried to open the doors, but none succeeded. At last, Subhadra asked her mother-in-law, "Mother, may I have permission to go and open the doors?" Her mother-in-law ridiculed her by saying, "Everyone knows how pure you are!" However, when Subhadra respectfully requested her once again, she relented and said yes.

Subhadra tied the sieve with a raw thread and threw it in the well. A huge sea of people had gathered in all four corners. To everyone's surprise, the sieve came out of the well, filled with water. Subhadra sprinkled the water on the doors and they flew open! Praises for Sati Subhadra could be heard in all four corners. The king and the citizens began to eulogize the Jain religion. Subhadra's mother-in-law apologized to her.

As time passed by, Subhadra took renunciation and on completing her karmas, went to Moksha (attained salvation).





# Sweet Memories

A brahmachari bhai from London had moved to stay with Niruma. He always had numerous thoughts of money, as in, how he could earn more and more of it. Once, he happened to go to London for two-three months to sort out some family matters. Once he reached there, he felt a desire to work for those months and earn some money. He expressed this wish to another brahmachari bhai. Some days later, Niruma arrived in London. The other brahmachari bhai informed Niruma about his desire, but Niruma did not say anything.

One day, Niruma was travelling in a car with that brahmachari bhai. She asked him very calmly, "So, you want to earn some money?" The bhai replied, "I was thinking that since I am going to be here for two-three months, I should take up some work. In this way, I can pass my time as well as earn some money." Niruma replied, "But why do you still want to earn money? You have enough! If you fall into the trap of earning, you will lose yourself in worldly life again.

There are so many bhaio's who have moved to Dada

Darshan, with whatever little they had, leaving behind everything else, just on Niruma's assurance and trust. They have never worried about anything. So, then why do you need to get into all this?"

Then Niruma spoke with so much love and compassion, "You have come here in pursuance of my support, you have surrendered to me, and therefore I am taking responsibility for you. If someday we were not to have anything, any money, or things, even then I will only eat after I have cooked for you myself and fed you first. And if the need arises, then I will sell my own bangles, but I will not leave you hungry."

Hearing this, the brahmachari bhai had a change of heart, "Wow! Niruma is ready to do all this for me, to cook for me and if the need arises, then she would even sell her bangles to ensure that I do not go hungry?" Tears streamed down his face. He instantly promised Niruma that from that day onwards he would never again think of going to earn money.

From that day onwards, thoughts of money never crossed his mind.

See friends, this is the Gnani's compassion and grace!

Questioner: I have a habit of joking around, and my friends are not talking with me anymore, so what should I do now?

Pujyashree: One should joke around in such a way that no one is hurt. Nobody's ego should be hurt. Instead, we make such sarcastic remarks that we hurt the other person's ego. Then they will stop talking with us. One should play harmless games. One should joke around harmlessly. Therefore, you should now do pratikraman. Remember the instances that you had made fun of your friends, each specific friend and what kind of fun you had made of them. Remember each of these instances and ask for forgiveness. Gradually, make a firm decision that you do not want to joke around if it hurts someone. It will make a difference the moment you make a firm decision that you do not want to hurt anyone. In addition, do pratikraman for all those whom you have already hurt. Then, when the opportunity arises, on your birthday or any such occasion, you should lovingly invite your friends and ask for their forgiveness. You should tell them that you will now live in harmony with all of them.

## *Pujyashree with Kids*



Children, not only from India, but also from abroad, experience an extraordinary attraction towards Pujyashree. So let's see kids from U.K. and Germany interacting with Pujyashree....



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"Bhagwan kaha  
rahete hai?" book



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