

AKRAM Express



Sorry...





**LET'S ADMIT
to our
Mistakes**



Editorial

Friends,

Let us imagine that while playing, you accidentally broke your mother's favourite flower pot. When your mother asks about it, you could give one of two answers: "Sorry, Mother, I broke the pot. I will clean up the mess," or "I did not break it. It must have fallen because of the wind." Which of these two answers would you choose? And which answer do you think your mother would prefer? The first one, of course! Making excuses is a weakness, while accepting your mistake and asking for forgiveness makes you stronger.

In this edition, let us learn from the *Gnani* about the benefits of owning up to your mistakes and the pitfalls of making excuses. What superpower did Sam gain? What happened to Miu after making excuses? Let us decide to stop making excuses but do not stop reading until you find out what happens next in Aaloo and Chilly's story.

- Dimple Mehta.



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GNANIS SAY...

As we start accepting our mistakes, our parents will feel less hurt. What hurts them more is not when we make mistakes, but when we do not accept our mistakes and react badly. If we accept our mistakes and say sorry, then things can get resolved. But often, we do not think it is our fault. We cannot see our own mistakes and we only notice the mistakes of others.

Misunderstandings happen because we assume our viewpoint is correct and theirs is wrong. We should understand that their viewpoint is simply different from ours, so we should take a pause. There is no point in instantly arguing about who is right or wrong. That is how everything gets spoiled. We should instead calmly explain

WE
ACCEPT
OUR
MISTAKES

to them afterwards: “I have thought about what you said, but my viewpoint is this. So please think about my viewpoint too.”

Questioner: Sometimes I realise that I made a mistake, but when Mum asks me about it, I sometimes end up lying. What is the solution for this?

Pujyashree: You should reveal it. Tell your mother, “I made this mistake.” Then she can help you correct it or she may correct it for you. You will become clean (pure). You should not lie in those situations. If you do that, the mistake keeps growing and will cause more harm. Instead, when you do something wrong, first be open and reveal it (admit to it). Only then will you become clean. You will become free of mistakes.



MIU



Where is Miu?
She had promised yesterday that she would come on time.



However, Moti ended up washing the carrots and beetroot all by himself.
Then he heard a voice...

I'm here! Oh, you've already finished all the work. I stayed up so late last night that I just couldn't wake up early this morning. Moreover, on my way here, I ran into Khisu.





I don't want to hear your excuses, Miu. Sometimes your alarm doesn't go off, sometimes you stay up late, or you get stuck in the grass. You have a new excuse every day!

I'm not making excuses; I'm only telling you the truth!

The truth is that you never realise your mistakes and you don't feel sorry for anything. Not just for work, you are late even when its time to play games or share snacks. Don't you realise how much trouble you cause everyone?!



I am not in the mood to argue. I have to go to dance practice.



Miu left. A few days earlier, Auntie Hen had made an announcement. She was holding a talent show at her farm. The winner would get a chance to perform in the jungle's annual fair.



From that day onward, Miu began practising her dance. She had dreamed of performing on stage ever since she was a little kitten.



A big stage, a spotlight on me, a pink and blue frock, and all the animals of the jungle sitting in the audience!



Miu had practised her dance steps so many times that she could perform them perfectly, even if someone woke her from her sleep in the middle of the night.



Finally, the day of the talent show arrived and the show began on time. Muzi the Cow had come all the way from Mizoma Jungle to be the judge. Bella sang a melodious song, Moti juggled four biscuits without dropping a single one, and Henry danced gracefully on his heels.

Now it was Miu's turn. As she stepped forward, the audience fell completely silent. The lights had gone dim and the stage was empty. As she walked closer, she noticed a large poster on the wall. Tears began to roll down her cheeks.





The poster read: *Bella, The Winner.* Miu had dreamed of performing on stage for years and had practiced her dance over five hundred times. She ran to Aunty Hen with tears streaming down her cheeks, and begged her,

“Aunty, I didn’t get a chance! Please, please, please... give me one chance! I was going to arrive on time, but...”

Miu, when will you start accepting your mistakes? Muzi the Cow had to catch a train. The train would’ve left if we had waited for you. Being late is not your only mistake. Everyone makes mistakes. But you never accept your mistake, so your mistake never leaves you.





Miu, to dance, you have to learn the steps first, right? In the same way, to remove mistakes, you also have to learn the steps. The first step is to accept that being late is wrong. Then you have to decide, 'I will not be late.'

It was only you who was at a loss today because you came late, right? Everyone is troubled by this habit of yours.

Aunty, I've decided that I don't want to be late anymore. But what should I do if I still arrive late?



Then you should immediately say, “Sorry.” If someone scolds you for being late, then don’t make excuses. If you follow these steps, then eventually you’ll never be late and your dream of dancing on stage will definitely come true.



Miu followed these steps for a whole year. She still arrived late many times, but she never made excuses and always told the truth for why she was late. We don’t know if Miu fulfilled her dream, but we do know that now, when she is late, her friends aren’t upset. Instead, they are happy to help her.



Absolutely

New and

Different

Not recognising one's mistakes and protecting them means the mistakes will not go away.

Why do you get so angry with your brother?



He did something that made me mad, so of course I would get angry!



Oh, she takes such good care of me. I feel safe here – I'll stay here comfortably for a long time.

When I get angry, I say to myself that anger is wrong. I admit my mistake and ask for forgiveness.



Run! Run! Let me get out of here! She won't take care of me here!



Every single person in the city of Powerville has a superpower. When a child turns seven and a half, they receive their very own special ability. On that magical day, the Power Prism Tower, which stands at the heart of the city, bursts into life – it radiates a bright, golden light that sparkles across the sky. And then - *bang!* The child's superpower is born! Whenever a new superpower awakens, everyone in Powerville gathers around the Tower to celebrate as



the child discovers their new gift.

What kinds of superpowers are there?! Some children can fly, while some can talk to animals in their language. But that's not all. Do you know what Lucy's superpower is? If her friends have brought snacks they don't like, then she can transform them into chocolate cake! No wonder there's always a big crowd around Lucy at break time.

Sam was seven years, four months, and fifteen days old. So that day was not very far off for him. The superheroes of Powerville were even more excited than Sam to find out about his superpower. Why? Because wherever Sam was, some sort of accident always happened.

Just a few days earlier, during drawing class, paint got splattered all over Ms Rima's clothes. The whole class froze in shock – last year, when someone had



drawn a moustache on her gown, the whole class was punished because no one owned up to it.

This time also, Ms Rima didn't know who had spilled the paint. But before she could even ask, Sam stepped forward and said softly, "Sorry, Madam, it was my mistake."

Ms Rima smiled and said, "Be careful next time, Sam. I'm happy you admitted your mistake." And



just like that, Sam didn't receive any punishment.

One day Sam went to his dad's office. His dad was the chief police officer in Powerville. Sam was just about to get a drink of water when suddenly the sirens blared - Wee-woo! Wee-woo! The whole city froze in a state of alarm.



Sam quickly turned to his dad and said, “Sorry, Dad, I accidentally bumped into the button.” His dad gently patted Sam’s head and announced over the intercom, “There’s no emergency – Sam’s just visiting the office.” Laughter echoed across the whole city.

Sam’s specialty was that he always admitted to his mistakes. He never made excuses like, ‘I didn’t do it,’ ‘It’s not my fault,’ or ‘He made me do it,’ etc. That was one of the reasons why everyone loved him. *Everyone?* Not quite. Zuno and his gang often made fun of Sam’s habit.

“Sam is so weak,” they would sneer. “That’s why he immediately asks for forgiveness. If he had powers like ours, then he would never admit his mistakes so easily.”

But Sam wasn’t bothered by their taunts. He remembered Ms Rima’s words, “Admitting to your mistakes and saying sorry will lead to your mistakes eventually fading away. But if you say, ‘I didn’t make a mistake,’ and protect them, then the mistakes will never leave you.”

Finally, the day that all of Powerville had been waiting for had arrived. Sam stood with his parents



near the Power Prism Tower. His eyes sparkled and a big smile lit up his face. The entire city had gathered, buzzing with anticipation.

A shimmering golden ray shot out from the tower. Everyone watched in awe. What would happen? What superpower would Sam get? Would he be able to fly? Or would he be able to shoot lasers? Or maybe even to talk to dolphins? Would the accidents that always seemed to happen around him finally stop? The golden ray grew brighter and brighter, dazzling the crowd until, for a few moments, no one could see anything.

And then suddenly... Poof! The ray vanished and the glow from the Tower also disappeared!

Sam blinked a few times and said, “What





happened? I sneezed and the ray disappeared?”

Everyone stared in shock, whispering to one another. Nothing like this had ever happened before. Just then, a colourful spinning wheel whirled past the tower and a rolled-up, silver piece of paper fluttered down. In bold letters, it read: *‘Sam already has a superpower.’*

“So I won’t be getting a superpower today?” Sam’s voice trembled and he was almost in tears.

No one answered his question and he felt completely confused. No one could understand what had happened. With nothing to celebrate, the crowd slowly returned to their homes. From that





day onward, unusual events began to occur.

One afternoon, Sam's friend Kaira lost a game of Power Dash. She was heartbroken. Sam simply said, "Even Robot Rolly didn't win all his games. Yet he is still a champion. You lost today, but you can win tomorrow. What's there to get upset about?" All of Kaira's unhappiness disappeared in an instant.

Another day, Lucy made a mistake - instead of making chocolate cake, she ended up making chocolate syrup. She was very upset. Sam simply



said, “Hey, making a mistake isn’t considered a mistake; not noticing a mistake is considered a mistake. And if you say that it is not your fault, then that is a mistake too. Come on, let’s make a new dish – pancakes in chocolate syrup!” Lucy cheered up immediately.

In this way, Sam’s words brought happiness to everyone around him. Days passed and the children continued to receive their superpowers. But the Power Prism Tower didn’t need to announce Sam’s superpower. Everyone in Powerville already knew that Sam had a remarkable ability to put a smile on sad faces and turn sadness into joy.



But how did Sam get this superpower? Only Ms Zuma knew the secret. What do you think - how did Sam get his superpower?

Let us know at this number:  +91 9313665562.

AALOO CHILLY



To read the Aaloo-Chilly stories all together...
Click Here : <https://dbf.adalaj.org/cnyyYHKc>

Although Chilly had broken off his friendship with Aaloo, he went to Aaloo's house to argue with him, but fell asleep while waiting. Aaloo woke him up. As soon as Chilly remembered the singing competition, he felt a burning sensation all over his body. He told Aaloo to do something to stop it. Let's see what Chilly says next...

I was flying round and round when Aaloo suddenly raised his huge trunk and I went crashing into it - belly-first! It felt as though my whole stomach flipped over. He picked me up, sat me on a window ledge and said, "Why are you singing? Why don't you skate like me? I think you would be the best skater and would win all the competitions!"

What was wrong with Aaloo?! I told him, "I don't want to skate."

He then said, "I promise I'll always let you win. You'll become the world's best skater!"

What was Aaloo talking about? I became irritated. "I don't want to skate. I don't like skating and how could I even do it? My wings would get in the way and I'd start flying instead! World's best skater or the jungle's best skater... I just don't want to be a skater! What are you talking about?"



Aaloo started speaking without fully listening to me, “Chilly, do you remember when you wrote our friendship song and took me to the mountains to sing it to me?”

I was puzzled. Why was Aaloo talking about this now?

“Don’t you remember?” he asked. “Your voice was echoing across the mountains and I found it so amazing!”

I immediately remembered that day. I had written the song for Aaloo’s birthday and had sung it to him then. Aaloo was so happy that he even tried to dance to my song! I couldn’t help but laugh as I remembered it.



Aaloo said, “But you probably didn’t really enjoy singing that time, did you?”

“What? I really enjoyed singing that time,” said Chilly.

Aaloo replied, “No one else was even there to listen to you and I didn’t give you any prize. So, how could you have enjoyed it?”

What was he talking about? I immediately replied, “I don’t sing for others; I sing because I like to sing. You didn’t have to give me any prize. You enjoyed my





song - that was the biggest prize for me.”

Aaloo became very serious and said, “So, Chilly, how could you forget something so simple? You enjoy singing, not winning. You’re happy whenever you’re singing, whether you’re with me or on your own, whether you’re flying or drinking a Chilly Shake, whether you’re taking part in a singing competition or not - you just love to sing. You don’t sing because you want to be the best singer; you sing because it makes you happy! If you wanted to be the best at something, then you could’ve chosen skating, dancing, or anything else. But you chose singing - because you love it.”

What is Aaloo trying to teach Chilly? Is singing more important to Chilly than coming in first place? Then why was Chilly so upset when he lost?

Let's Play...

Help the butterfly find the correct path to the flower.



XXX

In the situations mentioned below, Anaya reacts differently each time. Read the story carefully and then answer the questions. Think about what you would do if you were in Anaya's place.

What Would You Do?

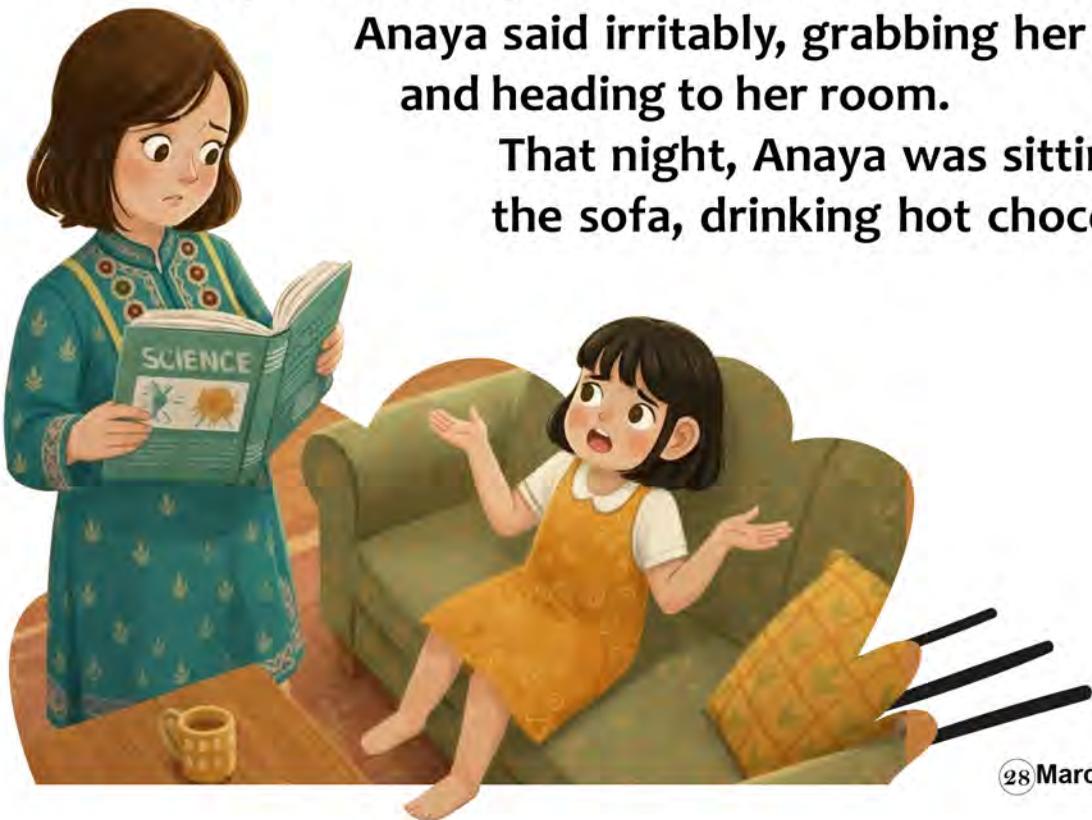
“Anaya, why haven't you completed your science homework?” Mummy asked as she checked Anaya's book.

“When did I have the time?” replied Anaya. “You sent me to get milk, then I had my music class and after that my friends came over. What could I do?”

“You still had time later though, didn't you?” asked Mummy, gently.

“No, it's not my fault! You don't understand,” Anaya said irritably, grabbing her book and heading to her room.

That night, Anaya was sitting on the sofa, drinking hot chocolate.



As she moved, some of the hot chocolate spilled on the sofa. “Anaya, how many times have I told you to drink your hot chocolate at the dining table, not on the sofa?” said her dad angrily. Anaya grew even angrier, “What can I do? Mum filled the cup to the brim - that’s why it spilled!”



Later that night, Anaya was sitting with her mum’s laptop. While using it, she accidentally deleted one of her mum’s files. Her mum became very angry, “Anaya, why are you using my laptop without asking me?”

“You told me I could use your laptop for a short time at night. You’re the one who forgot,” Anaya said, getting upset and going to her room.



NOW YOU TELL US

WHAT WOULD YOU DO IF YOU WERE IN ANAYA'S PLACE...

When Mum asks, "Why haven't you done your homework?"

- A. I do it every day. Why are you getting so angry just because I haven't finished it this one time?
- B. You always give me too many chores; that's why I don't have time to complete my homework.
- C. Sorry, I forgot that I had to finish my homework. I'll go and complete it now.

- A. Why are you telling me? Tell mum not to fill the cup to the brim.
- B. I'm sorry, Dad. I'll clean it up now.
- C. Dad, I like sitting on the sofa. I'll use a cup with a lid from now on.

When Dad asks, "Why did you sit on the sofa instead of at the dining table?"

When Mum gets angry because Anaya used her laptop...

- A. I don't know how it got deleted. I didn't do it!
- B. I didn't do it on purpose. Why are you getting angry?
- C. I made a mistake. Can you please teach me how to use the laptop properly?

Summer Camp

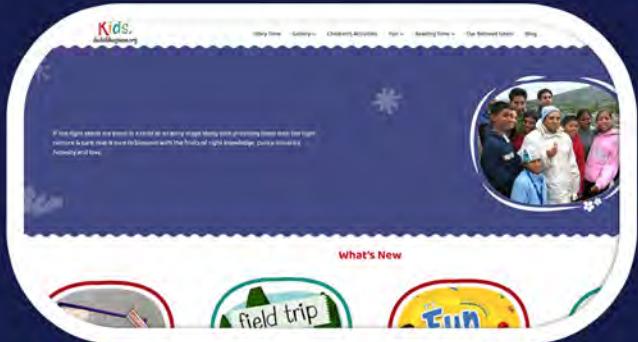
For Kids Sanskar Sinchan Shibir 2026

Center	4 to 7 Yrs.		8 to 12 Yrs.	
	Date	Contact No.	Date	Contact No.
Sim city	5 April	9313665562	19 April	9313665562
Ahmedabad	18, 19 April	8160628473	22, 25 and 26 April	9904427029
Amreli	-	-	26 April	9408898792
Anand	-	-	3 May	7359529067
Baroda	19 April	9712981515	26 April	9998008435
Bharuch	-	-	26 April	8320710688
Bhavnagar	19 April	9409467181	3 May	9558860259
Bhuj	19 April	9429297223	26 April	9537286855
Dhoraji	-	-	3 May	8238714972
Gandhidham	-	-	19 April	9428310787
Jamnagar	19 April	9723147318	3 May	9879551518
Junagath	-	-	10 May	8360143009
Mehsana	12 April	8469264605	26 April	9427650382
Morbi	29 March	9725199144	26 April	9978633035
Mumbai	Borivali & Mulund 11 April Ghatkopar 12 April	8652890066	12 April	9867989202
Rajkot	26 April	8849043362	3 May	7779023726
Surat	29 March	9725198454	15 March	9574008498
Veraval	3 April	8980483683	8 May	9712191887
Valsad	-	-	26 April	9714909994

1. To participate in the summer camp, it is required to register at your nearest center. The registration fee will be non-refundable.
2. Registration will be conducted according to the dates scheduled for different sections based on the child's/youth's age and standard.. Registration will close 5 days prior to the date of the respective summer camp. After that, a late fee will be charged for registration.
3. For the Simandhar City Summer Camp, in-person registration can be done at the 'Store of Happiness' in the Trimandir complex between 5:00 PM and 6:30 PM, up to 5 days prior to the respective summer camp. This registration will begin on March 22nd. Contact number: +91 9313665562



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