



Editorial

Friends.

Who doesn't like going on a vacation? The animals of Didima jungle also love to go on a vacation, just like we do. And this summer, they have a chance to travel in a wonderful way to some out-of-this-world places!

These places are such that no flights, rockets, or space-shuttles can go there. These places can't even be seen with a telescope. But yes, Dada Bhagwan was able to see and describe all these places!

We've probably studied world geography before; but, in this issue, let's study in a fun way the 'geography' of the Universe (cosmology), as revealed by the greatest scientist of the world!

-Dimple Mehta



Editor: Dimple Mehta

Printer & Published by

Dimple Mehta on behalf of Mahavideh Foundation
 Simandhar City, Adalaj - 382421, Ta & Dist - Gandhinagar.

Owned by Mahavideh Foundation Simandhar City, Adalaj - 382421, Ta & Dist - Gandhinagar.

Printed at Amba Multiprint B-99, GIDC, Sector-25, Gandhinagar - 382025.

Published at Mahavideh Foundation Simandhar City, Adalaj - 382421, Ta & Dist-Gandhinagar.

© 2023, Dada Bhagwan Foundation All Rights Reserved



Subscription (English) **Yearly Subscription** India: 200 Rupees 5 years Subscription India: 1000 Rupees Send D.D./M.o.in the name of 'Mahavideh Foundation'.



Vol.: 14, Issue: 10 Conti. Issue No.: 164 May 2023

Contact at: **Balvignan Department** Trimandir Sankul Simandhar city, Ahmedabad-Kalol Highway, Adalaj, Dist.Gandhinagar-382421,Gujarat. Phone: 9328661166/77 Email:akramexpress@dadabhagwan.org Website: kids.dadabhagwan.org







Today, 'Fairy Weather Cinema', 'Chilly and Chill Cafe', and 'Kalpatop Library' are all deserted because all the animals have gathered at the lake in the Didima jungle.

After their long trip

to Samet Shikhar, Theo and his friends have completed a special project, which has roused the interest of all the animals. Aaloo and Chilly are the happiest because this project started with them.

The story behind this project is that after coming back from Janma Jayanti in November 2022, Aaloo and Chilly became fans of Simandhar Swami in addition to already being fans of the *Gnanis* (Dada, Niruma, and Pujyashree). Ever since they told Theo and his friends a little bit about Simandhar Swami and Mahavideh Kshetra, Rizo had desperately wanted to go there to see this new world! But given there are no flights that go there, what can one do?

Hence, Rizo started doing some research at Kalpatop. He started collecting all the information he could find. While researching he found information, not only about Mahavideh, but also extraordinary things about the entire Universe! He discovered things that he had never heard of before!

Rizo brought all the research to Zoey, Theo, and Giffy. Everyone worked together to translate the research into a remarkable journal. Zoey prepared some fun games, Jiffy drew pretty pictures, and Theo edited the entire journal! In addition to the wonderful secrets of the Universe, the journal also holds some of the conversations between Theo, Rizo, Jiffy, and Zoey.

All the animals of Didima jungle have gathered at the lake to buy this amazing journal. So, alongside Aaloo and Chilly, let's start turning the pages of this journal and discover the secrets of the Universe!





The Universe is enormous. It's shaped like a human standing with two

like a human standing with two hands on the waist and two legs spread apart.

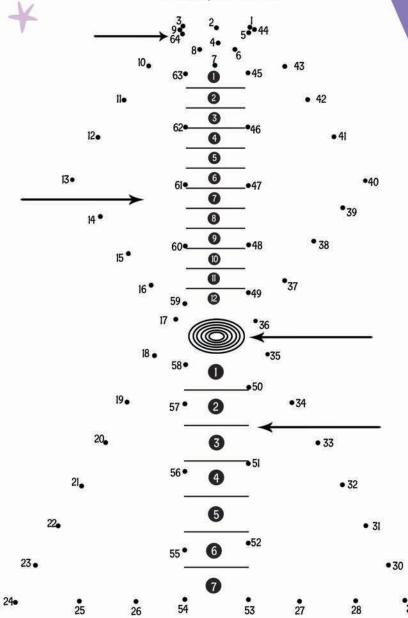
The middle part, at the 'navel' area, is called 'Madhyalok'. It is divided into various realms, including fifteen realms where humans live and bind karmas: five Bharat kshetra, five Mahavideh Kshetra, and five Airavat Kshetra.

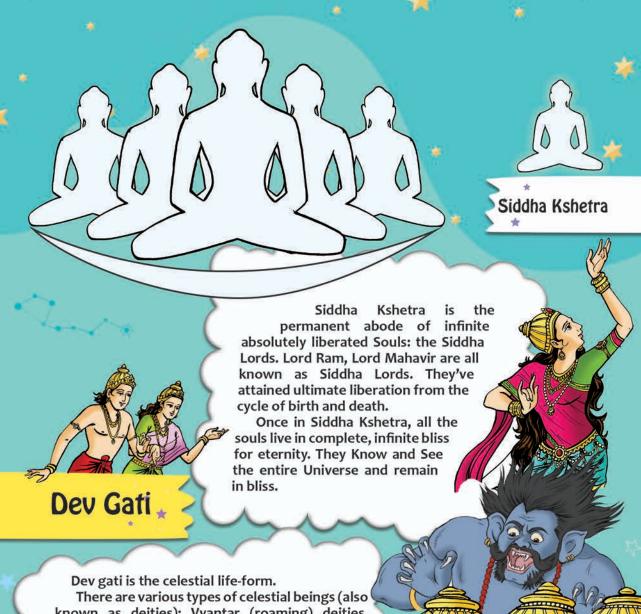
In the lower area there are seven hells, and in the upper area there are twelve heavens.

Above that, at the top of the 'head' area, is located Siddha Kshetra, which is shaped like a crescent moon.



Complete the image by connecting the dots in the picture drawn below (the shape of the Universe). Then label the different areas of the Universe as shown by the arrows.





(6) IM

There are various types of celestial beings (also known as deities): Vyantar (roaming) deities, Bhuvanvasi (residential) deities, Vaimanik (heavenly) deities, and Jyotishk (luminary) deities.

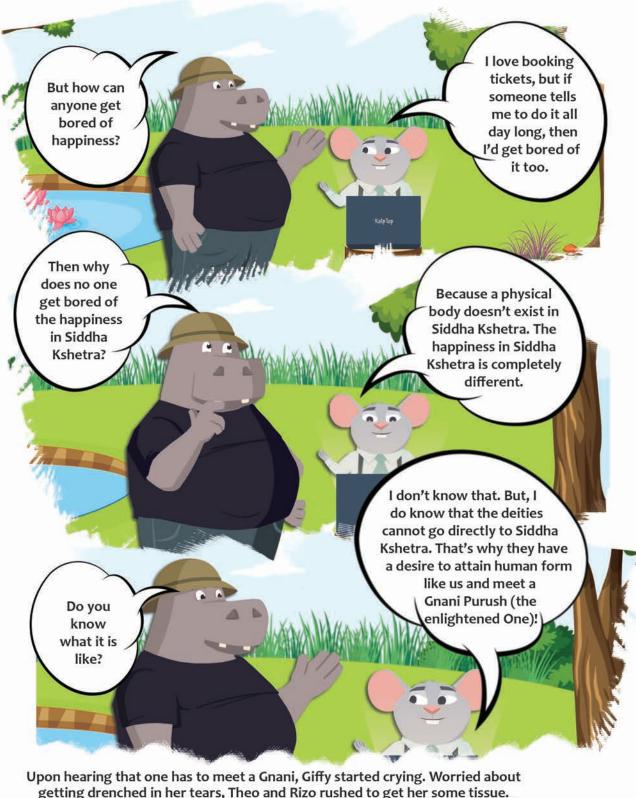
The constellations, Sun, Moon and other planets are known as Jyotishk deities.

Amba Maa and Padmavati Devi are Vaimanik deities.

Ghosts, evil spirits, demons, goblins, etc. are all known as Vyantar deities.

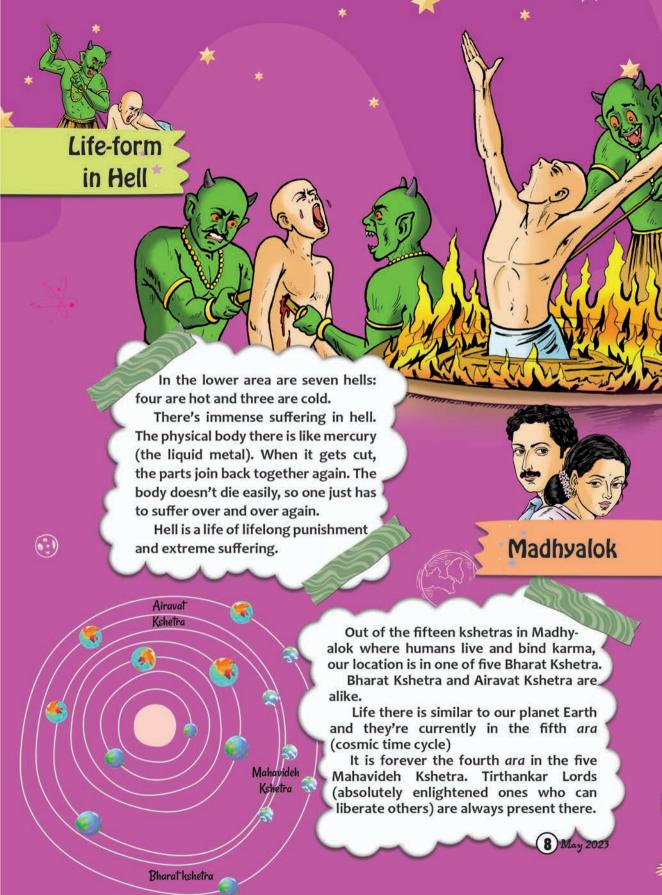
Some deities live in the mountains, while others live in rivers.

There's so much happiness in Dev gati that they get bored of it.



getting drenched in her tears, Theo and Rizo rushed to get her some tissue.

Akram Express



Let's map
out the way to Siddha
Kshetra through the colourful
matrix below. We need to find out the
sequence of coloured boxes that we need
to follow. First, look at the sequence
of facts below, and assign each one
to the kshetra that they
belong to.

1. Our Earth	22
2. Always in the fourth ara	0
3. Sun	60
4. Immense suffering	₩
5. Life imprisonment	2
6. Demons and goblins	70
7. Currently in the fifth ara	55
8. Constellations (stars)	
Tirthankar Lords are always present	5



Every kshetra has a colour:

Hell – black

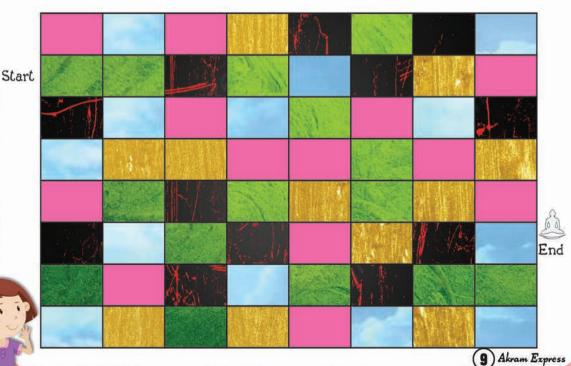
Dev gati - golden

Mavideh Kshetra - blue

Bharat Kshetra - green

These colours are filled in the matrix given below.

Now, let's reach Siddha Kshetra in 9 steps by following the sequence of kshetra in the list on the left. Begin from the left and move to the relevant coloured box in order.





Phille Jumble

Each of the following riddles have four clues. One of the four clues is false. Based on the clues, let's work out which kshetra it is and which clue is false. At the same time, let's correct the false clues.

There is always the fourth ara here.
Located in the lower area of the universe.
Tirthankar Lords are always present.
Out of the fifteen human realms,
these make up five.

I am the place of the Siddha Lords.
There is eternal bliss and happiness.
If they wish, then they can come back.
They Know and See everything.

Four are hot, three are cold. Together, there are seven. After getting cut, there is death. One just has to suffer. There are ghosts, evil spirits, goblins, and demons.

They are in the mountains and rivers.
The Sun and Moon belong to my realm.
In the higher realms, there is so much
happiness, no one ever gets bored.









An ara is a division of the cosmic time cycle. Just as dawn, morning, noon, evening, night, and midnight are divisions of the day and night cycles, an ara is a division of the cosmic time cycle.

In the first and second *ara*, humans are born as twins, a male and a female. They live as husband and wife and they don't give each other suffering or hurt anyone. They always go to Dev gati after they die.

Tirthankar Lords are born in the third and fourth *ara*. They teach people *dharma* (religion, rightful action), *Gnan* (Knowledge of the Soul), and about the path to *moksha* (ultimate liberation). In this *ara* a few conflicts can also happen here and there.

There are no Tirthankar Lords in the fifth and sixth ara.

0

0

0

In the fifth *ara*, one, two, or four *Gnanis* may be present. But as time goes on, religion gradually comes to an end. Clashes, fights, and vengeance increase among people.

In the sixth ara there's no religion, no temples, no gurus, and not even families. The state of life for humans in this ara becomes like wild animals.

In this way, the aras keep on changing in the five Bharat Kshetra and five Airavat Kshetra. It always remains the fourth ara in Mahavideh Kshetra and Tirthankar Lords are always present there.

0



Dadaji Says...

The Path to Mahavideh

Questioner: How can we go to Mahavideh Kshetra?

Dadashri: If a person becomes worthy of the fourth *ara* and the negative attributes of the fifth *ara* disappear, then one can go to Mahavideh Kshetra. If someone insults you and you still do not have any negativity for that person, then you can go there.

The nature of people of the fifth ara is worse than the people of the fourth ara. If the people of the fifth ara do not hurt anyone, then the nature of the kshetra is such that it will pull you to the fourth ara.

It always remains the fourth *ara* in Mahavideh Kshetra and a Tirthankar Lord is present only in the fourth *ara*.

Questioner: Why is there always the fourth ara in Mahavideh Kshetra?

Dadashri: Here (on this planet) there are certain places (e.g the artic) that always have six months of darkness and six months of light. Similarly the fourth ara is always present in Mahavideh.





We have received a secret message. Let's decode the message based on the symbol chart given below.









13





















= go to

















































here .









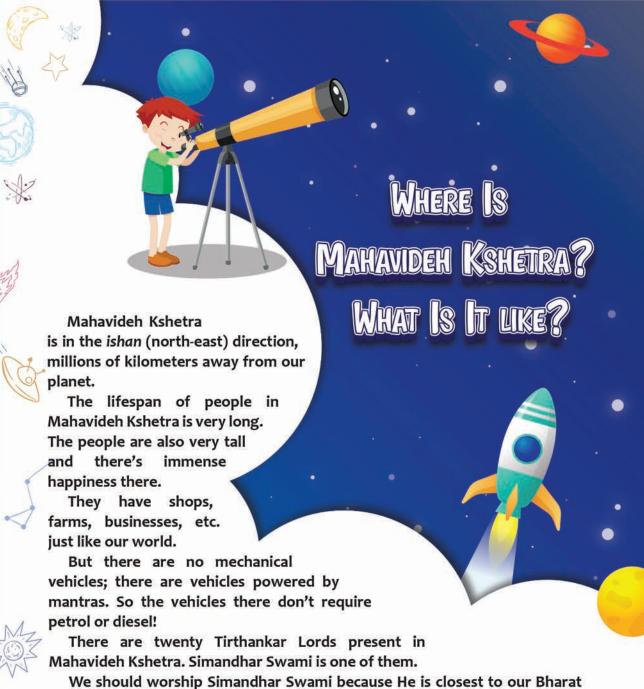




any-

hurt





We should worship Simandhar Swami because He is closest to our Bharat Kshetra and He has a connection with our planet. We build a karmic connection with Him if we worship Him.

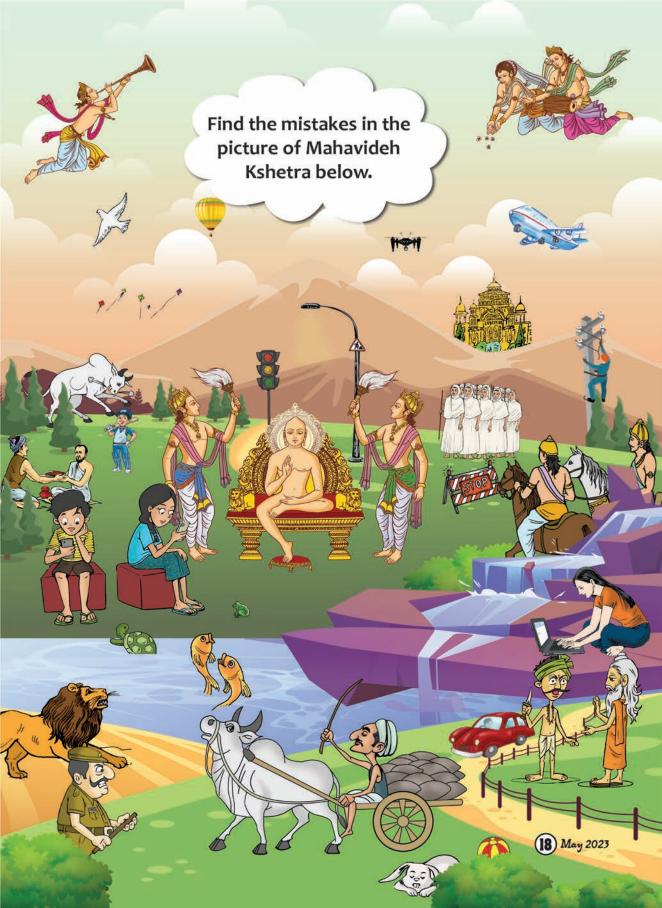
Our intent should be to finish our karmic accounts in Bharat Kshetra and take our next birth in Mahavideh Kshetra, where we will get darshan (devotional viewing) of Simandhar Swami.













Akram Express

April 2023

Year: 14, Issue: 10 Conti. Issue No.: 164



Date of Publication 8th of every month RNI No. GUJENG/2009/35410 Reg. No. G-GNR-278/2023-2025 valid upto 31.12.2025 Licensed to Post Without Pre-payment No. PMG/NG/103/2023-2025 valid upto 31.12.2025

Posted at Adalaj Post Office on 8th of every month

Glimpses from the 4-12
Year-old Kids Summer Camp



Information for Annual Subscribers of Akram Express

- 1) How would you know if your annual subscription is about to expire? On the cover page of your Akram Express, look for the last six digits in the membership number mentioned on the address label. For example DGFT555/08-2028 means your subscription is going to expire in August 2028. Details on how to renew your Akram Express subscription can be found on the editorial page.
 - 2) In case if you don't receive your magazine as per your subscription, then please inform us on WhatsApp number 8155007500 and provide us with the following details:
 - 1) Receipt number or ID number 2) Permanent address with pin code 3) Which month the magazine was not received



Publisher, Printer & Editor - Dimple Mehta on behalf of Mahavideh Foundation Printed at Amba offset :- B-99 GIDC, Sector - 25, Gandhinagar - 382025