

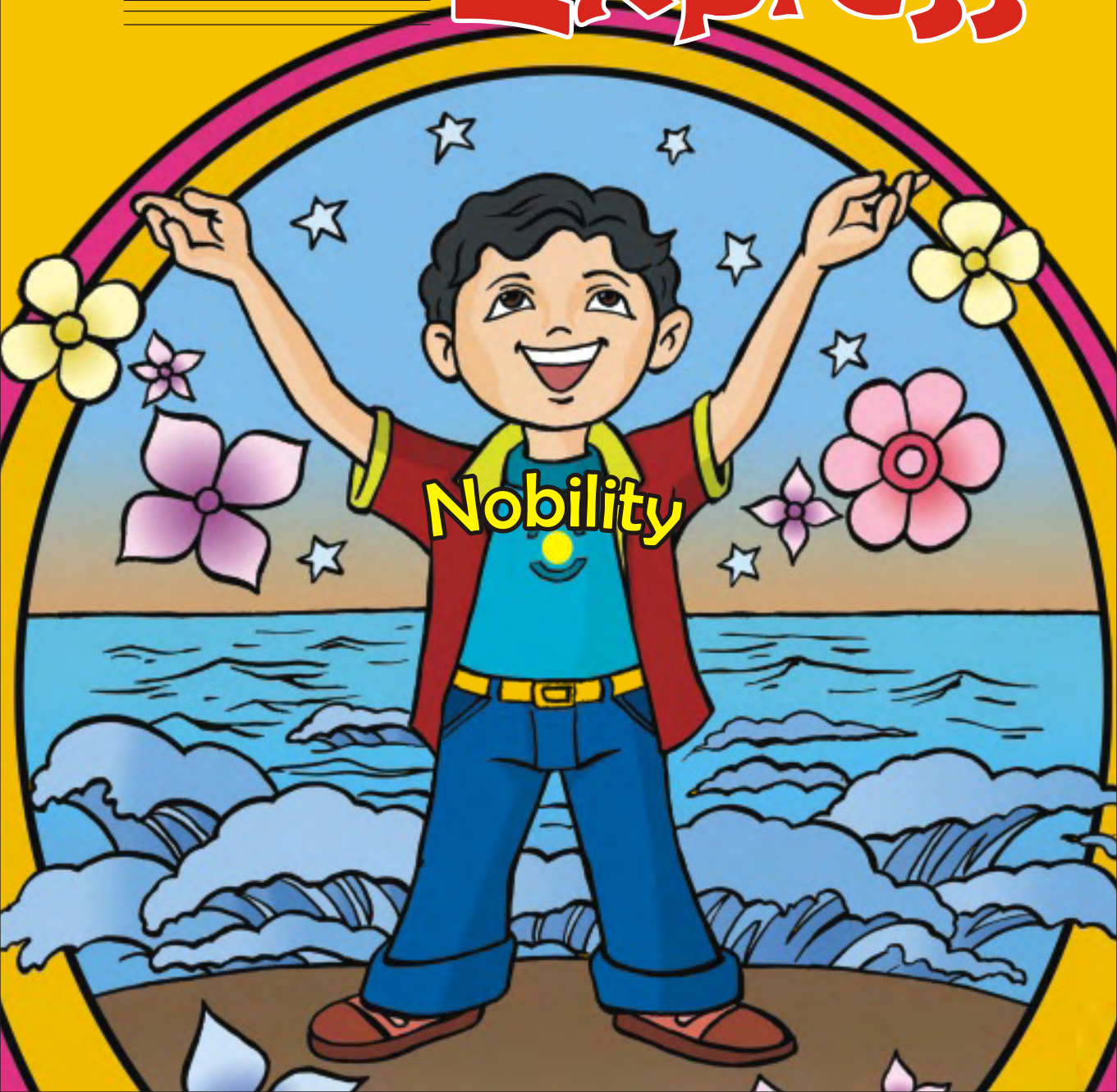
July 2010

Dada Bhagwan Parivar's

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Nobility

Friends,

Do you know what it means? 'Nobility' means big, to be 'big-hearted'. To spend whatever one has on another person without a moment's thought, that is called Nobility. Then, one does not stop to think, "Why should I be the one spending all the time? The other person never spends at all." There is no such thought, no such calculation in a noble person's mind. A noble person just feels that, "Whatever I have may everybody get it too." Isn't it wonderful? You liked it too, right?

In this issue, Param Pujya Dadashri has provided us with the magnificent understanding of; what is nobility? how can one develop it? etc.

So let's learn in depth about nobility and pray that we develop this virtue as well.

- Dimple Mehta.

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Gnanis Says...

Nobility means to be big, big-hearted. Being big-hearted means not to keep a count that if this person eats more chocolates then I will have less, that I won't get any, one does not feel such a thing. "Let the other person eat", that is how one feels. Suppose we have something nice, we really like it too, and if somebody tells us that, "You have such a nice thing, I want it," and at that time if we are able to give it to them, then that is called nobility. To accept something good about someone else heartily, to think about the welfare of everyone and not just ourselves, is all called nobility.

The opposite of nobility is narrow-mindedness. Being narrow-minded means wherever one sees, one is always calculating his own benefit. When using, and when obtaining things, one is narrow in both cases. At the time of using things such as, when eating or drinking, wearing clothes, or going out, one is constantly calculating that, "I will use too much, I will spend too much, I will fall short of money." And when obtaining something, one feels that, "I should be the only one to get it." It is alright to wish that, "I should get it," but at the same time, one should not wish that, "I should be the only one who gets

it; no-one else should get it." The most important thing about nobility is that, "Whatever I have got, may everybody get it as well." There is a need for us to become noble, such that, "May everyone gain from this, and may everyone progress. If these people progress, then it is the same as my progress." This is nobility.

Who should we call noble? A noble person gives more than they are supposed to give when it is their turn to give and when it is their turn to take something then they take less than they are supposed to take, so that the person who is giving won't be hurt. For example, if your friend forgot to bring his lunch box and he sits down with you to eat, then at that time you let him eat more than his share. After you finish eating, when he offers you some chocolate, then instead of taking all the chocolate, you only take one piece that is called nobility.

Being big-hearted means not to keep a count that if this person eats more chocolates then I will have less, that I won't get any, one does not feel such a thing. "Let the other person eat", that is how one feels.



As we observe other person's noble mind and appreciate this quality and accept that, "May I also be like this," then our narrow mindedness starts to pinch us and we feel, "I should not be like this." Eventually, by doing this, the narrow mindedness in us fades away and we start to become noble. This is the only solution.



Blue Jacket

"Mummy, please buy me that jacket!" said Stuti pointing out the jacket to her mother, while they were walking down the street. Her mother glanced at the display window of the store. The delicately embroidered blue jacket was indeed looking beautiful. Looking away she said to Stuti, "There is no need to spend unnecessarily right now. You really don't need a jacket right now." Stuti pleaded with her mother saying, "Please mummy, buy it for me. I won't ask for anything on my birthday, okay."

"Okay, let's go," said her mother as they both entered the store. The jacket was not very expensive. Her mother, bought it right away. Stuti was delighted.

Stuti wore the jacket to the annual day function at school. Everybody praised the jacket.

"You look like a princess in this jacket," said her best friend Pooja.

"Thank you, Pooja. I also like the jacket a lot." Stuti replied looking very pleased.

After a few days, Pooja went to Stuti's house. While they were talking her eyes fell on the blue jacket. Pooja stood up and touched the jacket. It was very soft and warm.

"Can I try it on?" asked Pooja.

"Yes, of course. Why are you even asking?" Stuti responded instantly. Pooja wore the jacket. She also looked



very pretty wearing the jacket. She also felt like buying a similar jacket for herself. Stuti did not fail to notice that Pooja really liked the jacket.

She said to Pooja, "Since you like the jacket, keep it. Whenever I feel like wearing it I will come and borrow it from you."

Pooja said, "No, No, I will borrow it from you, whenever I feel like wearing it," and the conversation ended there.

The next day, Stuti got the news that her father's job had been transferred to another city and they had to move there within a week.

Stuti did not like moving away from where they lived, especially since she would have to leave Pooja. Pooja was her best friend. Since childhood they had always played together, studied together and been to school together. Thinking she will be alone from now onwards, Stuti felt sad. She began to remember that since childhood she had so much fun with Pooja, they played together all the time, had so much fun with each other and also travelled to many places together. On hearing the news that Stuti was shifting elsewhere, Pooja became sad as well. Since it was their last week together, Pooja went to



stay at Stuti's house. The entire week they ate together and had a good time.

Finally, it was the day for them to depart. Handing Pooja a small note, Stuti said, "This is my new address. Write me a letter. I will also write to you."

Pooja shook Stuti's hand and said, "I will miss you a lot."

Hearing this, Stuti said, "Wait a minute." Saying this, she went inside, and returned with a plastic bag which she handed to Pooja and said, "Here, this is for you."

Pooja opened the bag and saw that it was her favorite blue jacket. She looked at Stuti and said, "But ... you like it so much

Whether you wear it, or I wear it, it's one and the same thing. Whenever you remember me, wear this jacket. You will feel better.



as well.”

Stuti said, “Whether you wear it, or I wear it, it’s one and the same thing. Whenever you remember me, wear this jacket. You will feel better.”

Hearing this Pooja hugged Stuti. Just then, Stuti’s father called her, “Stuti, come on, we are getting late.”

“Yes, pappa” said Stuti. She said ‘goodbye’ to Pooja and sat in the car.

Pooja held the bag with the blue jacket and just stood there. Stuti did not hesitate at all to give away something that she liked the most. Instead, she gave it away happily. Pooja was touched by her big heartedness. When Pooja went home, she quickly gave away her new pen set to her sister. Her sister had been

asking for it for some time now but Pooja would not part with it. But, today, Pooja felt happy giving away her pen set.

After a few days, Stuti received a letter from Pooja. There was a photo with the letter. Wearing the blue jacket, it was a photo of Pooja beaming with joy.

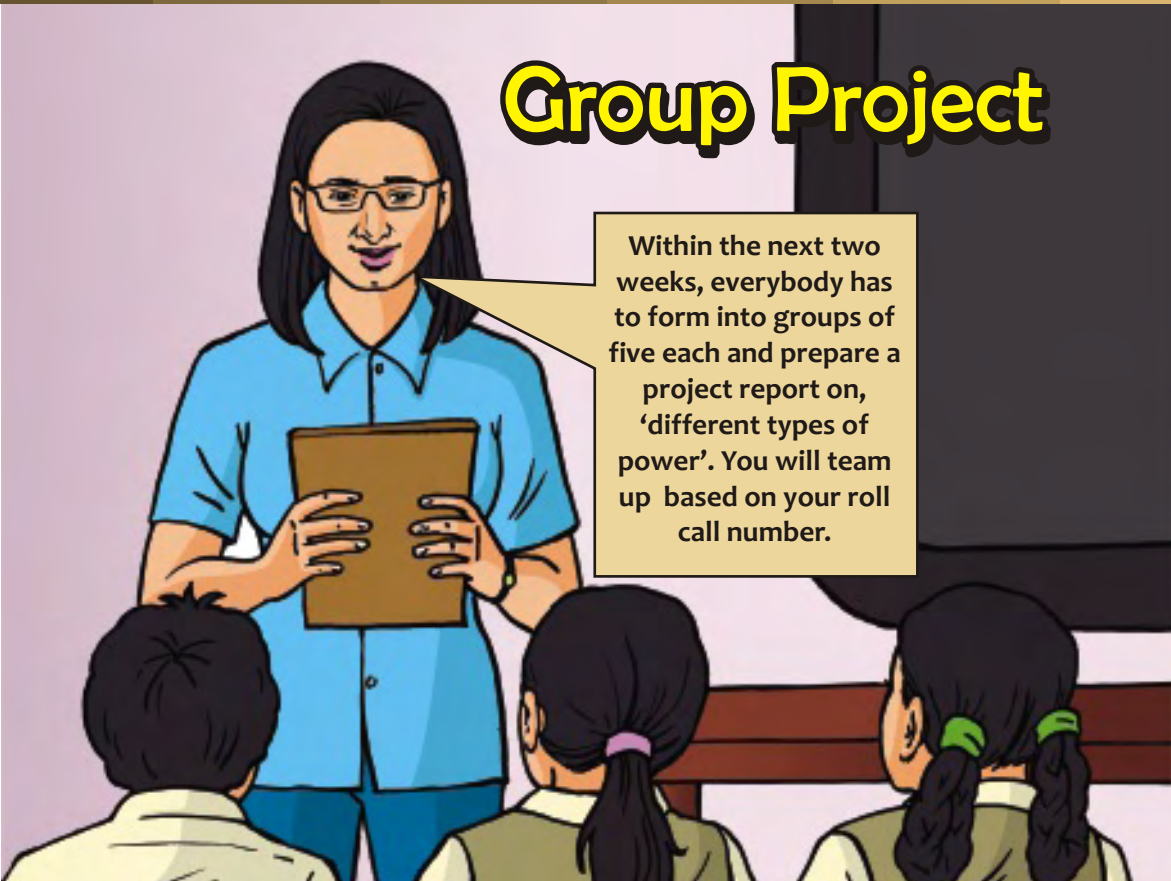
Stuti was very happy to see the photo. She was experiencing the happiness one feels by doing something that makes somebody else happy.

This happiness was greater than the happiness of wearing the jacket.

So friends, whenever you have a similar opportunity in your life, to give away something which is dear to you, then give it to the other person and feel the joy of seeing someone else happy.




Group Project



Within the next two weeks, everybody has to form into groups of five each and prepare a project report on, 'different types of power'. You will team up based on your roll call number.

Amol, Harsh, Gagan, Som and Tanay made up one team.

The next day, after school, Amol and Harsh waited for nearly an hour in the library for the other team members to turn up.



Let's discuss the project after school today.

I won't be able to meet today. I have to go to my cousin's birthday party. Let's meet tomorrow. We still have two weeks left. What's the big rush?

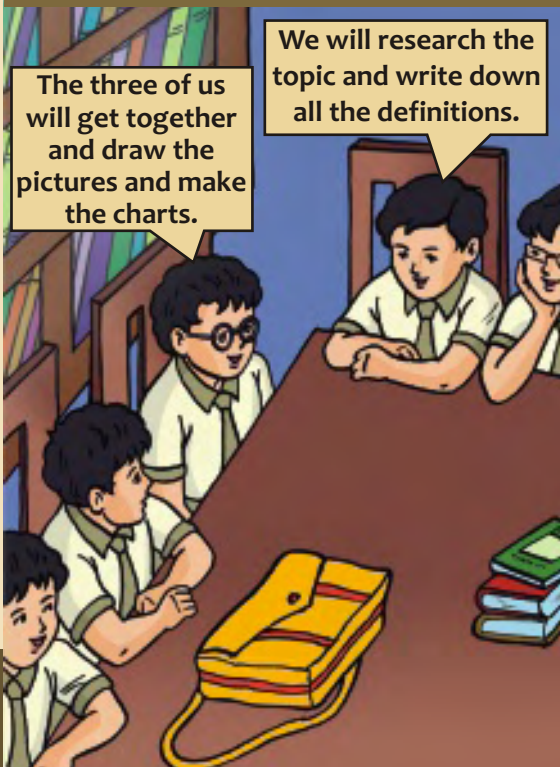
Sorry, we are late. We went to the canteen to eat because we were hungry.

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At the meeting, everybody took on some responsibility for the project.

The three of us will get together and draw the pictures and make the charts.

We will research the topic and write down all the definitions.



Amol and Harsh were experimenting in the laboratory. Tanay had to take the measurements, but instead he was chit chatting with his friends.



This is a group project; shouldn't everyone do his part? I will not do what Tanay is responsible to work on.

Come, I will take the measurements. We are not going to get worn out if we do some extra work on his behalf.



Only one more day was left to hand in the project. Amol and Harsh completed their share of the work responsibly. However, Som and Gagan still hadn't prepared the definitions and Tanay's charts were not finished either.

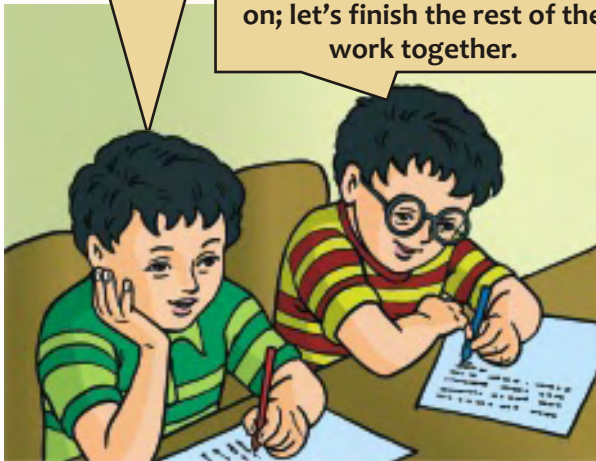


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They both worked through the night to finish the project.

That's it, I've had enough! I am going to complain to the teacher that these people are not working.

Don't bother complaining. Come on; let's finish the rest of the work together.



I will tell the truth to our teacher. Why should they get the marks for the efforts we put in?



We have to be big hearted. As it is, Som and Tanay have got low marks. If you tell madam, then their grade will decrease further and they will be unhappy. We should let it go.



Amol understood what Harsh was trying to say.

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You have all done a splendid job. Your project has received an 'A' grade. Excellent, keep it up.

7

After a few days,

I am giving out one form per group. Please fill out who did what work on the project, and everybody must sign it and give it back to me.

Come on; let's fill the form

Give it; I'll fill it.

Everybody sat down

But we

Write down, research and definitions under Gagan and Som.

I've finished writing down Harsh and Amol's part in the project. Now, what should I write in my part?

Write down that you made the charts and drew the pictures.

After the form was completed everybody signed it.

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After a few days, everybody got their progress report. Som, Gagan and Tanay were surprised to see their report. All three of them had passed science because of the marks they received on the project.

They looked down in shame. They went to Amol and Harsh.



Thank you. You have been noble towards us, we have realized our mistake. We got to learn a lot from you. Will you join our team again?

Definitely, in the next project we will work together and create an even better project.



And they all shook hands.

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Absolutely New and Different!



It is the law of nature, that the more big hearted you are, the more you will keep receiving, and the more narrow minded you become, the less you will receive. For example, if we spend whatever we have for others then we will never be deficient.

10

Everyone has something good in them. When we heartily appreciate the good qualities of others that is called a noble mind. For example, in the rangoli competition, if Grishma's rangoli is better than Krishma's and Krishma feels happy when she sees her friend's rangoli and says, "Wow, your rangoli is indeed very beautiful. You deserve the prize." then, Krishma would be considered noble.



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If you want to develop nobility, then start with yourself. Use yourself for others. For example, if mummy has asked you to bring some vegetables then you should ask your neighbours, "I am going to the market, do you want something?" In this way if we do work for other people, that would be considered as having used yourself for others.



11



Wherever there is nobility, we will be happy and the other person will be happy as well. For example, if somebody has come from out of town, then when we offer them food and drinks lovingly without spoiling our intentions, then we will be happy and the other person will feel happy as well.

Mythological Stories

In Mahavideh kshetra, there lived a woodcutter named Naysar. His work was to go into the jungle, cut wood and bring it back. One day, he took his men with him to cut wood in the jungle. He sat down in one place while his workers were cutting wood. Soon it was afternoon. At lunch time one of the workers came and said to Naysar, "Lunch is ready, please come and eat sir."

Naysar was a man of good moral character. He had taken a vow to eat only after he had served food to a guest. So, he climbed onto the embankment of a nearby lake and started to inquire if any guest would come with him. Fortunately, Naysar's vow to eat only after having served a guest seemed to get fulfilled.

A group of pious monks were walking from one village to another on a road at the edge of the jungle. One of the monks in the group, who had been fasting for a month, fell behind. He forgot the way and set off on the wrong path into the jungle. In the afternoon, the monk reached the spot where Naysar's men were working. Upon seeing the monk who was in penance, Naysar felt joy greater than the joy of finding treasures of precious gems. Joyfully, he approached the monk, bowed down respectfully, and requested him to accept some alms of food.

Naysar offered food to the monk in



penance with utmost respect, due honour and a pure intent. After the monk had finished eating, Naysar ate the food. Once Naysar finished eating, he went along with the monk to show him the way to the village. While they were walking the monk had a thought,



“This man has shown me the way out of this never ending jungle. I will show him the way out of the never ending cycle of worldly life and help him to realize his soul.” With these thoughts, the monk gave Naysar the woodcutter, the understanding

about Dev (celestial beings), Guru (spiritual teacher) and Dharma (religion) and the knowledge of the soul.

In this way, Naysar the woodcutter received spiritual wealth from the monk. He spent the rest of his life following the teachings of the monk sincerely and with pure intentions until he breathed his last. In his next life, he was reborn as a Dev in Devlok (celestial world).

See friends, what great results were achieved by simply donating food with pure intentions! Naysar got the knowledge of Self realization which would ultimately take him to moksh (liberation), and he would also enjoy the life and splendor of a Dev in Devlok.

Introspect Yourself!

Complete the story below using your understanding of Nobility.

The English class had started. Everybody had to read their essay. Ruchi was clever in essay writing. She would always come first but this time Sahil's essay turned out to be the best, and he ranked first.

Ruchi felt, “A”

She was now waiting for recess, because she had brought her favorite cheese sandwich snack. She thought, “B”

After that it was time for the science class. The teacher announced the project work grades for all the students. He called the team leader for each project, announced the grade and returned the project to them. It was Ruchi's turn. He told Ruchi, “Ruchi, your team has received an ‘A’ grade. You have all done excellent work. Congratulations.”

Ruchi was happy. She said, “C”

In the evening, Ruchi's aunt and cousin brother had come for dinner to their house. There was still some time before they sat down to eat. In the meantime, they all decided to play. Ruchi thought, “D”

Aunty had brought dresses for Ruchi and her sister. One of the dresses was red in colour and the other was green in colour. Aunty asked them both to choose a dress each. Both of them liked the red dress. So Ruchi said to her sister, “E”

Ruchi went to sleep after her aunt left. She said a prayer before she went to bed, “May all living beings of the world attain peace and happiness.” Ruchi fell asleep.

A

- 1) This time he came in first. Next time I will work even harder and obtain the first number again.
- 2) Wow! Sahil definitely writes good essays. I should learn how to write essays from him.
- 3) His essay was not that good. My essay was better than his. He is the teacher's favorite student, that's why the teacher gave him the first position.

B

- 1) All the friends will enjoy eating this tasty sandwich.
- 2) I will not tell anyone to share the sandwich with me. If they ask, I will only give them one small piece to try.
- 3) I will tell everyone that I have to finish my homework so I will sit in class and finish eating. In this way, I won't have to share the sandwich with anyone.

C

- 1.) Science is my favorite subject and I worked extremely hard on this project. So obviously I will get an 'A' grade on it.
- 2.) Our whole team worked very hard on this project. This is the result of our team's hard work and skill.
- 3.) If Priti had done her work properly, then we would have done even better than this. Please, don't put Priti in my team next time.

D

- 1.) I will have so much fun playing my new video game with him.
- 2.) Let's play cards. He will break the video game.
- 3.) It would be good, if he leaves early.

E

- 1.) You keep the red dress. I have so many red dresses. My happiness is in your happiness.
- 2.) I will take the red dress. Last time you were first to choose. This time it's my turn.
- 3.) You will look better in the green dress compared to the red dress. I think you should keep green dress.



Sweet Memories

To this Dada said with lot of compassion, "doesn't matter, I am not concerned with whether my name is taken or not, but the world should get this Vignan (Science). I am only interested in that. Let them use their own name."

On hearing this the Indian scientist put his whole body at Dada's feet and humbly said, "Dada, from years we (Indian scientists) had this frustration that these Americans never let us to progress in positions. The major contributions in all the inventions & discoveries done here are made by we Indians, but they never give us any credit for it. But today, after experiencing your obility all my frustration has gone. Our researches are insignificant before your science and also our researches involve the efforts of many scientists put together, whereas yours can be accredited to you alone. And still if you can have such a noble heart then of what consequence are we?" Dada said, "Whom shall I discriminate against? Whether Indian or American, it (soul) is my very own true form. And that is why I never feel like I am different from anyone else. From infinite lives, I have had only one intent that all the sufferings of this world should come to an end. Then it doesn't matter who the nimit (instrument) is. It does not matter to me that whether it is your name or his or whosoever." Hearing this, that man became at peace forever.

This is the live example of Dada's nobility and how great it is. If we happen to achieve something great in life, then do we ever give the credit for it to somebody else?

This incident took place in America. Dada was doing satsang with Indian scientists living in America. Dada said, "It is my earnest desire to give this Akram Vignan to the scientists of America, because if I directly address to the people living here then they might face difficulty in understanding it. But, they will listen and accept it readily if told by American scientists. It is my inner desire that this science should be made available to the whole world, in order to bring peace, happiness and to learn the art of living a good life, thereby ultimately attaining liberation."

Hearing this, one Indian scientist said, "Dada, do not make such a mistake. If you give your science to the scientists of America then they will claim it to be their own science and that we are giving it to all. They will not reveal your name at all."

Niruma With Kids

Questioner: Niruma, if I pay attention to one thing I cannot pay attention to another thing. Even if I try hard, I cannot pay attention, why is this so?

Niruma: Is it that you cannot pay attention if you try to do two things at a time or if you do one thing after another?

Questioner: If I think about something and do it, and then I think about another thing, then at that time I cannot pay attention and my attention drifts back to the first thing.

Niruma: You should do only one thing at a time. When you start to do something, then at that time, do only that one thing. Once it is over, then think about the next thing. Whatever you think about at any one point in time, at that time do just that. Only then will you progress.

Questioner: Yes, I tried to do it that way, but my attention keeps drifting off to what I had done before.

Niruma: Even after that task is completed.

Questioner: Yes.

Niruma: What a thing to say! After a task is completed it should be forgotten and a new task should be started. Once the past is gone, it is gone forever. It will never return. That is called the 'past'. Once a task is completed, then don't think about it. Then whatever new task comes your way, you should focus on completing it. So when you sit down to study, pay attention only to your studies, then at



that time don't start thinking about playing. And when you go to play, don't bring your studies there, thinking, "If I don't do my homework then what will happen if the teacher punishes me?" Don't think about those things. At that time, just play, and when you get back home, then study. When you sit down to eat, pay attention to eating only. Then while eating, don't go off to play in your thoughts. Make this resolve and ask for strength from Dada Bhagwan. Before you start to do anything, say a prayer, "Dear Dada Bhagwan, please give me the strength to keep my chit only in what I am doing right now and once it is over may I come out of it." Ask for such strengths.

Questioner: Niruma, is it possible to come back to Bharat kshetra once we have gone to Mahavideh kshetra?

Niruma: Yes, if you don't stay properly, then you can come back. We have to behave properly and if we do so, then why would we leave Simandhar Swami Bhagwan?

My Vision

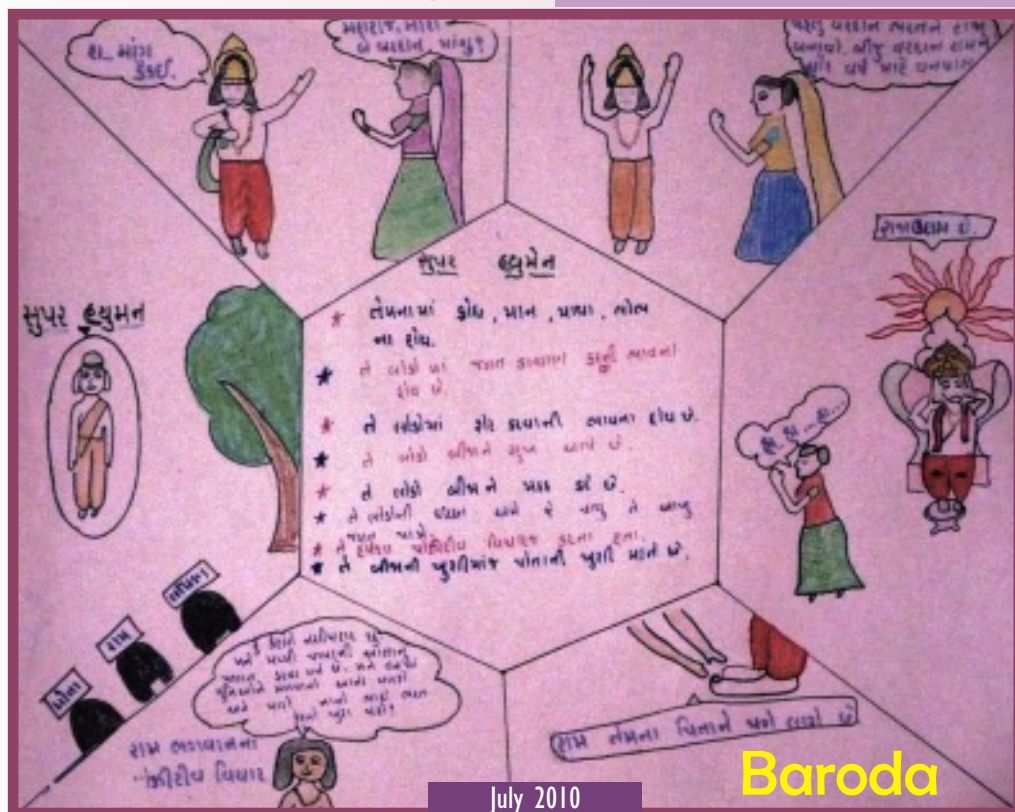


Charts created by children on various topics during kids camps

It was time for the drawing lesson. The student sitting next to you had forgotten to bring his colouring box. You allowed him to use your colours. After that, he would never bring his colouring box and instead began to use your colours all the time. What would you do in this situation?

Please send your responses to us by the 24th of this month. You can send in your experiences, poetry you have created, stories or drawings at the address provided below, or by email. We will definitely publish the best entries in coming issues of this magazine. Remember to write your name, address and age on your entry.

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Chagankaka: We used to open the lock with duplicate keys.

