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AKRAM

Express



Intellect VS Heart

Intellect vs Heart

Akram Express

Editorial

Dear friends,

All of you must have heard other people referring to their grandparents as being kindhearted. It must be the case in your home too that your grandparents are warmhearted and affectionate.

Whereas, today's generation is known to be more intellectual.

Do you know what the difference is between being guided by your heart and being guided by your intellect? You might know in general terms, but in this issue we are going to explore the differences in detail. It is extremely interesting! So come, let us read on and learn how to evolve into warmhearted people.

- Dimple Mehta

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Dadashri: On the one hand there is the heart and on the other the intellect. The heart helps you to progress towards 'moksha' (ultimate liberation) and the intellect keeps on creating entanglements. The world exists because of the intellect.

Questioner: What do you mean by 'heart'?

Dadashri: Heart means the path filled with pure love.

Deepakbhai: When a person's intellect increases and there is no purity of the heart, then he will not give out proper output. One should be heartily. Intellect by itself will make one wander

Gnani Says...



aimlessly. It's the people who are heartily that are required in God's realm. Even though he may seem like a villager, but as long as he is heartily, he will do!

A heartily person's worldly interactions are ideal. It is seen to be with a lot of affection. He feels other peoples' pain as if it were his own and his heart would cry out that, "Oh dear! The poor man, what misery he has!" and then he will help them in every way possible.

An intellectual person on the other hand will try to show that he cares about the other person but he will also keep checking to see if the other person cares about him in return. He has that expectation. If he finds out that the other person does not care, then he will move away. Thus, the nuisance caused by the intellect tends to be very difficult to bear.

Questioner: In order to reach the heart (pure love), isn't there a need for satsang (spiritual discourse) and darshan (devotional viewing) of a saint or a 'Gnani Purush' (A self-realized person who can enlighten others)?

Dadashri: Yes, 'darshan' and 'satsang' are necessary. 'Darshan' can help you reach your goal. The intellect will make you wander aimlessly everywhere. Whereas thoughts from the heart, words from the heart and actions from the heart will make you God-like.



If we take an intellectual approach, then the other person will also take the intellectual route. However, if we take the heartily approach then the other person too will do the same.



Completely New

No matter how bad the mistake is, if you repent heartily it has no choice but to leave.





The worldly dealings
of a good-hearted
person are ideal
(exemplary).

and Different !



The vibrations emitted by
heartily dealings are such
that the other person will
not feel intimidated.

Dealings done with an
intellectual approach also
emit vibrations, however,
these can be hurtful and
intimidating.

Intellect vs Heart



VS



- | | |
|---|--|
| 1. Shows gain & detriment (loss) | Shows benefit & harm |
| 2. Looks at only personal gain | Wants everyone to benefit |
| 3. Harshness arises | Becomes soft-natured and straightforward |
| 4. Has contempt for the other person | Has admiration and feelings of gratitude |
| 5. Has expectations of getting something in return | Has no expectations |
| 6. Creates differences and rifts with everyone | Promotes unity and doesn't allow differences to form |
| 7. There is selfishness | There is only unconditional love |
| 8. Is not necessary for Gnan (true knowledge) | Is necessary for 'Gnan' |
| 9. Creates many entanglements and confusion | Confusion decreases |
| 10. Thinks before making a decision | Makes a decision with prior understanding of the situation |
| 11. Creates restlessness | Keeps calm and displays patience |
| 12. Perpetuates (continues) the cycle of birth and re-birth | Makes a person divine |
| 13. Makes you emotional | Keeps one emotionally well-balanced |
| 14. Shows faults in others | Shows your own faults |
| 15. Presence of a big ego | Presence of a small ego |
| 16. Is impatient | Is calm and unwavering |

Mr. Pravin Shah was the owner of a very old and well-known textile factory, Shah & Sons. He was discussing the headline of the publication 'Business Today' with his son, Vijay Shah who had just completed an MBA in marketing at an American university:

'THE EXPORT ORDER DEADLINE EARLIER DECLINED BY SHAH & SONS EVENTUALLY FULFILLED BY JAYHIND MILLS IN GOOD TIME'

"How has this factory, which opened only two years ago, been able to make such a good name for itself? How have they managed to outdo us with such a small number of employees?" exclaimed Pravin Shah. Vijay added, "What I find unbelievable is that there is no Workers' Union either! I just can't believe it!"

"Our business practices have always moved along with the times. We've always made sure to employ skilled and competent workers. I have a strong business acumen and you went to America to do an MBA in order that the latest business theories are available to us. I therefore think that we need to infiltrate Jayhind Mills to find out the reason behind their success." Vijay stood up and said, "Don't worry dad, I will go there as a trainee marketing

The way of the heart

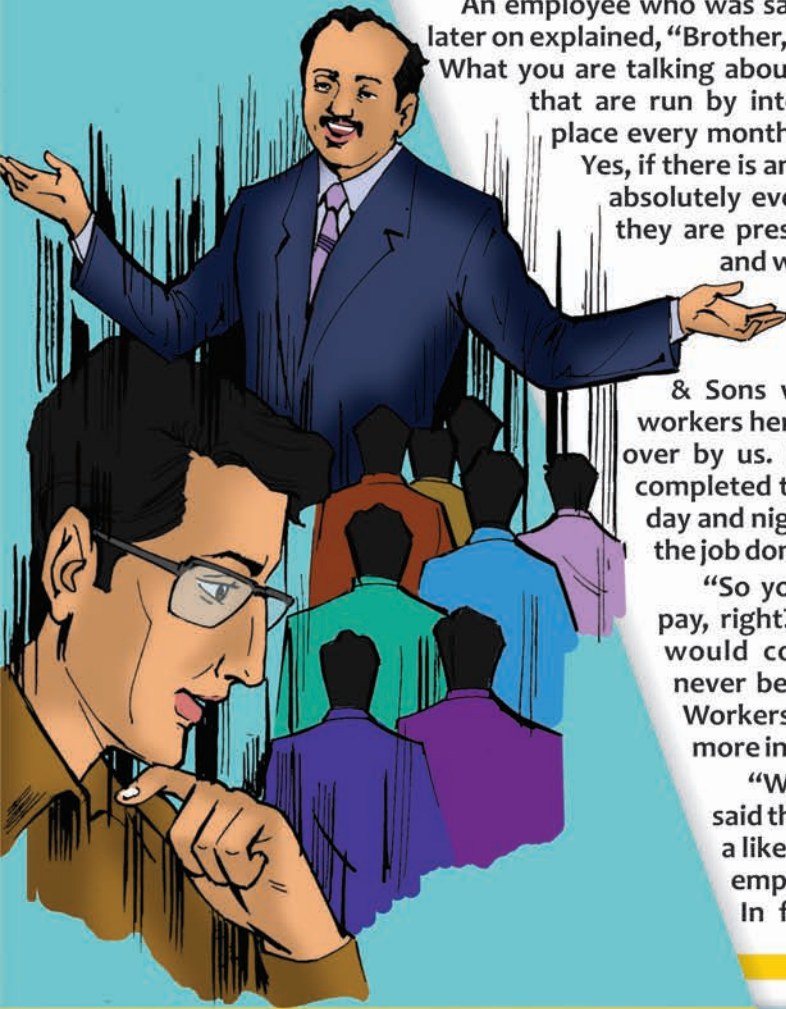
manager and find out how they are able to achieve double the output with half the number of staff and without any grievances too."

A week later there was a meeting at Jayhind Mills, which Vijay attended as a trainee. The owner of the mill, Mr Hardik Pandya, started the



meeting, “How is my family? Is everything ok? Are your children and families all well? Does anyone have any gripes?”

For a minute Vijay was confused and then he uttered under his breath, “Is this a meeting or a joke? Instead of asking about performance levels, marketing strategy, how the account balances are looking... etc, they are discussing other things. What is all this?”



An employee who was sat next to Vijay had heard him and later on explained, “Brother, this is quite normal for Mr Pandya. What you are talking about probably happens in companies that are run by intellectuals. Here, a meeting takes place every month just to find out how everyone is.

Yes, if there is an important matter to be discussed absolutely every employee will make sure that they are present, as per Mr Pandya’s request, and we try to find a solution. I’ll give you

a recent example. We got the tender for an export order, which a neighboring factory called Shah & Sons were not able to fulfill. All the workers here agreed for the order to be taken over by us. Everyone worked as a team and completed the order. Even Mr Pandya worked day and night alongside the employees to get the job done.”

“So you must have received double the pay, right? Because if you didn’t, then that would constitute exploitation. This can never be allowed to happen if you have a Workers’ Union, said Vijay, trying to extract more information.

“What are you saying? A trade union?” said the employee, crossly. “Mr Pandya is a like a father-figure and cares about his employees. He looks after our welfare. In fact, Sir was not even willing to

“What you are talking about probably happens in companies that are run by intellectuals. Here, a meeting takes place every month just to find out how everyone is.”

accept the export order as he felt it was too big and the employees would have to work extra hours to the detriment of their families. But he gave in to the compassion shown by the employees.” The worker paused for a bit.

“But isn’t this all one sided? Okay, I understand that all the employees work wholeheartedly, but what does Mr Pandya do for them in return?” tried Vijay one more time. The employee looked with surprise at Vijay and asked, “Brother, I don’t think that you’re from this city. Are you new here?” “Yes”, said Vijay abruptly.

“Now I understand, brother. Instead of asking what Mr Pandya has done for us, you should be asking what he hasn’t done for us! In actual fact this Jayhind Mill was established for us.” The employee began to reminisce. “Our street is Mr Pandya’s birth place. His father’s transfer of work took the family to a different city. After his father passed away Mr Pandya got a job in a bank in that city. However, this street and the people here have always been very close to his heart. Once he came to visit us with his family and was touched by the miserable condition the residents were in. Due to the closure of a factory, workers in this area had been made redundant. None of them were well educated and they didn’t even see the need for their children to be educated. They were making ends meet by doing small odd jobs. Mr Pandya determined to improve their lifestyle decided to move back. Hence, he handed in his resignation and sold his house. He took out a loan and used his life savings to buy the factory and had all the necessary machinery installed. The people of every household now had employment and everyone was relieved! He made us understand that children need to get an education and so we started sending our kids to government

schools.”

“Once Mr Pandya, was standing outside the mill when I was involved in an accident. He saw it happen and immediately took me to the hospital. I needed blood urgently and when Mr Pandya found out that our blood group matched, he volunteered to donate without wasting any time. I will never forget that day he saved my life. When I regained consciousness he asked me my name and said, ‘I will arrange for you to have one month’s leave. You just get your



strength back and don't worry. Call me if there are any problems or if you need anything.' Have you ever seen such a boss? Although he does not even know the names of all his manual workers, he shows concern for their welfare and is always ready to help."

"Hmm..." Vijay now saw Mr Pandya in a different light. He saw Mr Pandya chatting to his employees with a big smile and always patted someone's shoulder or head as if they were his own family. Soon it was Vijay's turn to go and speak to him. As he went over to him and Mr Pandya asked, shaking his hand, "How is the training, Mr Vijay Shah?"

Vijay was startled. "You know my name?" he asked in awe.

Mr Pandya grinned, "Your name and photo are in this register."

Just then the manager approached Mr. Pandya and said, "Sir, the American company just rang. They were extremely pleased with our product and they have asked that we go there to get the next order..."

Interrupting him, "Right now you are not to go anywhere. Your wife is expecting and is due very soon. You are needed more at home right now," said Mr Pandya with a stern voice.

"But if we lose such a big order it could affect the profitability of the mill" said the manager expressing his concern.

Making him understand Mr Pandya said, "I am not worried about any profit or loss. I am more concerned about what's best for the mill family. If any member is unhappy or dissatisfied, then what use is the mill? If someone else can go then we will send him, otherwise so be it. We can survive on the local orders that we get." The manager was finally satisfied and didn't say anything further. Mr Pandya turned to talk to Vijay, but he had gone.

Mr Shah saw Vijay coming towards his office and gestured to the two managers who were with him to wait outside. As soon as they left he asked, "Son, you've returned so soon! So what are their business methods? What do they do?"

"Calmly, Vijay answered, "It's the way of the heart."

"I don't understand what you just said. Please explain," said Mr Shah rather impatiently.

"Dad, over there, every worker and skilled craftsman from top to bottom is connected to Mr Pandya through the heart. They are not working with profits in mind; instead they are working for the betterment and welfare of the entire setup as a whole. Decisions are not made with intellectual prowess or with cleverness. Instead, they pull together lovingly, with understanding and compassion. More importantly, Mr Pandya runs that mill without even a hint of ego. It's because of this that all the employees are pouring their heart and soul into

their work. So no matter how big a job is, it gets done with excellence." Both of them sat down and stared at each other. Funnily, they both realized that they would never be able to do that.

Friends, all of you understand too, right? That the way a warm-hearted person deals with others is always ideal!





Intellect or Heart?



This story is about a land of fairies. There were two young fairies. One was called Sonpari and the other Nilpari. Unlike the older fairies, neither fairy had yet developed full magical powers. Time was passing by quickly and both fairies were growing up so fast.



Sonpari was an intellectual. She would typically give a lot of thought to the task at hand and would skillfully complete it.



Nilpari was very loving. She would typically do what comes to heart without thinking about it.



One day the fairy queen made an announcement: Whoever between two young fairies has the most friends will be bestowed with magical powers.



So they were granted just enough magical powers only for this contest, which they could use no more than three times.



Sonpari set out by herself all over the fairyland to make as many friends as she could.

During her travels she came across a barren land, where the river was running dry. This was an illusion created by the fairy queen to see how the fairies would react to it. Sonpari was on a mission to make as many friends as she could and so she flew straight past without paying any heed to it.



I need to use the three magical powers smartly so that I can make the most friends.

Nilpari on the other hand was out looking for Sonpari. During her search she too reached the barren land.



Immediately with a single sprinkling of magical fairy dust the entire barren land was scattered with sweet smelling flowers, evergreen trees, creepers, chirping birds, colourful butterflies and chattering streams.



As she went further she saw another almost dried up river.



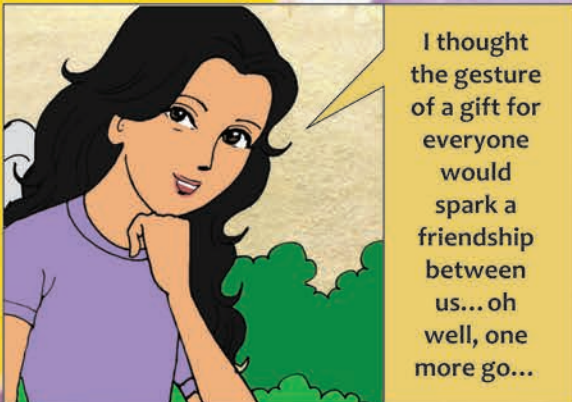
She used her second power and immediately the river started gushing with water. It was as if all the aquatic animals were filled with new life.

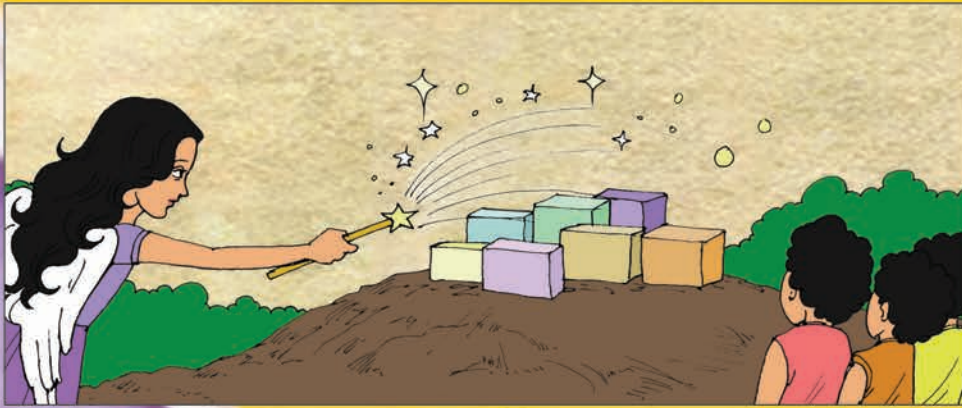


Meanwhile, Sonpari had used one magical power to present a gift to all the residents of fairyland. At the same time, she quietly asked each fairy,



Be a friend-in return for this gift? So will I get a gift every day? How will I benefit from that? If not, then will you take it back?





Using her second power she turned each leaf into a box and on each was the name of a fairy and inside was their desired gift.



Now please come and take the box with your name on it.

There was a lot of pushing and shoving as everyone was eager to find their gift.



The fairy queen and Nilpari came over to see what all the commotion was about.

What is all this?

Because everyone was in a mad rush to find their gift, the boxes were trampled over and ruined. Moreover, many fairies were hurt and injured in the chaos.



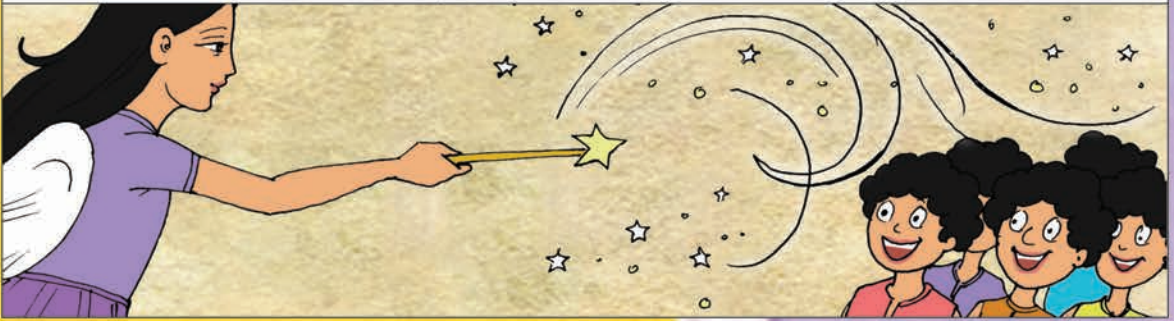
Everyone started to go back as it became too tiring.



Upon seeing this, Sonpari used her third and final magical power to restore all the gift boxes to their original state.



Nilpari did not like seeing anyone hurt and injured and so she decided to use her third and final power to heal all the fairies.



Wait! This time just take a gift box each and give it to the person whose name is on it.

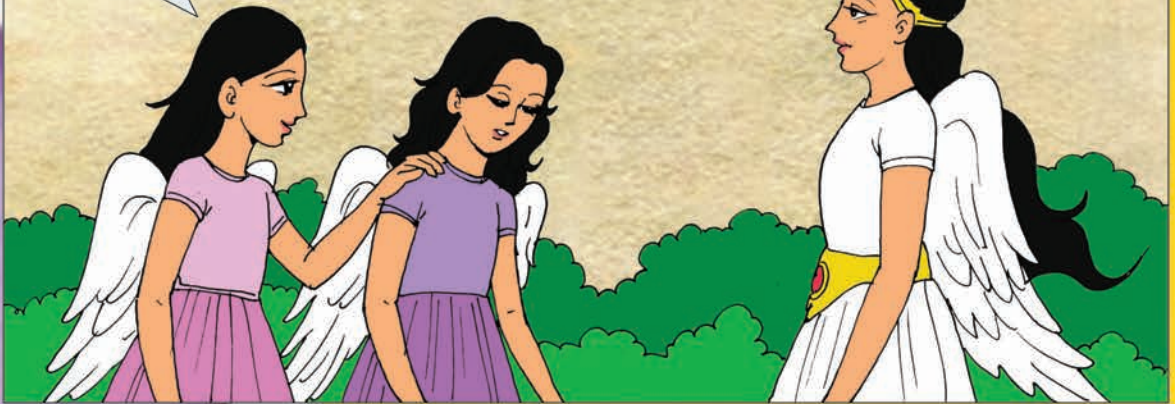
Everyone did that and each fairy received the desired gift.



If you give to others then you will automatically get what you deserve too. If you only think about yourself then nobody will think about you.

Sonpari figured that the queen fairy was directing this message to her.

Sonpari has made so many friends, but I have not made any. Sonpari should be the one to get the magical powers.



Sonpari used her intellect to make use of her magical powers. She designed a clever plan to make friends. Whereas Nilpari, through compassion bettered the difficulties of the animals of Fairyland who became her friends. So Nilpari is the one who deserves to get full magical powers.



I have understood that when intellect is used, it's possible only to think about yourself. However, when there is compassion you put others before yourself. I deeply regret my actions and am asking for forgiveness from the fairy queen and each and every one of you.



Fairy queen, I will be very happy if you please forgive Sonpari.



Before giving you the full magical powers I had to make sure that you knew the importance of using them wisely. Now that you are repenting heartily, you are forgiven and you too will receive the magical powers.



1.

Help the tortoise find the right path.



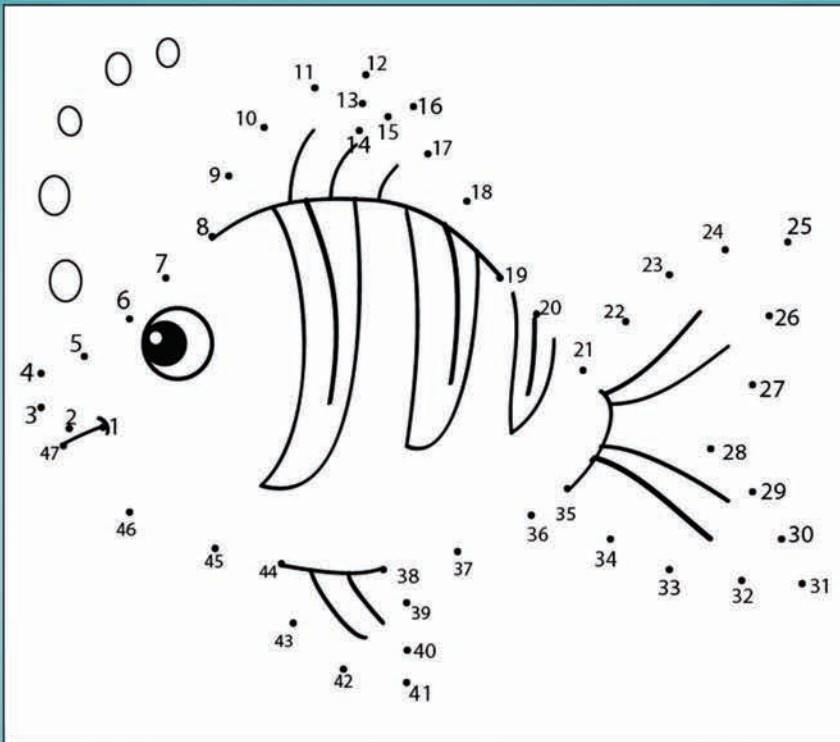
2.

Find the names of the animals from the following table of alphabets.

G	M	O	U	S	E	H	N	W	R	B	W	C	W	L
X	D	A	Q	H	J	X	O	O	M	L	T	H	W	J
B	W	S	H	N	L	H	T	P	I	C	R	A	W	M
Y	W	M	G	I	R	A	F	F	E	L	K	D	O	G
R	C	K	R	R	S	Y	K	T	H	I	P	P	O	
J	T	A	W	I	A	F	B	X	X	L	Q	R	J	E
D	R	O	T	A	B	I	L	L	A	E	B	Z	H	X
T	H	N	X	P	B	C	L	I	C	R	V	Z	S	Z
V	N	H	R	S	I	H	E	T	O	R	I	B	I	Q
N	Z	A	C	S	T	Y	X	L	T	N	N	H	F	L
W	U	Q	H	K	L	J	A	E	A	U	F	A	H	F
V	Q	Q	D	P	O	Y	T	I	G	E	R	A	T	V
X	M	T	L	Q	E	T	J	Y	E	S	Y	R	C	H
T	A	C	K	Q	C	L	K	M	O	N	K	E	Y	R
P	T	S	H	W	L	Y	E	T	D	R	A	H	T	L

GIRAFFE, TIGER,
MOUSE, CAT,
ELEPHANT, RABBIT,
LION, DOG, HIPPO,
MONKEY

Let's
Play...



3. Join the dots and complete the picture.

4. Figure out the correct spelling.



1. tihabryd _____

6. msuci _____

2. ifgt _____

7. samge _____

3. carsd _____

8. tapry _____

4. oanllsbo _____

9. onclw _____

5. aldensc _____

10. akce _____

1.

This is the story of Zaverchand Meghani when he was a young boy.

He was a well-known national poet and was around at the same time as Mahatma Gandhi. Zaverchand's father was a police officer and one day he had invited some high-post officers to his home for a meal. One of the items on the menu was a sweet dish made from milk ('dudhpak'). And for this, the milk was to be obtained from a nearby village. The 'dudhpak' turned out delicious and everyone was enjoying it a great deal. It was a bit like a cycle of praising it and having another bowl-full, praising it and having another bowl-full. But young Zaverchand did not even dip a finger into the 'dudhpak' to taste it. Then someone asked him why he was not having it, and the young boy's eyes started to well up.

Sobbing, Zaverchand said, "I can't bear to have it. The man who delivered the milk this morning was saying that in order to deliver this amount of milk meant that he was not able to keep any for the calves, nor for his children. When the milk was collected in this way how am I supposed to swallow it? I simply cannot have it."

How amazing was the compassion that this young Zaverchand showed! Someone else's pain felt like his own.

Real Life Story

2.

Friends, meet seven-year-old Dialon.

Dialon's friend, Jonahan, has a very rare liver condition. To help his friend, seven-year-old Dialon wrote a book called 'Chocolate Bar' which depicts his friendship with Jonahan.

Dialon had decided that all the proceeds of sale from the book would be given for research into this condition.

The book was launched and within only a few hours, five thousand dollars had been collected. The amount just kept on increasing. In just two years this amount has almost reached one million dollars. All the sales of Dialon's book are immediately deposited into the Jonahan Research Fund. With the aid of the fund money the doctors are researching a cure for Jonahan's condition.

How tenderhearted this young boy is! Without thinking about anything for himself, he has helped his friend and others who are suffering from the same disease.

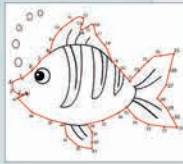
1.



2.



3.



4.

- | | |
|-------------|----------|
| 1. birthday | 6. music |
| 2. gift | 7. games |
| 3. cards | 8. party |
| 4. balloons | 9. clown |
| 5. candles | 10. cake |

Answers To The Puzzles



Kids with Pujoyashree during his U.K & Germany tour





Pujyashree's birthday celebration in Adalaj



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