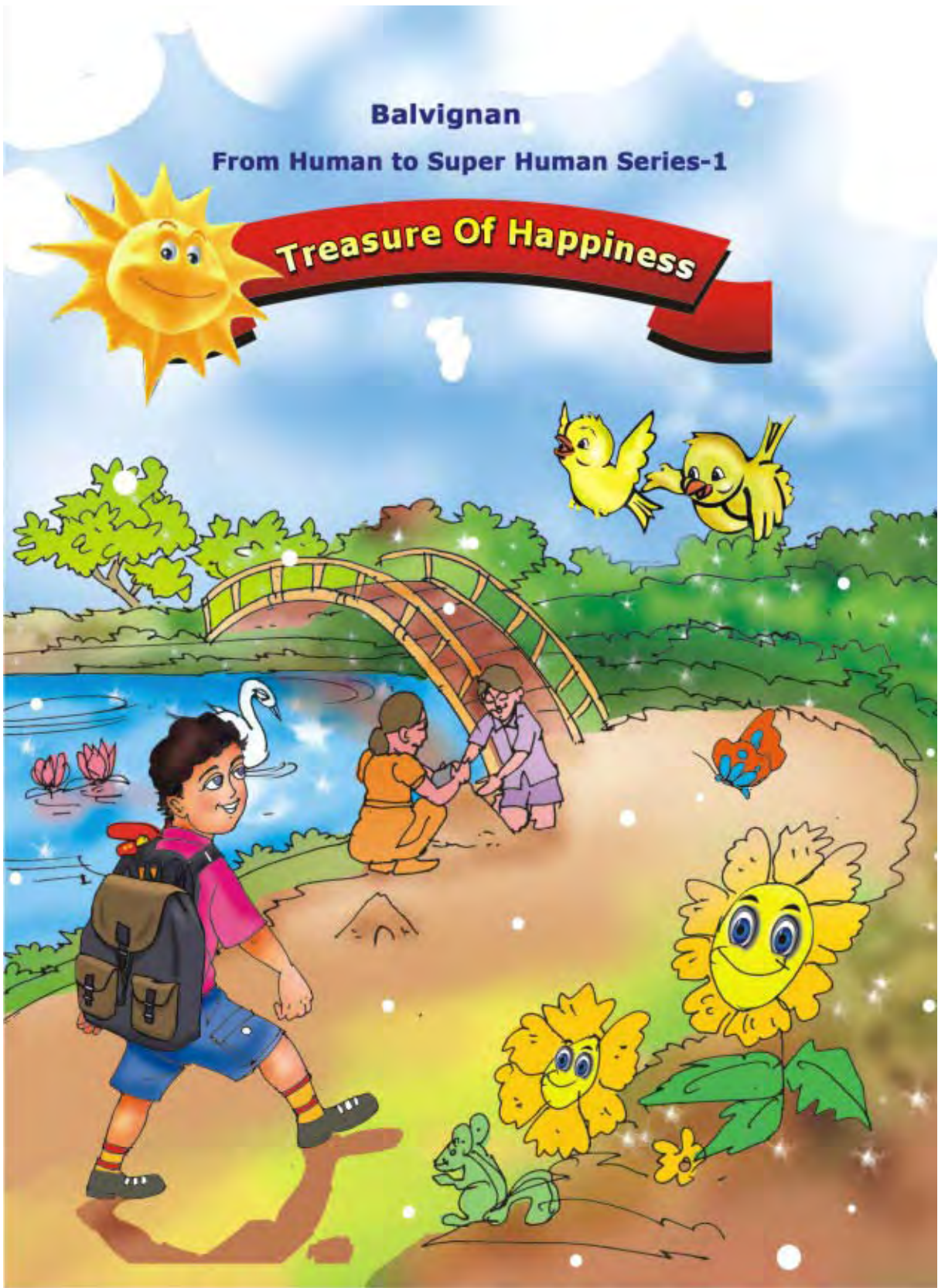


**Balvignan**

**From Human to Super Human Series-1**

**Treasure Of Happiness**



## PREFACE

Today's generation has a healthy mind. They are not insistent and obstinate. Yes, they are a little deluded. But if they are nurtured with values (Sanskaar) of knowledge (Gnan), then they would benefit themselves and are capable of doing work for the welfare of the whole world.

-Pujya Niruma

Today's generation is very smart and hyper. As a result there is no harmony between two generations. Pujya Dadashri always used to say that children can be won through love, not infatuation. Pujya Niruma lived an exemplary life by living these ideals of Dadashri. In special camps that were organized twice a year to nurture values in children, Pujya Niruma used to do Satsang with children and give them right understanding. After experiencing her love, there were unexpected changes in children, which were not possible even with arduous efforts of parents.

In this series, Gnani Purush Shree Dada Bhagwan, whose original name is Shree Ambalal Muljibhai Patel, is mentioned as Dada. He was born in a village called Tarsali near Baroda and brought up in a village called Bhadran in Gujarat. From his childhood he harbored divine characteristics. In spite of being a contractor, his behaviour at home and outside was ideal. About 6 pm one evening in June 1958 on the Surat station, he spontaneously attained Self-realization. Within an hour he acquired the knowledge of the entire universe. What is the universe? How does it function? Who am I? What is Karma? What is bondage? What is liberation? What is the solution to liberation? He saw solutions to many such countless questions. He would make others acquire self realization from him in only two hours.

'From human to superhuman' this series of book depicts a boy called Neel. His life journey from childhood to adolescence is presented. It describes various problems one faces in his life and the solutions available through contact with a Gnani Purush. This will be helpful for children to acquire right understanding.

-Jai Satchitanand



# Trimantra



**Namo Arihantanam**

**Namo Siddhanam**

**Namo Aayariyanam**

**Namo Uvazzayanam**

**Namo Lo Ye Savva Saahunam**

**Eso Pancha Namukkaro**

**Savva Pavappanashano**

**Mangalanam Cha Savvesim**

**Padhamam Havai Mangalam**

**Aum Namō Bhagavate Vasudevaya**

**Aum Namah Shivaaya**

**Jai Sat Chit Anand.**



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## 1. Unique Experience!

'Please give something to this poor, God will bless you' Neel got startled. Wondering who spoke that? He looked around and saw a poor beggar. He was lame and shabby, did not have enough clothes on his body and was hungry. He was crying a lot. Neel could not see the beggar's helplessness. So started walking. As he went further, he saw a rich businessman. The businessman was wearing a gold chain round his neck and had a gold ring on his finger. He seemed to look very happy. A car drove besides Neel and the businessman sat in his car. The driver drove away the car.



Neel walked ahead. He became confused when he saw these two people. He started wondering what kind of world is this? Some



are poor, some are rich. Some are happy, some are sad. How is this happening? Who is making this happen? I am living so happily. My parents provide me with whatever I need, but my friend's parents don't. Why so? Why? Why? Why? With all these thoughts Neel continued on his way to meet Dada.

Neel had known Dada only for the past one week. He had gone to the Dada Bhagwan Sanskar Sinchan camp for nurturing values in children, with his friends Anuj and Minu who stay in his building. There he met Dada for the first time. During the camp, he came close to Dada. He started feeling such a deep attraction and love towards Dada that he had not experienced so much attraction for anybody in his life. He could not forget Dada. So, on the last day of the camp he asked for Dada's permission to visit him everyday until the end of his summer vacation.

Neel came to Dada. Dada understood Neel's confusion just by looking at him. Dada, with lot of affection said, "Neel, come here, what is it? Why do you look so confused?" Neel answered, 'Dada, in this world, some people look happy, some people look sad. So, how do we get this happiness and misery? Dada asked Neel, 'You tell me first, what do you like, happiness or sorrow?'

Neel answered, 'Of course, its happiness that I like.Dada.'



Dada said, 'Yes, then by giving happiness to others we build good karma(punya) which will bring happiness to you, and by hurting others we build bad karmas (paap) which will bring sorrow to you in return. For example if we own a sweets shop, do we need to go

to somebody to buy sweets? We can eat whenever we feel like it , right?

Neel nodded and said yes.

Dada said, 'In the same manner, if we start a shop of happiness, we always have happiness in our share. This is law of nature.'

Neel began to find Dada's talk interesting and was getting curious too. He had several questions arising in his mind. He said, 'But Dada, to give happiness to others, we would need money. Without money, how could we give happiness? Is that the reason why poor people are sad?'

Dada said, 'No, no. It is not that happiness can only be given with money. You can help somebody in his work. You can bring vegetables for somebody or post a letter. There are many such ways as to how you can help people. You tell me, wouldn't you like if somebody helps you in your work?'

Neel said, 'I would like it very much.'

Dada said, 'In the same way when we help others, it brings joy to



them, and their joy brings boundless joy to us. And then our joy overflows when we give our belonging to others.' Neel was listening to all this with a deep concentration. Dada continued explaining, 'Then, if you keep on having the inner intent that your behaviour should be such that nobody gets hurt. Even if you get some trouble in this process, you would not trouble others. Such feelings would earn high punya and as a result of that you would receive a lot of happiness and comforts. Now tell me, even without money, can we do this?'



Neel said, 'Yes, Dada'

Dada said, 'And if we have money, we should bring food and clothes to needy people. We should do something to make their home run smoothly. We can bring happiness to others in such ways. See if you can

experience it yourself. Did you like what I said?'

Neel answered, 'I liked it very much, Dada.'

Dada asked, 'Will you live your life like this?'

Neel answered, 'Definitely Dada, this is so wonderful. I will definitely live like this way.'

Dada said, 'Alright then, happiness will never end in your life.'



Neel liked a lot what Dada told. He asked impatiently, 'And how do we get sorrow, Dada?'

Dada said, 'First you experience this, then we will talk about sorrow.'

'Alright, Dada' saying that Neel bowed to Dada. He took Dada's blessings and walked towards home.

On the entire way, he was deciding that from today onwards I want to give happiness to everybody. I want to help as much as I could. I don't want to argue with anybody. Meanwhile, Neel reached the same place where that poor beggar was begging for food. Neel bought two sandwiches with his money and gave it to him. That beggar blessed Neel with lot of delight. He had tears in his eyes. For the first time, Neel experienced a different kind of joy. Neel walked ahead. He stood near the road. One blind man, walking with the help of his stick, came and stood besides him. He was waiting to cross the road. As soon as there was red signal, Neel took that blind man's hand and helped him cross the road and walked him to a safe place. That blind man was very pleased and gave a chocolate to Neel from his bag.

Neel reached home, eating the chocolate on his way. His mother was waiting for him. Both of them dined together. After dinner, Neel helped his mother to clean the dishes. His mother was surprised with this change in Neel. After finishing everything Neel went to bed. Then his younger brother Bunty insisted on having Neel's blanket. His mother started explaining Bunty that brother's blanket will be big for you and your blanket will be short for your

brother. Hence, you should use your blanket and let your brother use his. In spite of that Bunty did not stop insisting. Neel immediately gave his blanket to Bunty and he slept using Bunty's short blanket. Bunty was glad to use his brother's blanket. And Neel's joy kept increasing. Mummy immediately hugged Neel and affectionately put both brothers to sleep.



Neel closed his eyes but he kept seeing Dada. Dada's words were ringing in his ears. He was thinking, 'Oh! Not even one full day has passed, and my joy cannot be contained, my peacefulness is unmoved, and I am being liked by everyone. There is so much happiness that is overflowing from inside that I can easily give any of my belongings to others. So, if I live my entire life for the happiness of others, then I would feel happy for my entire life.'

While Neel was thinking he remembered Dada, 'Dada lives his entire life for the happiness of others, which is why he remains so happy. He is always fresh. Blessed is Dada! O God, make me like Dada.' While praying he fell asleep.

## 2. Oh! Really?

Next day Neel remembered Dada as soon as he woke up. Neel bowed to Dada in his mind. He quickly got ready to go to Dada. The delight in his heart could not be contained. He wanted to tell so many things to Dada. Neel reached Dada in utter delight. Dada understood everything on seeing his joy. Neel bowed to Dada.

Dada asked, 'What is it Neel? You look very happy.'

Neel answered, 'Yes, Dada. As you taught, from yesterday I decided to make others happy, and started doing so. Since then I am overflowing with happiness from inside and I experience peacefulness.'

Then Neel described his experiences of the previous day, 'Dada, I have decided that I will never hurt anybody. I will always give happiness to others.'

Dada said, 'Nice, very nice! But in order to fulfill this decision appropriately you need to understand what it really means to hurt others. Only then you will be able to prevent yourself from doing so.'

'Yes Dada, please explain me' Neel did not feel like moving away from Dada.

Dada explained to Neel, 'Hurting others means due to our action someone else has to suffer. A person can be hurt through mind, speech and action.'

'To hurt others through



mind is to have bad thoughts for that person such as the person is so-and-so or useless. This is called hurting through mind.

If somebody is hurt by what we say, then it is called hurting through speech.

If we get cross, make faces, don't speak with others, physically hurt someone or get angry with someone, then it is called hurting through action.'

Dada asked, 'Do you understand?'

Neel answered, 'Yes Dada, I can understand.'

Dada asked, 'Did you ever do such things?'

Neel answered, 'I have done a lot of such things.'

Dada asked, 'If someone else does such things to you, will you feel hurt or not?'

Neel answered, 'Yes Dada, I would feel very hurt. I wouldn't like that at all.'

Dada said, 'Yes, so from this we should understand that the way we feel hurt, similarly others would also feel hurt. We will stop ourselves from hurting others when we understand that as we feel hurt when somebody steals something from us, lies to us or behaves badly with us, likewise if we do such things to other person, then that person will definitely feel hurt. Neel felt very satisfied listening to this. He said, 'It is correct Dada. I will definitely remember this understanding.'

Dada said, 'Not only



this, if one always thinks about taking things from others in spite of him owning them, snatches from others, always remains engaged in bad thoughts, derives happiness by making fun of others, feels happy by seeing somebody's loss, then that person incurs enormous debt, and as a result of which experiences misery. Then in order to experience that misery, he has to take birth in the animal kingdom.'

Neel was surprised, 'Animal kingdom?'

Dada said, 'Yes, in total there are four different life forms.'



1) If one give things owned by him (ownership) to others, he goes to heaven. Even if that person is hurt, whenever he gets a chance he always helps others, then he goes to heaven. There is a sheer happiness in heaven.

2) If one uses only that which rightfully belongs to him, he takes human form. The person has inclination for charity. While hurting others, he

asks himself, what if somebody does the same thing with me. Based on such thoughts, when he stops hurting others he acquires human form. In human form, there is more joy and less sorrow.

3) If a person uses that which does not rightfully belong to him, he goes to animal form.

Even if he has enough, he thinks of



snatching from others, accumulates his own things and uses from others, then he goes to animal kingdom. In animal kingdom, there is more sorrow and less joy.

4) If a person uses that which does not rightfully belong to him by hurting others, then he goes to hell.

He who burns people's houses without any reason and derives pleasure from it, gives mental torture to people, betrays and cheats



people goes to hell. There is utter misery in hell.

And when all Karmas that is good deeds and bad deeds (paap and punya) are over, one achieves liberation (Moksha). There is eternal happiness in liberation (Moksha).

Neel was stunned listening to the description of the four types of

life forms. He was very cold.

'OK Dada! I want to go home.' Neel said.

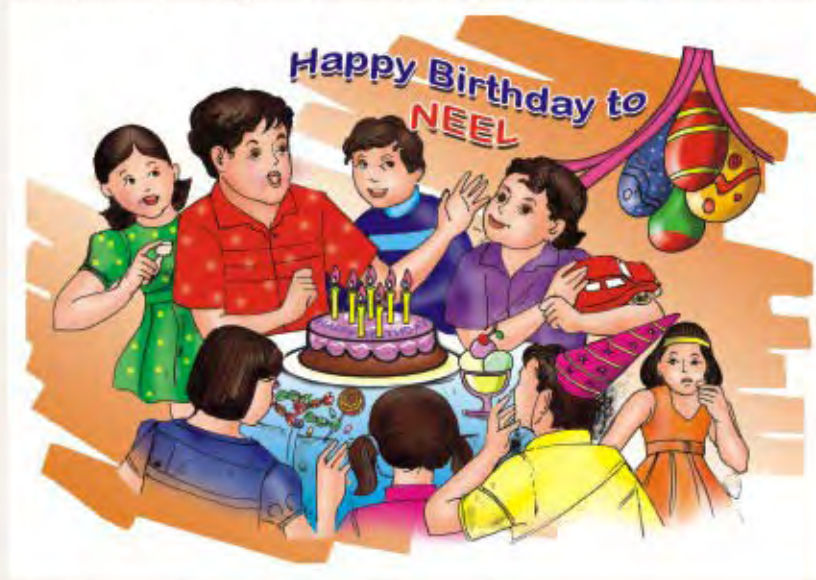
'Alright' said Dada and blessed him, Neel went home.



### 3. Easy Solution

Neel walked slowly today. All his enthusiasm vanished. The occasion of the twelfth birthday celebration flashed back in his mind, which was just a month ago.

Neel had cut the cake. The house was filled with the sound of 'Happy Birthday.' Everyone offered him the cake. Neel felt very happy. Suddenly he shouted loudly, 'Bunty'! saying that he slapped Bunty and snatched the gift from his hand. The atmosphere of the house became still. Bunty, six year old Neel's younger brother, unwrapped a gift given to Neel and started to play with it. Neel saw this and became very angry and slapped him. Bunty started crying loudly. His mother came quickly and lifted Bunty and soothed him. She was angry with Neel, 'Neel, how could you have slapped him so hard? He is your younger brother. What is the matter if he takes



your gift?'

Neel said, 'No, I will not give my gift to anyone, not even Bunty.'



Among the guests, some people tried to calm Bunty and others started explaining Neel. Slowly, everybody dispersed after dinner.

Now in the house mother, father, Neel and Bunty remained. Bunty had slept after crying for a while.

Neel's mother slapped him hard and said. 'You were embarrassing us in front of all the guests, don't you feel ashamed? Better not do it next time.' Neel started crying loudly and hit his parents and threw his gifts everywhere. He too slept while crying. Next day normal routine started. Neel wore the watch gifted by his parents and was ready to go out and play. Meanwhile his friend Yash shouted, 'Neel, come let's play.'

Neel took the bicycle that was gifted to him and ran, 'I am coming.'

'Wow, very nice cycle.' Yash said.

Neel said gladly, 'My uncle has gifted this cycle to me. Come on, sit on the back. Double seat.'

Neel and Yash were taking double seat rounds. Meanwhile another cycle took a full speed turn from the front side. Neel did not realize which way to go and left the handle and two of them hit the bushes nearby and fell. Yash did not get hurt but Neel got scratches on his hand and it was bleeding. Neel stood up and cleaned his hand and legs. He lifted the cycle. The bicycle's handle was broken and came loose in to his hands.

'Oh no! (my) brand new cycle broke.' Neel said that and suddenly noticed that his watch was missing. He said loudly 'My watch! Yash, find quickly where is my watch?' saying that both of them started searching for his watch but could not find it anywhere. Now Neel was really scared. Mummy Papa will be furious. But there was no option. Neel and Yash parted. Neel was so scared that he felt like crying.

Neel entered the house with his broken cycle. Neel's father got angry seeing the broken cycle and scolded, 'You broke the brand new cycle and on top of it got hurt. Nothing new should be given to you. You do not know how to take care of anything.'

On hearing this, Neel no longer felt the guilt and replied with anger, 'Yes, I cannot take care. As if you can do everything very carefully and never really break anything?'

On hearing this, his father slapped him and said, 'First of all you broke it and on top of it are replying rudely. You only deserve hitting.'

Neel got angry, 'Hit me, hit me as much as you like, I will break everything. I have even lost your watch.'

Suddenly he heard car's honking 'Po....Po.....Po....Po.....' Neel was startled. His thought process broke. He realized that he had reached his building. He entered the house with a low face. His mother served him food. Neel sat down to eat but could not eat anything. He stood up without eating. His mother noticed everything. Neel felt like crying. His mother called him and asked,

'What is the matter Neel? Did anyone say something to you in Satsang? Why do you look so low?'

On hearing this Neel started crying loudly, 'Mummy, I don't want to become an animal and neither do I want to go to hell. I want to become like Dada and want to stay with Dada. I want to serve him.'

Mummy understood everything and said, 'Not everyone goes to animal form or hell. Only those who do wrong things go. Aren't you a good boy? You help mummy in her work, happily give Bunty your things, and give food to the poor. Those who do such things don't go to animal form or hell.'

Neel said, 'But Mummy, I get angry with you and Papa, hit you, hit Bunty, in my anger I throw my pencil and notebook and don't obey grandmother. If I do such things, then don't I have to go to animal form?'

Mummy said, 'Do one thing, sleep calmly right now. Ask Dada about it tomorrow. Dada will definitely show a way.'

Neel was a little relieved. 'Yes, Dada should have a solution to this.' Tomorrow I will surely ask him. He thought that and slept.

Next day he remembered Dada as soon as he woke up. He got ready very quickly to go to Dada. Today Neel walked very fast on the road. He came to Dada. There was no enthusiasm on his face but a lot of questions. Dada smiled at him with lots of love.

Neel said, 'Dada, according to your teaching I have decided that from today onwards I will not hurt anyone. But when I feel angry, others are hurt by me. So I will incur debt from it and as a result of which I will suffer and will have to go to animal form. But I do not want that. Please show me a way out of this such that, when others are hurt by me what should I do that I do not have to suffer the results (of my bad action).' Joining his hands together, Neel stood in front of Dada.



'Whenever you hurt others, then remember the God residing within that person and apologize saying 'Oh God residing within! I have hurt this person in this manner. I ask for forgiveness. Please give me strength that I may not do this again.' Dada taught him.

Neel asked, 'What do we call this Dada?'

Dada answered, 'This is Pratikraman. By doing this all bad deeds are washed away.'

Neel still had a question, 'Dada, after apologizing, what if again I commit a mistake?'

Dada answered, 'Then do Pratikraman again. Do not feel afraid.'

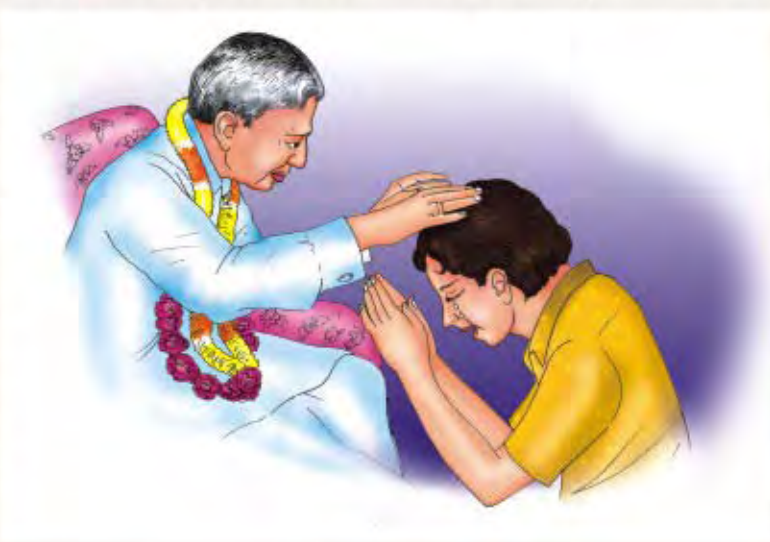
Neel asked impatiently, 'So Dada, if I do Pratikraman every time that I commit a mistake, then my debts are washed away?'

Dada answered in a very strong voice, 'Yes, definitely. Do Pratikraman as soon as you commit a mistake, and then resolve that I do not want to commit this mistake again.'

Listening to this, Neel's eyes were filled with tears. Neel fell at Dada's feet. He cried a lot. Dada let him cry as long as he knew once that something is wrong, then we should definitely decide that it is wrong. Then we should do Pratikraman for that, and ask God for strength, and eventually it will go.'

Dada continued, 'You should not get disappointed or confused that in spite of doing so much why there isn't any change in me. As

you continue doing Pratikraman there will be a gradual change. From today onwards intend everyday that nobody should get hurt by my mind, speech or action. Afterwards, if someone is hurt by you, then do



Pratikraman. It is enough if you do this much. And I guarantee you; put my hand on your head that I will co-operate with you until the very last moment for Moksha (final liberation).'

Neel became blissfully happy. He promised Dada that he will do only according to Dada's teachings. He took Dada's blessings and went home. Today he was feeling very light from within.

## 4. Unique Moments

Neel got ready to go to Dada like everyday. Suddenly he remembered that Dada was going to a different city for Satsang today. He was disappointed. He felt restless without Dada. He started playing with Bunty. After playing for sometime he got bored. He left Bunty and sat down to watch T.V. He was not interested in T.V either. At last he went to his room and jumped in his bed. He closed his eyes and started remembering Dada. He visualised his first meeting with Dada like a picture.

Neel had gone to the children's camp for the first time. All the children were clapping loudly and were singing 'Dada Bhagwan na Asim Jay Jay Kar Ho.' Neel also joined in the singing. He liked this bhakti very much. He became engrossed in the singing.

After a short time Dadashri arrived. There was a divine light on Dada's face. His personality was filled with a resoluteness of the Lord of entire universe, who does not wish anything from this world. Dada's eyes were filled with love. One could also see spirit as well as tranquility. Dada's unsuppressed laughter could not escape Neel's attention. Dada saw each and everyone in their eyes. Dada then looked at Neel. He smiled at Dada. He was singing with a lot of enthusiasm. Dada sat. All children also sat. Dada asked everyone's name one by one. He also asked Neel.

'My name is Neel.' he replied.

Neel kept staring at Dada. He felt as if he knew Dada. He

experienced attraction towards Dada. Dada talked with all the children. After Satsang, Dada told him, 'Neel, take my thermos of water, and come.'

Neel happily took the thermos and started walking with Dada. They reached where Dada had stayed.

Dada sat on the sofa after entering the house. Neel asked, 'Dada, is this your house? Do you stay here?'

Dada said, 'This is a Mahatma's house. I go to one place from another for Satsang. Don't I have to do Satsang with a lot of other children like you? Come, give me water.'

Neel filled a glass of water for Dada. As soon as he lifted the glass, it slipped and broke. Neel got scared. He looked at Dada. Dada called Laalu and said, 'Clean it in such a way that you are not hurt.' Dada told Neel, 'Now give me water in another glass.' Neel gave water to Dada carefully. He felt that Dada will say something to him. But Dada drank water as if nothing had happened. Neel kept looking at Dada.

Dada said, 'Neel, where are you lost?'

Neel was startled. 'Nothing Dada.' Neel said.

Neel did not understand what to do next.

Dada asked him, 'Are you hungry? Neel nodded his head both in 'yes' and 'no'. He kept looking at Dada. Dada smiled.

'Come, eat with me today.' Dada said.



Two served dishes arrived. Neel sat with Dada to eat. Dada took Neel's care while he was eating. Neel spilled some food while eating. He looked at Dada hesitantly.

Dada said, 'Not a problem, eat peacefully.'

Neel remembered his mother's routine comment, 'How do you eat? You spoil your clothes everyday. Don't you know how to eat as a grown up?'

Dada said, 'Neel!'

Neel said, 'Yes, Dada'

'Take some more sweets' Dada served him more sweets saying that.

Neel was very glad. After a long time he ate peacefully today without any comments.

After lunch Dada asked Neel, 'Do you want to leave?'

Neel did not want to leave but couldn't reply. Dada understood.

Dada said, 'I will sleep for a while. Will you massage my legs?' Neel said yes happily and sat to massage Dada's legs.



While massaging Dada's legs his joy overflowed. He remembered that when his grandmother was ill, she had asked Neel to massage her legs. At that time he had rudely refused and had gone to play. Today he regretted, 'Oh! I never knew that there was so much pleasure in serving. From now on, I will not refuse and serve.' He looked at Dada. Dada's eyes were closed. He could see calmness and tremendous stillness on his face. He could see joy on Dada's face. Neel could see everyone in his family. Mummy, Papa, Bunty, Grandma-Grandpa, Uncle-Aunty, his school friends Yash, Tanu, Anuj, Minu and his school teacher but nobody's face was so calm like Dada. Neel could not understand anything, but he felt that Dada was different from everyone.

'Neel, will you bring my handkerchief from that closet?' Dada asked.

'Yes, Dada' Neel got up and tried opening the closet but couldn't open it. Dada indicated to him (in signs) while lying down, 'Not that way, open this way' Neel tried but he did it again in the previous manner itself and so could not open the closet. Dada repeated, 'Not that way, open this way.' Neel tried again but did not succeed. Dada showed him for the third time by doing the action, 'Not that way, open this way.' Even then Neel was trying to open in a wrong way. Dada showed him fourth time, 'Not that way, do it this way, then it will open.' Now Neel understood. He did the way Dada showed and opened the closet. He searched the handkerchief from there and gave it to Dada. Dada started wiping his face with it.

Neel was quite astonished. He suddenly thought that if I were in Dada's place and Bunty was in my place then I would have got up and slapped Bunty saying, 'You are dumb, don't you know this much?'

But look at Dada. He told me four times with the same calmness. Without getting irritated at all. Can anyone be like this? This Dada is wonderful. I haven't seen this anywhere.

Dada said, 'Now you can go to the hall. Mingle with other children. They will play new games. You will enjoy that very much. Tomorrow again we will meet in Satsang.'

Neel said, 'Alright Dada.'

Neel touched Dada's feet. Dada blessed him.

'Jai Satchitanand Dada.' Neel said to Dada joining his hands.

Dada smiled at Neel with a lot of affection.

## 5. Joy or Punishment?

'Neel, come to eat' Mummy called. Neel looked in his watch and it was twelve o'clock. 'Oh! It is already twelve? I did not realize it.' Neel experienced for the first time that in Dada's remembrance, he forgot the whole world. Neel ate his lunch. Then he sat to play chess all by himself. He would play his chance as well as his opponent's chance. He fell asleep while playing. Bunty came there and he was happy to see his brother asleep. He started throwing the chess pieces here and there. One of the pieces hit Neel's forehead and he suddenly woke up.

'Bunty!' he shouted and slapped him. Bunty started crying loudly. His mother came rushing and looked at Bunty.

'Brother hit me' Bunty said. Mummy looked at Neel with anger and started scolding him. 'How many times have I told you not to spread your things all around. But you do not listen. You have hit Bunty who is younger than you. From now onwards if you hit him, it would not be good.' Neel was already in deep sleep and on top of it he was hurt by Bunty and his mother too scolded him. So he was very furious. He started talking back to his mother, 'Every time you only scold me. You do not tell anything to Bunty even if he is at fault. You are always in favour of Bunty, and you never consider me. You are always partial against me.' His mother spoke to him while putting Bunty to sleep, 'Have I not raised you? Without caring for you? Oh God, I had not expected that I would have to listen to such words.' His mother also started crying. Neel was very sullen. He locked his room from inside and sat there quietly. He was still angry with his mother. 'She does not care for me. She only cares for Bunty.' He continued murmuring in his mind. It was nearly dark. Neel did not

open his door. His mother also did not call him.

Meanwhile, Neel's father arrived home. 'Today I have brought sweet balls to eat. I felt like eating since so many days. I finally got them today.' He said. He looked around in the house and said 'where is Neel? I don't see him?' Neel's mother described everything. Father quickly got up and knocked on Neel's room, 'Neel, son open the door. Come and have dinner. I have brought sweets for you, your favourite sweets. Let's have dinner.' Neel's mouth watered on hearing the name of his favourite sweets. Anyway, he was also



hungry. And on hearing the name of his favourite sweets his appetite increased. But Neel was so sullen, that he did not open the door. His father explained to him four to five times. In spite of that he did not open the door. At last his father got tired. And his

parents had dinner. Neel was really hungry but due to his pride he did not open the door. Before going to sleep, Neel's parents called him again. They asked him to come out and at least eat. But Neel refused bluntly. They finally got tired and slept. Neel also went to sleep. But he did feel very hungry. Hence, he could not sleep. Slowly his pride subsided.

He remembered Dada and his talk with Dada. 'Oh! No! What did I do today? How much did I hurt Mummy-Papa today? I had promised to Dada that I would give happiness to others. Why did I not remember that?' Neel started regretting. He closed his eyes and started doing Pratikraman of his parents, 'Oh God residing within Mummy-Papa, I apologize for hurting Mummy-Papa. Please forgive me and....' Then a voice came from within. 'Hmm, why should you apologize for this? Those people came to call me because I stopped talking with them, otherwise they don't really care for me. They always care for Bunty. It was good that I behaved like this.' And Neel left his Pratikraman unfinished. Again in some time it subsided, 'No, I have certainly done wrong. After all they are my parents. I should not do this to them. Oh Dada Bhagwan, please forgive me....' Again someone from inside said, 'Those people can behave any way they like. Do I not feel hurt with their behavior? Then why should I have to apologize? They are also at fault. They should also do Pratikraman.' Neel did not understand anything. On one side there was a force to do Pratikraman, and on other side he could not do Pratikraman. He was agitated with these thoughts from both the sides. He put both of his hands on his ears. He closed his eyes and remembered Dada and said, 'Oh Dada, I cannot understand anything. I do not want to hurt anyone. Please be with me.' For some

time Neel was still in that position. Slowly everything calmed down. In a short while he fell asleep.

Next day Neel woke up early. He felt very weak from hunger. He went to Mummy as soon as he woke up. 'Sorry Mummy' Neel stood in front of his mother with his hands joined. Mummy moved her hand very affectionately on Neel's forehead and said, 'Come, brush quickly. I will give you milk and breakfast. Are you not hungry?' Neel said 'yes.'



'Neel, how can you be cross with Mummy?' Mummy asked.

'I will never be from now on, sorry' Neel said.

Neel and Mummy sat together to have breakfast.

## 6. Solution

Neel took a shower and got ready to go to Dada. He was feeling regretful about the previous day's incident. He had promised Dada that he will not hurt anyone and on the first day itself there was a debacle. When he was listening to Dada's talk, he felt that it was easy to not hurt anyone. But when that incident really happened, he forgot everything and messed it up. He reached Dada while doing Pratikraman on his way.

'Jai Satchitanand, Dada' he said and bowed to Dada

'Jai Satchitanand' said Dada and did his Vidhi.

Neel looked at Dada. Dada looked happy and fresh as ever. Neel started thinking, how could he stay so always? I get excited on every occasion.

'Dada, I want to tell you something.' Neel said.

'Tell me, what do you want to say?' Dada asked.

Neel described the previous day's incident in detail. And said, 'Dada, it is not as easy as it seems to be, I forgot everything at the right time.'

'It will be alright slowly' said Dada, 'You should analyze this incident and determine how it benefited and harmed you. By doing so, the wrong behavior will slowly decrease and eventually, it will stop.'



'Analysis? How to do that Dada?' Neel asked with curiosity.

Dada said, 'Let me give you my example. You will understand thereof how to analyze. When I was about your age I had got sullen with my mother. Do you know the reason? My mother used to give me and my sister-in-law equal amount of milk. Once I told my mother that I belong to this house and sister-in-law does not, so give me more milk than her. My mother refused to do so. So I said, 'it is alright if you don't want to give me more milk, give less to sister-in-law.' My mother said, 'That will not happen. Two of you will get equal amount of milk!' I had got sullen with my mother on that topic.

That whole day, I did not eat or drink anything. Mother also did not call me. Soon it was night time. Everyone in the house ate and slept. I felt very hungry. I could not sleep. Then in the night I analyzed and determined how much did I benefit by getting sullen, and how much I lost. I could not see any benefit. And about loss, I lost milk in the morning, lunch, dinner, play, sleep likewise there was a great loss and my mother and sister-in-law with whom I had got sullen, had eaten and slept peacefully. From that day onwards I had decided that I will never get sullen. It is always harmful to one's self to get sullen.



Since that day I have never got sullen. Now, tell me will you be able to analyze whether it was more beneficial or harmful to get sullen?'

'It is true, Dada. There is no benefit, but mere loss. I also lost everything the way you did. On top of it, I also lost my favorite sweets. From today onwards, I will not get sullen. But Dada, my mummy likes Bunty more than me. She just takes care of him all the time. She does not care for me. If anything happens, she gets angry with me. She does not tell anything to Bunty. I get angry due to that.

'You tell me, who is more understanding among both of you? You or your younger brother Bunty? What do you think?'

'Me' Neel answered.

Dada asked, 'Then if anything happens, to whom will mummy explain, the one who understands or the one who does not?'

Neel said, 'She will only explain to the one who understands. And he has to understand!'



Dada said, 'Then tell me, Mummy tells you every time and not Bunty, then is she not doing the right thing?'

'Yes, she is doing the right thing' Neel said, he agreed with everything that Dada said.

Dada said, 'Tell me one thing. If you are not well, then who does Mummy take care of more, you or Bunty?'

Neel said, 'Me'

Dada said, 'She takes you to the doctor. She brings you medicines, right?'

'Yes' Neel nodded.

'Then during your examination she makes you sit with her and teach, right?'

'Yes' Neel said.

'If you want to come to Dada then does she not happily let you come?'

'Yes' said Neel.

'She brings you everything that you need, right?'

'Yes' Neel nodded.

Dada asked, 'She sends you to the school picnic for your joy?'

'Yes' said Neel.

'She brings you new clothes, makes your favorite dishes, and celebrates your birthday for your joy. If she does not like you, will she do so much for you?

Neel thought, 'Dada is correct. I have never thought that way. Mummy is really very nice.'

Dada asked, 'Are you convinced?'

Neel nodded saying 'yes.'

Dada asked, 'Don't you see Papa's fault sometime?'

'I can see, but rare' Neel said, 'I see Papa's fault when he gives me less money to spend.'

Dada said, 'What grade are you in?'

Neel answered, 'Seventh grade.'

Dada said, 'He paid for your school expenses from kindergarten to seventh grade, did he ever tell you that you should earn for your school expenses?'

'But I am young, how can I earn?' Neel argued.

Dada said, 'Yes, that is correct. So until you grow up and start earning, he will earn and pay for your expenses. Even if he earns less, he will exert himself and celebrate your birthday for your joy. You are obliged to them for all these, do you understand?'

'Yes, Dada.' Neel understood

Dada asked, 'If you fall on the road, and some unknown person picks you up and drops you at your place, then what do you think about that person?'

Neel answered quickly, 'I would feel very much obliged toward him. I could never forget that. And whenever he needs me, I would always be ready to help him.'

Dada said, 'Yes, it is correct. Then don't you feel obliged towards Mummy-Papa who did so much for you?'

Neel answered, 'Yes, Dada. I am greatly obliged towards them. Until today I had never thought such things about them. Hence, I could not understand.'

Dada explained Neel with great affection, 'Yes, we are greatly obliged towards our parents. Hence, we bind highest merit karma by satisfying parents. It is our prime duty to serve our parents and keep them happy. Those who serve their parents are never unhappy. You will not get anything if you serve me greatly, but hurt your parents. So, no matter what happens, you should never go against your parents. You should never hurt your parents. From now on, will you ever have a complaint against your parents?'

Neel answered, 'No Dada, I had never thought the way you explained. Today onwards, I will never find faults with Mummy-Papa and will always keep them happy.'

'Tomorrow I am going to Baroda. Come and do Vidhi.' Dada stretched his leg out. Neel placed his forehead on Dada's toe-

thumb and sat in front of him. After finishing the Vidhi, Dada blessed Neel.

From that day, Neel's complaints towards Mummy-Papa stopped and he started living happily with Mummy-Papa and Bunty.



Jai Satchitanand.

## A Real Life Experience

A five years old gujarati girl survived a tragic accident and was admitted to Apollo hospital in a very serious state. Her right arm was fractured and she had massive internal organ damage.

Her condition worsened and she had to be put on a ventilator as she could not breath on her own. She was operated after being stabilized.

In the ICU, she was put off the ventilator. But her liver condition was worsen and she had to be put on the ventilator again.

At this point, when it was still uncertain whether she could survive or not, I gave her two books of Bal Vignan' 'What do I like?' & 'Fun N Gnan with Dada'. Reading books made miserable girl so happy that soon she was taken off the ventilator and on sixth day she was mobilized. Then within two days she was discharged.

This shows that the inner state of mind helps a lot in external recovery of the body. And this book can be used as a THERAPEUTIC TOOL to lessen the burden on Doctors!!!

--Dr. Viral Patel, (Physician), Apollo Hospital (ICU)

## **DID YOU ENJOY !!!!**

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Jai Satchitanand.



## What Next...?

- ▲ Is Neel able to remember what Dada said ?
- ▲ To what extent is he able to live as per Dada's teaching ?
- ▲ Is he able to get over the clashes, jealousy and unhealthy competition with his friends in school ? How ?
- ▲ What remedy is he getting to improve the concentration and memory while studying ?
- ▲ How he developed interest in studies ?
- ▲ How does naughty Neel become everybody's favourite in school ?

To know all these, read

**“From Human To Superhuman  
Series 2”**

Publishing shortly.



# BALVIGNAN



Picture Book



Activity Book



Puzzle Fun



In this first volume of the series, Neel comes in contact with Dada. From Dada, he gains understanding of the basic principles of nature such as how does one get happiness or unhappiness? How does one rectify one's mistakes? What are its results? etc. Also, complaints about his parents, solutions by Dada and outcome of those solutions have been narrated. In addition, the wonderful aspects of 'Gnani Purush' are described.