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# Pure Love

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Akram Youth

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### Editorial

Friends, none of us are unfamiliar with the word 'love'. Everybody, in some form or manner is looking for love, however the definition of love keeps changing with every individual. If you ask a child receiving chocolates from his parents, this is love for him. A married woman who is understood by her husband, perceives this to be love. Whereas for an old man, anyone that spends time with him denotes love for him. The meaning of love differs in every example; the love perceived by a child, by a wife, would be different to someone's love for food. In general terms, we are not successful in concluding the meaning of love. In the process for the search of love, we hurt many people. We feel insecure, hurt ourselves and yet are unable to find the meaning of love. Do we really know what the meaning of love is? Pujya Niruma used to say, in this time we rarely find true love. If found, then it is never permanent and when a person fails in the search for love, they rarely recover.

Let us see Dadaji's insight on love through this issue and learn to spread it everywhere.

- Dimple Mehta



### **The Unbelievable Gift**

"Happy Birthday to you... Happy Birthday to you..." It was midnight, Parag sat upright as he heard this chorus. His eyes opened wide seeing his family with a candle lit cake and a cane basket covered with velvet cloth. He had turned eighteen and his family was more excited than he was.

"Come on Parag bhaiya, blow the candle and ask for a wish," said his younger brother Neel, pushing the cake in front of him. Parag quickly blew the candle and cut the cake in four pieces.

"Happy Birthday beta," said his mother Mrs. Bapodra lovingly, as she ate the piece of cake offered by her son. Parag went to his dad, "Dad this one is for you".

"My son is an adult now," said Parag's dad Mr. Bapodra proudly, as he took the piece of cake from him.

"And now it is time for the

gift!" said Neel, in a mischievous tone. He pushed the cane basket in front of Parag.

As Parag lifted it, he saw two black eyes peeping from the velvet cloth. "A pet dog! Thanks guys," exclaimed Parag. In a moment's time, the puppy started licking Parag's cheeks. "What will you name him Parag bhaiya?"

"Snowy," said Parag seeing the puppy's snow-white colour.

Soon Snowy and Parag became fond of each other. When Parag would return from his college, Snowy would

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rush towards him wagging his tail. At night, they would go for walks together. Snowy was an exceptionally smart and affectionate dog.

One late night, Parag was anxiously completing his college assignments that were due next day. Snowy could sense Parag's anxiety and accompanied him all night. The dog's presence comforted Parag who completed his assignments at 4:00 am after which they both dozed off. When Parag woke up, it was already eight in the morning. "Oh no! I am late. I was supposed to reach college by eight thirty," exclaimed Parag nervously looking at his wall clock.

"Mom, is the breakfast ready?" he shouted looking towards the kitchen. He hurriedly picked up his towel, rushed to the bathroom and was out within a few minutes. He then dashed to the kitchen, grabbed two parathas, rolled them and started stuffing them in his mouth. "Parag, beta... don't eat food so hastily, you can catch a cab to college," said his mom worriedly.

Parag quickly got up, picked his bag and ran out saying, "Mom even if I catch a cab, I doubt if I will make it to college on time!"

He reached college just when Professor Mathew was collecting the assignments. Seeing this he was relieved, but as he looked for his assignment in his bag, it was not there!

At home, Snowy went to Parag's room and recognized his master's copy of the completed assignment. He immediately picked it in his mouth and ran out of the house. He dashed through the streets and reached Parag's college. He entered the college gate, before the security guard could stop him, he sniffed



### out Parag's classroom.

Meanwhile, Parag was trying desperately to explain to his professor that he had completed his assignment, but left it at home. Just then, he saw Snowy rushing towards him. "Snowy!" said Parag surprisingly. He noticed assignment folder in Snowy's an mouth and immediately recognised what it was. "Snowy you brought the assignment! Oh, thank you so much!" said Parag wondering how Snowy knew his college. He recalled walking snowy one evening to the college. He picked up the assignment and submitted it to Professor Mathew. Snowy had saved his day.

One night when everyone was asleep, Snowy heard a hissing sound and got up at once. He saw a snake crawling towards Parag's bed. Sensing danger, Snowy pounced on the snake who bit him. He too bit him back injuring the snake. Snowy's mouth started drooling with white saliva, yet he did not give up on biting the snake. Once Snowy was certain that the snake had died, he too collapsed. His eyes were still open looking for someone.

Parag woke up hearing the commotion and saw blood everywhere. Just then he spotted Snowy, he saw the dead snake and understood what must have happened.

Parag lifted Snowy with a heavy heart. Snowy's eyes were still open,

saw his master and took his last breadth. Parag realized he had lost a dedicated companion to whom he owed his life.

In that moment, Parag understood what unconditional love was all about. This type of love believes in giving and does not expect anything in return. This incident transformed Parag forever. In memory of Snowy, he pledged to pass on the same love to his family, his friends and everyone around him without expecting anything in return.

Let us see, what Dadashri has to say about this...



### **Gnani's Scientific Solution**

### Where's True Love Here?

**Dadashri:** Have you got love? Do you have love for your children?

Questioner: Yes, of course.

**Dadashri:** Then have you ever hit or scolded them?

**Questioner:** Yes, sometimes we have had to scold them.

**Dadashri:** Love does not see faults. If you see faults in your children, then it is not love. Do you not think so? I have love towards everyone. So far, I have not seen a single fault in anyone. So now tell me, who do you have love for? You tell me that you have a lot of love within you, so where is this love? *Real love has no motives!* 

**Questioner:** So, only the love for God can be called love?

**Dadashri:** No. You do not even have love for God. Love is a different thing. Love should be without a motive. Motiveless. If you have love for God, then why don't you have love for others? Do you need Him for anything? You love your mother, because you need her. Love should be without any motive. I have love towards you as well as all these people, but I do not have any motives behind it.

### There is no Selfishness in Love

The world is very selfish. Where there is the ego of 'I am', there is <u>selfishness</u> and wherever there is



selfishness, there can never be love. Wherever there is love, selfishness cannot exist.

Pure love exists where there is no selfishness, where there are no feelings of 'this is yours and this is mine'. Wherever there is a feeling of 'this is yours and this is mine', there selfishness exists as well as ignorance of the Self. It is because of this ignorance that people have feelings of 'this is mine and this is yours'. When one acquires Gnan (knowledge of the Self), one ceases to have feelings of 'this is yours and this is mine'. However, this is difficult for one to understand.

What people call love in this world, is the language of illusion and deception. The warmth of real love is very different. Love is something very divine.

January 2018

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# This is also **LOVE**

A father went shopping, with his 18-year-old son to a clothes store to purchase shirts and trousers for his son. The storekeeper showed some clothes that fitted him well. At this point, the son said, "Father, let us buy a shirt that is one size bigger and I will tuck it inside my trousers. This will be useful next year also!" The father was very happy at his son's thoughtfulness and after leaving the store, they went to a mobile showroom.

"Son, soon you will start college and it would be good if you had a mobile phone so that we can keep in touch."

"But dad, I will not be going out anywhere. Even if I did, I will go along with my friends who already have their mobile phones. I will leave their contact numbers with you. Besides, you incur expenses for recharging. Instead, let us spend the money on the new pair of spectacles for grandpa." The father was amazed to hear this and he could not help asking his son, "Son, who has given you such noble thoughts? Who taught you to save money?"

The son looked up and answered, "You do your job with all honesty and run the household on a limited salary. People praise your steadfastness at the job. They recognize me as the son of an honest father. I am lucky to have you as my father.Dad, there is a person that lives in our street and works at the same office as you. He has become wealthy through unscrupulous dealings. People call him a thief and an immoral rogue behind his back."

Shortly, the son concluded, "Dad, I would rather have one less pair of shoes or clothes than tolerate anyone calling you bad names like the other person! I do not need anything else. Your honesty is more valuable to me."

### True Love means being grateful towards elders, appreciating their positive qualities constantly and being thoughtful!





## Gnani with Youth

### My parents neither love nor understand me because,

- Often my parents do not let me attend parties.
- They don't allow me to wear clothes of my choice.
- They don't buy the latest mobile phones (new model) for me.
- They ask me to complete work unfinished by my brother or sister.
- Whenever there is quarrel amongst siblings, they always scold me.
- They keep on nagging me to study and make a good career. Based on such statements, do you conclude that your parents have no love for you? But have you ever considered parents viewpoint? Let us now see what the Gnani has to say.

**Questioner:** Due to parents repeatedly finding faults in their children, they are deprived of love. As a result, children search for love outside, this is what I have heard. I am aware that my elders too find faults in me! Yet, they all love me and concede to my obstinate requests. They also fulfill my needs. It is only in few matters they keep finding faults, yet I can see their concern for my welfare. However, when they find a fault with me just once, then against that, I forget their constant love for me.

**Pujyashree:** You have come to a great conclusion, everyone should understand this. Parents do have a lot of affection for their children. They are constantly looking out for their children's safety while keeping a watch over them. There are many positives about your mum and dad, however, when you say the word, 'finding faults', and occasionally if a fault is found, then we become irritated and put a zero on our parent's love, crossing it out completely. This is wrong.

**Questioner:** At such times, how should I deal with the situation? Please explain?

**Pujyashree:** The situation with mum and dad is like – if a person helps us even once, then we should not forget their obligation for the entire lifetime. Dadashri used to say that if a person had offered him a cup of tea, then he would feel obliged for a lifetime. Has your mum and dad ever looked after you?

### Questioner: Yes.

**Pujyashree:** Throughout childhood! From birth till now, how much care must they have taken? During illnesses, while feeding you they might have forgone food for themselves when they could not afford it. I have seen parents providing tea with powdered milk. They would buy new clothes for their children but remain contented with their old ones. Let's look for positive qualities in our parents and feel obligated to them for life. When parents point out our faults, learn to talk lovingly with them instead of getting upset and throwing tantrums. Do you understand? Gradually, you will have to become loving. We should understand that whatever they are saying must be for our own good, I have a need to improve, therefore ask for their guidance to overcome the shortcomings and bring about a solution.



# Glimpses of

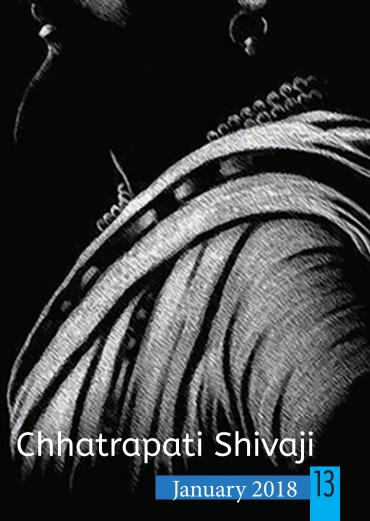
et's explore how being subservient (aadhin) to your Guru (teacher) and surrendering to them help you to achieve their grace and love.

Chhatrapati Shivaji Maharaj was a very faithful devotee of his Guru, Samarth Ramdas Swami and was also his Guru's favourite disciple. Swami Ramdas used to love him more than the other of his disciples. Seeing this, the other disciples of Swami Ramdas started to instigate that Shivaji Maharaj was the Guru's favourite because he was a King. Swami Ramdas decided to remove this misunderstanding of his disciples. So, he once took all his disciples to the forest. In the forest, they lost their way. As darkness was approaching, they decided to stop for the night in a cave where Swami Ramdas pretended that he was having severe pain in the abdomen.

# **Great Souls**

Hearing the Guruji groaning, all the disciples woke up. They just stood watching their Guruji unlike Shivaji, who asked, "Guruji, is there any remedy to cure this pain?" Guruji replied, "the pain can go if I drink milk from a lioness." Without any delay, Shivaji took a pot and left in search for this milk. Later, he returned with the lioness's milk. Guruji called all the disciples and said, "Shiva put himself in grave danger to bring me lioness's milk. I never had any pain in my abdomen. This was all a plan to remove your misunderstanding about Shiva and I think I have been successful in doing so!"

If you want to receive your Guru's love, you need to be subservient and surrender yourself completely.



# Science behind ATTRACTION

Attraction between a man & woman is very similar to that of a needle & magnet.

magine a magnet is over here and some needles over there. When you move the magnet from one side to another the needles will follow. Will they not follow? Yes, they will. If we bring the magnet too close, needles will get stuck. In the needles, where did such weakness come from? Similarly, inside our bodies, magnetic properties exist. There is the electrical body inside us on whose basis electricity is made. Thus, magnetic field is created within a body. This results in attraction when similar atoms to one's self are encountered in another individual, but nothing happens when individuals with dissimilar atoms come into contact. Just like magnet attracts only iron but not any other metal. Similarly, attraction only happens with individuals that have similar atoms. In this way, the pull-attraction happens inside you.

f there was only attraction then we may like it, but afterwards repulsion will take place. For a moment it feels good, then it feels bitter. However handsome a man may be, but if he insults a woman and says, "you have no brains", then the woman will feel, "I was called brainless?", then bitterness follows. So, the world is not full of attractions only. Attractions and repulsions are both together and exist in the form of duality. The whole world exists in the form of duality. That is why there can not be attraction only. Repulsion also exists. If there is no repulsion, then attraction will not happen and if there is only attraction then all the people will get bored.



Name : Ayush Mehta Age : 18

ello friends. What's going on? Are you all fine? The month of February has arrived bringing 'the Season of Love' with it. As Valentine's Day approaches, the atmosphere of love spreads everywhere.

However, two years ago, an incident happened that made me dislike the word 'love'. My best friend Ayan, fell madly in love with a girl named Seema. Since she came into his life, he hardly had any time for me. Despite this, our friendship remained unaffected. I distinctly remember 12th February two years ago when Ayan called and asked me to meet him immediately. From his voice, I could gather that he was in some trouble. In a very short time, I reached the location he had sent for our meeting. Upon seeing me, he gave me a big hug. "What's the matter, Ayan", I asked. "You like my bike and mobile, don't you? Take it." Saying this he placed the key of his bike and mobile in my hands. I asked him the reason for this strange behavior. Listening to his reply, I was shocked into silence. Ayan and Seema had planned to sacrifice their lives on Valentines day by drinking poison. "Why do you want to kill yourself," I asked listening to his stupid decision. "My mum and dad will never agree with our relationship because I am Muslim and she is Hindu. If we can't live together we can at least die together and be together in our next lives", said Ayan in one breadth.

"Ayan, are you aware of what you are planning to do? This is not the way to bring about a solution to your problem".

"No. The world should know that our love is true and please do not give me any advice on this subject", said Ayan. I tried very hard to talk him out of this situation but he was not prepared to listen to any conversation, stood up, took a rickshaw and left. Ayan went but left me with many thoughts. Can this be called love? Living and dying together, is this true love? Today for the first time I became inquisitive to find out what 'love' was. I went to google and typed 'True Love' that brought up many links from which I clicked on one. A video started on the Parayan of the book 'Prem'. Watching this video, I started getting answers to my questions and felt that Ayan too would find this helpful. So, I rang Ayan at his home and made a request to meet him for the last time. To start with he refused but finally agreed to meet me.

Next day Ayan came to my house. First we saw a movie on my laptop and after a while I switched on the Satsang video I had seen the night before. Hearing Pujya Deepakbhai's soft laughter and mesmerizing voice he got engrossed in watching the video.



After watching the Satsang Ayan fell in dilemma. In a little while, saying he had some work, Ayan left. I started praying for Ayan.

Valentine's Day arrived. I started worrying for Ayan. His mobile was with me so I tried calling him on his home number several times, but he was not at home. In the evening at 5:00pm my phone rang. Thank God, he was alive! Ayan said, "Ayush, Dada and Pujyashree were telling the truth....this was not true love. I tried testing my love. Seema and I met at the Marine Drive with our own poison bottles. By criticizing her dress I aroused her, "Why have you worn such a stupid dress on the last day of our life?" "This is my favourite dress, how dare you criticize it?" saying this she threw her bottle of poison and left. Then I opened her bottle and found that it had chocolate syrup!

"Ayush, brother, thank you very much for saving my life, I am obliged to you".

Great, all's well that end's well. This love story had a good ending in a different kind of way.

Ayan and I learnt a good lesson about love and vowed to stay away from such love. Dada, thank you very much! Good luck to everyone looking for love! I hope this message is beneficial to you all.

# Dada's Book Excerpt



### The Exact Definition of Love

Kabir Saheb defined love as, 'that which increases one moment and decreases the next, is not love. That which resides in the heart and remains the same, is real love.'

**Questioner:** So, what is called real love?

**Dadashri:** Real love never increases or decreases. The Gnani's love is such a love; it does not increase or decrease. I have that kind of love for the whole world.

### Love full of Attachment, Is Useless

**Questioner:**Loveandattachment, in surrendering to attachment, there is an expectation of a return and in love there is no expectation of a return. Then if someone surrenders to love, would

they attain the absolute state?

**Dadashri:** In this world if any man starts real love, he would become God. Real love is unadulterated and pure. Real love does not have motives of sex, greed or pride. Such unadulterated love makes man God and absolute. There are many easy ways, but to become like that (God) is difficult.

### Where there is sincerity, Real Love exists.

No matter how many terms or conditions of an agreement or promises are broken by the other, the one with real love continues to remain sincere. Such sincerity remains in actions and in the eyes of the one with real love. It is then you know that here is real love. So, look for this kind of love. Don't just

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believe love. What you see in the world is not real love, it's just a market place of false and ordinary love. It will bring destruction.

### Relatively, Mother's Love is the best.

Real love should not break under any circumstance. Therefore, what you call love should not break. This is the test for love. However, whatever worthy love there is, it is the love of a mother.

**Questioner:** You said mothers can have love but not fathers. So, wouldn't the fathers feel bad?

Dadashri: Even then, there is evidence of a mother's love. When mother sees her child, she feels happy. What is the reason behind this? It is because for nine months the child had made the mother's body a dwelling place. The mother feels that she gave birth to the child and the child feels that he was born out of his mother. This is how intense the bond between the two is. Whatever the mother ate became blood for the child. Thus, this is a kind of love of oneness. However, 'really speaking' it is not love. 'Relatively speaking' it is love. Therefore, if love is to be found anywhere, it is only with the mother. Here you can see some signs of love.

### The Love between Guru and Disciple

All doors open with pure love. What can one not attain with the love of a Guru? The love between a real guru and the disciple is such that the disciple absorbs everything the Guru says. Such is the love between them.

### Infatuation and Attraction Causes Reaction

**Questioner:** Why is it that sometimes even when we do not want to harbour abhorrence towards others, we still end up doing it?

**Dadashri:** Who are you referring to?

**Questioner:** Sometimes I feel that way about my husband.

Dadashri: That is not called abhorrence. The love of infatuation and attraction is always reactionary. When couples fight, they will avoid each other. After a few days of maintaining a distance, their love grows again. That same love will then cause conflicts and the whole cycle will begin again. Whenever the love becomes excessive, there will be conflicts. When there are conflicts, internally there is love. Conflicts only take place when there is love. Conflicts are the result of worldly love from the previous life, and this love is excessive. Otherwise, there will not be any conflict whatsoever! That is the nature of all conflicts.

What do people say? 'Conflict sustains our love.' There is some truth in this. It is not real love that increases but it is infatuation and attraction that increases due to these conflicts. Wherever there is less conflict, there is less infatuation and attraction. Any household, where conflicts between husband and wife is reduced, consider that there is less infatuation and attraction between understood? between them. Is attraction this January <u>2018</u>

# **True Love Test**

Through the activity given below you can test your love- True Love or Infatuation! Visualize your love in front of you...

### Answer the following questions in yes or no

 Do you feel negative about the person when he/ she does not obey you? Y/N?

**2.** Are you unhappy without him/her? Y/N?

**3.** Does your happiness depend up on him/her? Y/N?

4. Do you feel sad when you do not get what you ask for, or when that person does not meet your expectations? Y/N?

**5.** Do you have any complaints about your loved one? Y/N?

**6.** Does he or she get hurt by you? Y/N?

**7.** Do you often tend to see faults of your loved one? Y/N?

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8. Does your love keep fluctuating? At times you feel you love him/her at times you feel you hate him/her? Y/N?

**9.** Do you think about the welfare of the other? Y/N?

**10.** Do you encourage the positive qualities of the person and are neutral or silent about the negatives of that person? Y/N?

**11.** Do you often pray for welfare of the person? Y/N?

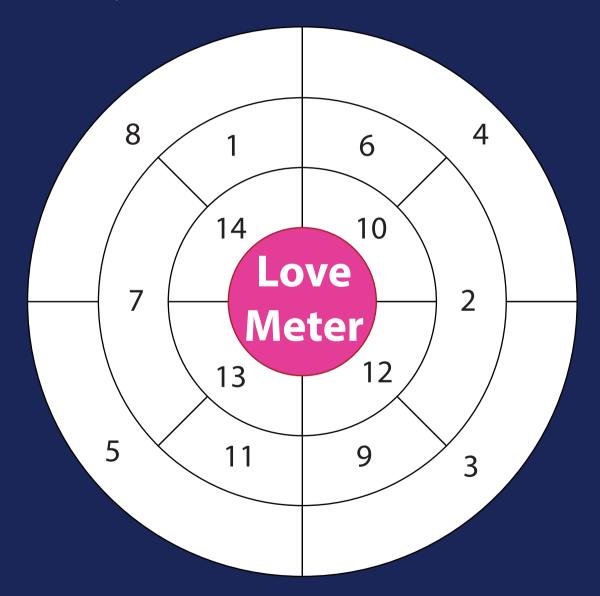
**12.** Do you hesitate in giving or sacrificing for him/her? Y/N?

**13.** Do you heartily appreciate that person? Y/N?

**14.** Whether the person behaves according to your wish or against it, does your love remain steady? Y/N?

all your 'Yes' answers enter this circle. And colour that number portion. Now look at your circle. If the circle is coloured then your love is true. If not, then that is worldly love that can be converted into true love.

What is the color of your circle? If it is blue, it is true love, if it is complete red it is worldly love that can be turned into True Love.





Banta got a job in a zoo. One day he forgot to close the gate of tiger's cage after doing necessary cleaning. His boss called him and scolded, "Why did you let the door of the cage remain open?" Banta calmly replied: "Sir who would dare to steal such a dangerous

animal?!!"

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2 Interviewer asked, "What's your qualification?" Banta replied - "PHD" What is that? – asked interviewer with surprise Banta clarified – "Passed High School with Difficulty"

One day, priest of a temple brought home a new DVD player. He performed pujas, rituals and all vidhis choosing an appropriate time & place before using it. However, the DVD player did not work and appeared faulty in spite of the pujas– Why? Because the ritual of breaking the coconut was performed on the DVD player itself.



# Workshop for students

### વિદ્યાર્થીઓ માટે સાચી સમજ્ય



1 have achieved great results through wisdom. have you?

अब मैं 3 घंटे की पढाई 1 घंटे में कर सकता हूँ.



presents

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#### **Eligibility:**

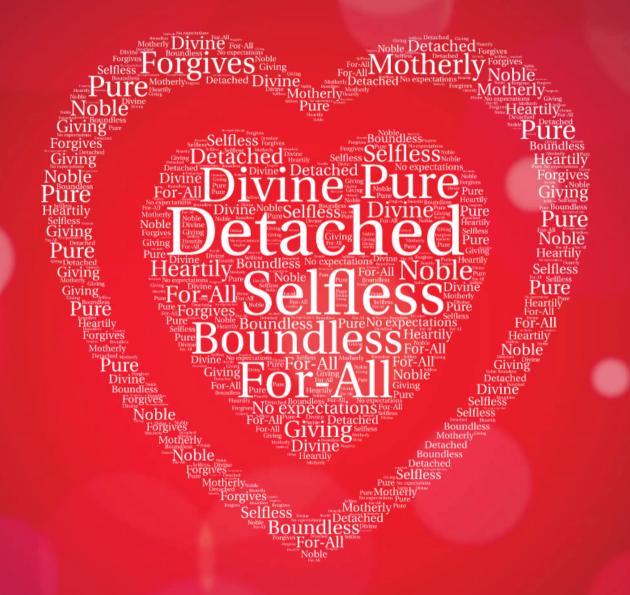
- Std. 8 and above
- Boys students only

- Please bring a Notebook and Pen to the workshop.
- Fees inclusive of Lunch and Afternoon snacks.
- Hurry! Limited seats only.

### For Registration, visit WWW.ispreadhappiness.com



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