

May 2017

Price : ₹ 12/-

Dada Bhagwan Parivar's

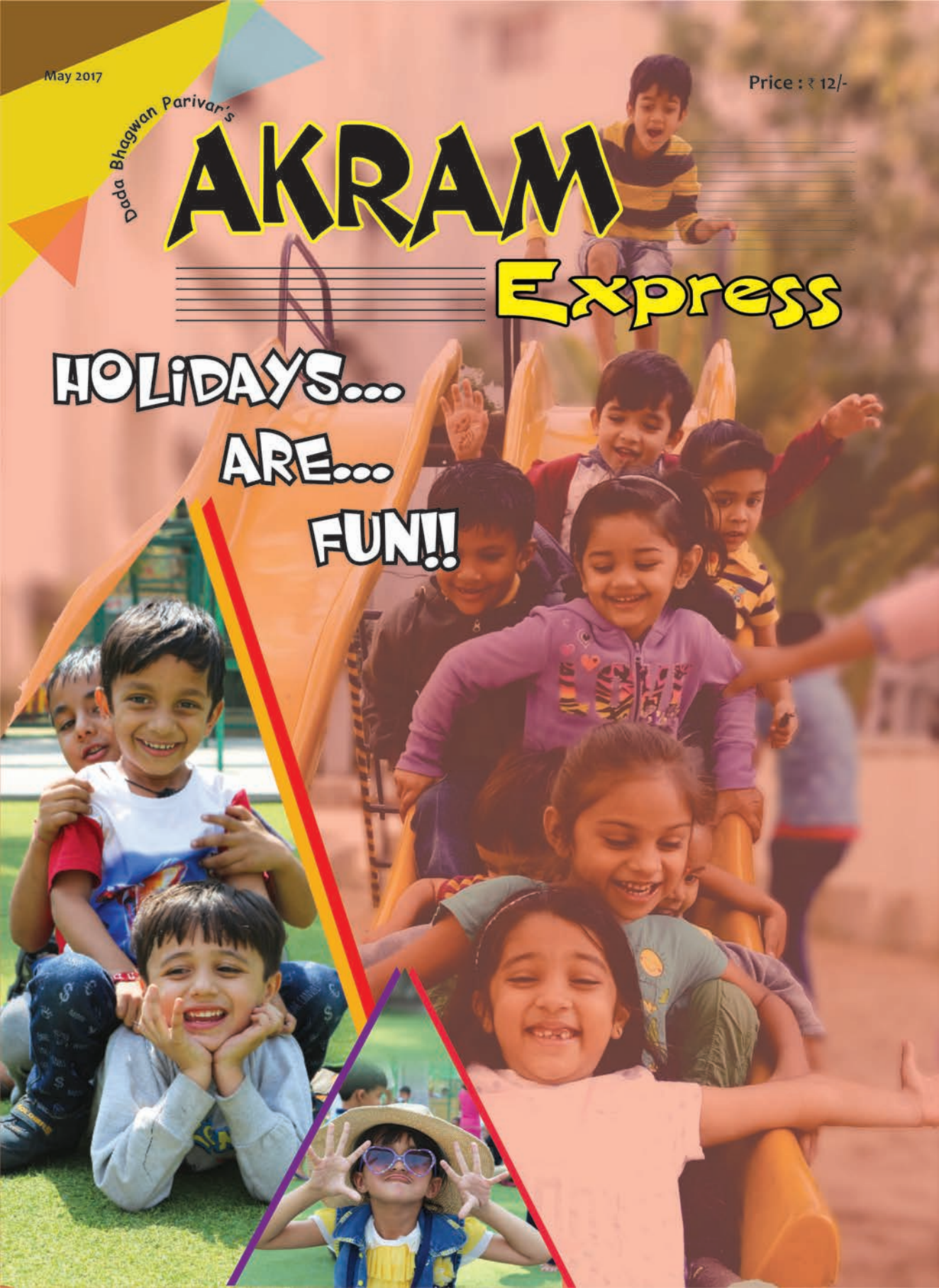
# AKRAM

## Express

HOLIDAYS...

ARE...

FUN!!



# HOLIDAYS ARE FUN



FRIENDS,

## Editorial

Phew... exams are over. Holidays are here. Now you can do what you want. Sleep as much as you want, play as much as you want, roam as much as you want, travel as much as you want and nobody will stop you or reprimand you.

Well it's true. Holiday time is your time. This edition is compiled keeping and mind that your time doesn't get lost in vain. You can have fun but at the same time also obtain the right understanding so that you have a bright future. So please make sure you read this issue - Holidays...are...Fun...

DIMPLE MEHTA

# AKRAM EXPRESS

**Editor :**

Dimple Mehta  
Vol.: 8, Issue : 10  
Conti. Issue No.: 94  
May 2017

**Contact at:**

Balvignan Department  
Trimandir Sankul,  
Simandhar city,  
Ahmedabad-Kalol Highway, Adalaj,  
Dist. Gandhinagar-382421, Gujarat.  
Phone: (079) 39830100  
email: akramexpress@dadabhagwan.org  
Website: kids.dadabhagwan.org

**Printed & Published by**

Dimple Mehta on behalf of  
Mahavideh Foundation  
Simandhar City, Adalaj-382421.  
Dist-Gandhinagar.

**Owned by**

Mahavideh Foundation  
Simandhar City, Adalaj-382421.  
Dist-Gandhinagar.

**Printed at**

Amba Offset  
Basement, Parshvanath  
Chambers, Nr.RBI,  
Usmanpura, Ahmedabad-14.

**Published at**

Mahavideh Foundation  
Simandhar City, Adalaj-382421.  
Dist-Gandhinagar.

**Subscription (English)**

**Yearly Subscription**

India: 125 Rupees  
U.S.A.: 15 Dollars  
U.K.: 10 Pounds

**5 years Subscription**

India: 500 Rupees  
U.S.A.: 60 Dollars  
U.K.: 40 Pounds

Send D.D./M.o.in the  
name of 'Mahavideh  
Foundation'.

# Dadaji Says...



**Questioner:** All these earthquakes, natural disasters and wars that happen, are they due to the laws of creation and destruction?

**Dadashri:** No, they are due to the laws of 'karma' (the cycle of cause and effect life after life). Everyone is experiencing the fruits of their karmas.

**Questioner:** So is the karma unfolding for the one who has to endure the fruits of his actions?

**Dadashri:** Yes, all human beings and animals experience the fruits of their karmas together when it's a big-scale disaster. Just look at what happened in Hiroshima and Nagasaki!

**Questioner:** Would a whole group of 10 people get punished together if they have committed a crime jointly?

**Dadashri:** Yes, but it will not be the same for all 10. It depends on their inner intent. One of them might have felt that he was forced to steal, and he had no intention to steal. The karmic accounts will have to be settled according to how *strong* the intent is to carry out that particular act.

**Questioner:** But what about these natural calamities, for example when so many people die in a plane crash or when 2000 people died

when a volcano erupted. Is this the result of a collective punishment?

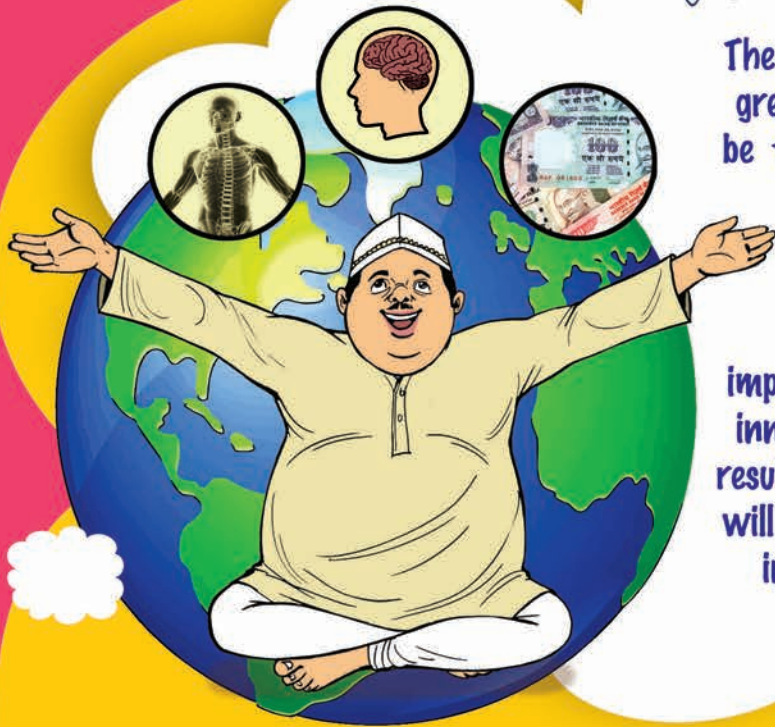
**Dadashri:** Yes, that is their karmic account. Only the ones with the same account are there together at that time. No one else is involved. Today if a person from here goes to Mumbai and tomorrow if there is an earthquake here and some other people from Mumbai are here at the time and get caught up in the earthquake – so it is all connected with pending karmic accounts.

**Questioner:** Hmm... So the natural calamities are all a result of collective actions. As in a drought, or floods or an earthquake where thousands die together.

**Dadashri:** Yes, it is all a result of collective actions.

**Questioner:** So when it is time for the punishment people get pulled to the destined place from wherever they are?

**Dadashri:** Nature itself brings everyone together, and sorts everyone out. Like getting them on a plane and crashing it. It is all due to their karmic accounts. It is organized justice. Just like Lady Justice who represents impartiality.



The inner intent of a greedy person should be that he wishes his mind, body and wealth to be used for the salvation of the world. So improve all your new inner intentions. The result will be that you will have a big heart in your next life.

If we see tigers, lions as pure souls they will forget their animal instincts during that time.





It is necessary to learn to remain strong during unfavorable circumstances. In favorable circumstances you are always strong anyway. Not to adjust is a weakness. The more you adjust the more your strength will increase and weaknesses will dissolve.

## ***Absolutely New and Different***



You are being obstinate when you go ahead and do only what you want rather than accepting something which is for your own good.

**I am  
doing  
my Job**

**A** child who was disabled and simple-minded had managed to sneak into a drugstore. In his hands he had some packets of incense sticks. He started to ask all the customers if they wanted to buy some incense sticks.

Seeing the child, the man at the reception counter yelled at him.

“You have come back? Come on, get out. You keep on coming back even though I have told you not to.”

He really scolded the child. There was a man in the pharmacy whose son was undergoing treatment and he asked the child, “Why do you keep on coming here even though he keeps on scolding you every time?”

The naïve looking child said a big thing. He said, “I am doing my job and he is doing his! My job is to sell incense sticks and that is what I am doing. His job is to get rid of me and that is what he is doing.

I am disabled. Yesterday I was late getting back home. When I reached home my mother was crying. When I asked her why she was crying she said that she was worried about me.

Then I also helped her to understand that worrying is not her job. She looks after the house and cooks food for us all. If I were to make the food instead of her would this make her happy? It would not, would it?

To worry about me is God’s job, isn’t it? If you interfere in God’s work he does not like it!” The child said this much and went on his way.

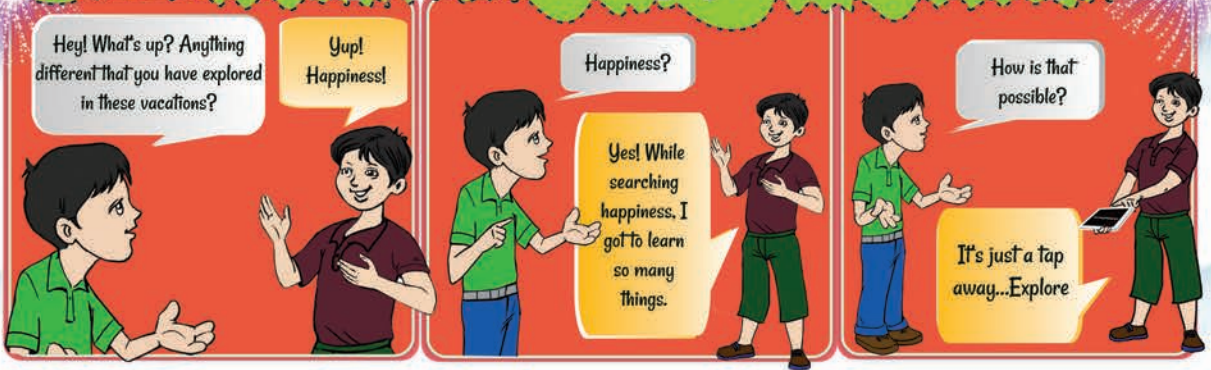
The man was amazed and thought, ‘the lesson this little boy has taught me will be useful to me my entire life’.

The man felt extremely light. He thought that he was worried about his son for no reason for it was not his job to worry. His job was to give his son the best treatment, to care for him and to see that he was comfortable when in pain. The man realized that he should do his work and the rest should be left to the one whose work it is to look after the rest.

We should only keep a check to see that we are fulfilling our role to the best of our ability.



# Friends, Here's the glimpse of the change you have been waiting for...



You're developing...So am I...

[Kids.dadabhagwan.org](http://Kids.dadabhagwan.org)



2008



2012



2017

Here's a sneak peek into my journey...



EXPERIMENT CORNER

Interesting experiments to try at home...Explore the fun-o-vative Akram Science experiments!

Amazing facts which've been never heard/read before that make you say.....'Oh Really?'



'OH REALLY?'



STORIES...

A doorway to 'your' world...a marvelous world of STORIES...

Is it possible to find all this at one place? What is on page 19?

Exciting Games on the move... Be on an iPad or mobile pphone...



GAMES CORNER

# True Happiness

Please can I have a kilo of oranges?



Here brother.

Taking an orange from the bag, he tasted it and pulled a face.

Oh dear, this is very sour. Just taste it.

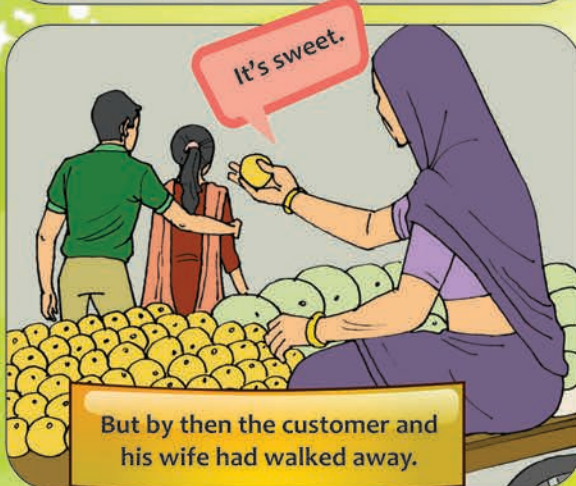


Here's the money.



It's sweet.

The oranges are always sweet, so why do you play a prank like this every time?




But by then the customer and his wife had walked away.









That old lady has always been selling these sweet oranges but because of money issues she is never able to eat any herself.




When I pretend that the oranges are sour I make her eat one and for that she does not even have to spend a single rupee.



Next to the old lady was another lady selling vegetables, who watched this happen every time.



I know that he does it so that I can eat an orange. He thinks that I don't know what he's up to.



The vegetable lady - This man always complains when buying oranges and I have also seen that you always give him a few more than he asks for. Why is that?



I give him extra oranges so that after he has given me an orange he is not left with less than a kilo.



To have these kind of loving intentions for everyone around us is where life's true happiness is hidden.  
**Dear God, please grant us the strength to always care about and look after others.**

# Glimpses of Summer Camps



Age Group  
4 to 7 yrs

Surat



Age Group  
8 to 12 yrs

Bharuch



Baroda



Simandhar  
City

# Surendranagar



# Valsad



# Mumbai



# Surat



# Delightful



Jai Satchitanand, Pujyashree. I am a Gmht. I took 'Gnan' (knowledge of the Self) 6 months ago when I was in my mother's womb.

I have been yearning for a long time to meet you. 6 months is a very long time for a small child like me.



Today, I am extremely delighted that I finally got to meet you. Will you let me sit on your lap?



Oh my Gnan! I have been waiting for this moment ever since the journey of my life began, many life times ago.



# Tale



Pujyashree, seeing you is making me overflow with affection.

I have now been promoted from Gmht to Bmht.



Pujyashree, do you know that I had another reason for coming to you and that was for my parents to take Gnan.



Today both my wishes have been fulfilled. Now I can relax and do 'Dada Bhagwan na Aseem Jai Jaikar!'



# Little Vajrakumar

Vajraswami's mother's name was Sunanda. His father, Dhangiri, was not interested in worldly life. But Sunanda was not giving her husband permission to renounce everything. She told her husband that when she becomes pregnant, he can renounce worldly life but not before then. Dhangiri was becoming very impatient and wanted to renounce worldly life.

Indeed, when Sunanda became pregnant, Dhangiri left home to follow Veer Prabhu's path. He immediately renounced all worldly ties and experienced immense bliss.

Sunanda gave birth to a boy, Vajraswami. Lots of well-wishers and neighbors came to congratulate her. One of them told Sunanda, "Sunanda, your son's father has renounced worldly life and given up everything. If he had not done that, the birth of this child would have been a big celebration."

Sunanda did not say a word. But those words had an effect on the new born baby. Hearing the words 'renounced worldly life', the little boy remembered his past life and realized he was on the right spiritual path. He immediately developed the intent to follow his father and obtain salvation of the soul.

Although Vajrakumar was a new born, he knew that a mother has incredible compassion and love for her child and that she is not able to free herself from such a strong bond. 'I have just been born – what should I do so that my mother will eventually let me join my father?'

Just then little child thought of a way. He was not able to speak for he was newly born and as soft as a flower.



He started to cry day and night in an attempt to frustrate his mother. He cried for no reason. He thought that if he cried non-stop, his mother would feel so harassed and take him to his father and leave him there.

And so he kept on crying endlessly...

Mother Sunanda tried everything to soothe her beloved son but the little boy's intent of following the life of an ascetic was pulling on his heart strings.

Not for a day or two, nor even a month or two, but little Vajrakumar cried continuously for 6 months. Mother Sunanda became tormented listening to her baby cry for 6 months. What can be done? There was no solution.

Then someone advised her, "From the time this child was born he has been crying, so why don't you take him to his father. That is the best remedy."

Sunanda liked this advice.

She took Vajrakumar and went to the city where her husband, Dhangiri muni was living a life of an ascetic in a Jain upashray (monastery).

She paid respect to her ascetic husband and in strong words said, "Your son ... he has not stopped crying since the day he was born... I am tired of his constant crying... I have tried everything to calm him, but nothing has worked. Now you look after him..."

Saying this Sunanda handed the little boy to Dhangiri muni. After giving the small tender child away Sunanda returned home.

In the upashray, Jain nuns looked after little Vajrakumar. He started growing up. While being raised by the female ascetics he understood and remembered whatever the nuns were learning. He had stopped crying from the moment his life in the upashray began. He was a very lovable and intelligent child.

When Sunanda came to know about this she realized that giving away her intelligent and clever son was not the right thing to do. She should now bring him back.

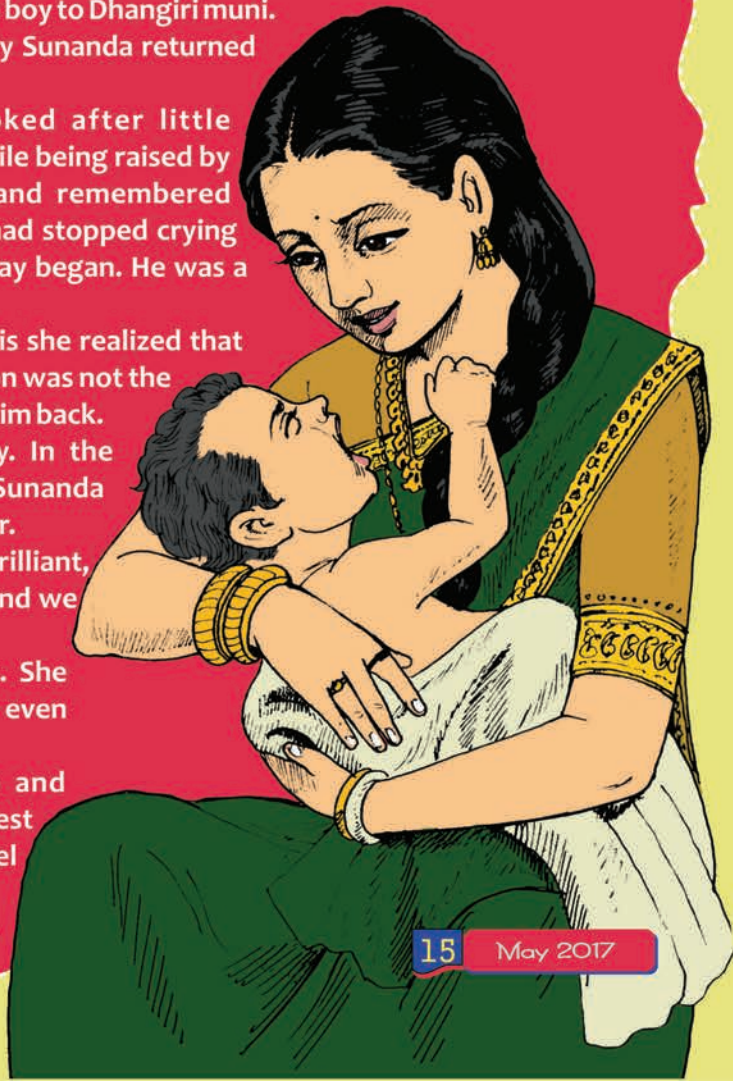
And so she went to the upashray. In the presence of the community elders, Sunanda requested that her son be returned to her.

The ascetics said, "You gave away this brilliant, well behaved child to this community and we cannot give back what we take."

She pleaded to have her son back. She even fell to her knees and begged but even then the ascetics did not give in.

Then Sunanda said, "I will now go and complain to the king and will only rest when I have my son back who is the jewel of my eye."

Without waiting for any reply



Sunanda went straight to the king's court.

She expressed her grief to the king. The king said, "You have given the child to the community, so now they are the rightful custodians of the child. However, you are his mother... the child is still young. He does not understand anything... I will give you justice. If the child comes to you at the upashray, then you can take him."

Sunanda was very happy to hear this.

The next day the king and his ministers arrived at the upashray. Sunanda was also there with a lot of toys and sweets. The leaders of the community were also asked to be present.

It was morning time.

Little Vajrakumar was awake. By now he had learnt to walk.

A large crowd of ascetics was also present at the upashray. Everyone was eagerly awaiting to see what Vajrakumar decided.

The king made Sunanda sit on one side and on the other side was the Dhangiri muni who had with him only a whisk broom made of wool (typically carried by Jain monks) and a cloth to cover his mouth. He then put the child in the middle.

To entice the child, Sunanda showed him toys and sweets. Standing all around were the community leaders and ascetics.

Sunanda thought that her son would go to her for sure.

But little Vajrakumar was cultured and religious. He was not going to be attracted by worldly things. He was not tempted by the toys and sweets that his mother had brought. He immediately went to the muni, took the whisk broom and started dancing. He then sat down near the muni and looked at everyone with a joyful face. Everybody in the court house including the king and Sunanda too, were amazed that the young boy decided for monkhood.

The king ruled that the child would stay with other Jain monks, as he did not desire worldly things. Sunanda accepted the decision of her little son who later became a great Acharya Vajraswami.





This dates back to when Dr. Rajendra Prasad (the first President of the Republic of India) was practicing law. He always won each and every case for his clients. He had a deep understanding of the law. But he never took a case where he would have to rely on lies. He never wanted to earn money through false means.

Once, a man came to him and insisted that Dr. Rajendra take his case. Not only that, but the man was willing to pay him a lot of money if he did take on the case. Dr. Rajendra said, "Leave the papers with me. I will have a look at them tonight and give you an answer tomorrow."

The next day when the man went back to see him, Dr. Rajendra Prasad returned his papers and said, "I will not be able to fight your case."

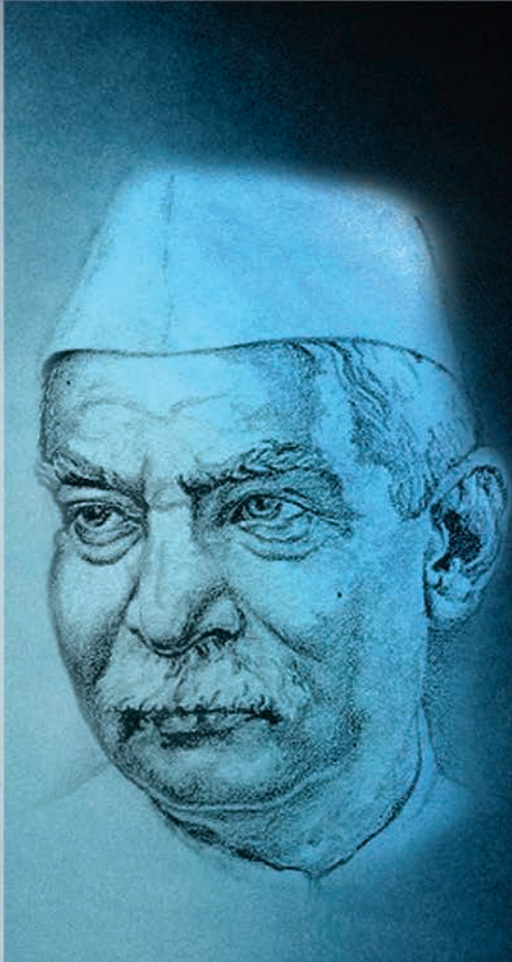
The man asked for the reason and Dr. Rajendra said, "You have all the necessary evidence. You will win this case for sure, even though it is against a widow. Your winning would mean that the widow would be left with very little to live on. She will be left without any support! You will be happy once you get her wealth, but what will become of the widow? She will definitely see days without food and will die of hunger!

Being in this occupation I have certain principles that I follow. My suggestion is that you forget fighting this case against the widow. It would be the most humane thing to do.

Always remember one thing, the wealth you receive by hurting others will never give you satisfaction and it will also destroy you internally. In the event if you go ahead and fight the case against the widow, I will defend her and will not charge her anything!

Upon hearing this, the man decided to drop the case!

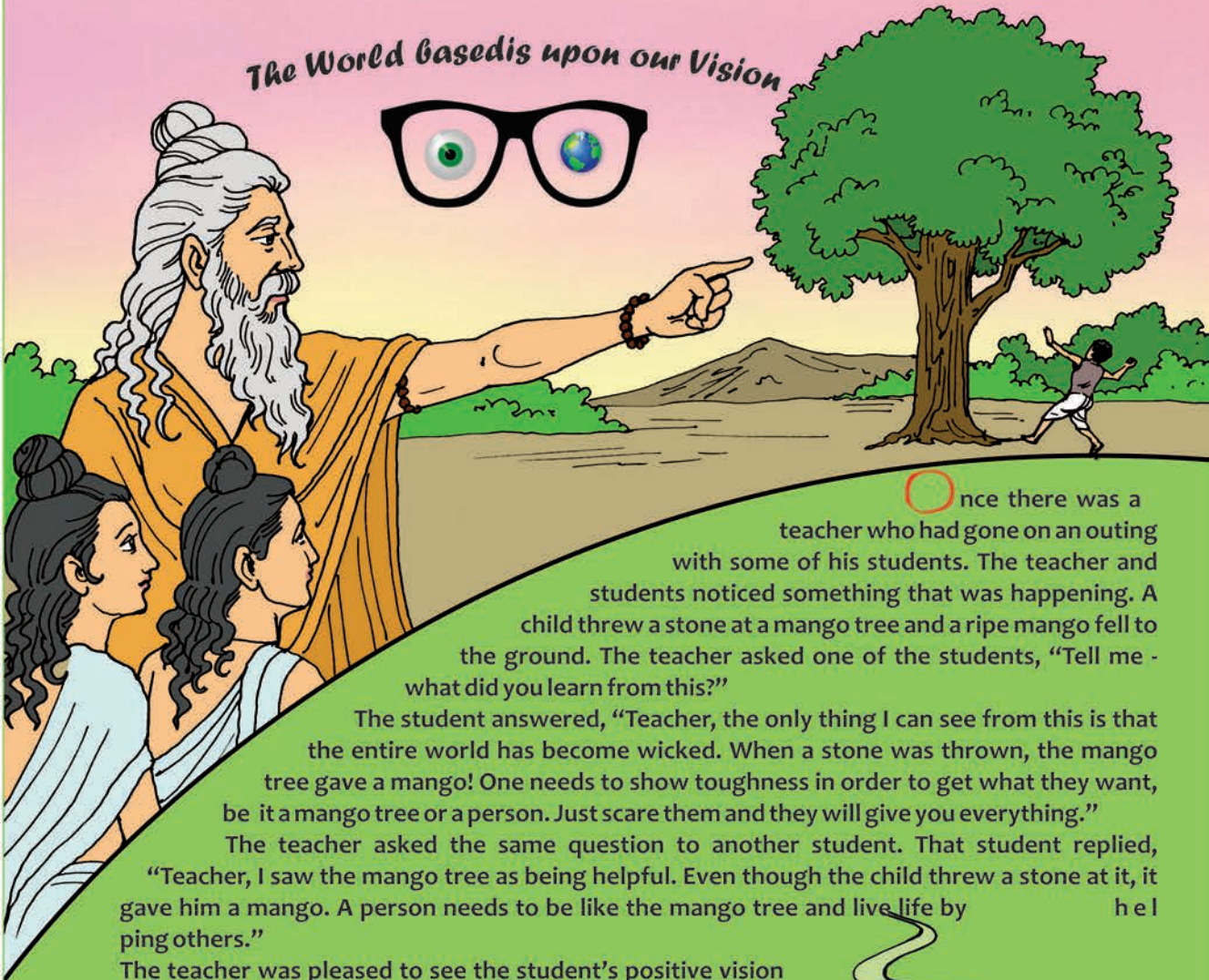
Driven by humanity, with high moral values and a desire to help others, Dr. Rajendra Prasad progressed immensely in his life and became the first President of India.



## Real life story



## The World Based is upon our Vision



Once there was a teacher who had gone on an outing with some of his students. The teacher and students noticed something that was happening. A child threw a stone at a mango tree and a ripe mango fell to the ground. The teacher asked one of the students, "Tell me - what did you learn from this?"

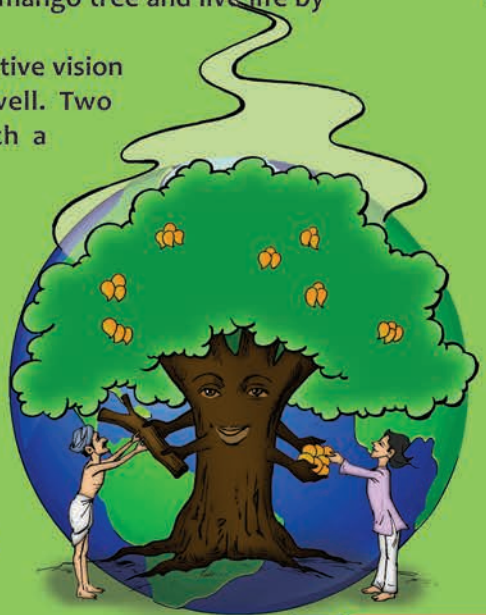
The student answered, "Teacher, the only thing I can see from this is that the entire world has become wicked. When a stone was thrown, the mango tree gave a mango! One needs to show toughness in order to get what they want, be it a mango tree or a person. Just scare them and they will give you everything."

The teacher asked the same question to another student. That student replied, "Teacher, I saw the mango tree as being helpful. Even though the child threw a stone at it, it gave him a mango. A person needs to be like the mango tree and live life by helping others."

The teacher was pleased to see the student's positive vision and gave him blessings to progress and do well. Two students and one teacher, but there was such a difference in their vision!

Friends, we need to decide what sort of vision we need to have in our lives. We will view the world based upon our chosen vision. So we will strive to keep positive vision, won't we?

**The  
World  
Based  
is  
upon  
our Vision**





# Welcome to

# Kids

[dadabhagwan.org](http://dadabhagwan.org)



This incident is about Dada. A *mahatma* (self-realized person) from America had a lot of devotion for Dada. Whenever Dada went to America he stayed at her house.

Once it so happened that it was that *mahatma's* birthday, when Dada was staying at her house. She had invited many other *mahatmas* for lunch. Dada called her and asked her to sit next to him. Today is your birthday, isn't it? Let's give you a gift today.

Dada fed her a small portion of the sweet dish, carrot halwa, she had made that day, with his own hands. Then he asked her to go and call everyone, which she did.

Dada said, "Today we are giving you a great gift. We do a special *samayik* (self-introspection) in Aurangabad. We will give you similar *samayik*, for your birthday. Today you need to bow down to everyone and get their blessings'.

Then, he looked at everyone else and said that they all needed to bow down to each other. And so everyone started to bow down to each other in Dada's presence. They all had tears in their eyes. Be it was a small boy or a girl, each and every one bowed down to each other.

How fortunate that *mahatma* was to have received such an extraordinary gift on her birthday from Dada himself!



## Sweet Memories



### Information for Annual Subscribers of Akram Express

How would you know if your annual subscription is about to expire? If there is a # besides the member id number on the label which appears on the cover of your current month's Akram Express, then you should know that this is your last issue e.g. AGIA4313#. If there is a ## besides the member id number on the label which appears on the cover of your current month's Akram Express, then you should know that this is your second last issue e.g. AGIA4313##.

Details on how to renew your Akram Express subscription can be found on the editorial page.



Publisher, Printer & Editor - Mr. Dimplebhai Mehta on behalf of Mahavideh Foundation  
 Printed at **Amba offset** :- Parshwanath Chambers, Usmanpura, Ahmedabad - 14 and published