

Dada Bhagwan Parivar's

September 2024

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Editorial

Vivek was unable to reach Krish's birthday party on time. Krish was very angry with him and he said to Vivek, "You have no consideration for me at all. From today, you are no longer my friend." A few days later, due to a lot of traffic, Krish was late for school and his teacher gave him a punishment. Krish thought to himself, 'I really wanted to get to school on time, but I just got delayed due to the traffic.'

However, why did Krish not think this way before seeing Vivek in a negative light?

Do we also break off our friendships in this way, without trying to understand our friends and instead seeing them in a negative manner? Do we also carelessly form negative opinions about the people around us?

Let's find out in this edition, what made Swara change her negative vision? What did Anandi see at the dentist's? Let's gain the Gnani's positive understanding and learn to see positive in everyone with these 'magic glasses'.

- Dimple Mehta



Magic



Glasses

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Contact at:
Balvignan Department
Trimandir Sankul,
Simandhar city,

Ahmedabad-Kalol Highway, Adalaj,
Dist. Gandhinagar-382421, Gujarat.

Phone: 9328661166/77

Email: akramexpress@dadabhagwan.org

Website: kids.dadabhagwan.org

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Gnanis Say...

Seeing positives gives a lot of inner peace, whereas negativity always gives suffering.

Questioner: But I can't see anything positive.

Pujyashree: Our glasses are crooked, that is why we can't see. Whether there are any positives or not, have we actually ever checked? We form opinions that, 'These people are definitely like this,' but we need to inspect and observe. By observing we can find positives. We should not make an opinion that the person has only negatives and nothing positive.



Are the knives in the kitchen only there to cut your fingers? No, we don't know how to use the knife and that is why we cut our fingers. A knife can do a great job cutting cabbage, tomatoes and spreading butter. Can a spoon do the work of a knife? Is there a need to keep on saying that a spoon is useless and a knife is better? All are useful in their own role. We should not find faults.



If the lenses in our glasses have a crack in them, then the opposite person will look distorted. We start to wonder, 'Why is this person looking so strange?' Should we blame our glasses or should we blame the person for becoming strange? Our glasses are showing things as crooked. The person isn't crooked. One should do *pratikraman* (to confess, apologise and resolve not to repeat a mistake) for seeing people as crooked and finding faults. In this way we become pure and our sins are erased.

When you get angry because of your negative opinions, then turn them into positive opinions.

E.g. When you have a negative opinion that the teacher is always angry, then you should change it with a positive opinion by saying, 'The teacher is very good. I am grateful to them for teaching me.' Then your anger will dissipate.



Absolutely New and



Negativity is harmful to you as well as everyone around you. Positivity benefits you and others too.

'I want to see positive, I want to see positive', once you decide this, then you will see positive everywhere.



Different!

This monitor is the teacher's pet.




I have had no arguments with this person, then why do I not like talking to this person?




If I have a bad opinion about you, then whenever I meet you, you will not feel like talking to me. Why? My negative opinion makes you feel uncomfortable.

E.g. If you don't like the school monitor, then whenever you meet him he will not feel like talking to you. This is because your negative opinions will give him negative vibrations even without you saying anything.


Khushali and Aanandi



Aanandi, I've told you not to touch my things! Why do you always want my things?




Sorry Didi*. You forgot to wear your watch to school today, that's why I wore it.




From now on, I will hide it in such a place where you won't be able to find it.

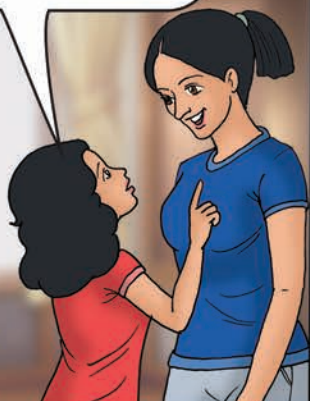
After a few days ...




Mummy, I want my birthday party theme to be 'green'.




Everyone must wear green to the party and all the decoration will be green too.



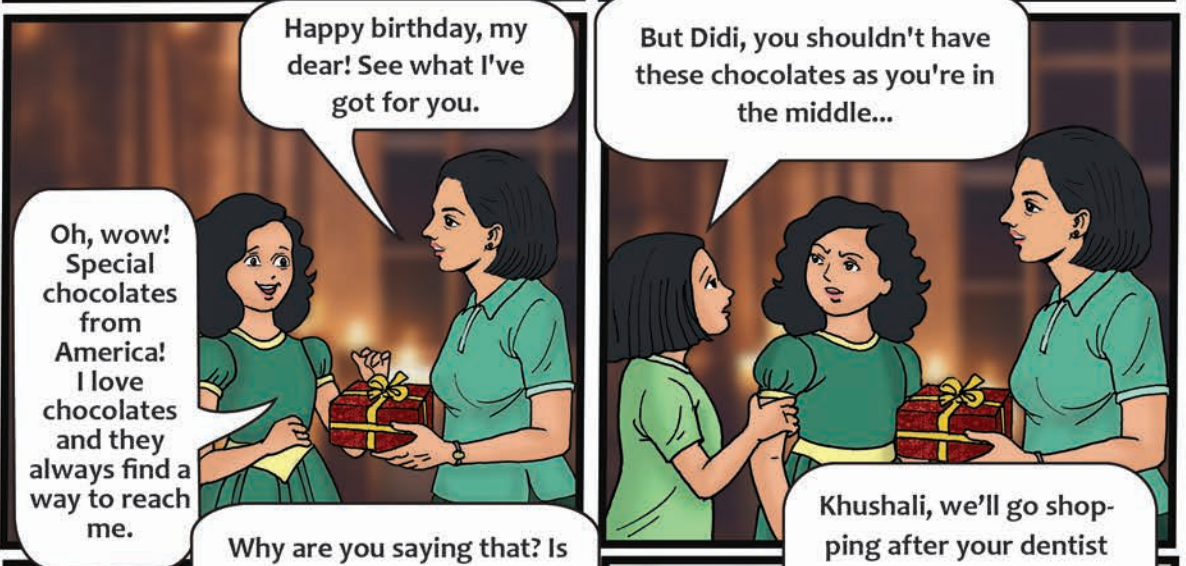
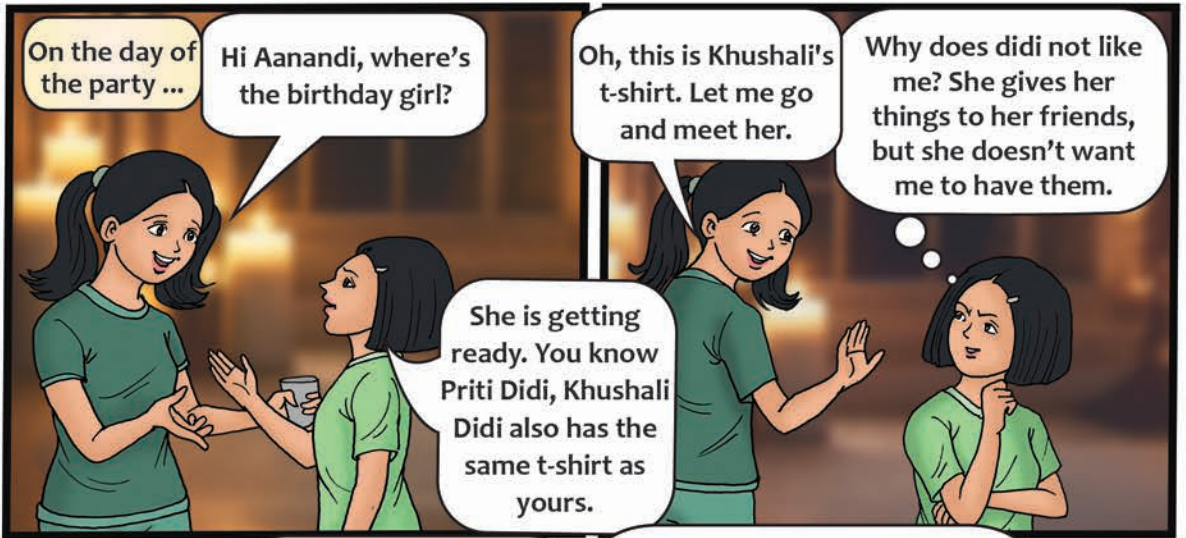
And I will buy a new green dress for my party.

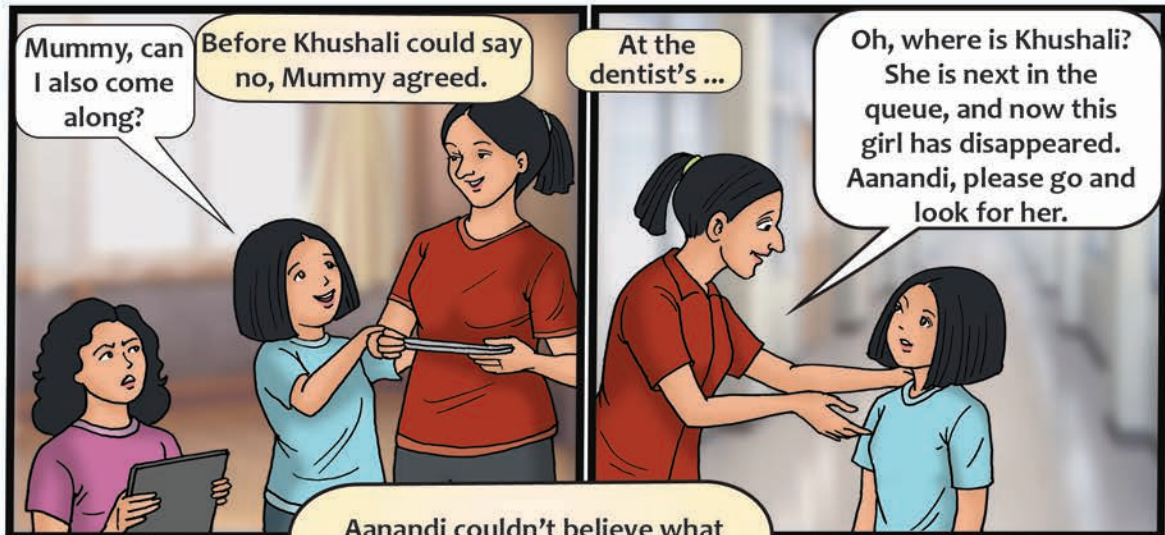


Didi, can I then wear your green t-shirt?



No way. You have enough green clothes of your own. You can wear one of those.



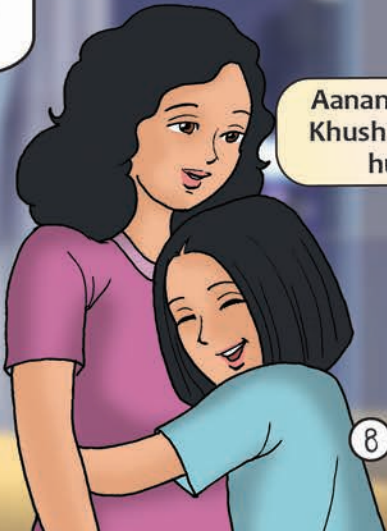


Aanandi couldn't believe what she saw. She was quiet all the way home.




After reaching home.


Aanandi, what happened? Why are you so quiet? Usually, you are always chattering away!




Aanandi gave Khushali a big hug.




When I came looking for you at the dentist's, I saw you giving away all your chocolates to poor children.




Even though you love chocolates so much, you gave them away. Here, you can take my chocolates.




Why? Don't you want my dental treatment to go well?




Didi, you are so kind! But why don't you share your things with me?



Nandu and Priti didn't have any green clothes to wear for the party, but you have so many. And about the watch, you tell me, how many of my watches have you broken until now?



Sorry Didi, I've always misunderstood you. But you are so...



Okay, okay enough of the sweet talk now!

After Aaloo won the skating competition, Chilly had held a surprise party for him. During the party, Chilly had started getting all heated up inside, so he left without saying bye to anyone and came home. Now the party has ended, Aaloo has come to meet Chilly at his house. However Chilly has absolutely no intention of meeting Aaloo. Let's see what happens next...

AALOO CHILLY



I was so heated up inside, but Aaloo did not care about me at all. All he was interested in was his trophy.

Aaloo kept praising himself non-stop, without getting bored of listening to himself. I, on the other hand, was reaching the end of my tether having to listen to him. I could understand that he won, but who keeps on talking about themselves nonstop? He even had the nerve to tell me, "Did you know Theo wants to change the name of the 'Chilly Shake' to 'Aaloo Shake'? But I told him to name it 'Aaloo-Chilly Shake' since Chilly's singing competition is coming up soon, and he is surely going to win."

How is my idea, Chilly? Didima Jungle's favourite shake will have both our names on it.



I thought to myself, 'First of all, Aaloo has sneaked his name into the Chilly shake and, on top of that, his name comes first! What is there to be happy about in all this?'

But then, Aaloo said, "Thank you, Chilly. You have helped me a lot." He then handed his trophy to me. These lovely words and actions cooled me down so much so that even my desire to have a cool drink disappeared! I immediately told him...

For now, the name of the shake should stay as 'Aaloo Shake.' We can change it again when I win the competition.



Now I will have to win. Just as I was leaving, Aaloo said, "Do not stay up late. It is not good for your voice. We will meet tomorrow morning for your rehearsal."

I fell into a sweet slumber thinking about my rehearsal.

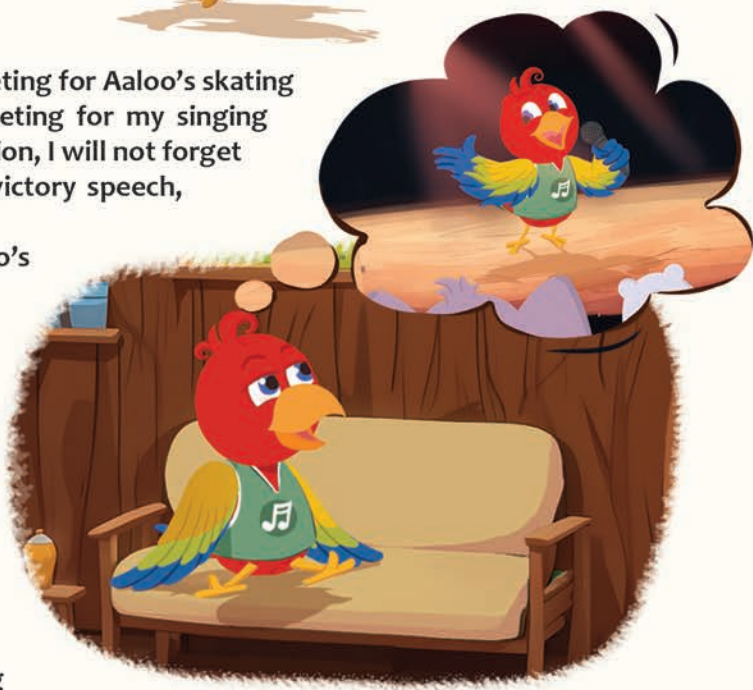
(The next morning...)

Up until now, we had been meeting for Aaloo's skating practice, but now we will be meeting for my singing practice. When I win this competition, I will not forget to mention Aaloo's name in my victory speech, like he did.

My beautiful voice and Aaloo's encouragement are the reasons for my success. Everyone told me that Kiki the Koel could not be defeated, but I had full confidence in myself.

Just as I was about to take the trophy, Parsley flew down and stood right in front of my face. I got a shock when I saw Parsley all of a sudden and so up close. Not just that, but he was also 'singing', as in squawking loudly. It is one of life's biggest misfortunes to hear Parsley sing. It is the kind of noise that makes you wish that your ears would close up.

But what is Parsley singing? Why do I feel so dizzy?



What happened all of a sudden? What did Parsley sing that made Chilly feel dizzy after having such a sweet dream?

Glasses Case



Swara is a beautiful girl with an elegant look. But, whenever she speaks, one feels that it would be better if she just kept quiet.

Granny always says about Swara, "What will happen to this girl? Anger is always at the tip of her tongue."

Mum says, "Swara wasn't like this originally. She used to listen to everyone. And now? She always has complaints about everyone."

If her younger brother Suketu says something, Swara immediately retorts, "You

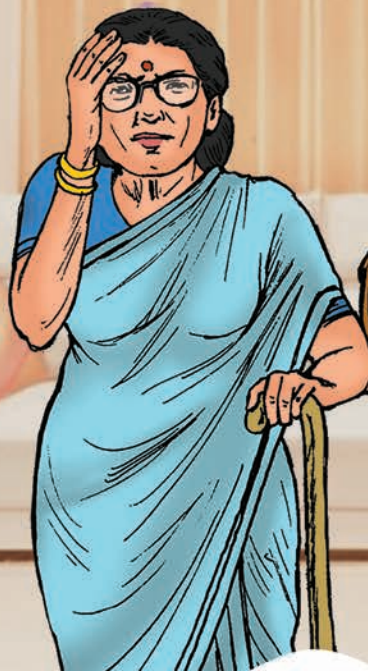
had better not say anything. It is because of you that I get told off. It would be nice if you would go away and stay at uncle's house!"

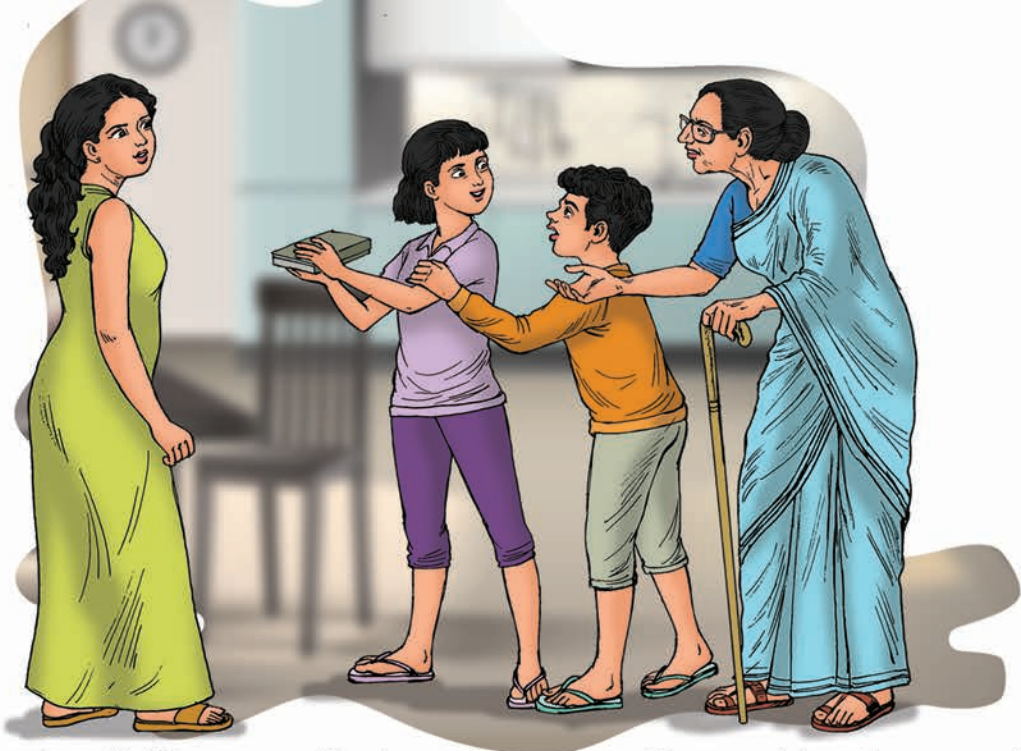
On hearing this, Suketu wonders, 'I had just come to ask sister to play with me, but...'

School exams were around the corner. Therefore, both brother and sister had no time to fight with each other. Swara was very busy studying for her exams.

That evening, when Dad returned from work he called out to everyone, "Anyone who would like some gulabpaak (Indian sweet/mithai) should wash their hands and come to the dining table quickly."

The thought of gulabpaak made Swara's mouth water. Taking the box in her hand,





she said, “Everyone will get one piece each and the remaining pieces are mine. Yay, I am going to enjoy this!”

Swara’s mum cut in, “Swara, you also have only one piece, otherwise you will get ill.” Swara gave everyone one piece each and then she quickly put three pieces of sweets in her mouth.

Granny took the box of sweets away from her. Swara scowled and returned to her study. She was thinking, ‘Granny is not able to eat any sweets and so she isn’t letting me have any either. But if Suketu were to ask for one, she would give him two pieces’. Swara became so lost in her thoughts that she couldn’t concentrate on her studies.

The next day, Swara’s throat started hurting. The doctor said, “You have a throat infection from eating too many sweets. Take this medicine for the next three days and take care over what you eat.”

It took four days for Swara to fully recover. Exams were due to start in another two days. She suddenly remembered the gulabpaak and she asked her mum, “Mum, I feel like eating something sweet. Please, can I have some of the gulabpaak that dad had brought?”

“Oh dear, that gulabpaak is finished. Once your exams are over we will ask your dad to get some more”, said Mum.

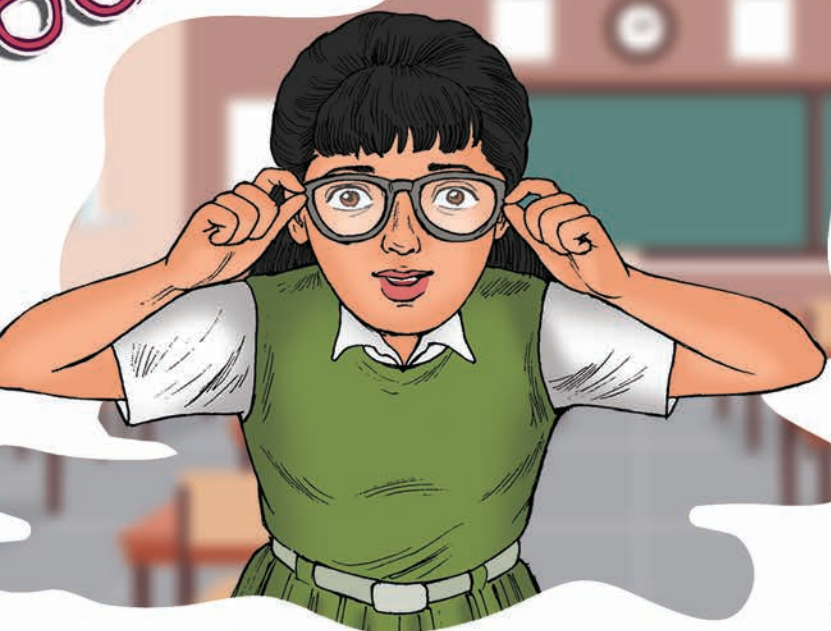
So Swara decided to eat something else. While looking for some snacks she found the tin of gulabpaak. She got very angry and confronted her mum, ‘Why did you lie to me? There’s still some gulabpaak left.’

“Oh, I thought that...”

Before her mum could even finish the sentence, Swara walked away angrily without eating anything.

Two days passed and it was time for exams. Swara's head was still brimming with thoughts of the events that had taken place in the last few days. Due to this, she didn't perform very well in the first two exams. Today, she had a maths exam which was her favourite subject. She did a little prayer and started writing her exam paper.

One hour into the exam, Swara heard a noise. She turned around and saw two of her friends, Kavya and Navya, whispering to her about something. Swara didn't like anyone talking to her during exams. So, she told her friends to focus on writing their paper without making any noise.



At that same moment, the teacher saw them talking. She told Swara, "If I catch you asking anything to anyone again, then I will take your exam paper away."

Swara got up to say something, but the teacher told her to sit down without listening to her. Swara felt very angry towards both her friends and her teacher, and she didn't do very well in this exam either. After the exam finished, Kavya and Navya came to talk to her, but she walked away without even looking at them.

When she reached home, her mum handed her a glasses case and said, "Grandpa has just brought your new glasses. Check them out." But Swara didn't feel any excitement about her new glasses.

The next day, she reached the exam hall ten minutes before the exam was due to start. She put on her new glasses. She looked around and saw Navya thinking, 'The clock in the exam hall is not working. I tried to tell Swara about it yesterday, but she got angry. How am I going to tell her? I hope she finishes her paper on time.'

Swara was surprised. She removed her glasses and looked at Navya again and found her sitting peacefully. She wore her glasses again and looked at Kavya and she saw her thinking, 'Let Swara get angry at me, but today I must warn her about the clock. And just then she looked at Swara and said softly, "Swara, use your wristwatch."'

“Okay”, replied Swara. She started thinking, ‘Yesterday I thought so badly of my friends, but they were only thinking of my good’.

The exam started. She looked at the teacher and paused for a minute. The teacher was thinking, ‘Yesterday some students were talking during the exam. Hopefully no one will talk today. If an external inspector comes and sees that, then my students will get unfairly and harshly punished.’

Swara was unable to understand what was happening to her. She reached home. Mum was busy in the kitchen. Swara had her glasses on and she could see her Mum thinking, ‘I had completely forgotten that there was some gulabpak left in the tin. But it was good that Swara didn’t eat the stale sweets. Once her exams are over, I will make fresh sweets for her.’

Then Swara saw Granny sitting in the prayer room and thinking, ‘O God, I hope my Swara does well in her exams.’

“Oh no! I was so wrong. I was seeing everyone negatively, while they were all thinking of my benefit. I’ve hurt everyone so much.” She then saw Suketu passing by and thought, ‘Everyone else might be thinking positively about me, but Suketu must definitely be thinking negative about me’.

Thinking this, she stood behind Suketu. He was thinking, ‘When Didi comes, I will ask her about this maths problem. My sister is the best in maths. I trouble her a lot, but I don’t like it without her. I will tell her I’m sorry’. After seeing this, Swara ran to her room, her eyes moist with tears.

After a little while, someone touched her shoulder. Swara turned around and saw her granddad. He gave her a glasses case and said, “Sorry dear, yesterday I gave you the wrong case by mistake. Here, this is your correct pair of glasses.”

Swara held his hand lovingly and said, “This mistake of yours has opened my eyes. Even if anyone takes away these magic glasses, this positive vision will always remain with me.”

Granddad didn’t understand what Swara was trying to tell him, but seeing her so happy for the first time in so many days, made his eyes sparkle with happiness.



Let's Play...

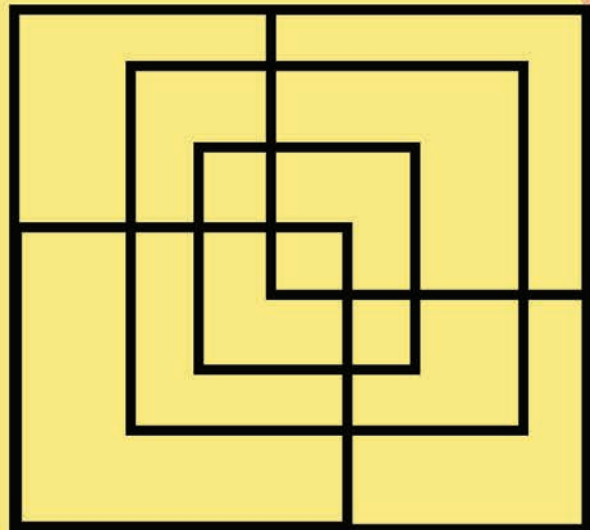
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1) Test your
brain & solve
this.

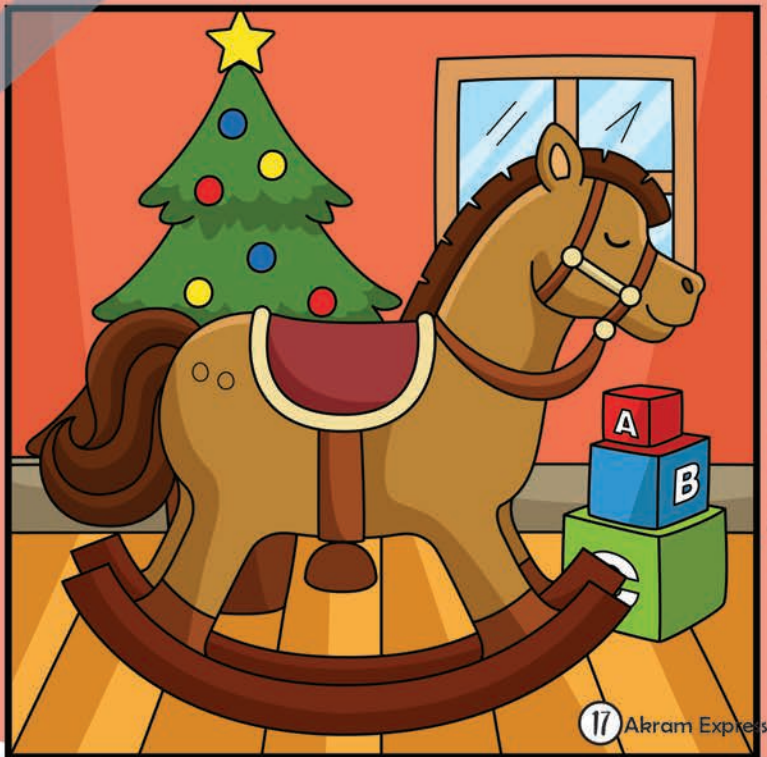
2) How many
squares are there
in this picture?





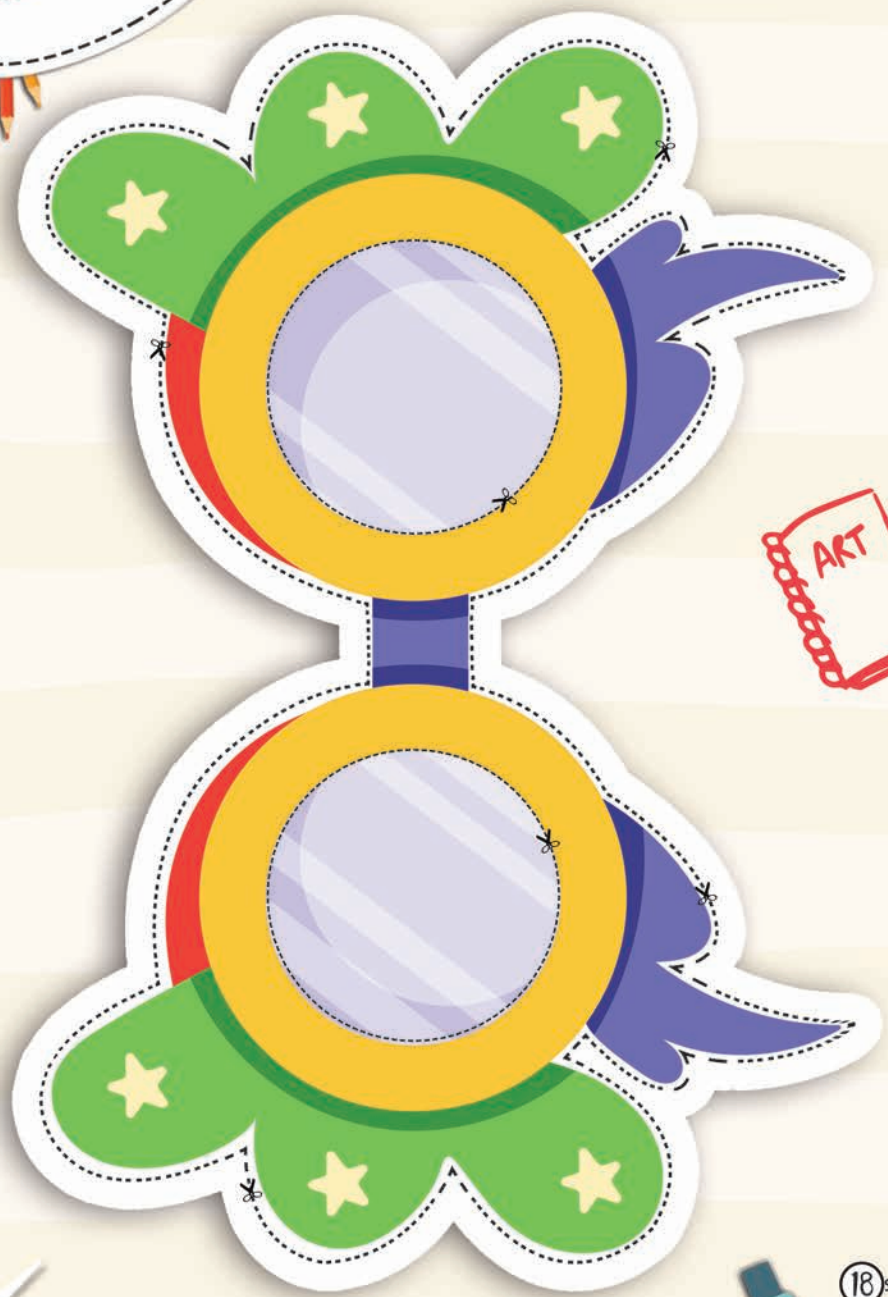
1) Find the 10 differences between these two similar pictures.

3) Find the 10 differences between these two similar pictures.





Make your own magic glasses. Cut out the glasses drawn below and glue it to a piece of cardboard. Decorate them and send us a photo on this number: +91 9343665562





Sweet Memories

A nephew of Dadashri's was not liked by people around him including his family. They were all fed up of him as he didn't like to do any work. His words were so harsh that even being around him was difficult.

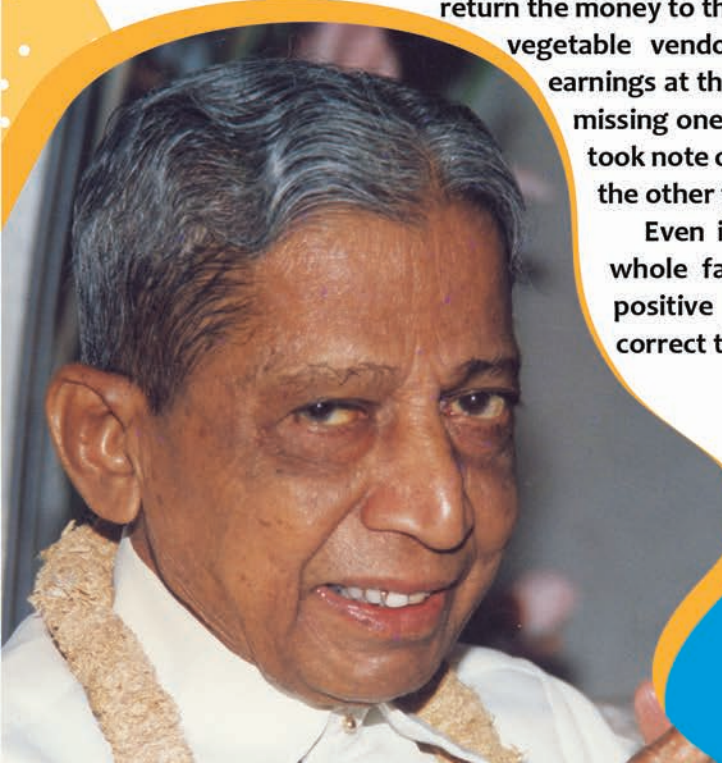
Once, this nephew came to stay with Dada. Dada arranged for him to work at various places where he could earn some money. But he wasn't able to stick it out anywhere. Finally, the nephew himself got fed up and decided to go back to his own home. Dada knew that his nephew didn't have much money, so Dada sent him some money for his journey. But his nephew refused to take the money, saying, "Uncle is a poor man. Why are you giving me a poor person's money?"

Afterwards, someone from the family came to visit Dada with a complaint about the same nephew. To this Dada said, "Nephew is such a good person! Even if we offer him money, he doesn't take it." In a world where people are waiting to take away our money, this person refuses to take money, even when it is offered to him. In this way, while everyone was only seeing negative of him, Dada identified his positive trait. Due to Dadashri's positive vision, even the complaints that people came with got dissolved.

One day, Dada went to visit the nephew at his house. His nephew had just returned home after walking a mile to buy some vegetables. When he counted his money, he realised he had one anna* extra in change compared to what he should have paid to the vegetable vendor. He made Dada wait at his house and walked back one mile to return the money to the vegetable vendor. He felt that if the vegetable vendor would go home and count her earnings at the end of the day and find out she was missing one anna, she would be very upset! Dada took note of this positive trait also, and informed the other family members about it.

Even in someone who was disliked by his whole family, Dada was able to identify his positive traits, and also helped everyone to correct their negative vision

one anna* : an old coin equal to 1/16th rupee





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