

March 2012

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Dada Bhagwan Parivar's

AKRAM

Express

BELOVED NIRUMA





Beloved Niruma

Dear Friends,

Some of you may have met Niruma, and some of you may not have seen her in person at all. Our beloved Niruma, who was as simple and straightforward as a child and full of love, left her mortal body on 19th of March, 2006. But, has she really left us and gone? When necessary, she comes in our dreams and constantly gives us support and strength.

So come and let us meet Niruma in this issue. Let us get to know her through her life experiences. Although, it is very difficult to express who Niruma was in words, but we have endeavored to show in this issue, her dedication and total surrender to Dada, her pure love towards all mahatmas, her complete faith in this Gnan and her resolve to achieve her goal.

Come, let's learn more about, 'Our Dear Beloved Niruma'.

- Dimple Mehta



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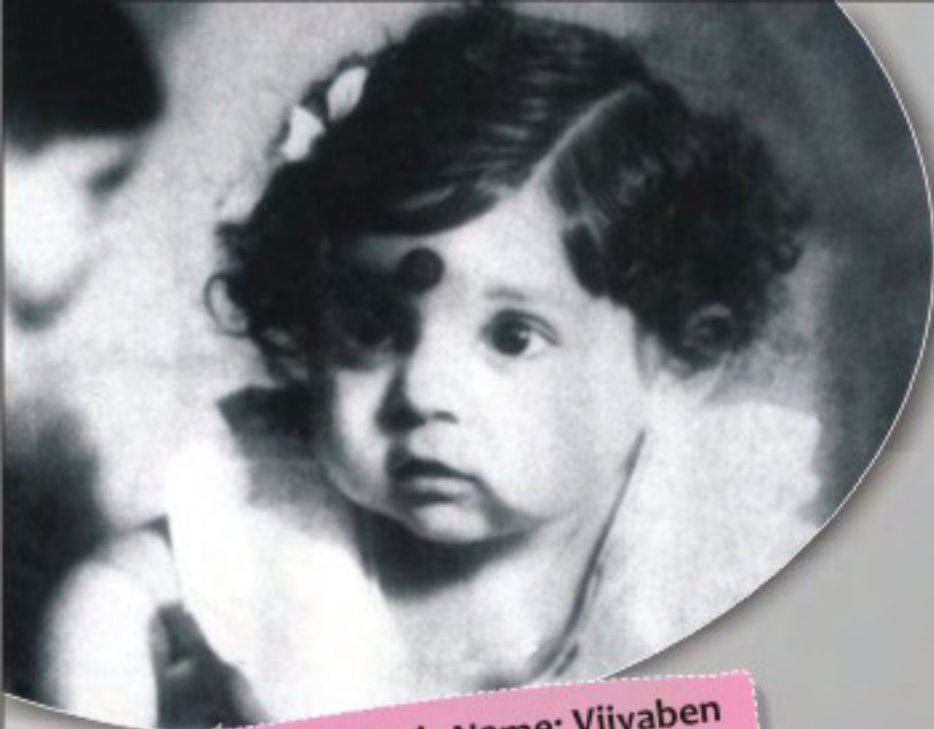
CHILDREN'S BELOVED NIRUMA



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FASCINATING FACTS ABOUT NIRUMA

1

Real Name: Niranjana Balubhai Amin

2

Father's Name: Balubhai

4

Date of Birth: 2nd December, 1944

6

Caste: Charotar Patel
(region between the Mahi and
the Sabarmati in Gujarat)

8

Elder brothers Names: Prahladbhai,
Rameshbhai, Jayvirbhai, Ashokbhai,
Bhaskarbhai

10

Favourite Foods: Papdi no lot, Mathiya

12

State of Gnan: Total clear experience
of the Self

3

Mother's Name: Vijyaben

5

Place of Birth: Aurangabad, Maharashtra

7

Native place: Vaso

9

Sister-in-Laws Names: Shardabhabhi,
Kalpanabhabhi, Sunilabhabhi,
Sangitabhabhi, Vanlilabhabhi

11

Education: M.D. (Gynecology)

13

City where she first met Dada: Vadodara

14

Gnan Date: 8 July, 1968

15

Age when she took Gnan: 23 years

16

Goal: Jagat Kalyan
(Salvation of the world), Moksh

17

Day mortal body passed on: 19 March, 2006

18

Memorial Place: Simandhar City

19

Niruma's Final Message: 'Prem thi Rahejo'

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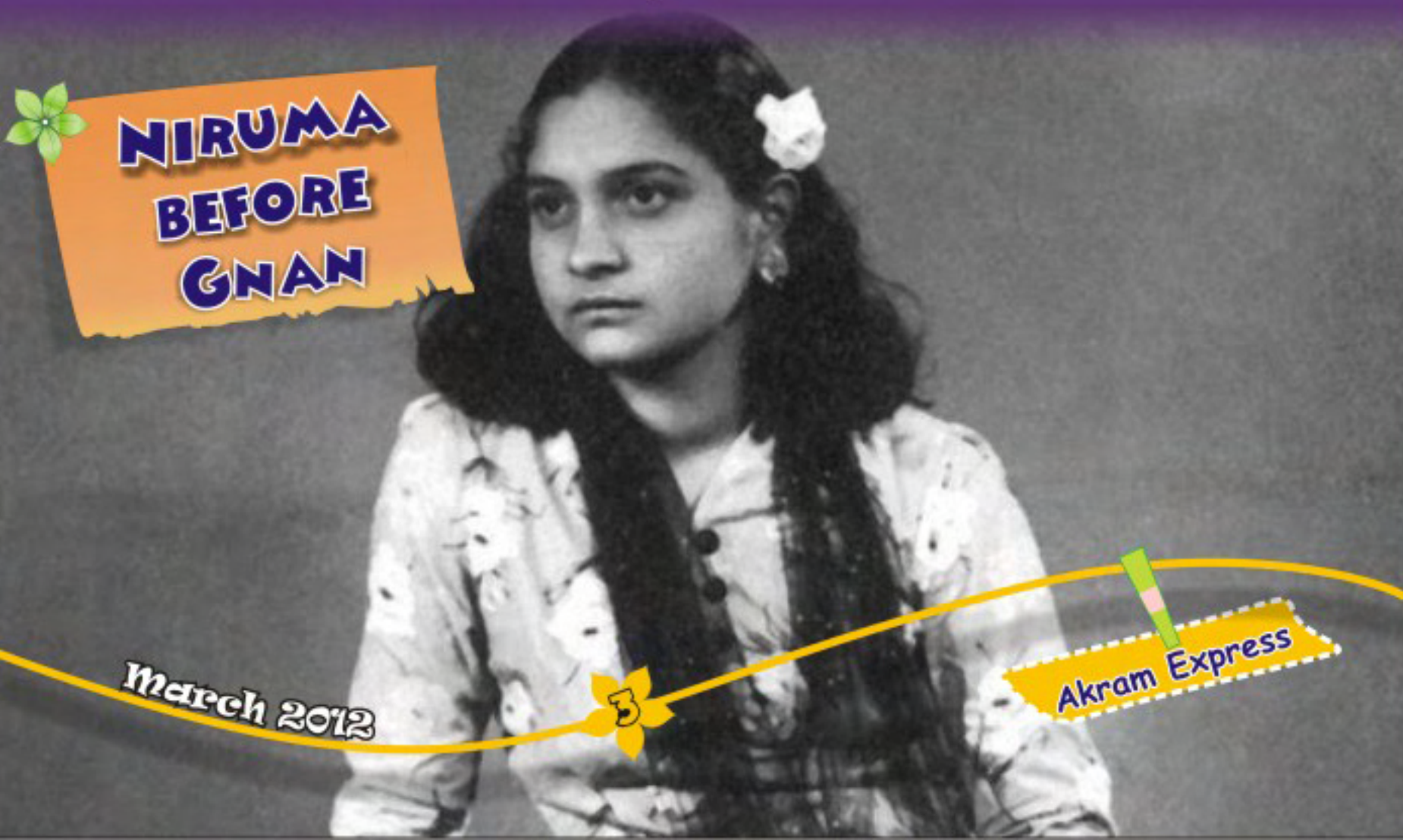
In the Amin family, after five boys, Niruma was brought up with the utmost fondness and indulgence. Everyone in the family was filled with jubilation, when a girl was born after the birth of five boys one after another. When she was born, pendas (Indian sweet) were distributed to all and the occasion was celebrated with music and dance. From a young age, Niruma was extremely bright and she had a photographic memory. As she grew up, she decided to become a doctor.

Coming from a wealthy family, as well as being very bright in studies and clever at everything else, Niruma had a very strong personality (ego). At a young age, her mother would ask her to pray to God but she was not interested. Although, she would go to the temple to pray to Lord Krishna on New Year's Day only, but with that she would also tell her mother, "If the curtains are closed, I will not stand around and wait."

Her mother would ask her to learn how to cook, to which Niruma would reply, "I am learning all these difficult things related to medicine. Cooking is a very small thing. I will learn it in no time. Why should I waste my time on it right now?" Her mother would constantly worry that, 'This girl is not doing any work, she is not learning anything. What will become of her? She will definitely return home after marriage.'

A little later, her mother became very sick. When her mother was bedridden, Niruma felt that she should look after her. After that, for six months until her mother passed on, Niruma served her whole heartedly. She would look after all her mother's needs. She would also read religious books to her. Her mother, who used to think 'What will become of her?' gained tremendous satisfaction on seeing her daughters' service and heartily blessed Niruma.

Niruma used to say that, "The main reason why I met such a great 'Gnani' like Dada Bhagwan, is a result of the blessings I got from my mother, because of the satisfaction that she felt when I served her during her last moments. I got a chance to serve the 'Gnani', be close to the 'Gnani' and obtain this Knowledge."



**NIRUMA
BEFORE
GNAN**

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In 1968, when Niruma was studying in her final year of M.B.B.S. (Doctor), she heard from her elder brother that there lived in Baroda, a 'Gnani Purush' (Enlightened Person) by the name of Ambalal Muljibhai Patel, who had attained self realization (knowledge of the soul). He had the ability to make you aware of your soul in just two hours, after which neither happiness nor sorrow of this life would be able to touch you. That was the first time in her life that she had heard the word, 'soul'. She thought that, 'If, after taking this 'gnan', no worldly happiness or sorrow can affect me, then there cannot be anything greater than that. Therefore, I must gain this knowledge.'

The day when her brother told her all about Dadashri, that same night Dada appeared in her dream. Niruma had never seen Dada's picture but in her dream it was exactly Dada himself. Narrating her dream, Niruma would say, "Dada is taking me high up in the sky.



NIRUMA'S MEETING WITH DADA

Very high up, he is taking me up higher, beyond the clusters of clouds. I am filled

with bliss and when suddenly a doubt arises deep within me that where is Dada taking me? With that feeling, I promptly fell into the sea and became a fish.” As soon as the dream ended, she woke up. After waking up, she made a firm resolution that when she meets Dada, she will never doubt Him right to the end. Even if sometimes we do not know anything, we should never doubt Him.

Then, on 29 June 1968, Niruma saw Dada for the first time. As soon as she saw Dada, she experienced a feeling that she had known him for countless lives and it was as if she totally surrendered to Him with her heart. She felt the intense desire that, ‘It would be so great if I get to serve Dada and His wife, Hirabaa; until my last breath.’

On 8 July 1968, she gained the knowledge of the soul from Dada. She completed her studies and became a M.D.



From 1968 to 1988, for a total of 20 years, Niruma served Dadashri as they travelled from town to town, and continent to continent.

Niruma would become aware, even for the slightest of things for instance, if Dada wished to eat something, Niruma would become aware of it and she would make that item and serve it to Dada. If Dada was thirsty or had a thought that He wanted to drink water, Niruma would offer Him a glass of water even before He asked. She would give Dada a spittoon even before He coughed. Niruma would always prepare, with utmost care food that agreed with Dada's body. She would take such

(Doctor). After that, many painful and stressful events came in her life, such as the death of her beloved father, medical exams; but she did not feel any pain or stress. That is when she experienced that, “Wow! This knowledge is so wonderful and miraculous that one experiences freedom in all events of life.”

She felt that, ‘Many people in the world could become doctors, but only an exceptional person would become a doctor of the soul. Therefore, why don't I assist Puja Dadaji in this mission for the salvation of the world! Can there be anything greater than this in the world?’

In that instance, she made a firm resolution to serve Dada in this life and remain close to Him. In this way, she surrendered her entire life at Param Puja Dadashri's lotus feet.

complete care of Dadashri's health as if it were her own body!

Once, when Dada's leg was fractured, He was admitted in hospital. It was lunchtime and Dada said, “I don't want to eat. I will only drink liquids or juice.” When the evening meal came, Dada said, “No, I don't want to eat.” Niruma said, “Dada, you will have to eat! Remaining hungry will not do, will it? If you do not eat then this will not heal quickly.” After a lot of insistence, Dada said, “If I eat then I need to go to the

NIRUMA IN DADA'S SERVICE DAY AND NIGHT

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toilet, then it would be a problem."

Hearing this, Niruma had tears in her eyes, "Oh dear! This is the reason why Dada is not eating." She said, "Dada, please do not worry about that at all. I will look after your every need. I will make you do everything in a bedpan. But you have to eat, Dada." After that, Dada ate.

Seeing Dada's condition, Niruma constantly had the inner desire that she just wanted to remain in Dada's service. She was willing to look after Dada even when He needed to go to the bathroom or to the toilet, no matter what time it was. But, at that time, Niruma was the youngest there. Niruma would hope that, "I do not mind even if they keep me as a nurse or as a maid, it would be great if I get this service."

As soon as Dada had eaten, Niruma handed him a small chit of paper on which she had written, "Dada, please grace me the chance to look after you, 24 hours of the day."

In this way, Niruma gave Him the written note. Dada read it and put the note under His pillow. He did not say a word. So Niruma kept on wondering whether she will get to serve Dada or not?

But, in her heart she

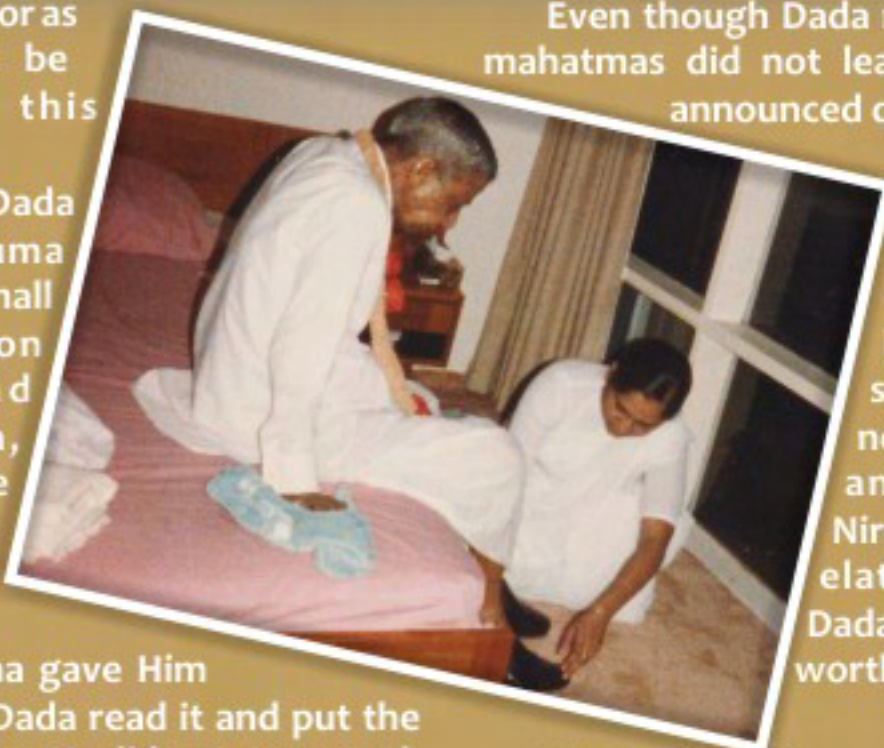
kept feeling, "I want to serve Him!"

As it was 9:00 pm, the older mahatmas told Niruma, "Now, you can go home. It is already night. Come back in the morning." Dada was observing everything while lying in bed. He asked, "What are you talking about?" The mahatmas replied, "We were just telling Niru to go home and sleep, and to come back tomorrow."

So Dada remarked, "No, no. It will be inconvenient for you to serve me. All of you have jobs-businesses and family. You will serve me for one day and then disappear. This Niruben is completely alone, so she will be able to look after me. Moreover, she is a doctor, isn't she, so she knows how to look after people well."

Even though Dada made this clear, the mahatmas did not leave. So then, Dada announced quietly, "I would like to take Niruben to the highest level of this knowledge. I can achieve this by keeping her in my service." After that, nobody could argue and they all left. Niruma felt so much elation that, "Wow! Dada has deemed me worthy of serving Him!"

Thereafter, Niruma remained in Dada's service 24 hours of the day. Niruma used to say, "It must have been immense grace from Dada, or else this would not have happened."



Dada had said that, "A powerful intent to surrender has arisen in Niru. When one has total dedication, the results are powerful." He had also said that Niruben is pursuing me with such dedication that she says, "Dada, you are free to show me all my mistakes. But, let me always stay with you. You can do what you want. Hit me, do whatever you feel like. I am willing to do whatever you say. If

the moment we get moksh (liberated) we are going to be together. We still have one more incarnation to take where you and I will be together. Just like right now, we will



EXCLUSIVE DEVOTION AND ONENESS WITH DADA

you say, Niruben take a leap off the mountain, then, in that instant, Niruben will say, I will jump. Even if this body is cut into pieces, Dada, I will not leave you." She is a 'kshatriyani' (warrior). We have not seen such dedication from anyone.

Niruma would often ask Dada, "Dada, I hope that you are not going to leave me?" To which Dada would reply, "No, no. I will not leave you. We are together. Right up to

be together, this close. In that life, you will be a man. So, we still have one life to go and then we will get liberated together." Even then Niruma said to Dada, "Dada, please promise me that you will not leave me and go." So, Dada took her hand in His and gave her a promise that, "Yes, I will not leave you. I will keep you with me till we go to Moksh."

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Dada has taken full responsibility for Niruma. One day he told Niruma, "Niruben, nobody can separate you from me. I am always with you. I will not let even a mosquito come near you (I will protect you in every way) and yet, if you become extremely frustrated, then write to me, and this Dada will at once come by your side."

In 1968, when Niruma's father Balubhai passed away, Dada told Niruma, "From today I am your father, sitting here in 'Mama ni Pol'. You need not worry. Tell all your brothers in Aurangabad, that their father is sitting here in 'Mama ni Pol'. They should not worry."

While describing that incident, Niruma used to say, "From that day onwards, I always used to feel that this Lord of the fourteen worlds, is my father, then why should I worry? Indeed, Dada not only gave me everything as a father, but also gave me everything as a 'Gnani'."

This incident dates back to 1987. One day Dada said, "Niruben, I only have attachment for you. Normally, a Gnani does not have attachment for anyone, but I have attachment for you from the previous life, in the form of discharge. With everyone else the attachment has cleared, but this one still remains."

Niruma was very surprised to hear all this. She exclaimed, "What are you saying, Dada! This is the first time in 20 years that you are mentioning this. I never realized that, Dada. If only you had told me before!"

Dada gently responded, "If you had found out then, would your feet have stayed on the ground! Wouldn't you be in the air? Therefore, We would not let you find out."

Niruma felt very flattered by what Dada said.

Niruma, who remained in close proximity of Dada every minute, every second of His life, experienced a great loss when He passed away. Whilst in this state of grief, on the same day, at 12:00 midnight, Niruma must have dozed off. As she opened her eyes, suddenly Dada's voice started, "Why are you worried? I am with you; carry on doing your work. Why are you worried? I am with you; carry on doing your work." This went on non-stop. Niruma used to say, "Even now, whenever a problem arises, then I can hear Dada's voice, "Why are you worried? I am with you; carry on doing your work." Although I still yearn for Dada's presence and grieve His loss but there has never been a moment when I have felt that Dada is not with me."



**DADA
SHOWERING
LOVE**

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There is none as fortunate as Niru in this entire world. We have foreseen her future and it is extraordinary. This Niruben has completed her M.B.B.S. and she met me when she was 24 yrs old.

Her surrendering is very exceptional. Her inner tendencies are excellent. She will change exactly according to the slightest insinuation. Whoever worships her will attain salvation! For many lifetimes, she has been together with me in this way. She has no dislikes, she is fond of everything. For so many years, she has constantly stayed with me but she never has any problem! Niruben alone, is the only one who has never seen any fault in me. Having lived with me for so many years, yet not seeing a fault, not even for a second, that is Niruben! Isn't that amazing?

She has conquered all four; anger-pride-deceit-greed. Just imagine, all four of them gone! All these mahatmas continuously worship the 'Gnani Purush' daily. Even if you take the soil under the 'Gnanis' feet, you will attain salvation.

Questioner: Please mould us like Niruben.

Dadashri: This only happens if you have merit karmas (punya). For that, you

need punya.

Questioner: What kind of punya would Niruben have accumulated in order to have the privilege of staying with Dada?

Dadashri: You only get the privilege to stay with the Gnani as a reward of the deep inner intent to do whatever it takes to obtain the right knowledge. If you stay behind to eat jalebi (Indian sweet dish) then you will be rewarded accordingly. She had love for me, but it was love for Dada only. She had utmost love and faith for the right knowledge (Gnan). Niru is a qualified doctor but has she ever kept anything of her own? She has soaked up whatever I have given her. At 28 yrs, Niru, born as a Vaishnav, had never before worshipped the Vitraag (free from all attachments) idol. Yet, it's amazing how well she has adopted this knowledge! This is the science of spiritual knowledge (vignan). She has understood the science and therefore can remain in the principles.

Niruben looks after all my needs; others may not be able to completely fulfill all my needs. Niru has to be made so perfect that she will dumbfound even the most powerful and influential of men.



**DADAJI
SAYS**

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Dadashri: What does Dada tell you? You are like a mother, like a mum, isn't it?

Niruma: Your love is like Zaverbaa.

Dadashri: You are like Zaverbaa!

In 1987, Param Pujya Dadashri told Pujya Niruma, "You have to become the mother of the entire world." This intent came into fruition when everyone started calling her 'Niruma' instead of 'Niruben'. Just as her residence was named 'Vatsalya' (abode of pure love), similarly Pujya Niruma had become an unparalleled embodiment of pure love."

Once, when Niruma was traveling to America, she asked all the 'brahmachari' (celibate) behnos if they wanted anything from there. "What should I bring for you?" Everyone replied, "We do not want anything, you come back quickly." Then, Niruma went to America.

After some time, one brahmachari behen, who was coming to India from America, called to speak to all the other behnos. She also asked them if anyone wanted anything from there? One of the behens wanted a hooded jacket and she requested her to bring it. Upon seeing her request, all the others also gave their respective requests.

Niruma was present at that time. That behen showed Niruma the list. Niruma said, "When I was coming here, I had asked all the girls if they wanted anything, and all of them said they did not

want anything, and when you asked you have got such a big list. You do not have to take anything for anyone."

That behen immediately informed the other behens that Niruma has come to know about the requests and she will sort you all out when she returns. Just be prepared and now, nobody's sweaters will be brought. As soon as they heard this, all the brahmachari behnos became anxious that Niruma would scold them on her return. They began counting the number of days left for Niruma to return.

Niruma arrived. Usually when

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THE "MOTHER" OF THE ENTIRE WORLD - "OUR NIRUMA"

Niruma returned everyone would be happy, but this time as they were going to be scolded, they were all scared, and they all wondered what they would say when Niruma called them.

The aptaputri behnos went to meet Niruma. Niruma told them, "When I asked these girls they told me that they did not want anything and then they sent such a big list. When their mother is asking them what they want, they say, nothing, and then they are ordering things from someone else. Tell them that they should all observe their

individual 'moh' (illusionary attachments)."

The aptaputri behnos passed on Niruma's message to the brahmachari behnos. Everyone's fear grew worse.

Within a week, Niruma called all the brahmachari behnos. Everyone silently arranged themselves in front of Niruma. Niruma asked one aptaputri behen, "Bring me that list." Everyone's hearts started pounding. In the meantime, one behen brought a baleful of Niruma's jackets. Everyone was dumbfounded.

Niruma called them out their names one by one and began distributing to them a jacket from her pile which matched the colour and style that had been requested by the behnos. Niruma said, "We had bought jackets for everyone as per your choice and shipped them over, unfortunately as the shipment got lost, I am now giving you the jackets that I have. For those who will be left out, I will order them."

The behnos had never imagined that this would happen. Everyone, one by one, bowed down at Niruma's feet, took the 'prasad' (offering), and returned to their seats. Everyone was happy yet a little perplexed. But for Niruma, she was distributing the offering as if nothing had happened. She was laughing and making everyone laugh. Everyone felt lighthearted.

At the end, she said, "From now on if you want anything ask your mother, don't ask others." And everyone embraced Niruma.

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NIRUMA'S COMPASSION

Niruma, expressing her inner most feelings, would say, "I have this inner desire. I do not say it, but in my mind, I tell Dada that, you have taken responsibility to take me, but I will not come alone. I will bring everyone with me, behind you. Dada, I do not want to come alone, I want to bring everyone as well. What crime have these people committed? Why should they lose out?"

This particular event happened when satsangs had just begun to be televised. At that time, in the beginning, we had to do a special recording for the satsangs but we did not even own a camera. The recording was carried out in a very tiny room. In this tiny room, 1000 watt heavy halogen lamps (special lights for recording) would constantly be focused on Niruma. Moreover, the A.C. and fans had to be kept switched off, and this made the room very hot. A

whole one-hour episode had to be recorded at one go. There should be no movement for that hour. There was no one in front of her and she had to speak for an hour facing the camera. After completing one episode, Niruma had to place pieces of cucumber on her eyes all night long, because her eyes used to burn that much.

Our usual satsang style is question and answer, but for this recording, there was no one in front of her and she had to talk in front of the camera, which was not easy. At that time, Niruma used to say, that she could see hundreds and thousands of people behind the camera, who were in pain, their entire life passing by in clashes due to lack of understanding and this speech was coming out for them.

These compassion-filled words have helped so many people today. Through the medium of T.V., thousands of people are gaining Dada's knowledge via Niruma. Thousands of homes have become like heaven, just by watching satsang on T.V. However, for this, the Gnani takes so many adjustments. They give up their whole self for this.

It's a tremendous adjustment to speak when no one is around, but for Niruma, her constant desire was how to free the people from their suffering, and therefore, she never felt that recording was a problem at all. This is just one event. There are so many events like these where Niruma has happily taken adjustments and achieved success. And that exactly is her compassion.



NIRUMA-THE EMBODIMENT OF PURE LOVE

Niruma had one important rule. She would make do if things went wrong, were late or early, but no one should get hurt. One should not offend the ego, or the mind too of the opposite person. In this way, she used to take great care of the opposite person. She had never put value on things but always considered people to have higher value.

One day, early in the morning, all the bhaioes went to 'Vatsalya' (Niruma's house). They had been sitting for a while, when Niruma asked one of the bhaioes, "Has it ever happened that you have hurt someone?" The bhai replied, "Yes, Niruma, it does happen, but then I feel a lot of remorse within. As soon as I have realized that he has been hurt, I do not feel at ease until I have asked for forgiveness in person."

Niruma said, "All these brahmachari bhaioes or mahatmas that are here, are all pieces of Dada and Niruma's heart. They are like the parts of one body. Some are the hands, some are the legs, and some are the head. If any of them are hurt, it is the same as directly hurting Dada."

Niruma's words touched him so much. The realization dawned on him that if he hurt anyone, then it was the same as hurting Niruma, whom he considered his entire world.

From that day onwards, a special awareness on this matter arose in him. It would stay in his awareness but Niruma's words were a great help, and it was locked in his memory forever.

There was another situation when there were a lot of brahmachari behnos in Niruma's service. When Niruma used to travel from village to village, two behnos used to accompany her and look after her. Once, they had to go to Mumbai. Of the two behnos that were there, one was quite sharp-witted in every way, be it work or common sense, whereas the other was extremely slow. Due to this, they were unsuitable as partners when it came to work or cooking. The one who was quick was so frustrated that when they returned, she complained to Niruma that, "From henceforth I don't want to take her anywhere. I am not able to fit in with her at all." The slower behen just stood there with her head bowed.

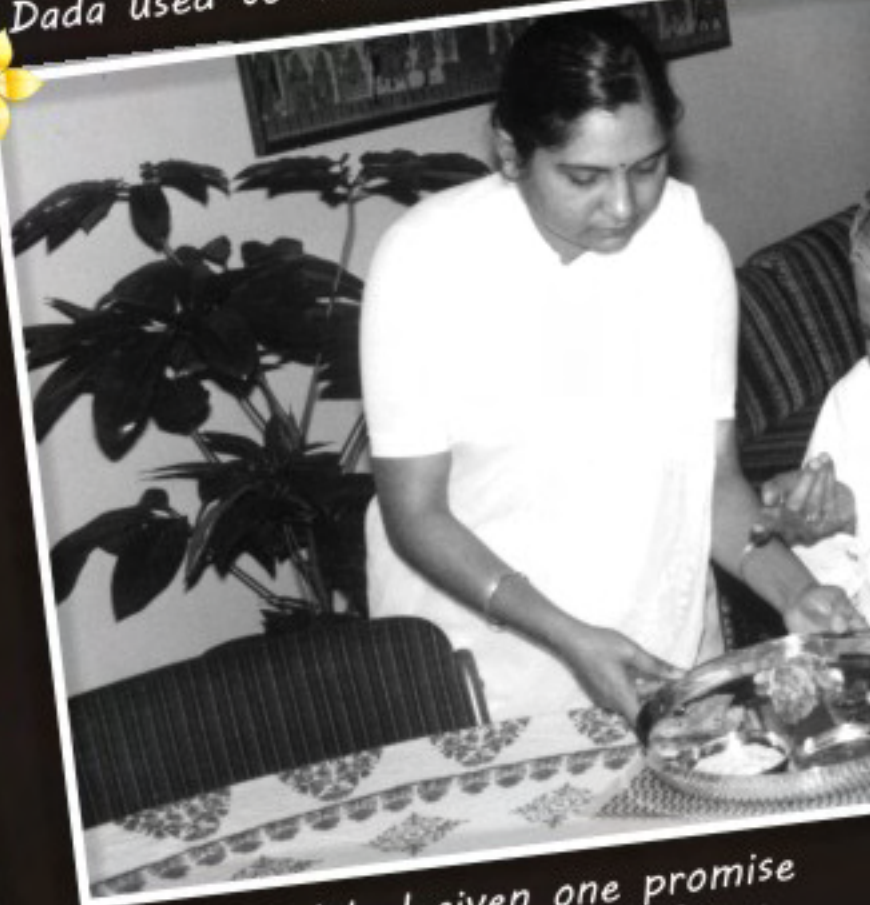
Niruma listened to everything calmly. She did not say a word. The next time, when they had to go to Mumbai, Niruma said, "Get a ticket issued for her (the behen that was slow). We are going to take her. We have not brought people here to push them away, we have brought them here to help them blossom."

If Niruma so wanted, she could have changed the person. There were so many people ready to serve her, but she felt that once a person had been welcomed in, then one should never talk of removing that person. Talk of increasing people is fine, but not of removing them. Rather than moving them away, her vision was always only on how to encourage and help that person grow. She would endeavor to do whatever was possible to ensure this happened.

ABSOLUTELY NEW AND DIFFERENT

Everyone used to live by Dada's five principles, but when it came to eating, Dada used to live by Niruma's principle.

Niruben, you have nursed me like a mother, waited upon me like a daughter and served me like a nurse.



Dadashri: I had given one promise to Hirabaa at the time of our marriage. A promise to pay. And, this is a similar promise I am giving to you, daughter, that I will not leave you. I will keep you beside me until we get liberation.

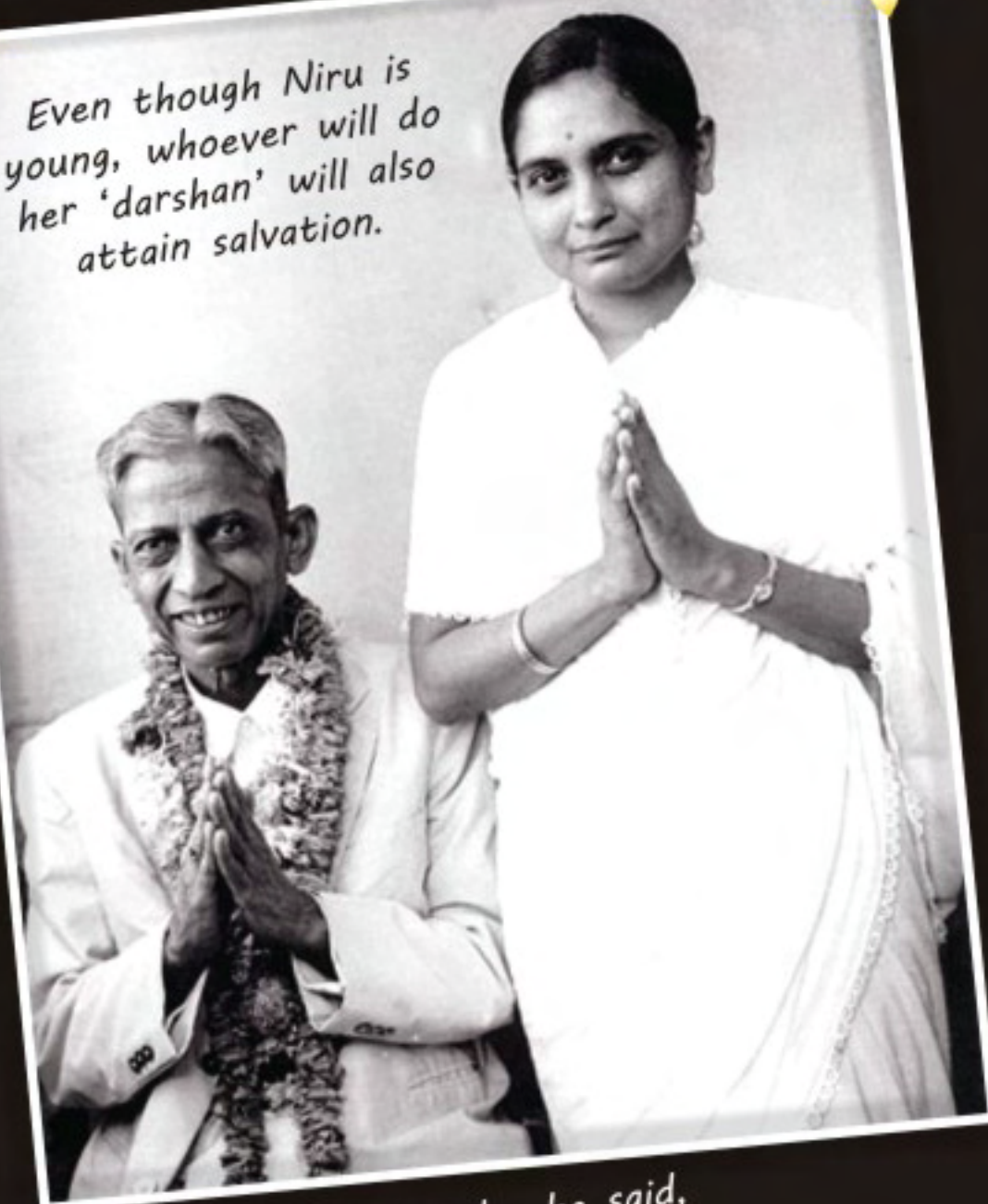


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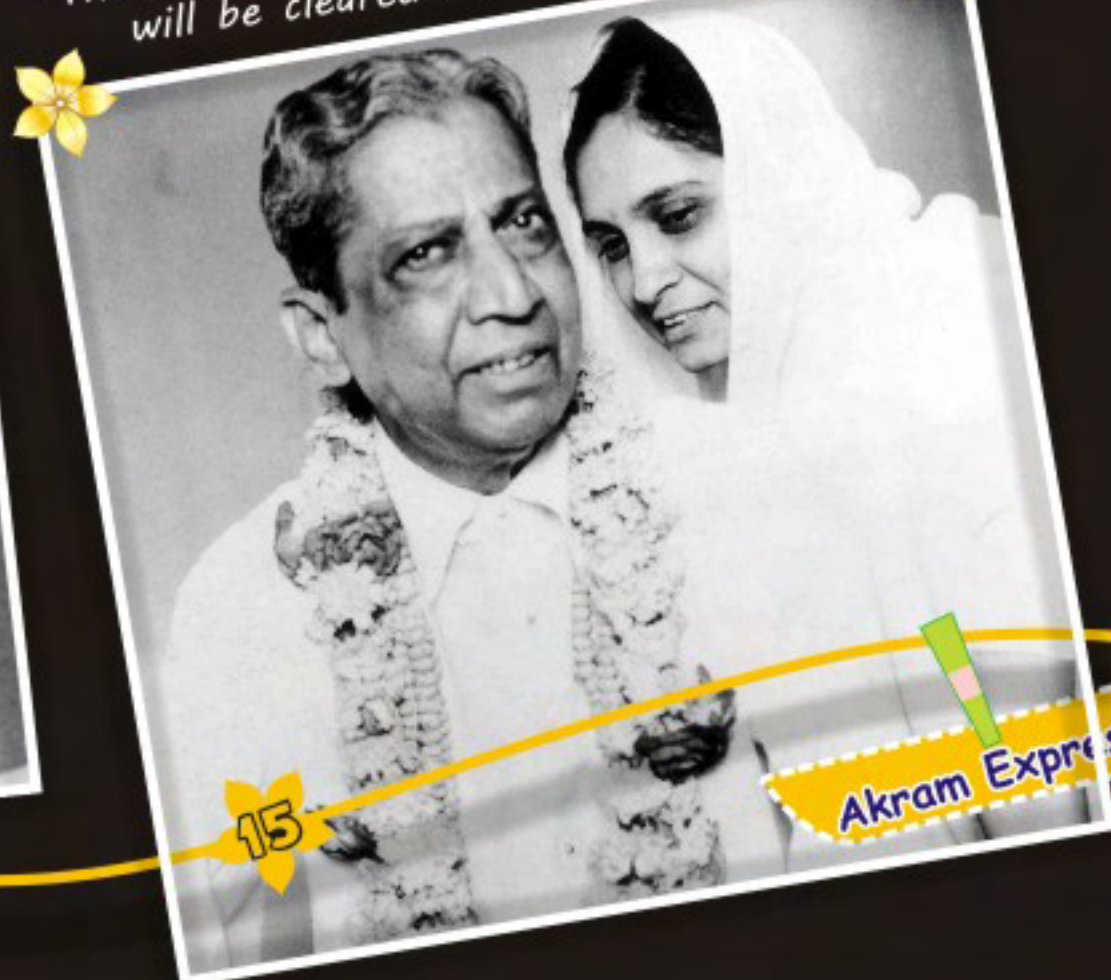
Even though Niru is young, whoever will do her 'darshan' will also attain salvation.



Before Dada left his mortal body, he said, "After six months, everything of Niruben's will be cleared off (become pure)."



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This event dates back to 1987. After the accident, Dada's health had deteriorated considerably. He was unable to eat or digest food, so the doctor recommended that he eat pancakes made from green grams every evening. Dada told Niruma, "Niruben, make green gram pancakes every evening. Make them just as Zaverbaa (Dada's mother) used to make them."

But, how would Niruma know how Zaverbaa made those pancakes! Then Dada himself gave her the whole recipe. Niruma started making pancakes every evening. Dada used to leave at 6:00 p.m. every evening after supper.

One day, Dada sat down to eat at quarter to six. As usual, Niruma started preparing hot pancakes. Incidentally, on that day, the pancakes did not turn out good, when she tried



to flip them, they would get stuck to the pan, spoil or become lumpy. She changed the pans, added some more flour to the mixture, but to no avail – they would not flip, they got lumpy and broke into pieces.

What else could she do now? Dada had to be served His meal! Therefore, she sent the broken pieces of pancake. Dada picked up the pancake and remarked, "What is this? Call Niruben." The lady serving went to Niruma and said, "Niruben, Dada is calling you." But, Niruma would not go. Niruma kept on making the pancakes hoping that the next one would be perfect, so that it could be served to Dada.

Unfortunately, on that day, none of the pancakes turned

out right. Finally, the lady serving said, "Niruben, I do not have the courage to take these ruined pancakes to Dada. You take them."

Finally, the last pancake turned out perfect. Niruma ran and served it to Dada herself. Dada finished his meal and left for satsang without uttering a word. Niruma felt disheartened that, today Dada has gone hungry.

After the satsang, Niruma said, "Dada, I don't know why, but the pancakes would not turn out well today."

Dada said, "But why do you make them at the last minute? Why don't you prepare them in advance?"

Niruma explained, "No Dada, I must serve you hot pancakes, cold ones do not taste as good."

Dada remarked, "But, I do not eat them hot. I like them cold."

It was then, that Niruma realized for the first time, that Dada liked to have cold pancakes. She had not realized that Dada was making this adjustment every day. From that day onwards, Dada sat down at 5:45 p.m. daily, and ate pancakes that had been made at 4:00 p.m..

One day, Dada said softly, "Niruben, if other people make mistakes, I do not say anything. Do we ever say anything? But I cannot let your mistakes go by. You are in my service day and night. Then the people would automatically say that, Niruben is serving you day and night and even then, she makes mistakes. Then it all comes back to me. It becomes my responsibility. That is why I need to tell you, don't I?"

Niruma replied, "No, no it's all right. Please tell me."

Then Dada spoke with love, "Hirabaa has gone, now who is there for me? Now, what I have is only you, Niruben. You have looked after me as Zaverbaa would. Like Hirabaa, you have stood by my side like a shadow. You have served me as a daughter would. You have supported me in every way. In America, you have looked after me as you would a small child, from the airport to the flight and then again until you get off at the other airport; that is how you have looked after all my needs. Therefore, it becomes my responsibility to make you completely free from mistakes."



FORM IV (See Rule 8)

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I, Dimple Mehta hereby declare that the above stated information is correct to my knowledge and belief.

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sd/-

Dimple Mehta on behalf of Mahavideh Foundation
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**NIRUMA'S
FINAL
MESSAGE**

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