

Dada Bhagwan Parivar's

April 2025

AKRAM Express






Laziness

Editorial



Friends,

What is the best way to get a task done? To actually start the task. Many times, we are so lazy that we are unable to even start the task. Due to laziness, we make the simplest task seem extremely difficult.



What is laziness? Why do we get lazy? How can we drive away laziness? Let us get answers to these questions through the Gnani's understanding. Also, let us visit the world of stories and find out what Jigar lost due to his laziness at the funfair. Did Winky manage to build his science model or not? And lastly, do not be lazy to read what happens next in Aaloo and Chilly's life!

- Dimple Mehta



Akram Express

April, 2025
Year 16, Issue : 09
Conti. Issue No.: 187
Published Monthly

Contact at:
Balvignan Department
Trimandir Sankul,
Simandhar city,
Ahmedabad-Kalol Highway, Adalaj,
Dist. Gandhinagar-382421, Gujarat.
Phone: 9328661166/77

Email: akramexpress@dadabhagwan.org
Website: kids.dadabhagwan.org

Editor: Dimple Mehta
Published by Mahavideh Foundation
Simandhar City, Adalaj - 382421.
Taluka & Dist.- Gandhinagar.

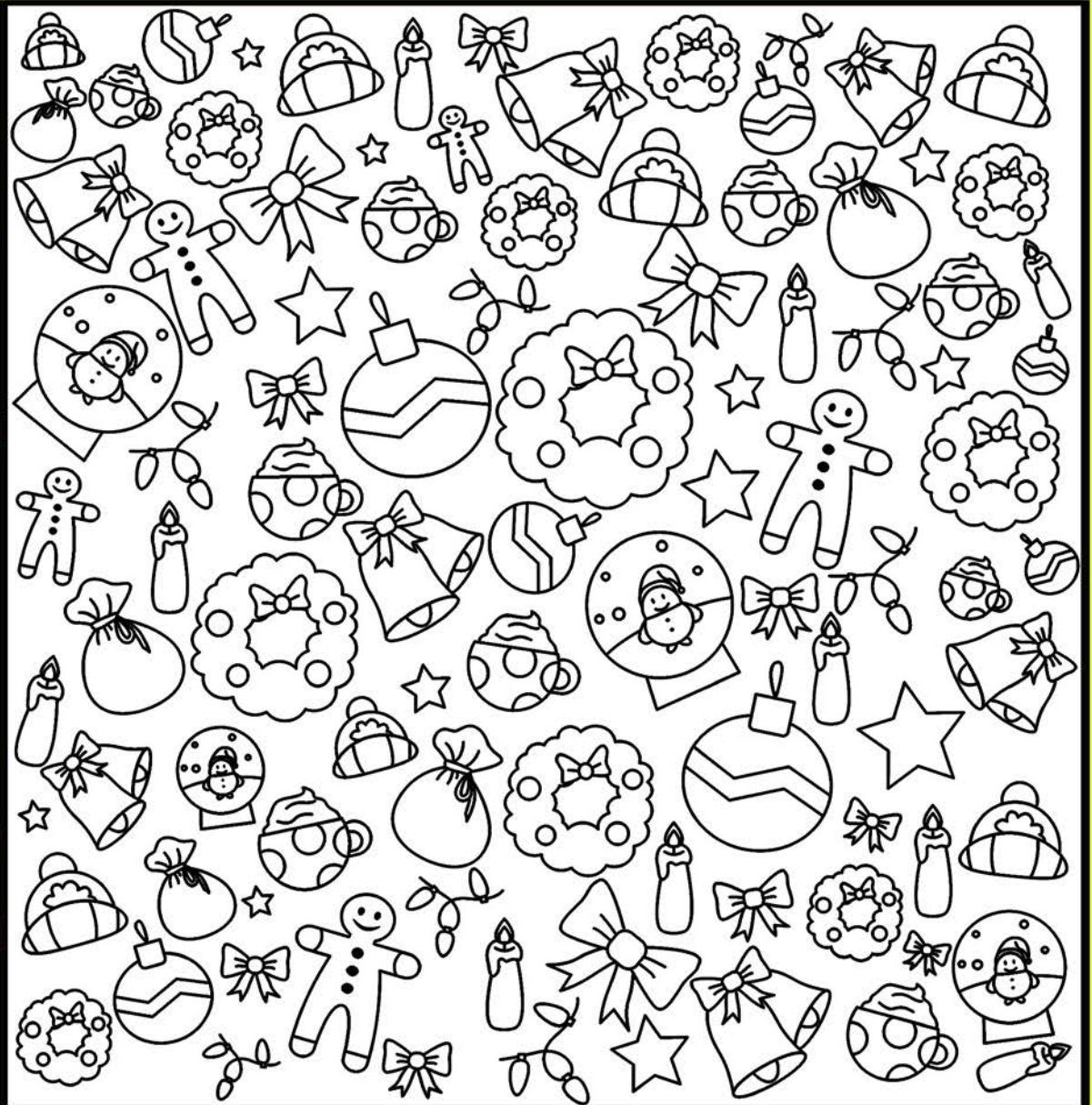
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Price Per Copy: NIL

Let's Play...



Find the numbers of items shown below.



12



8



10



4



11



10



8



5



5



7



9



7



Fun



Jigar rested his head on his desk and gazed up at the clock.

“Aryan, I want to shrink and sit on the hands of the clock to speed up the time.”

“Shush!” Putting a finger on his lips, Aryan said to Jigar, “Let me listen to what the teacher is saying.”

“Imagine one pizza costs 200 rupees,” the maths teacher spoke as he wrote the problem on the blackboard. “So, is the value for two pizzas more or less?”

Everyone in the class together said, “More!”

“Correct. And if the speed of a car increases, then does the time that it takes to reach the destination increase or decrease?”

“Decrease!” said everyone.

“Correct.” Giving a few more examples, the teacher explained the math formula. Then he wrote two examples on the board for homework.

Aryan was immersed in doing the homework the teacher had given.

“The teacher has given us until tomorrow to complete it. What you can do tomorrow, why would you do it today? And if you do it today, then what will you do tomorrow?” Jigar asked Aryan.

“My friend, I don’t know what to tell you!” said





Aryan, shaking his head. Shortly after, he shouted, "I have the answer, Sir!"

The teacher came to Aryan and checked his answer, "Well done, Aryan. That is the right answer!"

Jigar also wished to be praised. He had never heard the teacher say, "Well done," nor had he ever completed any task before it was due.

The next day, the two friends planned to play video games at Jigar's house.

"Aryan, you took so long! I already finished playing two games," said Jigar, sounding irritated.

"I had music practice left to do, and I had to do it before my brother's turn to use the keyboard," explained Aryan.

"What fun is there in music? I find it so boring!" Jigar couldn't understand his friend's hobby.





✕

“What is boring about that? Apart from playing games, you find everything boring,” said Aryan. Just then, Jigar’s mother brought them some snacks.

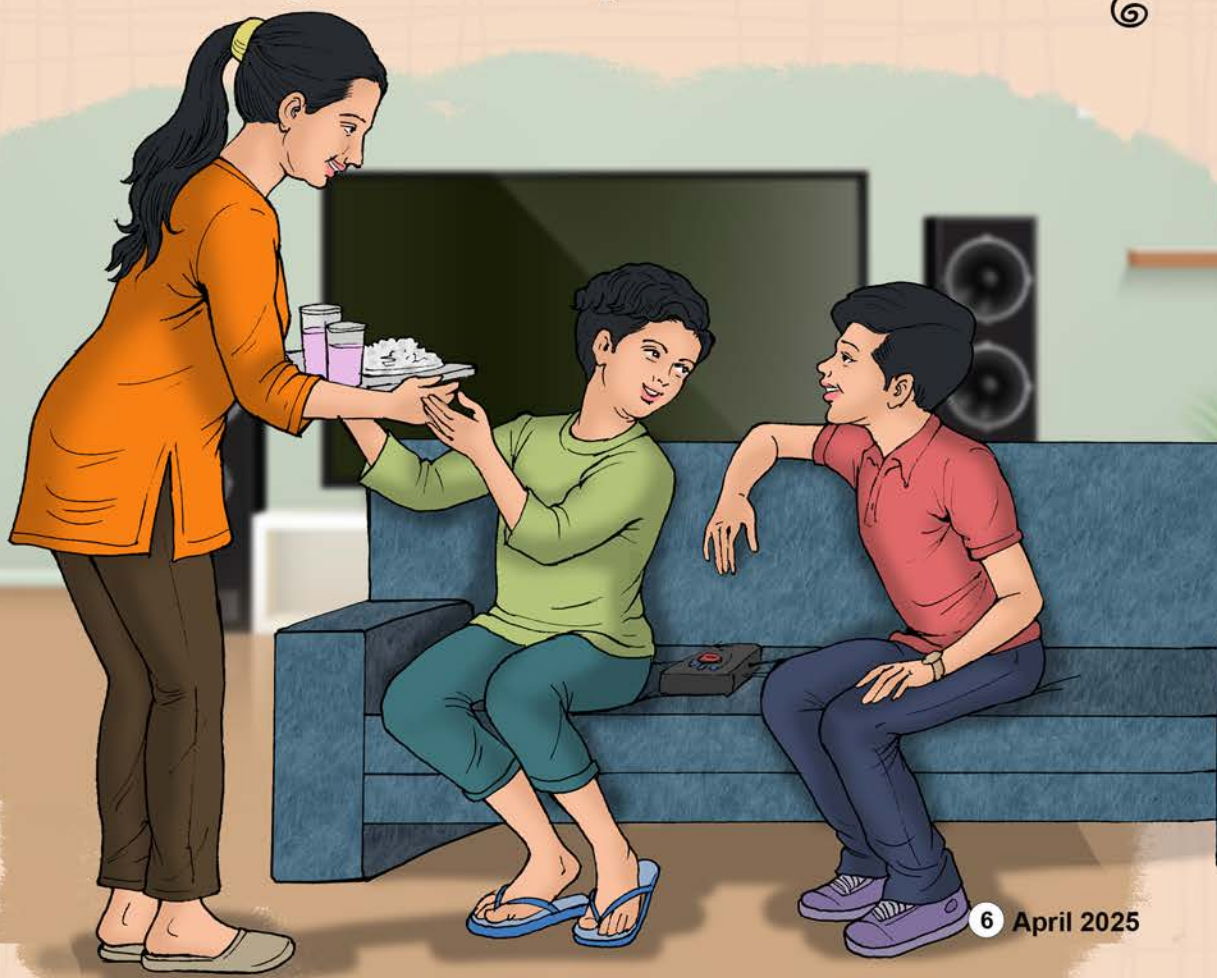
Taking some snacks, Jigar said, “No, not everything. I never get lazy eating snacks.”

Aryan laughed. “There is one more thing that you might not feel lazy about. This time our class is getting the chance to plan the funfair. Won’t that be fun?”

“Completely boring. What would be the fun in that? I like playing in the funfair. But other than that...? No way, that is not for me.”

The next day, Aryan received a big surprise. The teacher selected Aryan as the leader of the funfair planning project. Aryan was given the responsibility to select the games and to plan the entire fair. Other

⑥






smaller teams were also formed. Jigar was on the material supplies team.

“Oh man, how boring! What sort of work is this? I have to supply things to everyone? Instead of this, I should’ve been on the games or snacks team!” As always, Jigar got bored thinking about the work he was given.

For a few days, Aryan wasn’t able to go to Jigar’s house to play games. He put all his effort into the given task. Sometimes Jigar felt lonely when he saw Aryan working. “Aryan’s having so much fun working. Both the teachers and students think so highly of him. And what do they think of me?”

Finally, the day of the funfair arrived. There was a lot of excitement and hubbub that day. Someone came to Jigar and said, “Count these balls and arrange them according to their size and colour. Then send them to the games area as per their requirements.”



Jigar was too lazy to count the balls, so he sent the balls without counting them. Shortly after, the funfair started. Seeing everyone having fun, Jigar also felt like playing some games. He said to one of his team members, “There is no work now, let’s go play some games.”

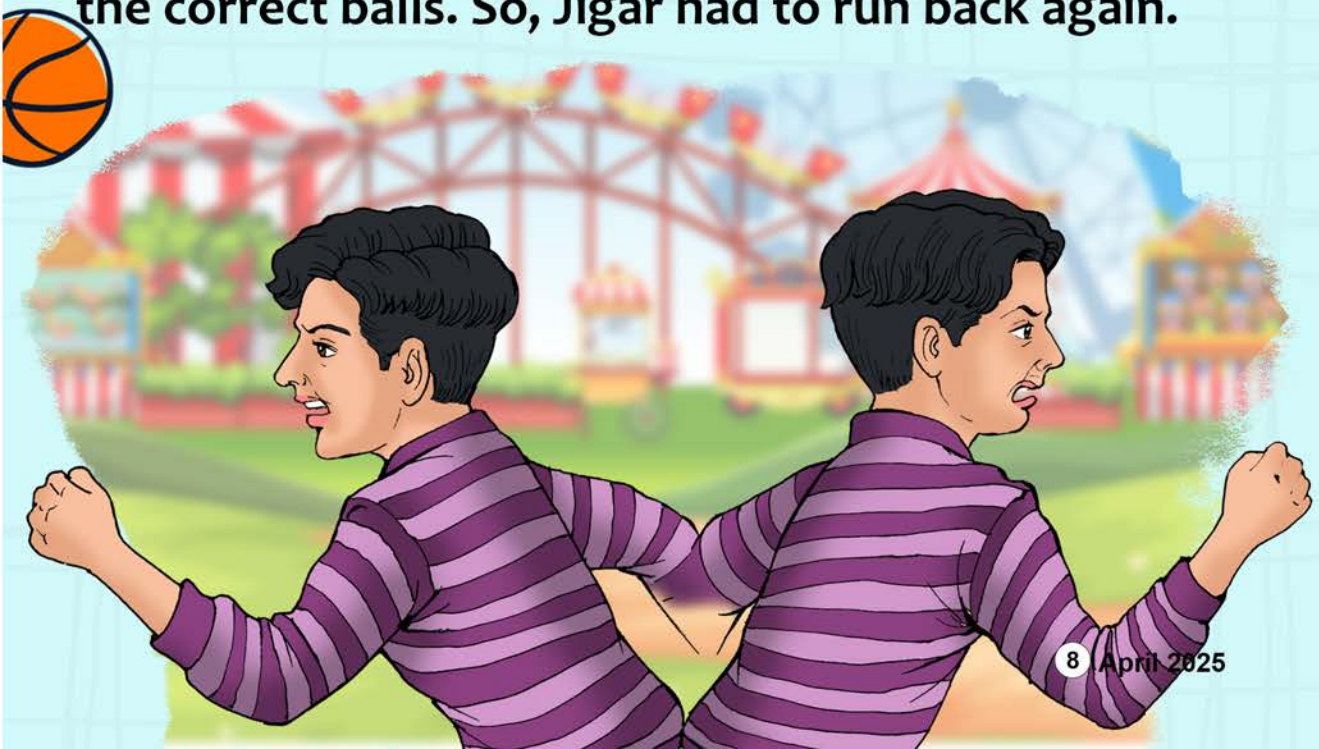
Just then, a girl came running over and said, “There aren’t enough of these balls. We’re having problems in our game. Quick, give me some more balls.”

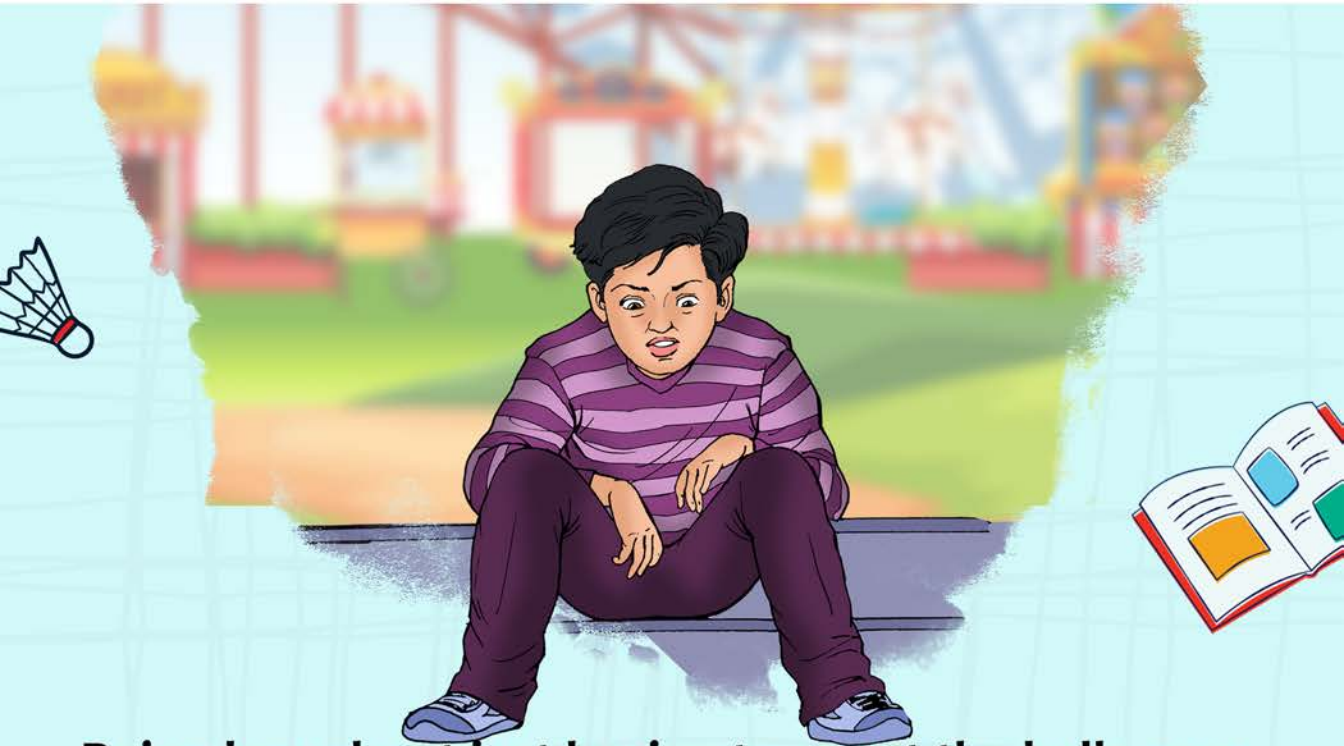
“Who had counted these balls?” asked someone.

Everyone looked at Jigar. He started getting nervous. Due to his laziness, he had sent the balls without counting them. He must have sent more balls to another game. But what now? Where would he get extra balls from?

One boy from the team said, “The Bouncy Ball Game has extra balls. Go and get some from there.”

Jigar ran and got the balls. Right after, someone else came and complained that they hadn’t received the correct balls. So, Jigar had to run back again.





Being lazy about just having to count the balls once, led to his fun vanishing for the rest of day. While everyone was enjoying themselves, Jigar, drenched in sweat, was running around in panic.

Jigar breathed a sigh of relief once the day was over. But that didn't last long. Someone from Jigar's team came and said to him, "Jigar, now it is time to wind up. You've messed up all your tasks since morning, so now do this work properly."


On one side, Jigar was being scolded, and on the other side, Aryan was being praised. Jigar felt overwhelmed with boredom for the task facing him. "Now I have to count everything again and pack it. How will I do it? I want to run away from here."

Jigar was slumped in despair when Aryan came over.

"Oh, Aryan, it's you. What are you doing here?" asked Jigar, sounding as if he was about to cry.

"I've come to help you. Come on, together we'll quickly complete your work," Aryan said as he





started to arrange the balls in the box.


Jigar stared at him in disbelief and then said “Aryan, right now everyone wants to have an ice cream party with you, yet you’re here with me? Won’t you get bored working with me?”

“Jigar, you gain interest once you understand the value of the work. And once you’re interested, then you’ll never feel lazy,” said Aryan while counting the balls.

“But I received the task of counting the balls. What is the value in that?” Jigar argued.

“If you’d correctly counted and distributed the balls, then the people organising the games wouldn’t have had any problems. You wouldn’t have had to run around at the last minute and everyone would’ve enjoyed the event,” said Aryan, answer at the ready.





Jigar didn't say anything. Aryan was busy clearing up.

“But why aren't you bored working with me right now?” Jigar couldn't understand. “And this isn't even your task.”

“Because I'm helping my friend! I know what value that holds!”

Aryan's words touched Jigar. This was the first time he understood why his friend didn't get bored while working. Aryan understood the value of every task. Suddenly, Jigar had a smile on his face. Seeing this, Aryan asked, “What happened? Why are you smiling?”

“Laziness disappears on its own when you develop interest in the task you're doing!” said Jigar

“And when the value of the work increases, interest also increases!” said Aryan.

Both of them started laughing.



Gnanis Say...



Questioner: Why do we feel lazy?

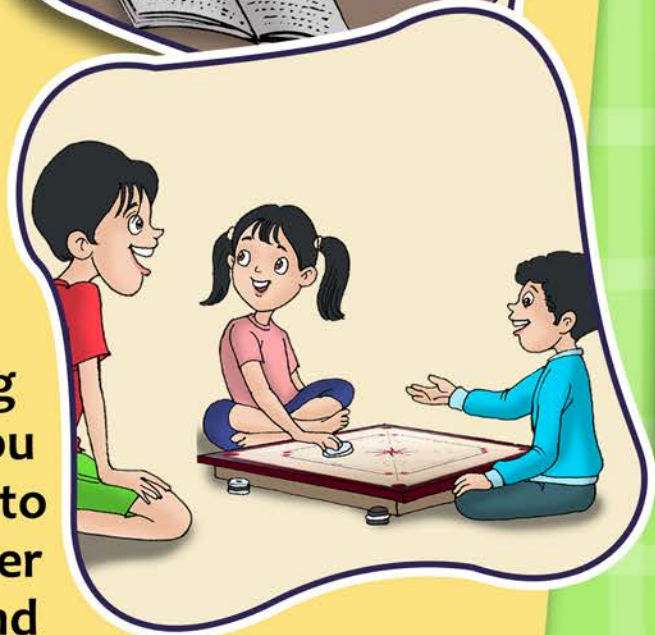
Niruma: Do you feel lazy about eating? Do you feel lazy about getting sleep?

Questioner: No.

Niruma: It is only when we have to read or study that we feel lazy. We are not lazy when it is time to play. So, we feel lazy about things we do not like. We feel bored.

Questioner: What should we do to drive away laziness?

Niruma: If something interests you, then do you feel lazy? So, you have to develop interest. Whatever makes you feel lazy and





bored, you have to grow your interest in those things. Understand those things. When does interest arise? How is this thing beneficial and how will it be useful in the future - when you understand this, then it [interest] will come. No matter how much cricket you watch, you will enjoy it for only that moment. Then things go back to normal. Whereas, if you study well, then you will receive good grades, you will build your career and, in the future, become good doctors and engineers who can help people effectively.

By being lazy, you miss out on all the opportunities that come in your life. Therefore, do not be lazy to study; you can be lazy in watching cricket and TV.

Saying, “I do not feel like working,” will then automatically make you lazy. When you say, “I want to do it,” laziness disappears. You can ask for strength from Dada Bhagwan, ‘Give me the strength to drive away laziness.’



Absolutely New and Different!

Questioner: I feel very lazy in the morning. I wake up, but then I just lie in bed. It makes my mother angry.

Pujyashree:

There was a buffalo. It was sick. It had to be taken to the veterinary clinic. Wooden planks were placed to load the buffalo onto a truck. But the buffalo refused to get on it.



People started to beat it with sticks, but the buffalo did not move. It started bellowing loudly.



Finally,
people
pushed it
onto the
truck and
transported it
to the
veterinary
clinic.



There, it was given medicine, and it got better.



Are we buffaloes or humans? The buffalo got onto the truck after being beaten. Your mother had to get angry at you for you to wake up. Instead, would it not be better if you become wise and wake up early? You have to get up after half an hour anyway!

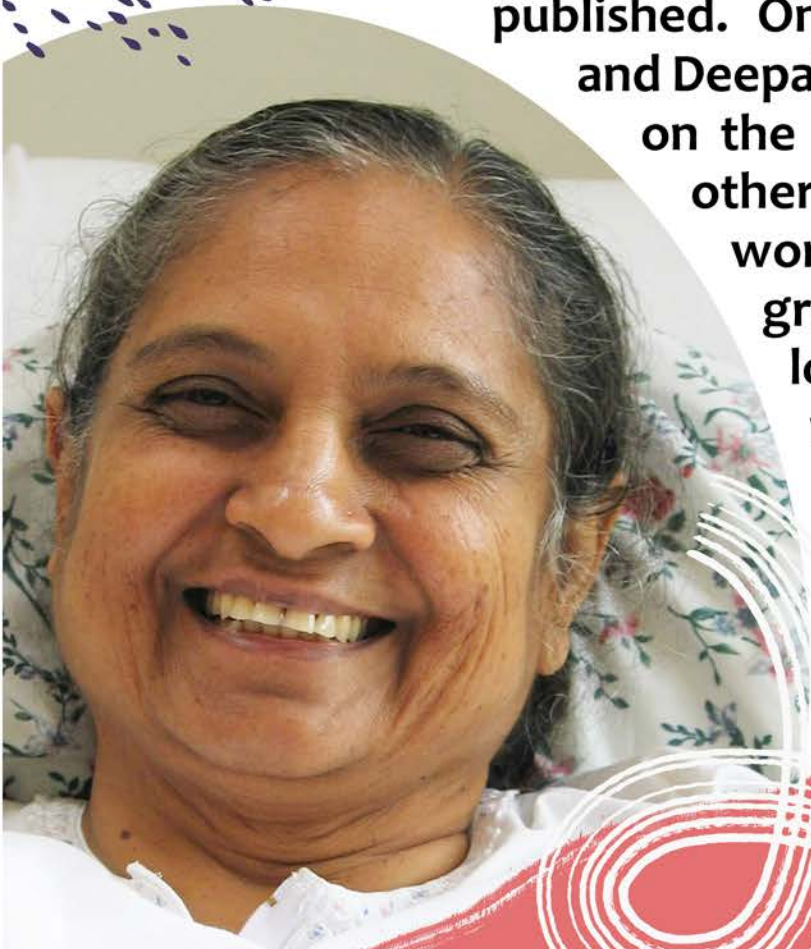


Sweet Memories

 The following heartwarming incident happened to an Aptaputra. Let us hear his story in his own words.

This incident happened at the time when computers were newly introduced in our organization. I was given the work for graphics design. I did not know how to do graphics design, but since I received the task, I decided to learn it on my own. In doing so, I learnt a lot.

One of Dada's books was going to be published. On one side, Niruma and Deepakbhai were working on the book, while on the other side, our team was working on the graphics. There was a lot of interaction with Niruma and Deepakbhai. Whatever we did, we would show it to them. They would





review it and provide guidance where necessary.

Deepakbhai would always say for certain graphics, “It would look good if you do it this way. Do you understand?”

I would say, “Yes,” yet I would make the same mistake again. The next time when I took it to him, he would notice the same mistake and say, “Look, if you create this graphic like this, then it will look good. What do you think?” I would say to him, “Yes, Deepakbhai. You had told me this last time, but I forgot.”

Even if I made a mistake ten times, Niruma or Deepakbhai would never say, ‘You just don’t understand! I already told you this last time!’

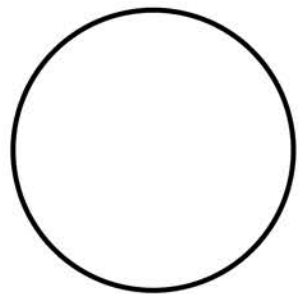
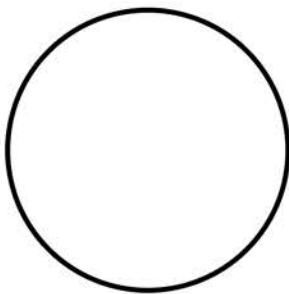
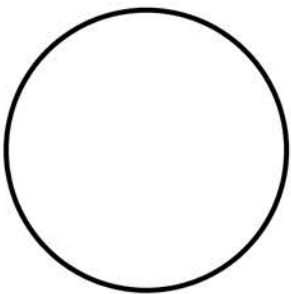
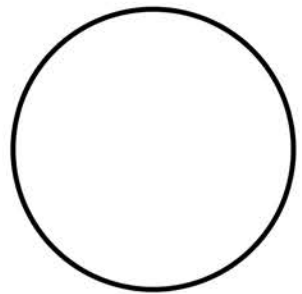
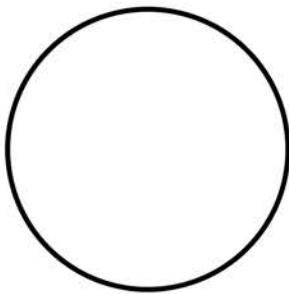
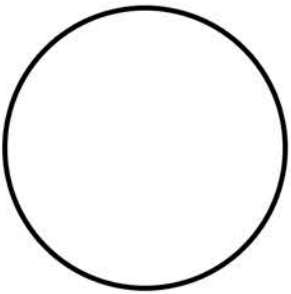
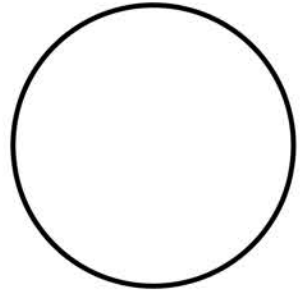
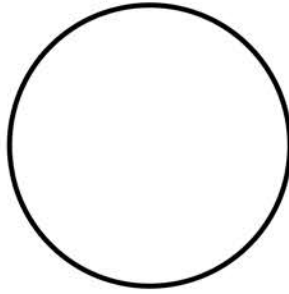
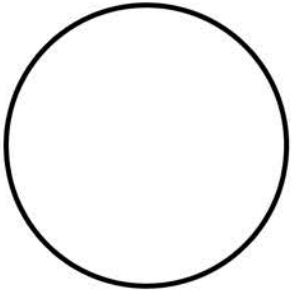
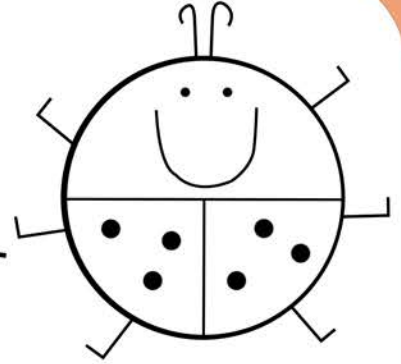
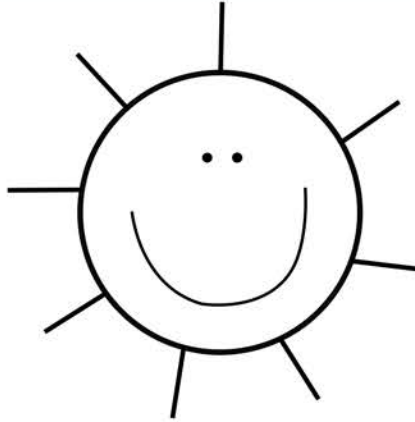
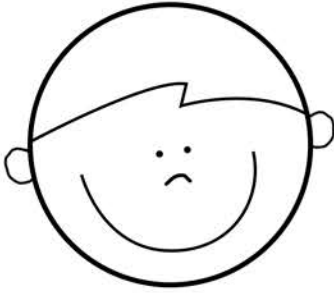
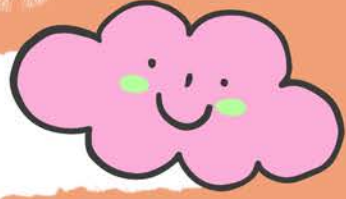
Their pure love is such that the mistake has no choice but to go away! The mistake goes away and, at the same time, one gets to learn how to deal with others with love, without seeing their faults.



Let's Play...



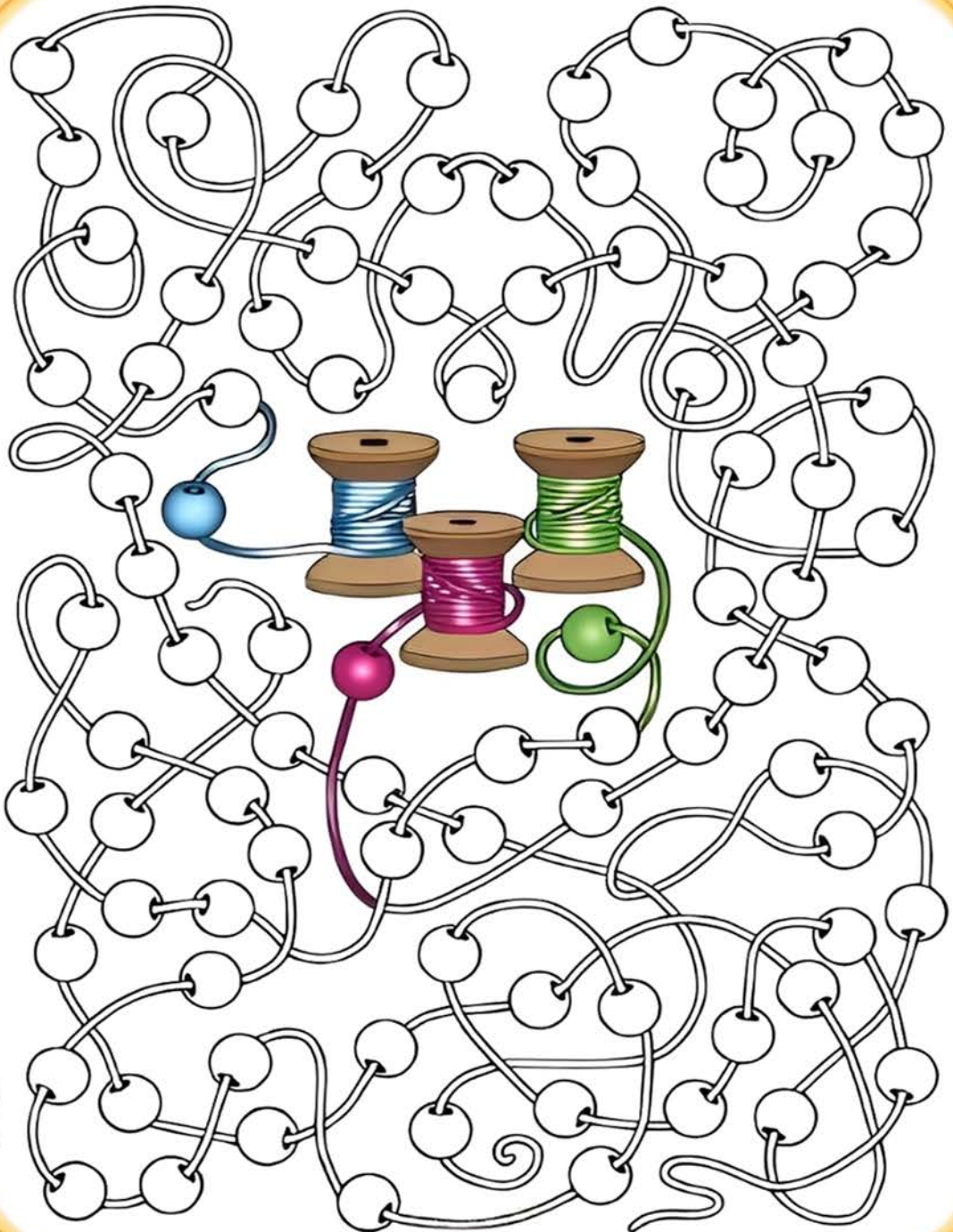
Draw different things from your imagination in the empty circles below.



Let's Play...



Colour in the strings to find the end.



When Does 'Later' Come?



Winky yawned loudly and, as always, stopped his alarm and went back to sleep. Winky's sister poured cold water on him and woke him up forcefully, "Hey, sleepyhead, I don't want to miss the

school bus again today. Come on, be quick. Winky mumbled, "O Sun God, if only you would wake up a little later."

As always, Mr Jolly was in a jolly mood. At the end of the class, he made an announcement, "Everyone has to make an item from home and bring it on Monday. You need to share with the class why you made it and what is its importance."



After class, everyone started discussing what they would make. Winky was playing with a puzzle. "Winky, have you thought about what you will make?" asked Koli.



"What's the point of thinking about it now? You know my motto: What needs to be done today, do it tomorrow, what needs to be done tomorrow, do it the day after. What's the hurry when you have so many years to live!"



"You're clever, Winky. You'll be able to make something amazing even at the last minute. Whereas, I will have to start working on it today," said Koli. And that is exactly what happened. Winky had not made anything by Sunday evening. Late at night he decided to make a paper airplane. On Monday, his presentation was a superhit!



It was said in class that, 'If ever there is a difficult task, then give it to Winky. Winky is so lazy that he'll find a way to make a difficult task easy.' Mr Jolly highly praised Winky after the presentation.

On Winky's report card, Mr Jolly wrote, 'Winky is very smart. But he needs to understand the importance of hard work.'



Winky's mother scolded him, "See? Your teacher is also telling you to work hard. For every task you say, 'I'll do it later,' but your 'later' never comes! If you finish the work that has to be done 'later' right now, then you'll be at peace and so will I!"

“But Mother, you didn’t read the main thing! He said that I’m very smart,” said Winky. And then he said with swagger,

“Success isn’t achieved through hard work. It’s achieved by putting effort in the right place!”



After the exams, on the last day, there was a flyer on the notice board, ‘Win a Fantasy Ride.’ Mr Jolly said to the class, a competition has been organised. We have to make a science model and submit it. The team that wins the competition will get a chance to go on the fantasy ride. Winky, Koli and Benji will represent our school.



Winky, Koli and Benji were very excited. The three decided to make a model of the solar system. “We’ll make such an awesome model that we’ll

definitely win the prize. We’ll have so much fun on the fantasy ride!” said Benji.

“Yes, we’ll work very hard for it,” said Koli.



Koli had to write a report on the solar system, Benji was responsible for the drawings and Winky had to create the model. Koli and

Benji started working on it the same day and completed their part of the work within a few days.

Winky was being lazy and kept putting off the project work. Everyday, Benji and Koli would ask Winky, "Winky, do you need our help with the models?" But Winky would always refuse their help and say, "I will easily manage. Making models is light work for me!"



The next day was the submission deadline, and as always, Winky started working on the model the night before. The work was going well. Half the work was done when suddenly the lights went out.



Winky sat down to work with the emergency light, but it wouldn't turn on. His mother had to told him to charge it, but by saying, "I'll do it later," he forgot to

charge it. Winky felt regret for the first time, thinking, 'I wish I had charged the light instead of being lazy! What will happen now?'



After showing off, how could he go to Benji and Koli this late at night? But there was no other way. He nervously went to Koli's house and also called Benji there. He explained everything and said, "Friends, sorry. Because of me you'll miss the Fantasy Ride. I wish I'd started working earlier just like you did."

Koli replied, "It's not too late. We can't change the beginning that has already passed, but with hard work, we can definitely change the ending." All three of them worked through the night, completed the model and submitted it the next day.



Winky felt very ashamed. He decided that he would no longer be lazy and would complete tasks earlier instead of postponing them to the last minute. We do not know whether they won the fantasy ride in the end, but we do know that Winky understood that one cannot ride the path of success without climbing the ladder of hard work.

“You’ll definitely win,” Aaloo had said to Koko before the competition. However, Chilly changed his song at the very last minute and the audience had laughed at his performance. Let’s see what Chilly had to say about it...



Why was Aaloo acting like this? Is he my friend or Koko’s? Everyone laughed so much at my song, but he didn’t stick up for me. When he was learning to skate, many people would harass him, but I was there to fight them off. And now look at him! He took Koko’s side instead of mine. I was feeling so sick. I was so heated up that I felt like my feathers were burning.



I felt like I needed to eat ice cream. I opened the fridge. As I was about to eat the ice cream, I heard Parsley's hoarse voice. I was sure that Aaloo, along with his minion, Parsley, would follow me. But when I turned around, I only saw Parsley. I didn't see Aaloo anywhere. So I asked Parsley, "Where is your dear brother Aaloo? At the competition he was all about 'Koko, Koko, Koko'!"



Parsley replied, “Koko’s singing has begun, and he needs Aaloo’s support, so Aaloo is still there!” On hearing this, I felt heated again, as if I had fallen into a pot of hot oil. I snapped, “So, why are you here then? You should’ve just stayed there!”

Parsley replied, “Chilly, listen to me. I heard the conversation between Aaloo and Koko. Let me help you understand why...”

Hearing Koko’s name reminded me of the past incident. Even though Aaloo is my best friend, he had told Koko, “Sing well, Koko. You’ll definitely win!”



I desperately wanted to get out of there. However, Parsley would have followed me wherever I went. To get rid of him I said, “The Chilly Shake in the fridge is only for me!” Hearing the words ‘Chilly Shake,’ Parsley forgot about everything else and flew straight to the fridge.



As soon as Parsley went to the kitchen, I immediately flew away. The cool breeze didn't make a difference. Only a cold drink from Theo's Café would give me some relief! So, I headed towards the cafe. From up in the sky, I looked at Theo's café and I immediately cooled down!

Why was Chilly so heated up? What did he see at Theo's Café that made him cool down?

Summer Camp

For Kids Sanskar Sinchan Shibir 2025

4 to 7 Yrs.

Center	Date	Contact No.
Sim city	13 April	9313665562
Ahmedabad	30-March 19-April	8160628473
Amreli	-	-
Baroda	20 April	9712981515
Bharuch	-	-
Bhavnagar	6 April	9409467181
Bhuj	20 April	8401739612
Dhoraji	-	-
Gandhidham	-	-
Jamnagar	20 April	9723147318
Junagath	-	-
Mehsana	18 April	8469264605
Morbi	18 April	9725199144
Mumbai	Borivali - 12 April Mulund - 12 April Ghatkopar- 13 April	8652890066
Rajkot	20 April	8849043362
Surat	30, 31 March	9825233559
Vijapur	-	-
Veraval	31 March	8980483683

8 to 12 Yrs.

Date	Contact No.
20 April	9313665562
23 March 20, 21 April	9925094049
27 April	9408898792
8 June	9998008435
27 April	8320710688
18 May	9558860259
27 April	9408246480
20 April	9574046082
20 April	9428310787
27 April	9723147318
18 May	7984313397
27 April	9427650382
27 April	9978633035
12, 13 April	9820161710
18 May	7779023726
20 April	9574008498
4 May	8141461682
16 May	9712191887

1. It is mandatory to register at your nearest center in order to participate in the Summer Camp. Registration charges will be non-refundable.
2. The registration for the youth and kids will be done based on the pre-fixed dates as per their age and standard. The registration will be closed 5 days before the camp start date. Thereafter, additional tatkal charges will have to be paid for the registration.
3. For those in Simandhar City, registration will take place at the 'Store of Happiness', near the Trimandir from 5 p.m. to 6:30 p.m., and will be available until 5 days before the summer camp starts. Registration will start on March 22nd. For more info, call +91 9313665562

For more information, click here.

For BMHT ↩

<https://shorturl.at/aD2uS>

↪ **For LMHT**

<https://shorturl.at/3VQ0i>



32 April 2025