

13 to 15 Year

First Prize

નવી સદીના રાહબર !
નવી સદીના રાહબર 'નીરુમા' મળ્યા અમને,
અમે રહીશું સાથે 'દાદા', વચન દીધું છે તમને !
કિરણો દૂર ન રહે સૂર્યથી,
એ જ અમારે કહેવું !
નદી ભળે સાગરમાં એમ જ
હળી-મળીને વહેવું !
પરિવાર સિદ્ધિ પામે છે, દેખાડીશું જગને !.... અમે....
'નીરુમા'માં 'દાદા' તમ પડઘો,
ઝીલવા તત્પર રહીશું !
જે પામ્યા, જે પામીશું,
તે સ્નેહથી સૌને કહીશું !
અંતર અંતરના ઓગાળી, ભાવથી ભરશું દંગને !... અમે....
જગત કલ્યાણ વચન પાળી દાદાનું,
નીરુમા ની ટેક ન જાવે !
એ જ ભૂમિના સંસ્કારો આ,
કેમ કદી વિસરાયે !
બોલેલું પાળીશું 'દાદા' આશિષ અર્પો અમને !.... અમે.....

Name :- Desai Pritesh
Age :- 15 Year
Surat

Second Prize

છે કાર્ય જગતકલ્યાણ મારા દાદાનું,
એ કાર્ય છે આપણે કરવાનું.
છો નીરુમા આપ પ્રેમ સ્વરૂપ મૂર્તિ રે,
વાતસલ્યની છો ગંગોત્રી રે....
પૂજ્યશ્રી દારા આગળ ચાલે કાર્ય રે....
એમાં દાદા-નીરુમાનો સહકાર રે....
મન-વચન-કાયાની એકતા જન્માવીશું
જગત કલ્યાણનું કાર્ય ઘેર-ઘેર લઈ જઈશું.
છે હેલ્પ જેમાં મારા દાદા-નીરુમાની,
છે મજા એવા જગત કલ્યાણ કરવાની.
જેનું સ્ટેશન છે મોક્ષધામ રે....
એવી જગત કલ્યાણની એકસપ્રેસ રે....
છે એમાં મારા દાદા એન્જિન રે....
ને નીરુમા છો આપ એના ચાલક રે....
છો દીપકભાઈ આપ જેમાં માહિતગાર રે....
એમાં અમે સૌ પેસે-જર રે....

Name :- Fultariya Disha
Age :- 15 Year
Rajkot

Second Prize

એક વાર દાદા મને સપનામાં આવ્યા હતા,
સાથે નીરુમા અને દીપકભાઈને લાવ્યા હતા.
વાત જાણે એમ હતી કે હું ટી.વી. જોતો હતો,
ઘરના બારણે ટકોરા પડતા બારણું ઉઘાડતો હતો.
આંગણે તેજસ્વી દિવ્ય દેવ સમા કુરિયર ઊભા હતા,
'જગત કલ્યાણ'ની યોજના હેઠળ પાર્સલ વહેંચતા હતા.
ઝટપટ મેં બોલ્યું પાર્સલ તો ચારેકોર થયો ઉજાસ,
ને હું પામ્યો જગત કલ્યાણના નિમિત્તરૂપે,
અકસ્માતે એકસપ્રેસનો પ્રકાશ.
સીમંધર સ્વામીના દ્વારે હું ન ઓળખી શક્યો,
'મૂર્ખ' હું થયો, દાદાની સેવાની તક ન ઝડપી શક્યો.

Name :- Patel Keval
Age :- 14 Year
Surat



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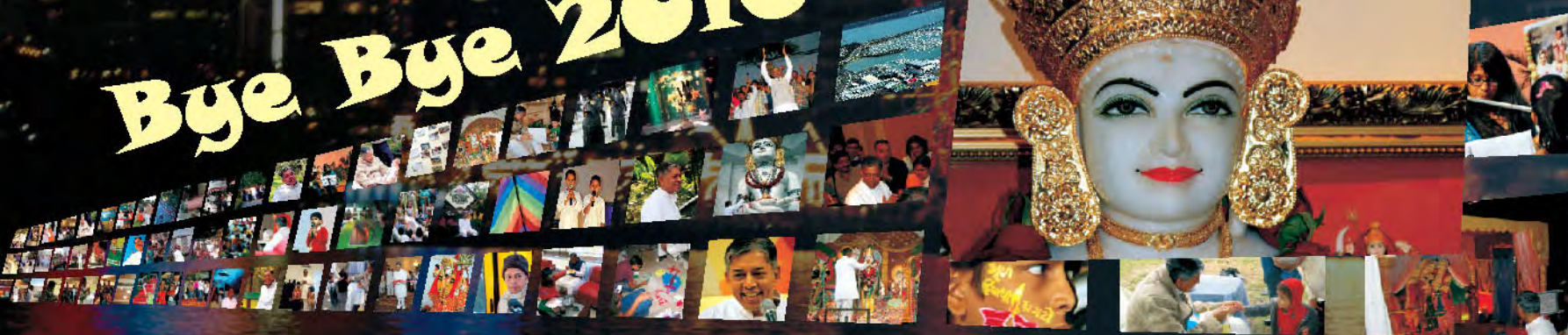
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Dada Bhagwan Parivar's

AKRAM Express

Well Come 2011

Bye Bye 2010



February - Bombay 1

May - Summer Camp, U.K. 2

July - Gurupurnima 4

August - i - STAR 6

September - Janmashtmi Celebration
& Pujiyashree's Satsang Journey 8

October - Pujiyashree's Satsang
Travel to Africa and Dubai 10

November - Rangoli Competition
Fusion 2010 12

December - Store of Happiness 14

Interesting Story 15

Results of the Poetry
Competition 16

Welcome
2011

AKRAM Express

Dear Friends,
I would like to wish you all a Happy New Year. Many best wishes for the New Year. While discussing new topics with you, I did not realise how quickly the year 2010 passed by. I loved meeting and talking to you about new issues every month. What about you?

Come on, let's take a quick glance at the past year. Yes! Yes! Not long stories, but let us refresh our memories by looking at colourful and beautiful photos.

Will you like that?

Dimple Mehta

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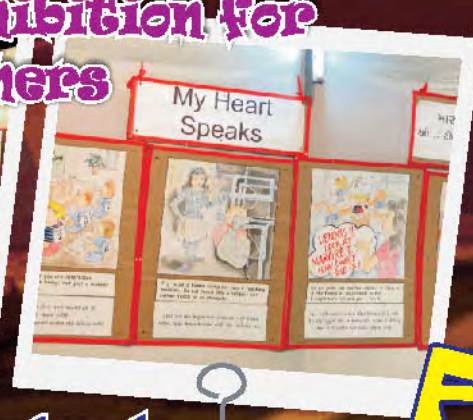
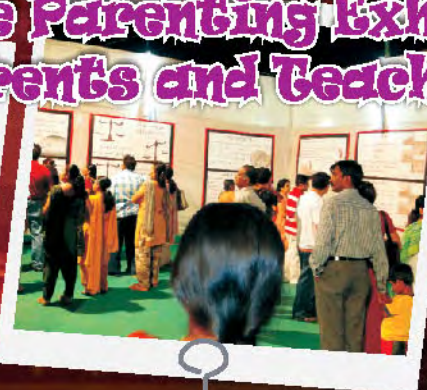
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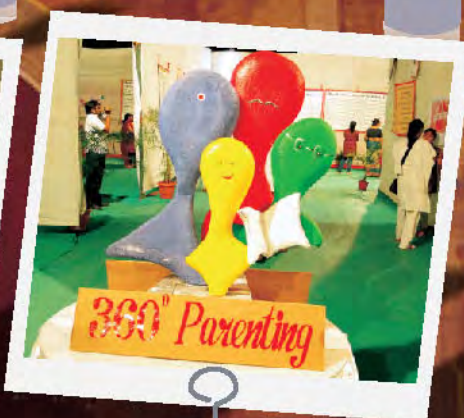
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name of 'Mahavideh Foundation'.

We had organised '360 Degree Parenting' during the Bombay Satsang. Lots of parents and teachers took advantage of the exhibition. Everyday, many teachers and principals of schools came to view this exhibition. Unique understanding underlying 'how to raise children with pure love' was shared through written, pictorial and photographic displays. Many parents were overcome with emotion on seeing the display, and were remorseful as it dawned on them that they learnt about how to interact with children just today.

360 Degree Parenting Exhibition for Parents and Teachers



Mumbai



"Summer Camp" at Various centres in India during the vacation



Prarthna with satsang



Prakshal - Puja



Puppet shows



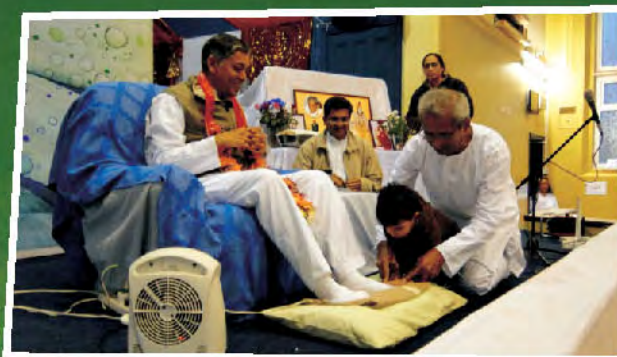
Craft activities



Garba

About 1000 - 1200 children take advantage of the Summer Camp every year. The various reasons why children love to attend the camp are listening to stories, playing games, enjoying puppet shows, activities and bhakti, along with satsang.

BYE BYE 2010



With the children in Wales



U.K.



In every place, the number of little mahatmas is on the increase. The children are so crazy about Pujyashree that they are always running around him. You know! They do not even take their eyes off him.

JULY

Inaguration of Kid's World

Puppet Show

Param Pujya Dada Bhagwan's Gurupurnima - New Jersey (USA)

Exhibition

With Child in Picnic

During the Gurupurnima celebration in New Jersey, the children and youth had organised an attractive exhibition and cultural show. As part of the Gurupunam celebration, many young boys and girls gave their selfless service.

Bhakti pad

Cultural Show

Jagat Kalyan Bhavana

Drama

BYE 2010

BYE 2010

Bye

Bye

2010

With Pujyashree



Gathering



Activity



International Spiritual Teenagers Akram Retreat - ISTAR

Just like there is a summer camp for the children living in India, for the first time, a 15 day retreat was organised to educate teenagers and youth from abroad on moral values. This retreat was called i-STAR and was designed for teenagers and youth aged 13 to 21 years. About 50 teenagers and youth attended. Most of them were from USA, UK and Kenya. Moreover, for majority of the attendees, this was their first visit to India. A special kitchen had been set up for them where their favourite food was prepared.

The main attractions of this retreat were various activities, games, outings and pilgrimage (Jatra) along with satsang. The N.R.I. youth group were most inspired by the inclusion of Indian culture in every activity.

This retreat became a very memorable retreat for everyone.

Rakhi making



August

Satsang with Pujyashree



With Pujyashree



Group Discussion



Outing



Games



Janmashtmi
Celebration at
Adalaj,
Trimandir

Pujyashree's Satsang Journey

8

Akram Express

August



New Zealand



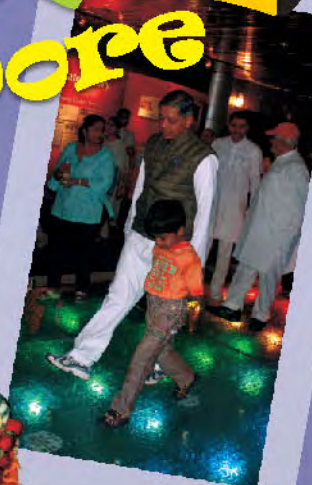
BYE BYE 2010



Singapore



Pujyashree with Singapore Mahatmas



Pujyashree in the cable car

September

Australia



Pujyashree particularly arranged outings and excursions at every city so that Mahatmas could get better acquainted and experience closeness and oneness with him. Mahatmas experienced great joy on seeing Pujyashree's originality of expressions, simplicity and naturalness during the excursions and through his guidance in the form of satsangs, would climb the steps to Moksh.

Site Scene - Australia



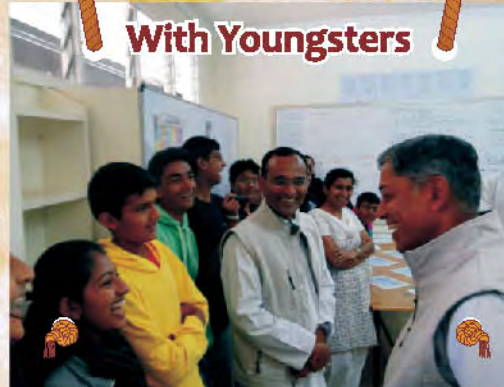
Pujyashree's Satsang Travel to Africa and Dubai



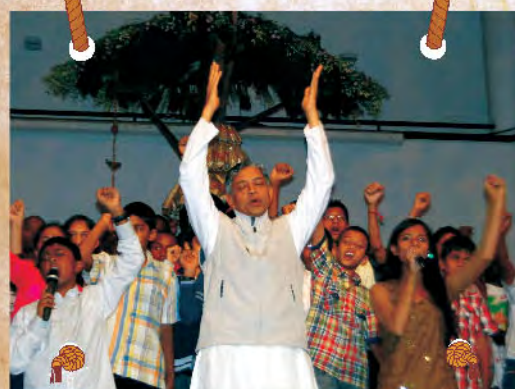
Girrafe Park



Kenya Youth Group



With Youngsters



Pujyashree in airplane's cockpit

Dubai



Activity



With Kids

Not only Indians, but also the local Africans participated. At every destination, one could see mahatmas' overflowing with devotion for Pujyashree.

NOVEMBER

OCTOBER

NOVEMBER

**First Prize****Second Prize**
Rangoli Competition
**Third Prize**

Rangoli's by Winners of the Rangoli Competition organised during Diwali in Simandhar City

Fusion 2010

**Mis Match**

BMHT, LMHT and YMHT are doing well at all our centres. An annual meet called 'Fusion 2010', was organised in Adalaj during Diwali, so that children from various centres could interact with their peers and get to know each other well. In total, amongst the 3 groups, there were about 700 – 800 children at this gathering.

Over the two day program BMHT enjoyed stories and games, LMHT had activities and satsang on the theme of 'Self Discipline' and YMHT's had satsang on the theme of 'Expectation and Flexibility'. Obviously there were games, craft work and creative work as well. At the end, the children's creative work was displayed, which was open for viewing to all mahatmas. Pujyashree's as well as Aptaputras and Aptaputris satsang programme made this event an incredible success.

Due to the success of this programme, there are thoughts to host 'Fusion' every year during the Diwali vacation.

**Clay Work****Face Painting****Drama**
BYE
BYE
2010

At the door steps of Adalaj, Trimandir

કુળના બાળકો,
જન સુખના દુકાન હોય તો
માથાને ટેકવું બધું સુખ હોય જ નહીં! અને
શીશુના સુખના દુકાન ખોલવા તો જેના
સુખને સંકળે તો તેના કિશોર કિશોરી
જે તારે પણ સુખના સુખમાળાને બોલે
સુખનો દો! આને દો! આને દો! આને દો! આને દો!
મિત્રો! જે કુળને દુખ નહીં આપે, સુખ
સુખ નહીં આપે.



2nd December is our beloved Pujya Niruma's birthday. 'Store of Happiness' specially designed for children, was

opened on 2nd December 2010 at Adalaj Trimandir, by Pujyashree Deepakbhai.

In this "Store of Happiness", Dadashri's science will be exhibited through various media in ways that children like and understand. In this building there is a small

underground amphitheatre that can seat 100 children, where there will be various activities for children, including 'audio visual shows'.

After the opening, Pujyashree's message to Mahatmas was, "If we have our own sweet shop, then we do not need to go elsewhere to buy jalebis. Similarly, if we open our own 'Store of Happiness', we will not need to go elsewhere to get happiness. Our house will remain full of happiness. In the same way, let us all pray that every child who visits the store, takes away the understanding such that they open their own 'Store of Happiness' from which they can give happiness to every person they encounter in their life and never hurt anybody."

Store of Happiness

Deepakbhai, I have a question.



Oh Dada! What should I do so that he looks at me?



Please listen. My question is very important.



Now I have no questions. Your smile has answered all my questions.

It seems that Dada has heard my prayer.



Jai Satchitanand. Tell me what is your question?



7 to 9 Year

First Prize

મમ્મીના છે ઘણા ઉપકાર,
તેને વંદન કરું વારંવાર.
જન્મ આપી આ પૃથ્વી પર,
લાવવાનો ઉપકાર.
આંગળી પકડી ચાલતા,
શીખવાડવાનો ઉપકાર.
ભણતા ભણતા ન આવડે તો,
શીખવાડવાનો ઉપકાર.
માંદી પડુ તો સારવાર,
કરવાનો ઉપકાર.
સૂવા માટે વાર્તા કહી
સુવડાવવાનો ઉપકાર.
દાદાના સત્સંગમાં સમજાવી
લાવવાનો ઉપકાર
દાદાની વાતો કહી મોજ મારી
બનાવવાનો ઉપકાર.

Name :- Kamakshi Pandya
Age :- 9 Year
Bhavnagar

Friends,
Congratulations
to all the participants of
the poetry competition.
We have received
wonderful poems. The
winners will have their
prizes delivered at
home. We hope that
you will continue to
participate in every
competition like this.
The winning poems
have been displayed
here.

Second Prize

ઓ મારી મમ્મી,
હું તો તારી પમ્મી.
હું ચાલુ તારી સાથે,
વાર્તાના સાથે.
હું રમું તારી સાથે,
આનંદ સથવારે.
તારા પ્રેમનો છે ઓડકાર,
મારા જીવનમાં તારો ઉપકાર.
ઓ મારી મમ્મી, હું છે મારી જનની.

Name :- Preksha Pandya
Age :- 7 Year
Surat (Piplodi)

Results of the Poetry Competition

10 to 12 Year

First Prize

ચાલો સૌ હળી-મળીને રમીએ રમત,
સાથે કરીએ સૌ આનંદ અને ગમ્મત.
ટીનુ-મીનુ છે મારા ફેન્ડ,
સાથે રમીએ ટ્રેન... ટ્રેન...
જઈશું આપણે અમદાવાદ અને રાજકોટ,
ફરીશું, ઘુમીશું અને કરીશું મોજ,
મદદ કરીશું આપણે સૌને સાથ-સાથ,
દાદા ભગવાન છે આપણી સંગાથ.

Name :- Kakariya Gunja
Age :- 12 Year
Veraval

Second Prize

A Friend is a Friend.
Who will be beside you?
And always help you.
A friend can give happiness,
But never sadness.
Even if you lose a game,
They will reassure you.
Not even a misunderstanding,
Can break your friendship.
You will still be friends forever!

Yashika Makwana
UK, Age:- 11

Bye Bye 2010