

Dadavani

May 2023



The whole world is trapped in suspicion. No one is going to be able to change the scientific circumstantial evidences. Therefore, whatever kind of suspicion may arise, remove it while it is still a seed and throw it away.

What must my daughter be doing in college?

How can I trust her?

What if she betrays me?

Who is my wife speaking with?

What if they come and beat me up?

What if they do not return my money?

What if I incur a loss in the business?



Adalaj : Puja Niruma's 17th Punyatithi : Dt. 19 March 2023



Suspicion: An Obstructive Cause on the Path of Liberation

EDITORIAL

After taking beatings for infinite lifetimes in worldly life, a living being finally makes an effort to attain *moksha* (final liberation from the cycle of birth and death). He ascends [spiritually] so many times and he descends [spiritually] so many times. Who is stopping him from attaining his desired goal? A spiritual aspirant who is making efforts to attain *moksha* is able to achieve the supportive causes to some degree, but the obstructive causes do not come into his vision. Although importance is given to the ways in which one can progress towards *moksha*, being vigilant of the circumstances which can make one slip is of even greater importance. Without such vigilance, no matter how much spiritual effort (*purusharth*) he undergoes, he will keep descending. In this issue, the nature of suspicion and its dangers are presented as one of the many obstructions on the path of *moksha*.

Suspicion is one type of ego; it is one's own weakness. What is the root cause of suspicion? It is the extra intellect, which shows many phases and then leads to confusion. And when one is unable to solve it, suspicion arises. Suspicion causes fear and fear causes suspicion. They are both in the form of cause and effect. Suspicion arises wherever there is 'my-ness', *aasakti* (inner tendency inclined towards attraction that attaches), or possessiveness. Whenever one starts to suffer unhappiness, that is where suspicion arises.

The characteristics of suspicion are engaging in extra verification, extra investigation, to have constant thoughts such as, 'What must it be? What if my wife is out with someone else? What if my husband is in a relationship with another woman? What if my daughter is dating someone?' It is because of such suspicions that one experiences constant fear, uneasiness, and distress. Due to the influence of *Kaliyug* (the current era of the time cycle), morality, sincerity and trust between husband and wife have been broken. How can happiness be experienced when the inner tendencies continue to be directed towards deceit and deception? Is it the intense greed for sex that gives birth to suspicion? Suspicion can ruin infinite lifetimes! What is the point of harboring suspicion in a world where what is seen through the eyes can be proven wrong? To harbor suspicion based on anyone's [sexual] conduct is extremely dangerous.

What would happen if parents were to become suspicious of their daughters' conduct when they go to college? It would certainly give rise to misery! It's because children don't experience love at home that they go out searching for it and then go on the wrong path. If parents were to live like friends with their children and show them love, such a result would be avoided. Nevertheless, if the daughter ends up going on the wrong path, then you can't kick her out of the house. You should just minimize the loss by giving her love and support.

The *Gnani Purush* is the complete illumination [of Knowledge]! 'He' has Seen, Known, and experienced the entire path of *moksha* and has delivered it to us for the salvation of the world. The ardent prayer is that through this illumination of Knowledge, *mahatmas* can understand the contagious disease of suspicion and its dangers, recognize the faults that lie within, and become free from them through the understanding of *Gnan* and progress on the path of *moksha*.

~ Jai Sat Chit Anand

Suspicion: An Obstructive Cause on the Path of Liberation

Dadashri has given detailed explanations for this Science in the Gujarati language and He has urged those who want to understand its depth fully, to learn Gujarati. While reading these English translations, if you feel there is any sort of contradiction, then it is the mistake of the translators and the understanding of the matter should be clarified with the living Gnani.

The term pure Soul is used by the Gnani Purush for the awakened Self, after the Gnan Vidhi. The word Self, with an uppercase 'S', refers to the awakened Self which is separate from the worldly-interacting self, which is written with a lowercase 's'. Similarly, the use of You or Your in the middle of a sentence, with an uppercase first letter; or 'You', 'Your' in single quotes at the beginning of the sentence, refers to the state of the awakened Self or Pragnya. Wherever the name 'Chandubhai' is used, the reader should substitute his or her name and read the matter accordingly.

Also, note that the content in round brackets is translation of the word/s preceding the brackets. While the content in square brackets is intended to provide more clarity of the matter preceding the brackets, which is not present in the original Gujarati.

Wherever Dadashri uses the term 'we', 'us', or 'our', He is referring to Himself, the Gnani Purush. The masculine third person pronoun 'he' and likewise the object pronoun 'him' have been used for the most part throughout the translation. Needless to say, 'he' includes 'she' and 'him' includes 'her'.

For reference, a glossary of all the Gujarati words is available on: <http://www.dadabagwan.org/books-media/glossary/>.

Please share any feedback about English Dadavani on engvani@dadabagwan.org.

A Mixture of Right and Wrong Is Itself Doubt

Questioner: What is it called when a person develops a doubt in his mind?

Dadashri: The meaning of doubt, simply put, is a mixture of right and wrong. Where does it come from? It must have been exported from somewhere, right? Only then could it have been imported to you!

One man had heard a story during daytime about someone being possessed by a ghost. His wife had gone to visit her parents and so he ended up sleeping alone in his room. After he fell asleep, a mouse must have knocked over a glass in the kitchen! The glass was knocked over at midnight and he heard the noise. During the day, he had heard the story about the ghost, so when he encountered this evidence, he felt, 'Something is there. Who could have knocked over such a big glass?' Until he gets the answer to this question, his doubt won't leave.

As long as he doesn't attain

knowledge which is contrary to his current knowledge, he will remain in this state. A friend of his came over at five o'clock [the next morning] and said, "Get up, Chandubhai." That's when Chandubhai summoned the courage and said, "I was so scared last night." His friend told him, "At least see what's there!" When he checked, he discovered that it was a rat. It had knocked over a container, a glass, and a few other things. So the doubt which had entered [the mind] went away. Thus, it was because of a misunderstanding that he was not able to sleep at night! A rat knocked over the glass and the doubt that it was a ghost entered [his mind]. So it was due to that understanding that he couldn't sleep! But if he had a remedy to remove his doubt, then he would have been able to sleep the whole night, right? Then he would have become happy. By simply attaining the right understanding, he would have become happy!

Doubt and Suspicion Arise According to the Parmanu

These people of India have been

destroyed by doubts, suspicion, and fear. It's not worth having any kind of doubt in this world. Doubt is not something that is helpful; it is harmful.

There are infinite types of knowledge and when infinite types of veils cover them, infinite doubts arise. When a doubt arises, that is the filled stock of karma. Doubt is considered a feminine element. This is because there are three kinds of *parmanu* (the smallest, most indivisible and indestructible particle of inanimate matter) in every human body: feminine (*stri parmanu*), masculine (*purush parmanu*) and neuter gender (*napunsak parmanu*). The body is made up of these three types of *parmanu*. If they are predominantly masculine *parmanu*, then one is born as a male. If they are predominantly feminine *parmanu*, then one is born as a female, and if there are predominantly neuter gender *parmanu*, then one is born like that. All three types of *parmanu* lie within, in varying proportions. So doubt, uncertainty, suspicion, those are all feminine *parmanu*. 'You' should tell them, 'Get out! I am a *Purush* (the Self)!' 'We' do not have such *parmanu*.

If doubt or suspicion arises in you, then it won't let you sleep at night. And if the suspicion arises that 'This is the person who ruined it for me,' then that suspicion won't let you be at peace.

Learn this one thing, that it's not worth having suspicion in this world at all.

An Ego of Doubt and Suspicion Leads to Misery

To be suspicious is a type of ego. All

the characteristics from uncertainty, to fear, to suspicion, are all characteristics that destroy the Self (*atmaghati*). No benefit is gained through them, only tremendous harm is incurred.

Atmaghati means that it will destroy him! He won't die, but he'll be living as if he is dead. So if any form of suspicion arises within, with regards to your wife, your daughter, your relatives, or your neighbors; if any type of suspicion arises, then you should surrender it to 'us' [by saying,] "Dada, I've surrendered this to you." Then you should peacefully fall asleep. Besides, it's not as though you were going to do anything about it. By having suspicion, you will be the one to suffer. Instead, if you surrender it to 'us', then it will be solved.

'We' have said to not be suspicious. No one should be suspicious. If such suspicion is actually arising, then you won't gain anything from being suspicious. You will suffer. Suspicion is one type of ego. Did you understand what I am trying to say? Doubt has arisen for everything, but it has never arisen for the ego!

If one doesn't know how to read the ledger, he will have doubt, and once he has doubt, he will be hurt! If there is a profit of six million, he'll see it as a loss of four million. Then, as long as he doesn't know how to read the ledger, he'll continue to feel sad, won't he? That is how this world is. This unhappiness is from not being able to read [the ledger]. Otherwise, there wouldn't be any unhappiness in this world.

The one who has doubt faces complete destruction. Having doubt means being timid. The entire world is scientific circumstantial evidence. What is the need to have doubt? ‘You’ are the owner of the entire universe. I am ready to give you proof of this.

Suspicion, Unwarranted Suspicion, and Repeated Suspicion

Questioner: Please explain suspicion (*shanka*), unwarranted suspicion (*kushanka*), and frequent or repeated suspicion (*aashanka*).

Dadashri: If a father, who is intelligent and with little illusory attachment (*moha*), has a daughter who has come of age, then he will be aware, ‘I have to be watchful of her. I will have to keep a close watch on her.’ Someone who is truly alert will always be alert! Now, he may look at her with suspicion (*shanka*) for one day, but should he do so every day? And if he does look at her with suspicion the next day, then all of that is called *aashanka*. There should be some end to it, shouldn’t there? The way he looked at her should have an end, shouldn’t it? Otherwise, it is called *aashanka*. And what is *kushanka*? If she is hanging out with a boy, the father will have all types of unwarranted suspicious thoughts. Now, they may or may not be true. People continue to form these types of suspicions and become miserable. What is considered unhappiness in this world? The answer is, the unhappiness created by unwarranted suspicion.

This world is not such that one

should harbor suspicion; it is such that one should remain aware. [To harbor] Suspicion means to invite unnecessary unhappiness. Suspicion continues to ‘eat’ away at a person, day and night. One needs to maintain awareness. It’s not in your hands, so what’s the point of fretting? And if you have the understanding, then you can stop your daughter’s education. To this the father will exclaim, “Who will marry her if I don’t educate her?” So he doesn’t take this side or that side. At least take one side! Otherwise, tag along with your daughter day and night! If she goes to college, then go along with her and sit with her. If the professor asks, “Why are you accompanying your daughter?” Then tell him, “Sir, I keep harboring suspicion for her, so if I stay with her, I won’t harbor suspicion!” People will call him a fool. Even his daughter will say that he is a little crazy!

Therefore, I am telling you to not be suspicious of your daughter. And people aren’t really suspicious about their daughters anyways. They don’t harbor this kind of suspicion, even if they have seven daughters. It is God’s will! They do have other kinds of suspicion such as ‘My business partner is definitely taking five hundred to one thousand rupees home every day.’ He harbors this kind of suspicion because he adores his money! Therefore, the suspicion arises that ‘My business partner is pilfering money.’ To be suspicious for only one day is called *shanka*, and to be suspicious frequently is called *aashanka*.

Suspicion and Curiosity Are Different

Questioner: What is the difference between suspicion (*shanka*) and curiosity (*jignasa*)?

Dadashri: What do suspicion and curiosity have to do with each other? Suspicion and curiosity aren't of the same family, nor are they even cousins.

Questioner: When these scientists do research, they proceed with suspicion.

Dadashri: There has never been a scientist that would spend more than one minute in suspicion. If he did, then that science would be lost, it would be destroyed. This is because suspicion is suicide! Whoever wants to harbor suspicion can do so.

Questioner: Scientists don't accept anything without being suspicious. It is because they are suspicious that they are able to make discoveries.

Dadashri: That is not suspicion. That is the eagerness to know. They don't have suspicion.

Questioner: Are you saying not to be suspicious of anyone?

Dadashri: Not just of anyone; you shouldn't be suspicious of anything. You shouldn't have suspicion for this book either. Suspicion is suicide!

Questioner: Then should one believe what is written in every book?

Dadashri: You shouldn't believe it. You should be suspicious for only one

minute and then turn around. If you go beyond that, then suspicion is such a strong 'poison' that if you take it for more than one minute, it will kill you.

Questioner: But what if what has been written is wrong?

Dadashri: There is no such thing as wrong. But after harboring suspicion for one minute, you should stop it.

Suspicion Increases Through Extra Investigation and Extra Verification

Suspicion never arises for you, does it?

Questioner: It certainly does!

Dadashri: What do you do when suspicion arises?

Questioner: I engage in extra verification and extra investigation.

Dadashri: Engaging in extra verification actually gives rise to more suspicion.

Questioner: The root of any investigation is suspicion, is it not?

Dadashri: Once you investigate, you should think it over and then move away from it! Investigate, think, and then move away. There is no need to bring suspicion into it. When does suspicion arise? If two people have made an agreement and there is a dispute, that's when suspicion arises. Suspicion never arises without a reason.

So where would suspicion arise? When there is a relation between two

people and things deviate from what they had decided on, that is when suspicion arises. They will wonder, 'What is this?' They shouldn't harbor suspicion for more than a minute. After that, they each should decide 'This is what my *vyavasthit* is like.' But after that, one should certainly not harbor suspicion. Suspicion is suicide!

Don't Harbor Suspicion, But Remain Aware

Questioner: While driving a car, we have to constantly remain aware of what is in front of us, don't we? Similarly, while running our daily life, we have to always maintain awareness such as, 'If I do this, then this person will take advantage of me!' We have to keep that in our awareness, don't we?

Dadashri: You do, but you shouldn't be suspicious. And you also don't need to maintain the awareness that 'He will take advantage of me.' You can call it awareness, but don't be suspicious. 'What will happen if this occurs and what will happen if it's like this!' Don't harbor such suspicion. Suspicion is very harmful! Suspicion causes misery the moment it arises!

Questioner: Many times what happens is, some problems arise at work and we become suspicious of the other person, and because of that, we keep feeling unhappy.

Dadashri: Yes, those are baseless suspicions. Two things happen when you harbor suspicion. One is that you

experience direct unhappiness. And the other is that you bind an offense for harboring suspicion for that person.

Questioner: But if we need to do some work like construct a road or a bridge, then we have to take into account all the safety factors, don't we? If we don't, then the bridge will collapse. It's not acceptable to build a bridge with a lack awareness, is it?

Dadashri: That's correct. Take into account all of the safety factors, but after that, suspicion should not arise again. If suspicion arises, then unhappiness will too.

Questioner: But in doing any work, don't we have to think things through to ensure that no one does anything wrong?

Dadashri: Yes, you have all the freedom to think about it! You don't have the freedom to be suspicious. Think as much as you want. If you want to spend the whole night thinking, then do so, but don't be suspicious because there will be no end to it. Suspicion is an endless thing, whereas thoughts will end. The mind will become tired, won't it? That's because the mind always gets tired from thinking a lot. So then it will stop on its own.

And suspicion doesn't get tired. Suspicion will arise for this person and for that person, so don't be suspicious. There is no other misery in this world like suspicion. By being suspicious, you first harm yourself and then you harm the other person. 'We' had discovered from the very beginning that by harboring suspicion, you harm your own self.

Is This Precaution or Interference?

Suspicion also causes a lot of misery, tremendous misery. When does suspicion arise? While you are walking on the street, if someone attacks you and robs you of all your possessions like your expensive jewelry and your watch, then the next time you go out again wearing expensive clothes, a watch, and jewelry, then suspicion will arise that 'What if I encounter that robber today?' Now what does nature's justice say? If you are meant to encounter that robber [due to your karmic account], then you won't be able to avoid him, so why are you needlessly being suspicious?

Questioner: When suspicion arises, is there a need to take any precautions for that?

Dadashri: It is because one takes precautions that things get spoiled! It is fine for someone who has not attained Self-realization. If you want to reach this 'shore' [of liberation] then do everything exactly for that. If you want to remain on that 'shore' [of worldly life] then do everything exactly for that. If you want to harbor suspicion, then remain on that 'shore' [of worldly life]. There is no sense in remaining in the middle!

Questioner: But if there is a danger signal and I don't harbor suspicion, I should at least take the necessary precautions, shouldn't I?

Dadashri: 'You' can't take precautions at all. 'You' don't have the power to take precautions. You don't

have such power, so what's the point of adopting it?

Questioner: I don't have the power to take precautions?

Dadashri: Absolutely no power! There's no point in believing that You have power which You really don't! 'You' don't have the power to take precautions or to do anything, and besides, precautions are taken by Chandubhai anyways. You are unnecessarily interfering. Someone else is doing it, and you are taking it upon yourself, and that is why it gets spoiled.

Questioner: So there's no problem if Chandubhai takes precautions?

Dadashri: He will definitely take them. He will always take them. If a man is talking and walking inattentively, and he suddenly sees a snake pass by, then he will immediately jump over it. With what strength did he jump? Who made him jump? Does this happen or not? There is so much spontaneity and naturalness in this body. This Chandubhai has so much spontaneity and naturalness that he will jump the moment he sees something.

Questioner: But such spontaneity and naturalness does not arise in our work or other worldly interactions.

Dadashri: That's because you interfere. And if you want to harbor suspicion, then you should harbor all kinds of suspicion like 'What will happen if I die tomorrow?' Don't people die?

Questioner: Of course people die!

Dadashri: Exactly! So if you want to harbor suspicion, then harbor all kinds of suspicion. Why harbor only one kind of suspicion? Otherwise, this world is such that there is nothing one can't be suspicious of! What is there that one can't be suspicious of? There's no guarantee that you will reach home safely once you leave here! Why aren't you suspicious of that? There shouldn't be any suspicion whatsoever. Therefore, You should tell suspicion, 'Go away. I am the Self that is free of suspicion.' How could the Self have suspicion!

The One Who Looks for Proof Becomes Mad

For the one who harbors suspicion, the ghost of suspicion has awakened and the person himself has died [from within]. He looks for proof! The one who searches for proof in this world is 'dead', he is considered a mad person. The one who searches for proof has to leave his 'home'. Therefore, don't search for proof in any matter.

Questioner: Everyone who goes to the market to purchase something end up purchasing it after checking it out.

Dadashri: Yes, check it out before buying it, but don't delve too deeply into that. If you delve deeply, then you will have to run away. Don't look for proof. Whatever has happened is correct. It's not as though there is any other definition of what's correct. If you go searching for proof, you'll be in trouble. The one who looks for proof will have to go to a mental hospital! And those he asks for proof

all will throw him in a mental hospital again and again. [They will say,] "Where did this creature who searches for proof come from!" People will refer to him as a creature.

If the husband were to ask the wife, "What's the proof that you are being faithful to me?" Then the wife would say, "You're being insolent." In this world, you should follow these two principles. Look for proof in a superficial manner and be suspicious in a superficial manner. Don't delve deep into it. In the end, one who searches for proof will go mad and people will admit him to a mental hospital.

Suspicion and Fear Are Cause and Effect

The whole world is living in an atmosphere that is full of suspicion, with thoughts such as 'This will happen and that will happen.' Nothing is going to happen. Why are you fretting unnecessarily? Why don't you straighten up and sleep peacefully instead of needlessly wandering to and fro! The faith that you have placed in yourself is all wrong, one hundred percent wrong! Nothing is going to happen. Yet look, there is nothing but endless fear and anxiety! As if they are going to take a little something with them when they leave [this world]!

The whole day they fret, 'What will happen, what will happen?' Hey! What is going to happen? This world has never ceased to exist.

When we had gone by bus on a pilgrimage to Nepal, we had reached a city

in the state of Uttar Pradesh at midnight. Which city was it?

Questioner: It was Bareilly.

Dadashri: Yes. The police officers there told us, “Stop the bus.” I asked them, “What’s the problem?” They said, “Don’t go any further. Spend the night here. People are being robbed up ahead. Everyone is being stopped from entering the fifty-mile area from this side and from that side.” I told them, “Even if we get robbed, we want to go ahead.” Finally, they told us, “Then take two police officers with you.” I replied, “Fine, we’ll take two police officers.” Two police officers with guns boarded the bus, but nothing happened. It is very difficult for such circumstances [of being robbed] to come together! And if those circumstances were meant to come together, then even if you make thousands of efforts to prevent it, your efforts will go in vain! Therefore, don’t be afraid, don’t be suspicious. Until suspicion leaves, your work will never be done. Until one becomes suspicion-free, one cannot become fearless. Where there is suspicion, there is always fear.

Questioner: Are fear and suspicion interconnected?

Dadashri: Suspicion gives rise to fear and fear in turn gives rise to suspicion. They are both like cause and effect. You shouldn’t harbor any suspicion. Don’t harbor suspicion for any matter. Don’t harbor suspicion that your son or daughter are going on the wrong track. Make an effort to prevent that.

Is There No Trust Anywhere?

As a matter of fact, our Indian people worry so much that if ever the sun decides to take just one day off, saying, “I’ll never take another day off again,” and it takes a day off, then the next day these people will start doubting, “Will the sun rise tomorrow or not, will morning come or not?” So, they don’t have trust even in nature, they don’t have trust in their own selves, they don’t have trust even in God. They don’t have trust in anything; they don’t have trust even in their own wives! The wife of a businessman in Ahmedabad wanted twenty thousand rupees to go on a pilgrimage, and for seven years he kept telling her that he didn’t have the money. Did you understand? If he is being deceitful even towards himself, then where isn’t he being deceitful? That is why Kabir Saheb was correct in saying...

“I thought the Lord is far away, but He actually resides in my heart,

The veil of deceit comes in between and that is why I see Him not.”

One had placed a veil of deceit within. Later, God began to appear close by. Even with the veil being there, he was able to see through it to some extent and he felt ashamed thinking, ‘God will see me.’ So he applied a layer of tar on the veil. Twice a year, he applies a layer of tar on it. Thus, we have knowingly placed these veils.

Along With Suspicion, There Is Always Deceit and Betrayal

When a man’s daughters go out

to go to school or college, even then he has suspicion. He has suspicion even on his wife! There is all sorts of betrayal! These days, there is nothing but betrayal even in the home! In this *Kaliyug* (the current era of the time cycle, which is characterized by a lack of unity in thought, speech, and action), there is betrayal in one's very own home. *Kaliyug* means the era of betrayal. There is nothing but deceit and betrayal, again and again! What joy are they getting out of this? That too, it is without any awareness, in a state of gross unawareness! A person with a clean intellect does not have to resort to deceit and betrayal. It is actually only foolish people who resort to betrayal and deceit. *Kaliyug* means that only foolish people have amassed, isn't it!

Questioner: But in this betrayal and deceit that happens, attachment (*raag*) and abhorrence (*dvesh*) are at work even in that, aren't they?

Dadashri: It is only if there is attachment and abhorrence that all of these things would be at work, isn't it! Otherwise, the one who does not have attachment and abhorrence does not have any of this, does he! If there is no attachment and abhorrence, then it doesn't matter what the other person does, whether the person engages in deceit, or whether the person does good, there is no problem. This is because he does play in the dirt, but there is no oil that is smeared onto him, whereas the former smears oil all over and then plays in the dirt.

Questioner: But the intellect does

contribute in carrying out the betrayal and deceit, does it not?

Dadashri: No, the good intellect removes deceit and betrayal. That intellect creates a 'safe-side' [safety]. First off, suspicion kills a person, and then this betrayal and deceit are there for sure, and every individual is preoccupied with his own happiness only.

Questioner: But in order to maintain his own happiness, one can utilize the intellect by employing betrayal and deceit, can't he?

Dadashri: Where one seeks out happiness for his own self, the good intellect would certainly not be present, would it! The intellect that is good seeks out collective happiness, such as, 'May my entire family be happy.' But instead, the son is seeking his own happiness, the wife is seeking her own happiness, the daughter is seeking her own happiness, the father is seeking his own happiness; each one is seeking their own happiness. If it [each one's selfish interests] were to be disclosed, then none of the family members would stay together. But as a matter of fact, they all do live together and dine together! It is just as well that it is covered up.

Recognize the Suspicion Laden Intellect

Therefore, wherever the intellect is used [in excess], there is only an undertaking of a complete loss; and where it is needed, it undoubtedly gets used within its limits. In such cases, the

intellect is automatically associated there naturally; it is well connected with the mind, intellect, *chit*, and ego complex (*antahkaran*). All these problems are the result of it being used excessively.

The intellect will make one restless, and because of that, it does not allow One to experience the natural, inherent nature of the Self. Only the external part is restless, but if One places the intellect aside, then natural and spontaneous happiness will prevail! When one sees a dog, the intellect will say, 'Yesterday a man was bit by a dog. This looks like that same dog. What if it bites me?' Hey, what authority does it have in its hands? It will bite you if it is in your *vyavasthit*. [You should say] 'Intellect, sit aside.' If one truly had the authority, wouldn't people do that which benefits them? But nothing beneficial has happened. The intellect will create suspicion. If suspicion arises, then interference will occur. 'You' should remain in Your state which is free of suspicion. The world will remain only in suspicion.

The World Has Become Entrapped Due to the Intellect and Suspicion

Questioner: Is it true that people with more intellect have more suspicion?

Dadashri: Yes. These days, there is an effect of the wrong intellect. That wrong intellect creates a lot of suspicion. Tremendous ignorance, that is called suspicion. One could not find all the answers, could not come to a resolution, therefore, he fell into suspicion. If one comes to a resolution,

he won't fall into suspicion. If he uses his intellect, but the intellect cannot find a path forward, then it gives rise to suspicion. If one could understand this *vyavasthit*, then no suspicion would arise whatsoever.

Questioner: But why do people with a lot of intellect have more suspicion?

Dadashri: With the intellect, they can see all the phases. They can see that 'It must be like this. He must have put his arm around her!' If another man were to put his arm around a person's wife, then all sorts of phases would arise as to, 'What must they be doing?' A chain [of suspicions] would arise! Whereas a person with no intellect would not have such issues. And such a person would not really be without intellect. He would have enough intellect to run his worldly life. But he wouldn't have any other issues. It would arise slightly and then settle down.

Questioner: So do you mean those who lack worldly intelligence? Those whose intellect has not yet developed?

Dadashri: No, there would be very few such people; people like laborers!

Questioner: But they will eventually become intellectuals and then attain the state of no intellect, won't they?

Dadashri: That is a different thing altogether! That is called the state as the absolute Self (*Parmatma pad*). When one becomes intellect-free after being an intellectual, that is the state as the absolute Self!

But for those intellectuals, this worldly life bothers them a lot. If a man who has five daughters is an intellectual, then once his daughters grow up and start going out, he will recall all the phases. He can understand everything through his intellect. So, he can see everything, and then he keeps getting confused. Nevertheless, he will have to send his daughters off to college as well as wonder what may happen. Only God knows if something happened or not, yet that father will suffer due to suspicion!

He has no idea what is actually happening, so he has no suspicion about that, yet he has endless suspicion for things that aren't happening. So then he continues to 'bake' in suspicion and feel scared. Therefore, a person suffers badly once suspicion arises. The intellect makes one wander. It is the intellect that gives rise to suspicion. And the whole world has become entrapped due to suspicion.

The Root of Suspicion Is the Intellect

Questioner: So what is the root of suspicion? Why does suspicion arise?

Dadashri: Suspicion is an interference of the intellect; it is an interference of the excessive intellect. So, the intellect that creates suspicion will show everything distorted and wrong. It creates suspicion meaninglessly! The biggest root cause of all the misinterpretations in the world is suspicion, and doubt is also included in that. First doubt arises; the intellect causes doubt. Therefore, suspicion is only a display of the intellect. That is why, here [on the path of *Akram*]

I say only one thing and that is, "Don't harbor any kind of suspicion. And there is no real reason to be suspicious about anything in this world." Therefore, the root of suspicion is the intellect.

Questioner: But this intellect shows both the good as well as the bad.

Dadashri: No. The person who has just the necessary amount of intellect, who has only enough to maintain his necessities, if such a person has five daughters, then that thought [regarding their wrong conduct] wouldn't arise at all. It is only when such a thought arises that suspicion would arise, wouldn't it?

Questioner: So this interference would only occur if there is excessive intellect?

Dadashri: Only excessive intellect would interfere. This is because the intellect of this current era of the time cycle is considered misguided (*viparit*). It is referred to as a misleading intellect. Therefore, it subjects one to repeated beatings.

Questioner: And someone who has only the necessary amount of intellect will not even have such a thought, right?

Dadashri: Yes. In India, there are some people with only the necessary amount of intellect who do not have any other thoughts. Intelligent people think more and have more intellect. 'Our' feeling towards intelligent people is, 'How much of a beating will you take?' When one has to suffer, when he truly has to suffer, that is when suspicion arises.

When One Has to Suffer, That Is When Suspicion Arises

Before any kind of suspicion arises, you should throw it out. Suspicion only causes harm. It is worth having suspicion about the Self such as, ‘Is this the Self or is that the Self?’ The people of the world will certainly harbor suspicion as long as they have not realized the true Self. Otherwise, a father will harbor suspicion if his daughters go out to play or go out for a walk. If he lends money to someone, he will harbor suspicion about whether he will get his two hundred thousand back or not. If such suspicion arises, will he experience happiness? If you were to lend someone two hundred thousand today, and after a month if you still hadn’t received the money back, wouldn’t suspicion arise? If someone told you that the person you lent the money to has gone broke, and suspicion arises from within, then would you experience happiness from that point onwards?

Questioner: Then there is no point.

Dadashri: Exactly! Therefore, you should never let suspicion arise. Be cautious.

Suspicion Is a Reaction to Excessive Faith

Questioner: Dada, I too become suspicious.

Dadashri: ‘You’ are indeed the Knower-Seer, yet suspicion arises for you. Where there is suspicion, there is mental distress. What is there?

Questioner: Mental distress.

Dadashri: You become suspicious and think, ‘What will happen next? Will this happen or not? Will they spoil it?’ There is nothing but suspicion! You are harboring nothing but suspicion. That’s why things are spoiling.

Questioner: Everything spoils due to suspicion!

Dadashri: Everything has spoiled due to suspicion. ‘What if this happens and what if that happens?’

Questioner: Otherwise, *vyavasthit* has set everything properly.

Dadashri: That is all exact.

Questioner: So instead of being suspicious, if we keep more faith, then will it lead to a better outcome?

Dadashri: No, you don’t need to keep faith, nor do you need to be suspicious. By keeping faith, suspicion arises.

Questioner: I didn’t understand this point about suspicion: ‘Wherever we keep faith, that is indeed where there is suspicion.’

Dadashri: It’s like this; on the basis of what knowledge are you able to measure this view? Hey, even when you see it with your own eyes, it ends up being wrong! You are seeing it through your intellectual knowledge and thinking about it! That will give you such a beating that it will reduce you to nothing! That is why ‘we’ say to stay away from the intellect. The

intellect will not let you sit in peace for even a moment. Suspicion arises due to that. Therefore, don't keep faith or harbor suspicion. In your case, things are good. Your intention is good so you have gotten back on track.

Questioner: Yes, that's correct. Now I've realized that we've been keeping too much faith, and as a reaction to that, suspicion is arising.

Dadashri: Yes, suspicion is arising.

Questioner: And as a reaction to suspicion, we become shaken.

Dadashri: Exactly.

Questioner: So this is the root of the matter. Just as the root of everything is attachment, similarly this...

Dadashri: Suspicion torments. The one who carries on with suspicion cannot escape a beating. If one harbors suspicion, he himself will incur a loss.

By Dwelling in Suspicion, There Is Suffering That Is the Equivalent of Death

Questioner: Please explain what kind of a loss is incurred through suspicion.

Dadashri: Suspicion is itself suffering, isn't it! It's outright suffering! Can that be considered a minor loss? If one delves deeper in suspicion, he will have suffering that is the equivalent of death.

Questioner: Will it remain like a thorn?

Dadashri: A thorn is actually better, but suspicion causes even greater suffering. A thorn in your side will merely cause irritation, whereas suspicion will kill a person. It will give rise to mental distress. Therefore, you shouldn't harbor suspicion.

Now, if there is one thing in this world that is absolutely not worth adoring, it is suspicion! The root of all miseries is suspicion.

Suspicion Is a Contagious Disease

Questioner: This suspicion acts like worms on the inside, gnawing away!

Dadashri: Yes, it 'eats' away all the time that one is awake. It's a disease like tuberculosis! In fact, tuberculosis is better. Its effects are only felt for a certain period of time, but not after that. So suspicion is a disease like tuberculosis. The one in whom suspicion has arisen, he has become infected with tuberculosis. Therefore, suspicion does not help in any way. Suspicion only causes harm. So suspicion should be uprooted the moment it 'sprouts'; otherwise it will become like a tree! Suspicion, doubt, and other such diseases will then arise. The disease of suspicion will arise, then the disease of doubt will arise.

Suspicion is a contagious disease that has spread. It makes the one who harbors suspicion very miserable! What difficulty! Once a person is overcome with suspicion, he will be suspicious of everyone. Otherwise, suspicion is the greatest disease in the world!

Suspicion Is Like Suicide

Questioner: Despite knowing everything, suspicion arises repeatedly.

Dadashri: Suspicion is like suicide. Don't ever harbor suspicion.

Questioner: But why does such suspicion arise? It's not a question of knowingly harboring suspicion, but suspicion arises on its own from moment to moment.

Dadashri: Since it arises on its own, you should say, 'This suspicion is not mine, it's not mine.' You should say this the moment it arises.

'We' don't harbor any suspicion. It is due to suspicion that this world is deteriorating and declining. One is going to die [someday], but why doesn't suspicion arise for that? Isn't one going to die [someday]?

Questioner: One definitely knows that he is going to die [someday].

Dadashri: But why doesn't suspicion arise for that? If suspicion arises about dying, then one immediately removes it. The moment suspicion arises he gets rid of it. He feels very afraid. That is why it should be removed. It should be plucked and thrown away. The moment it 'sprouts', it should be uprooted and thrown away.

Weakness in the Form of Suspicion Binds Faults

Questioner: That suspicion first causes one's own suicide, does it not?

Dadashri: Yes, suspicion only

harms the person who is being suspicious! What does the other person have to do with it? What harm would it cause to the other person? The other person doesn't even care. He'll say, "Whatever happens to me will happen, but why are you being suspicious?"

If you tell a fellow passenger on the train, "I'm going to quickly use the restroom" and ask him to look after your fifty thousand rupees, then what if suspicion arises while you are in the restroom? Even if you give someone five hundred thousand rupees to look after and suspicion arises, then you should tell the suspicion, 'Go away. What's done is done. If the money is meant to go, it will go and if it's meant to stay, it will stay!' Suspicion unnecessarily makes you bind a fault with the other person. And if a person were to give money to someone like me for safekeeping, and if he were to harbor suspicion, then what would become of him?

Now if you harbor suspicion, that is your weakness. There is certainly weakness in humans; it is natural. It's an entirely different matter if there is no weakness, but weakness is naturally present in all humans! If that weakness goes away, He has become God! There is only one thing: He whose weakness has left is God!

If You Want to Be Suspicious, Then Be So All the Time

Say a person goes to sleep at eleven at night. The moment he gets under the covers, he immediately has a thought, '[I

lent him] A hundred thousand rupees, but I forgot to get the official document signed. What will happen if he doesn't sign it?' So then, that's it. The person is done for! With that [suspicion], it will be as if the corpse has come alive.

Say you lend someone a hundred thousand rupees and they pay you a thousand rupees interest every month. Now that person suffers a loss of two to three hundred thousand rupees. Yet he still sends you the interest payment. Knowing this, you are still suspicious, 'He has suffered a loss, and so if he doesn't pay back the principle, what will I do? Will I get my hundred thousand rupees back or not?' Once that thought takes hold, when will it end? As long as there is suspicion, there is no end to it. Therefore, such a person will end up dying [from within].

Then suspicion will arise anytime at night, such as 'What if I don't get my hundred thousand rupees back?' Suspicion didn't arise the entire day, and when it arose at night, it caused you misery. Does that mean that there was no misery during the day when suspicion didn't arise? If you lend someone money and the suspicion arises that 'Will I get the money back or not?' then it will cause you misery, won't it? But why did suspicion arise at night and not during the day?

Questioner: What is the reason for that?

Dadashri: It is your own foolishness! If you want to be suspicious, then be suspicious all the time. Be suspicious

with so much alertness that your suspicion starts from the moment you lend the money.

So if you lend a hundred thousand rupees to someone, and at some point you feel, 'This party isn't reliable,' even then, don't let suspicion arise. 'What will happen now?' means suspicion has arisen. What is going to happen? Eventually this body is going to undergo its demise and so is the money. Isn't everything going to depart one day? Ultimately, you will have to lament, won't you? Ultimately, it's all going to burn in the pyre, is it not? So then what is the need to die [from within] prematurely? Why not live peacefully!

What do I do when such a thing happens to me? I say, 'Ambalalbai, 'deposit' it in your account. Your money has come!' Rather than incur a loss [from suspicion], it is better to discretely 'deposit' it in your account, without the other person finding out about it!

Otherwise, people will go to an astrologer and believe what he says. The astrologer will say, "Look how nice all the stars are! Nothing is going to happen to you. You will get your money back." And so they believe that. They are not stable themselves.

If You Want to Be Suspicious, Then Be So Till the End

'We' had understood one thing even before attaining *Gnan*. Once, I had become suspicious towards a person that 'This man will do something, he

will cheat me.’ Then I decided that if I was going to be suspicious, I should be suspicious my entire life, otherwise I shouldn’t be suspicious at all. If you want to be suspicious, then be suspicious till the end. This is because the Lord has considered that to be awareness. If you are going to be suspicious and then stop, then don’t even start. If you leave to go to Kashi, but then return home upon reaching Mathura, then it would have been better if you had never left. I had become suspicious of that person thinking, ‘This person is like this.’ So from that day onwards, I stopped harboring any suspicion. Otherwise, after that incident, I wouldn’t have had any more worldly interactions with him and I wouldn’t have been cheated either. If I wanted to continue being suspicious, then I would have avoided any worldly interactions [with him] for the rest of my life.

Suspicion Creates Vibrations that Incite Flare Ups

Nowadays, most of the quarrels at home are arising out of suspicion. One woman told me, “I am suspicious of my husband.” So I asked her, “What are you suspicious of?” She said, “That he’s having a relationship with another woman.” So I told her, “Why is that an issue for you? He is the one who wants to keep another relationship!” She replied, “No, it is making me miserable day and night.” I asked her, “What do you have to do with it? Even if your husband is having a relationship with another woman and going out with her,

what do you have to do with it? You shouldn’t be suspicious at all.” After I explained to her in so many words, she herself said, “This is wrong of me!” And so the suspicion left. You shouldn’t harbor suspicion. The husband may be having a relationship with two other women. You can’t do anything about that. By harboring suspicion, you will die [from within]. How will it affect him? And only the poor husband would know if he initiated the relationship or got pulled into it. But look, she became free from her suspicion; the suspicion that would otherwise not leave for a hundred thousand lifetimes!

What happens is that suspicion creates vibrations, which in turn incites a flare up. And if one becomes free of suspicion, then that flare up dies down on its own. If both the husband and wife harbor suspicion, then how would the flare up die down? There’s no choice but for one of them to become free of suspicion! Quarrels between parents spoil the moral values of the children. Thus, in order to preserve the moral values of the children, both parents must come to an understanding and bring about a solution.

Suspicion Arose Because You Believed It to Be Yours

Questioner: When does one become filled with suspicion? Is there something that gives rise to suspicion?

Dadashri: It’s because you believed it [some person or object] to be yours. And if you don’t believe it to be yours,

then there's no suspicion at all. Why did you believe it to be your own? That's why suspicion arose!

Questioner: That suspicion only arises for someone else, doesn't it! Suspicion doesn't arise for one's self, does it!

Dadashri: You shouldn't be suspicious of others at all. However, there's no reason to be suspicious. Suspicion arose because you believed it to be yours. It's not yours, yet you believe it to be so, hence suspicion arose.

Questioner: Suspicion doesn't arise for everybody. It arises only for one or two people. So is that because there are some past karmic ties or connection (*roonanubandh*) with them?

Dadashri: No, suspicion arises because of this sense of 'my-ness' (*marapanu*). If there's no sense of 'my-ness', then suspicion won't arise. If these diamonds are yours, and this person happened to see them, then you would develop suspicion towards him. If the diamonds aren't yours, then you wouldn't have suspicion.

Questioner: If the diamonds are mine, and if I go to sleep with five other people around me, then I'll only have suspicion for those five people, right?

Dadashri: You'll have it for everyone, because the diamonds are yours. There's no problem with wearing the diamonds, but it's your sense of ownership (*malikipanu*) that gives rise to suspicion. Wear the diamonds, sell them off, give

them away, eat and drink, have fun, but if there's any sense of ownership, then suspicion will arise.

Suspicion Remains Due to Aasakti and the Intense Greed to Indulge in Sex

Questioner: It's where there is *aasakti* (inner tendency inclined towards attraction that attaches) that we tend to harbor suspicions, isn't it?

Dadashri: Yes, it's indeed there, nowhere else. If someone has taken your money, then suspicion will arise. If someone has taken flowers from your garden, then suspicion will arise. Many kinds of suspicions arise. It is due to these suspicions that these tussles keep increasing and you continuously remain miserable, as though there is a cold war waging. What is the need for you to have a cold war?

One man told me, "My wife and I have quarrels every day." Now is it the wife's fault or his fault? What would you say?

Questioner: Both would be at fault, wouldn't they? It is because of the pleasure that has been derived from sex that all those fights and clashes happen, don't they?

Dadashri: All of this has indeed arisen through sex, and moreover, there is no pleasure in it at all. Early in the morning, his face appears as though he has swallowed castor oil!

Questioner: I shudder to think that

these people endure so much pain, for just this much pleasure!

Dadashri: That itself is the intense greed (*laalach*), isn't it, to indulge in sex!

Questioner: When a person is not successful in fulfilling his intense greed to indulge in sex, that is when he grows suspicious and everything along those lines, isn't it?

Dadashri: When he isn't successful, he resorts to anything. He harbors suspicions, he becomes overly suspicious, and he then resorts to all kinds of things in vain. So, he even becomes helpless, but she is the one who then humiliates him, that is extra. Once he comes into her clutches, she won't refrain from humiliating him, will she!

One may have absolutely no [sexual] relation with his wife through the mind, speech, or body, yet he dominates her as a husband (*dhanipanu*). That shouldn't happen. When can you say that someone is dominating as a husband? As long as there is an animalistic relationship through the mind, speech, or body.

Questioner: But it is only when sex is involved that he dominates her as a husband, isn't it?

Dadashri: To dominate as a husband means to engage in sex through intimidation. But then he binds causes for the next life, doesn't he?

Questioner: What happens there?

Dadashri: Vengeance is bound! Would any soul remain in oppression even for a moment?

After a lot of clashes happen, he'll say, "Why are you walking around with a sulking face?" So then she sulks even more. Then she becomes resentful. She then says [to herself], "Once he comes into my clutches, I'll put him through some serious torment." So, she won't refrain from being resentful, will she! Every living being becomes resentful; all it takes is for you to provoke them! No one is oppressed by another. No one has anything to do with the other. It is simply because of illusion that one sees it all as his own, as 'mine' and 'yours'!

It is out of the compulsion of maintaining a reputation in society that a woman remains oppressed by her husband like this. But then she puts him through some serious torment in the next life. Oh, she may even reincarnate as a female snake and bite him!

Suspicion That Arises From 'My-Ness'

One husband became suspicious of his wife. Would that suspicion stop? No. That is called lifetime suspicion. His work is done! This would only happen to someone who is fortunate, right! Similarly, if the wife becomes suspicious of her husband, then that too will not leave for an entire lifetime.

Questioner: Why does suspicion arise even if we don't want it to?

Dadashri: 'I-ness' (*potapanu*), a

sense of ownership (*malikipanu*), ‘He is my husband.’ There’s nothing wrong with having a husband or even saying that he is your husband, but you should not have ‘my-ness’ (*mamata*) for him. You should say that he is your husband, but don’t have ‘my-ness’ for him.

Questioner: How can one remove ‘my-ness’ for one’s husband? By repeatedly saying, ‘He’s not mine, he’s not mine’?

Dadashri: No, you shouldn’t say that. He is indeed yours. The husband is definitely yours. So what’s the need to say internally that he’s [not] yours? However, there shouldn’t be any ‘my-ness’.

Questioner: Then how can ‘my-ness’ be reduced?

Dadashri: When ‘my-ness’ is established on the Self, then ‘my-ness’ for the worldly life will diminish.

Everything is worth owning, but not worth having ‘my-ness’ for. If I lose something, then it may end up becoming yours, but I have no ‘my-ness’ for it. If it leaves the boundary of my ownership, then it is yours.

If suspicion arises at night, then it’s ‘doors’ will not be locked until the body is exhausted. When the body gets tired and goes to sleep, that’s when the ‘doors’ [of suspicion] become locked.

Questioner: Changes occur in the body as well. One becomes anxious and all such things happen.

Dadashri: Yes, but he gets tired and falls asleep. [If we ask him,] “When

you got up in the morning, what did you gain for the effort you put in all night in harboring suspicion?” He’ll say, “My health deteriorated.” And the mind and everything within becomes weak.

Questioner: So when suspicion arises, does the mind, intellect, *chit*, and ego all get used up there?

Dadashri: All of it. The entire body gets used up in this. That’s why I refer to it as suicide!

It’s Better to Stay Away From Mud

Everyone has entered the home of worldly life as a guest. They are a guest as long as they stay, and then they will leave. Can’t you see them leaving? Those with ‘my-ness’ and those without ‘my-ness’ both end up leaving, don’t they?

Therefore, don’t waste a single minute. Why should you waste a single minute when you’re only going to stay here for five to fifty years? [Karmic] Stains will form. The clothes [body] will remain here and the [karmic] stain will stick to you and go with you to the next life. So why should you let any stains form? Now stains are not formed everywhere you go. You just have to walk carefully where there is mud. We are not very concerned about the dust that may be flying around. The dust will fall off on its own, but mud will stick to you. You can shake the dust off your clothes, but you can’t remove mud that easily and it will leave a stain. Therefore, you should stay away from where there is mud.

They Are Terribly Unfaithful

What are these people like? Wherever they see a ‘hotel’, they ‘dine’. Therefore, it’s not worth harboring suspicion in this world. Suspicion itself is misery. Now, they ‘dine’ wherever they see a ‘hotel’; men do that too, and even women do that. Moreover, the husband doesn’t think, ‘What must my wife be doing?’ He simply thinks, ‘My wife is a good woman.’ However, his wife would be teaching him a lesson [by cheating on him]! Men also teach women a lesson and women also teach men a lesson! But in the end, the women win. This is because men don’t have deceit, do they! That’s why men are deceived by women!

So, as long as sincerity and morality were present, worldly life was worth enjoying. These days, there is a terrible amount of unfaithfulness. If I were to reveal to each man everything about his wife, then none of them would go back to their wives. I know everything about everyone, but I never disclose it. Mind you, it’s not as if men are any less unfaithful, but a woman is nothing but a factory of deceit! A collection of deceit; it is nowhere else to be found, except in a woman.

Suspicion About Anyone’s Sexual Conduct Is a Grave Liability

Besides, there is nothing that calls for harboring suspicion, in any way. The suspicion is the very thing that kills a person. All of these people are in the process of dying precisely because of suspicion! So, the biggest ‘ghost’ in this

world is the ‘ghost’ of suspicion. It is the biggest ‘ghost’ of all! It has consumed all kinds of people in the world, it has devoured them! Therefore, do not allow suspicion to arise at all.

Destroy it as soon as it emerges. No matter what kind of suspicion arises, destroy it as soon as it emerges; do not allow its ‘vine’ to grow further. Otherwise, suspicion will not allow you to sit with ease. It will not let anyone sit back with ease. Suspicion has actually killed people. Suspicion has killed the greatest of kings, even the great *Chakravartis* (the emperors of six continents).

If people tell you, “This person is worthless,” even then you should say that he is a worthy person. This is because, at times, he may even turn out to be worthy. And if you say that he is worthless, then a very serious fault is bound. If a woman is a *sati* (a married woman of high moral conduct who has not taken up the vow of fidelity to her husband, but she follows all the rules of fidelity) and you end up referring to her as a prostitute, then it is a grave offence. You will have to keep suffering the consequence of that for so many lifetimes. So, do not say anything about anyone’s [sexual] conduct, because what if it turns out to be wrong? If you start speaking about someone in this way just because others say so, then what value do you hold? ‘We’ never speak that way about anyone at all, nor have ‘we’ ever spoken that way about anyone. ‘We’ would never stick ‘our’ hand in that, would ‘we’! Who would take on such a liability? Suspicion about anyone’s [sexual] conduct

should never be harbored. It is a very grave liability. 'We' never harbor suspicion. Why should 'we' take on such a liability?

Why Harbor Illusory Attachment for Such a Betrayal?

Everyone uses this toilet right? Or does only one person use it?

Questioner: Everyone uses it.

Dadashri: So that which is used by everyone is referred to as a toilet. Therefore, what is used by a lot of people is known as a toilet! As long as there is fidelity to a single wife or a single husband, that is considered the greatest thing. It is considered [chaste] conduct up to that point; otherwise, it is considered to be a 'toilet'. How many people use the toilet in your home?

Questioner: Everyone at home uses it.

Dadashri: It is not just one person who uses it, right? So then whether two people use it or everyone uses it, it is called a toilet.

In fact, one sees a 'hotel' and 'dines' there. Oh, he even eats and drinks there! Therefore, get rid of your suspicions. With suspicion, even the *moksha* that has come into your hands will slip away. So, you should simply understand, 'I am married to her and she is my tenant!' This is all you need to accept in your mind. Then, no matter who she is involved with, do not become suspicious of her. You are only concerned with what you get out of it, isn't it? If you need to use the 'toilet',

then go ahead and use it! That which you have no choice but to use is called a toilet. That is why the *Gnanis* clearly state that worldly life is a betrayal.

Questioner: It does not feel like a betrayal, why is that?

Dadashri: That is because of illusory attachment! And you have never come across anyone who would tell you this, have you! But the train will stop only if someone waves a red flag. Otherwise, the train will continue moving and roll off the tracks.

An Entranced State That Arises From Excessive Illusory Attachment

A person will not be suspicious of his daughters. That's because he has illusory attachment (*moha*) for them! One cannot understand the fault of someone for whom he has illusory attachment. The whole world suffers a beating due to illusory attachment. Every parent says, "My daughters are good girls." So that must mean that it is *Satyug* (era of the time cycle that is characterized by virtue, wisdom, happiness, and morality)! All parents say that, don't they? If everyone we ask says that, then it must be *Satyug*! Yet he will also say, "No, other people's daughters are spoiled." They even say this.

Questioner: But if we were to say something about his daughter, he would come after us.

Dadashri: You can never say that. He will come after you and even curse you. You can't say anything to anyone.

At least it's good that every parent has attachment (*raag*) towards their kids. It's because of this attachment that they do not see the faults of their kids; however, they see all the faults of other people's kids. It's good that they do not see the faults of their own daughters; that keeps them at peace, and everything beyond that can be considered later on.

It Is Not Worth Criticizing or Doubting People

A father once said to me, "My daughters are very sensible." I responded, "Yes, good." Then, when he started criticizing other people's daughters, I told him, "Why are you criticizing people? If you criticize others, they will also criticize you." He asked, "What is there to criticize about me?" I replied, "I will show you, then remain silent." Then I brought forth his daughters' diaries and showed him everything. I said, "Look at this." He exclaimed, "Oh my God!" I told him, "Be quiet. Don't criticize anyone. Why do you think I remained silent with you even though I knew this? Why did I remain silent even though you are boasting so much?" I understand that although he is boasting, at least it is giving him satisfaction! But as soon as he started criticizing others, I told him not to criticize them. This is because it is a fault to criticize other people's daughters when you have daughters yourself. Fathers who don't have daughters wouldn't criticize others in this manner. Whereas ones who do criticize a lot. As a father of daughters, you are criticizing others? Don't you

feel ashamed? If you harbor such doubt, when will it end?

And even girls today are so naive that they believe, 'My father will never read my diary.' She will keep her personal letters in her school diary. Her father will also be naive; he will keep placing trust on his daughter. But I know that the girl is grown up. I simply tell her father, "Get her married soon." What else can I say?

Throw Away Suspicion as Soon as It Arises

One of my close relatives had four daughters. He was very aware [in worldly affairs]. He tells me, "These girls are grown up, they are in college, but I'm not able to trust them." I told him, "Go with them. Go with them to college and when they leave, follow them home. You can do that for one day, but what will you do the next day, send your wife?" Hey, you don't even understand where to place trust and where not to? You should tell your daughter, "Listen, we are good people, we're from a noble family and are well respected." You should caution her in this way. Then whatever happens is correct. Don't harbor suspicion. How many people would harbor suspicion? Those who are aware [in worldly affairs] will keep harboring suspicion. Whereas the ones who are fools [not aware in worldly affairs] will not!

Therefore, before any suspicion arises, uproot it and throw it away. If your daughters go out for a stroll or go out to play and suspicion arises in you, then will happiness prevail at that moment?

Questioner: No, but then there's no point in harboring suspicion.

Dadashri: Yes, exactly. So whatever the reason may be, don't allow suspicion to arise. Maintain caution, but don't harbor suspicion. If you harbor suspicion, then know that 'death' has arrived!

Questioner: But doesn't suspicion arise on its own?

Dadashri: Yes, but that is tremendous ignorance. It causes a lot of misery. When your daughter goes out and someone tells you that she has gone to meet her friend, then it will cause you to harbor suspicion for her. How will you feel after that?

Questioner: Restlessness will prevail after that.

Dadashri: Will your restlessness resolve the external problem at hand? Is it going to change the fact that she is hanging out with her friend? No change will come about and that suspicion will end up killing you! Therefore, the moment this suspicion arises, immediately remember, 'Dada has said to not harbor suspicion' and put a stop to it. Nevertheless, you should maintain caution.

Don't people have daughters? Don't they go to college? The times are such that they go to college. It's not like the old days when girls were kept at home, is it? So one has to act according to the current times! If other girls talk to their friends, then why wouldn't these daughters talk to their friends?

Now when one hears something

about his daughters or sees them do something and he becomes suspicious, that's when the real fun starts! And if he comes and asks me, I immediately tell him, "Get rid of the suspicion. You are suspicious because you saw something, but what if you hadn't seen it? If suspicion arose simply by seeing it, then why don't you correct it by assuming that you didn't see it? Everything is already there 'underground', but he thinks, 'What if this is going on?' So it has possessed him. Then the ghosts [of suspicion] won't leave him alone the whole night. They won't let go of him for months on end. Therefore, it is wrong to harbor suspicion.

One gentleman was talking about his daughter. He tells me, "This boy from another caste is spending time with my daughter, and because of that I'm not able to sleep at night." I asked him, "Why can't you sleep?" Is that relationship likely to stop just because her father is unable to sleep?

Questioner: No.

Dadashri: I told him, "Get rid of this suspicion." He was the father of four daughters, plus he was brilliant and alert, so he kept an eye on them after they started their first year of college. 'Who is she hanging out with? What must she be doing? Where did she go?' What would remain of him if he were to keep an eye on all four daughters? It's good that the public is deluded by illusory attachment so that they lose their awareness. His daughters would go off to college and he would forget since he would be engrossed

in his business. That's why everything is going smoothly! Otherwise, the poor guy would die!

I can tell you this much, that the whole world is entrapped in suspicion. No one is going to be able to change that which is *vyavasthit*. Therefore, wherever suspicion arises from, whatever kind of suspicion it may be, remove it when it is still a seed and throw it away. No change will come about by harboring suspicion, and on top of that, it will kill you!

Worldly Life Arose From the Seed of Suspicion

Suspicion causes a tremendous amount of misery and where there is suspicion, worldly life arises. It gives rise to a new kind of worldly life. Only a banyan tree would grow from a banyan seed and only an oak tree would grow from a single oak seed. But the 'seed' of suspicion is such that it will give rise to seventeen hundred types of 'vegetation'. If a single 'seed' can give rise to seventeen hundred types of 'vegetation', how can you keep such a 'seed'? 'We' are the only one who has removed the 'seed' of suspicion. But for you, suspicion naturally and spontaneously arises from time to time, doesn't it?

Harbor Suspicion? No, Take Care!

A father of four daughters had come here for advice. He said, "My four daughters are going to college to study, so it's natural for suspicion to arise, isn't it? So what should I do about these four daughters? What should I do

if they become spoiled?" I told him, "But they won't improve simply by you being suspicious." Therefore, don't be suspicious. When they come home, sit down with them and talk to them nicely, become their friend. You should talk to them about things that will make them happy. And don't only be preoccupied with making money in your business. Take care of your daughters first. Become their friend. Eat with them, drink some tea with them; show your love for them. The love you have for them is superficial, that is why they are seeking love elsewhere.

Then I asked him, "If your daughter were to fall in love with someone and come home at eleven thirty at night, would you throw her out [of the house]?" He replied, "Yes, I would tell her to get out. I wouldn't let her step foot in the house." I told him, "Don't do that. Where would she go in the middle of the night? Where would she take refuge? You should tell her, 'Come, sit, or go to bed.' There is a rule that if you have already incurred a loss, then you should take care not to incur a further loss. If she comes home after incurring a loss and you throw her out [of the house], then that would make matters worse, wouldn't it? If you have started incurring a loss of hundreds of thousands of rupees, would you do something to reduce that loss or increase it? If you are already incurring a loss, there should certainly be a solution for that, shouldn't there? Therefore, don't incur a huge loss. Let her get some sleep and the next day, explain to her, 'Come home on time. When you come home late, I worry a lot and

I may even have a heart attack.’ So you should explain to her one way or another.” The father understood what I was saying. If he were to throw her out [of the house] at night, who would take her in? People may take advantage of her and that would be the end of it. If you throw her out [of the house] at one o’clock at night, how helpless would the poor girl feel? And it is the time of *Kaliyug*, so shouldn’t you think this over a little?

So even if your daughter comes home late one night, don’t be suspicious. If you remove your suspicion, it will benefit you so much. What’s the point of worrying unnecessarily? Nothing is going to change in this one lifetime. Don’t unnecessarily hurt your daughters or your sons. You can simply tell them, “You are going out, but you shouldn’t come [home] late. We are from an honorable family; this doesn’t suit us. So don’t come [home] this late.” Talk to her and reason with her in this way. But you can’t afford to harbor suspicion such as, ‘Who must she be hanging out with? What must she be doing?’ And then if she comes home at midnight, the next day you should still tell her, “This shouldn’t happen again.” If you throw her out [of the house], there’s no telling where she’ll go. Did you understand? Where does the benefit lie? Doesn’t the benefit lie where there is the least amount of loss? That’s why I’ve told everyone, “Let your daughters inside [the house] even if they come home late; don’t throw them out.” Otherwise, these strong-headed people will throw them out, will they not? Look how strange these times are! The times are filled with so much inner burning! And it is *Kaliyug*, so you

should sit your daughter down at home and explain things to her.

Play Your Part in the Drama With Complete Detachment

If a father is *vitaraag* (absolutely free from all attachment and abhorrence) and his one and only daughter is being kidnapped, then what would he do? Didn’t Lord Mahavir have a daughter? Similarly, what would a person who is *vitaraag* do if his one and only daughter were being kidnapped?

Questioner: He would make an effort to stop it, but if he isn’t able to, then that would be it.

Dadashri: He would make an effort, but in a dramatic way. Like in a drama; don’t they dramatically say, “What do you think of yourself? I’ll sue you. I’ll file a lawsuit against you in court. I’ll do this and that.” Everything is spoken dramatically [as if they are playacting in a drama].

What would a *Gnani Purush* do if she was his one and only daughter? He would act dramatically. She is indeed not His daughter! When the body is not His, how could the daughter be His? And whatever is happening is not under anyone’s control. Mind you, at that time, you can’t say, “Fine, go ahead and take her.” You can’t say that. Such worldly interaction would appear pathetic.

Questioner: One should do everything yet remain unaffected (*nirlep*).

Dadashri: Yes, yet remain unaffected.

You understood it correctly. The body itself is not Yours. People have set out to be insulted and bind karma!

Establish a ‘Safe Side’ by Remaining as the Pure Soul

Even if your daughter has been kidnapped, don’t harbor suspicion towards her. That’s because your daughter is not someone you will take with you [to your next life.] Your daughter being kidnapped is not against the law [of nature]. There is a law behind that! Would there be a law or not?

Questioner: Correct.

Dadashri: Yes... This *Gnan* keeps You so safe that You won’t have any difficulty. It is those who harbor suspicion, those who have ignorance of the Self who are spoiling all this. If you harbor doubt, then when will it end? Justice is a ‘thermometer’. What does justice say? If it happens that way, then consider it to be correct!

This lady was saying that even when someone comes [to see her], her poor father becomes unhappy and asks, “Who has come?” If they were to ask me, I would explain to them, “You mortal one! You shouldn’t become unhappy. Take care of her. Take all the necessary precautions, but don’t be suspicious of her. But our people don’t have the understanding, do they?”

Questioner: Suppose her parents are taking precautions and keeping a strict watch on her, then she will indeed realize that....

Dadashri: Don’t keep a strict watch. Take precautions.

Questioner: Even if they take precautions, she will still know that they are taking precautions for her because they are suspicious, right?

Dadashri: It’s fine if she knows.

Questioner: Then she will feel that they are suspicious of her, won’t she?

Dadashri: No. That is not called suspicion. You shouldn’t harbor suspicion. Precaution means to not let her go alone with a group of only boys. You should take all such precautions. [In the old days,] we didn’t even let girls of a certain age go out. Did you know that?

Questioner: Yes.

Dadashri: That’s because you can’t place petrol and fire beside each other. Even worldly people understand the danger, that both should be kept separate. Although, nothing will touch those who have this *Gnan*. Even if a person’s five daughters are going out with friends, our *Gnan* is such that they will not be affected.

Questioner: Who won’t be affected? The parents won’t be affected or the girl who is going out?

Dadashri: It won’t affect anyone if they have this *Gnan*.

Questioner: That’s if those girls have this *Gnan*, right?

Dadashri: No, not the girls. If you have this *Gnan*, then why create such botheration? She seems like she is your

daughter, but she is not Your daughter. It is like you had planted a watermelon seed and thus watermelons continue to grow. So many watermelons will grow. This unhappiness is due to one's sense of ownership.

Questioner: So wouldn't we have thoughts about the children such as, 'They may become miserable. What will happen if they go on a completely wrong path?'

Dadashri: That may happen. But that doesn't mean you should be suspicious of them. Find a way that won't make them unhappy. Change their college, change where they live, change their circumstances. After that, if there's no improvement, then there's no solution. Where there is no solution, You should remain as the pure Soul!

Questioner: We could change their college, change their circle [of friends], but we would do all this only after we become suspicious of them, wouldn't we?

Dadashri: That's not suspicion.

Questioner: Then what is it?

Dadashri: It's for their 'safe side' [safety]!

Questioner: What's the difference?

Dadashri: It's not suspicion, it's for their 'safe side' [safety]. You should take precautions, by any means. Even if it were my daughter, I wouldn't be suspicious. I am not suspicious of Hiraba either. Why should I be suspicious of anyone? What do 'we' have to do with it? It's not yours or mine, yet the world keeps claiming

'It's mine, it's mine.' What do 'we' have to do with it?

Suspicion in Worldly Interaction Causes Incalculable Harm

It's not worth harboring suspicion anywhere. Suspicion destroys a person. Don't harbor suspicion in any situation. Then whatever happens, let it be. But don't harbor any suspicion. This is because by harboring suspicion what was going to happen doesn't get any better, in fact, it gets worse. If you were to ask the public, they would say, "Suspicion arises even if the matter at hand is factual! If suspicion didn't arise, we wouldn't be considered humans. Do animals harbor suspicion? We are humans, so we would certainly be suspicious of our daughters!" That is what they would teach you. Why do I get rid of suspicion? Because it won't help at all, not even a single bit, and it'll cause limitless harm. That's why I get rid of suspicion. If suspicion were helpful, then I wouldn't be able to say that. Even if it were ten percent helpful and ninety percent harmful, I wouldn't be able to say that. As it is, it doesn't help even in the slightest and it causes incalculable harm!

Suspicion should be removed from its roots. Suspicion should be removed from worldly interaction as well. Suspicion doesn't help; it only harms. And to sulk is also not beneficial; it only causes loss. Certain words only cause harm. What do I mean by they only cause harm? If there were some benefit and some loss, then it would be acceptable, but this is nothing

but a loss. It would be good to get rid of such attributes!

Otherwise, suspicion is the most dangerous thing. It's like a ghost, like a witch. It's better to be possessed by a ghost than by suspicion; at least someone can exorcise the ghost for you. But the suspicion that has possessed you can't be removed.

A Suspicion-Laden Person Lives Life as Though He Is Dead

Suspicion is the cause of destruction. Suspicion is what has killed people. And once suspicion arises, there is no end to it. There is no end to suspicion, so it destroys a person.

For the most part, when women become suspicious, they eventually forget about it. But if they do remember it, it will destroy them. Men will create suspicion even if it hasn't arisen on its own. When a woman becomes suspicious, [that suspicion] is considered a witch. Therefore, she becomes possessed by both a ghost and a witch. That will kill a person. I actually ask people, "Who are you suspicious of? Are you suspicious of your neighbors, your brothers, your wife, or of everyone? Where does suspicion arise? If you tell me about it, I will make things right for you."

To be suspicious is a terrible offence. Therefore, if suspicion arises for anything, then don't harbor that suspicion. You should remain aware, but don't be suspicious of the other person. Suspicion will kill you. Whatever is going to happen to the other person will happen, but that

suspicion will kill you. This is because suspicion will not leave a person until it kills him. Would a person gain weight by being suspicious? On the contrary, he would be living like a corpse.

In this world, a suspicion-laden person and a dead person are equivalent. A person that continues to be suspicious about everything is suspicion-laden (*shankashil*). There's no difference between a suspicion-laden person and a dead person. He would live a life as though he were dead.

You should never be suspicious of anyone in this world, even if your suspicion is justified. This world is such that it is not worth having suspicion for anything at all.

This World Has Arisen Due to Suspicion

Questioner: This is a tremendously important sentence of yours. 'This world is such that it is not worth harboring suspicion at all!'

Dadashri: This world has arisen due to suspicion. There are certain words, such as suspicion (*shanka*) and vengeance (*ver*), upon which the world perpetuates. Instead of being suspicious of someone, it's better to hit them twice, but don't be suspicious of them. If you hit someone, you will get the consequence of that immediately. He will hit you four times in response, won't he? But the consequence of your suspicion is only on you! It's like digging a hole for yourself and then jumping in it. You won't be able to get back out.

All this suffering has arisen due

to suspicion. If suspicion arises for this person, 'He is the one who did this.' Then that very suspicion is what will eat away at you. Now even if the other person has actually done something and suspicion arises, then you should tell the suspicion, 'Oh suspicion, leave from here now. This person is actually my buddy.'

The Gnani and the Gnan Makes One Completely Free of Suspicion

Don't be suspicious of anyone or anything. Suspicion is the greatest misery. There's no other misery like it. The one inside you is running everything, so what is the need to be suspicious? Therefore, it is best to not be suspicious about anything. There is no greater person than someone who doesn't harbor any type of suspicion in this world.

Who will remove this suspicion? 'Our' *Gnan* is such that it can make You completely free of suspicion! It is considered *Gnan* when not a single *parmanu* within is affected.

Suspicion is the enemy of the Self. It will make you 'throw away' the Self entirely. Therefore, wherever suspicion arises, it should be ripped out from its root. Once the Self is attained, once You have become firmly established as the Self, is there anything that can shake You up? Is there any eternal element in this world that

can take away what is intrinsically Yours? Suspicion is considered a very dangerous disease. You won't even know when it arose and how much damage it has done! 'We' are giving you a guarantee for this one lifetime that no change is going to take place in the rule of *vyavasthit*. So then what is the need to be suspicious? Hey! In such an unpredictable world, where there is no guarantee that you will return home once you leave it, where should one harbor suspicion and where shouldn't one harbor suspicion? And whatever happens, has it not happened in the past? Is this new? The film of this life has already been recorded [in the past life]! So where is there scope to do anything about it? You should never be suspicious of anyone. Yet people are suspicious about liberation, about the *vitaraag* (absolutely detached) Lords and about religion. Hey! You'll be thrown aside if you harbor suspicion!

Don't harbor suspicion of any kind; leave the responsibility to me. Wherever suspicion has started to arise, say, 'I've handed it over to Dada.' And then say my name and go to sleep peacefully. Oh mortal one! You have a nice blanket, a pillow, so then why don't you straighten up and fall asleep in peace! Despite all this, if any suspicion arises, then come and tell me, "Dadaji, I am harboring these suspicions." I'll give you closure and inner satisfaction.

~ Jai Sat Chit Anand

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Truth, Permanent and Temporary!

Questioner: What is the difference between truth (*satya*) and untruth (*asatya*)?

Dadashri: Untruth is indeed untruth, but this truth as you know it, it is a worldly truth; it is not the Real truth. A son-in-law is not a son-in-law forever, a father-in-law is not forever. Real truth (*Nishchay satya*) is referred to as *Sat*; it is eternal. And that which is temporary is referred to as *satya*. This *satya* once again turns into *asatya*; it is proved to be untruth. Nevertheless, if you want worldly happiness, then you have to move away from untruth and go towards the truth and if you want to go to *moksha* (final liberation from the cycle of birth and death), then it is when this [worldly] truth is realized as untruth that there will be liberation! Therefore, this [worldly] truth and untruth are both indeed merely imagined. However, for a person who wants worldly happiness, he will have to abide by this [worldly] truth, such that no one is hurt. This truth is required only up to the time one attains the Self (*param satya*).

There Is Never Any Change in ‘Sat’

Therefore, as far as this truth and untruth are concerned, what the world considers as the truth is complete untruth in the eyes of God; it is not the truth at all. This is all the result of demerit karma and merit karma (*paap-punya*). The world refers to you as Chandubhai [reader should insert his or her name here], doesn't it?

Questioner: Yes.

Dadashri: Whereas God will say, “No, You are pure Soul (*Shuddhatma*).” *Sat* is the same wherever you go. *Sat* is the same in every living being. *Sat* is eternal, whereas this [worldly] truth is different for everyone, therefore it is temporary. This [worldly] truth exists on the basis of a lie.

Questioner: Then do you believe in such a thing as *sanatan* (eternal) *satya*?

Dadashri: It [the term] is not *sanatan satya*, it is *sanatan Sat*. It is considered eternal. The original eternal element (*muda tattva*) is permanent and its phases are temporary.

Questioner: Then what does *satya* mean?

Dadashri: One is worldly truth (*vyavahaar satya*), which is known as relative truth by the entire world, and the other is the Real truth, that is referred to as *Sat*, it is not referred to as *satya*. [That which has] Eternal existence is referred to as *Sat*, and that which has a temporary existence is referred to as *satya*.

Sat Cannot Be Confined Within Boundaries...

Questioner: Then what is *Sat*?

Dadashri: There is no other meaning for *Sat*. Anything that is permanent is referred

to as *Sat*. There is surely no other meaning for it in this world. *Sat* is the only thing in this world that is permanent, and it cannot be confined within any boundaries. It can penetrate right through the Himalayas. No walls obstruct it, nor do any restraints hinder it!

What Is the Origin of Relative Truth?

Questioner: There is one truth which pertains to the Self (*Atma*). But how did this other, relative truth, come into existence?

Dadashri: It did not come into existence, it has always existed. Relative and Real have always existed! The relative has always been there from the beginning. I just happen to use English words, but the word for it in Gujarati is *sapeksh*. Have you heard of the word *sapeksh*? So is this world *sapeksh* or not? The world is *sapeksh* and the Self is *nirpeksh* (Real). *Sapeksh* means relative, it is called relative in English. People today do not understand the meaning of the Gujarati word *sapeksh*, that is why I use the word relative in English. Did that surprise you?

There are two kinds of truth, one is relative truth and one is Real truth. Relative truth is dependent on society; it is dependent on the court [of law]. It is of no use on the path to liberation (*moksha*). It is a tool that aids in your development, it helps during development. What is your name?

Questioner: Chandubhai.

Dadashri: Chandubhai is a relative truth. But it is not completely wrong. It helps you here in your development. However, when you want to realize your own Self, this truth will be of no use. On that day, all of this truth will prove to be wrong.

Moreover, for how long can a person say, “This is my father-in-law”? As long as his wife has not divorced him. Thereafter, if he were to say, “This person is my father-in-law”; what about then?

Questioner: He cannot say so.

Dadashri: Therefore, it is not the truth at all. This is actually a relative truth.

Questioner: If he were to say, “He was my father-in-law,” what about then?

Dadashri: Even if he were to say that, he [the ex father-in-law] would curse at him because he is angry with the man. Rather than saying that, it is better for him to keep mum and for the other side to keep mum too!

Now, the rule is that the relative truth originates only from the relative. And relative truth means truth that is temporary. If you like this truth, if you like the truth that is temporary, then dwell in the temporary. And if you do not like it, then come to the Real truth.

(From Param Pujya Dadashri’s Gnanvani)

Puja Deepakbhai's USA - CANADA Satsang Schedule - Year 2023

USA & Canada: +1-877-505-DADA (3232) Email - info@us.dadabagwan.org					
Date	Day	From	To	Event	Venue
16/Jun	Fri	7:30 PM	9:00 PM	Satsang	(New Jersey) Delta Hotels by Marriott 7736 Adrienne Dr. Breinigsville, PA 18031
17/Jun	Sat	5:00 PM	7:30 PM	Satsang	
18/Jun	Sun	11:00 AM	12:30 PM	Aptaputra Satsang	
18/Jun	Sun	5:00 PM	8:00 PM	GnanVidhi	
21/Jun	Wed	7:00 PM	8:30 PM	Satsang	(Montreal, Canada) Olympia Reception Halls 3855 Boul. Sainte-Jean A, Dollard-des-Ormeaux
22/Jun	Thu	10:00 AM	11:30 AM	Aptaputra Satsang	
22/Jun	Thu	5:30 PM	8:30 PM	GnanVidhi	
24/Jun	Sat	5:00 PM	7:30 PM	Satsang	(Toronto, Canada) Renaissance by the Creek 3045 Southcreek Rd, Mississauga, ON L4X 2X7
25/Jun	Sun	10.30 AM	12.00 PM	Aptaputra Satsang	
25/Jun	Sun	5:30 PM	8:30 PM	GnanVidhi	
28/Jun	Wed	5:30 PM	8:00 PM	Satsang	
29/Jun	Thu	10:30 AM	12:00 PM	Aptaputra Satsang	(Tampa, FL) India Cultural Center 5511 Lynn Road Tampa, FL 33624
29/Jun	Thu	5:00 PM	8:00 PM	GnanVidhi	
1/Jul	Sat	5:00 PM	7:30 PM	Satsang	
2/Jul	Sun	10:00 AM	12:30 PM	Aptaputra Satsang	(Guru Purnima - Dallas, TX) Hilton Anatole 2201 N Stemmons Fwy Dallas, TX 75207
2/Jul	Sun	4:00 PM	7:00 PM	GnanVidhi	
3/Jul	Mon	8:00 AM	9:30 AM	Pujan, Aarti, Message	
3/Jul	Mon	10:00 AM	12:30 PM	Gurupurnima Darshan	
3/Jul	Mon	4:30 PM	7:00 PM	Gurupurnima Darshan	
4/Jul	Tue	10:00 AM	12:30 PM	Satsang	
4/Jul	Tue	4:30 PM	7:00 PM	Satsang	
5/Jul	Wed	10:00 AM	12:30 PM	Satsang	
5/Jul	Wed	4:30 PM	7:00 PM	Satsang	
12/Jul	Wed	10:30 AM	12:30 PM	Aptaputra Satsang	
12/Jul	Wed	5:30 PM	8:00 PM	Aptaputra Satsang	
13/Jul	Thu	6:00 PM	8:00 PM	Satsang	
15/Jul	Sat	11:00 AM	12:30 PM	Aptaputra Satsang	(Chicago, IL) Haridham Chicago Temple 540 Martingale Road Schaumburg, IL 60193
15/Jul	Sat	4:30 PM	7:30 PM	GnanVidhi	
16/Jul	Sun	5:30 PM	7:00 PM	Satsang	
17/Jul	Mon	7:00 PM	9:00 PM	Satsang	
20/Jul	Thu	7:30 PM	10:00 PM	Satsang	
21/Jul	Fri	7:30 PM	10:00 PM	Satsang	(San Jose, CA) Shubham 1214 Apollo Way, Suite 404B Sunnyvale,CA 94085
22/Jul	Sat	10:00 AM	12:00 PM	Aptaputra Satsang	
22/Jul	Sat	5:00 PM	8:00 PM	GnanVidhi	

Against Suspicion, Set the Awareness of the Self

Now after attaining the Knowledge of the Self, when suspicion arises, You should keep Seeing the suspicion that arises. 'You' do not need to show Your opposition towards the suspicion. 'You' should keep Seeing, 'Oh, Chandubhai has become suspicious!' When suspicion arises, one will definitely be in mental distress. He will be very miserable; he will have endless misery. This is because the Lord has said, "Suspicion is the greatest fault," and it immediately brings forth misery. That suspicion not only gives misery to the other person, but it also causes tremendous misery to oneself and by opposing it, the misery that has arisen from suspicion will increase. Therefore, when suspicion arises, You should maintain awakened awareness and remain separate. The entanglements that still arise are due to your previous practices that are not going away. They are not stopping. Otherwise, there is no need for suspicion now. As You become separate from the non-Self complex, suspicion leaves on its own.

- Dadashri

