

Akram Youth

December 2017 | English

Dada Bhagwan Parivar

₹ 20

Brahmacharya



Contents

04. I am Vishay! (Lust)

06. The Disastrous effects
of lustful Indulgence

07. Brahma+Charya =
Brahmacharya

08. Virtues Arising from
Brahmacharya

10. Scientific reasons to preserve
Celibacy

11. Question & Answer

12. Glimpses of Great Souls

14. Gnani with Youth

16. Gnani-an Idol of Astonishment

18. Dada's Book Excerpt

21. Experience

22. Great Personalities



You need to download QR Code Scanner
App from Play store or iTunes Store

Visit : <http://youth.dadabhagwan.org/Gallery/Akram-Youth>

Download free ebook / PDF versions of all
Akram Youth issues by scanning this QR code

Publisher & Editor:

Dimple Mehta
Pg. 24 - December 2017.
Year: 5. Issue: 08.
Cont. Issue: 56.

Contact :

Gnani Ni Chhayama (GNC),
Trimandir Sankul,
Simandhar City,
Ahmedabad-Kalol Highway,
Adalaj, Dist. Gandhinagar,
Gujarat-382421
Phone: (079) 39830100
email: akramyouth@dadabhagwan.org
website: youth.dadabhagwan.org
store.dadabhagwan.org/akram-youth

Printed & Published by

Dimple Mehta on behalf of
Mahavideh Foundation
Simandhar City, Adalaj -
382421. Dist- Gandhinagar

Owned by

Mahavideh Foundation
Simandhar City, Adalaj -
382421. Dist- Gandhinagar

Printed at : Amba Offset

B-99, GIDC, Sector-25,
Gandhinagar – 382025.

Published at

Mahavideh Foundation
Simandhar City, Adalaj -
382421. Dist- Gandhinagar

Total 24 Pages with Cover page

Subscription

Yearly Subscription

India :200 Rupees
USA: 15 Dollars
UK: 12 Pounds

5 Years Subscription

India : 800 Rupees
USA: 60 Dollars
UK: 50 Pounds

In India, D.D. / M.O. should be drawn
in favour of "Mahavideh Foundation"
payable at Ahmedabad.



Editorial

This month, we are going to have a special experience. It is like swimming against the tide. We are going to discuss about Celibacy (Brahmacharya), the most powerful weapon in our armoury, which can protect us from falling in the deep trap of Lust (Abrahmacharya), the root cause of all worldly problems. Value of Celibacy is imbibed in our ancient culture also. In the Ashram system (four age-based life stages), the first Ashram, the stage of youth, is called the Brahmacharya Ashram. It requires a certain discipline, guidance and purity for full flowering of the youth.

Though importance of Celibacy has been accepted in all religions, its true understanding has mostly remained elusive. In absence of such knowledge, we helplessly get dragged in the whirlpool of lust. Due to the bad influence of time, not only is there a continuous, non-stop attack of Abrahmacharya-related stuff on individuals throughout the day but nobody even thinks that there is anything wrong in it. Today's youth do not know how harmful and dangerous the results of Abrahmacharya are, which is nothing but an illusion. Pujya Dadashri has described Abrahmacharya as a heap of filth. This illusion of pleasure has sunk great saints and masters from tremendous spiritual heights.

For the youth, Abrahmacharya related thoughts are most damaging for focus and concentration. Therefore, it is very important that their attention remains on academic and career goals since these efforts will lay the foundation for success in life.

In this month's issue, we have tried to introduce the sensitive subject of Celibacy with an honest intention that today's youth get an opportunity to think a while before being drawn into the ocean of illusionary pleasure of lust.

- Dimple Mehta



I am Vishay! (lust)

**I am not concerned with what happens
to my victims.**

I am sure you know me. I am very powerful, a descendent of the indestructable demons. I am Vishay! I have defeated many of the so called "Great Heroes". Despite living in their minds, they are not able to detect my presence. I am not concerned with what happens to my victims. My job is to engage as many people as possible into the fire of lustful passion.

I enter into peoples minds and convert them into lustful monsters. By making them forget all their relationships, I encourage them to commit heinous deeds. People are foolish! Whilst attracting them, I cheat and corrupt. My intoxication is such that individuals turn into helpless beggars searching every where for me. When I spot an individual alone, my strength doubles encouraging them to seek solitude.

I was successful in deluding the courageous Ravana. To fracture his arrogance, I encouraged him to abduct Sita thus inviting his end. Rishi Vishwamitra may have been strong willed and very heroic in obtaining the title of Brahmarishi, however, at least once I enticed him with celestial damsel Menaka's beauty thus disturbing his celibacy. Great Kings and ministers have lost their kingdoms under my spell. Even Indra Mahendra have committed heinous deeds. Most of suspects have been victims of my valour and in the past, I have been responsible for many wars.

I have successfully disturbed the inner vision of many celibates. Those that follow celibacy with their minds, I have defeated them a long time ago. However, I have not been successful in defeating the individuals that have taken help from the 'Gnani'. Even so, I refuse to accept defeat and continue trying to enter their minds. But the nectar from these individual's study, disables the smallest spark of passion. This is the reason why I stop people under my control from visiting the 'Gnani' who in this era (Kalyug) has opened Brahmacharya (Celibacy) doors for married couples as well, over whom, for centuries I have reigned naturally.

I control the whole world and only the 'Gnani' controls me. It's only under his aura, I start diminishing slowly.

**Do you recognize me properly now?
I am Lust!**

THE DISASTROUS EFFECTS OF LUSTFUL INDULGENCE

The most devitalizing and demoralizing of pleasures, is the pleasure from lustful indulgence. It's presence attracts various sorts of sicknesses like:- weaknesses, attachments, slave mentality, weak will, severe exertion and struggle, craving and mental restlessness. Lust never allows individuals to come to their proper senses even when they get severe knocks, kicks and blows from different corners just like a strolling street dog that never stops visiting the same houses even after being pelted with stones every time.

Eminent doctors of the west say that various kinds of diseases arise from lustful activities particularly in young age. Boils appear on the body, acne or eruptions on the face, blue lines around the eyes, absence of beard, sunken eyes, pale face with anaemia, loss of memory, loss of eye-sight, short-sightedness, enlargement of the testes, pain in the testes, debility, drowsiness, laziness, gloominess, palpitation of the heart, pain in the back, loins, head and joints, weak kidneys etc.

Mark carefully the evil after-effects that follow lustful activities. Individuals are physically, mentally and

morally debilitated. The body and the mind refuse to work energetically and lethargy sets in. One experiences much exhaustion and weakness with both physical and mental strength diminishing day by day.

The energy that is wasted during one lustful activity is tantamount to the energy that is spent in physical labour for ten days or the energy that is utilized in mental work for three days. It completely shatters the brain and the nervous system.

When seminal fluid (Veerya) is not wasted, it gets transmuted into spiritual energy (Ojas Shakti) that gets stored up in the brain.

This spiritual energy that stems from practicing Brahmacharya (Celibacy), enables one to progress on the path of Self-Realisation and attain Ultimate Liberation !

BRAHMA+CHARYA ||

BRAHMACHARYA

Spiritual meaning of Brahmacharya is, 'the inner state of an individual dwelling in Pure Soul.'

The uninterrupted pure celibacy through the medium of thoughts, speech and acts is the exact prerequisite for final liberation. It is that which stills one eternally in the supreme bliss of the Self, uprooting all elements of worldly life interactions.

In this era of Kaliyug, such an amazing feat is indeed possible through 'Akram Vignan!' In this lustful environment, the Gnani Purush's extraordinary and effective speech demolishes all elements of lustfulness for the seeker making him steady in celibacy.

The one who attains such celibacy with the help of Akram Vignan is guaranteed liberation in maximum of fifteen life times.

Some great celibates from ancient times are :

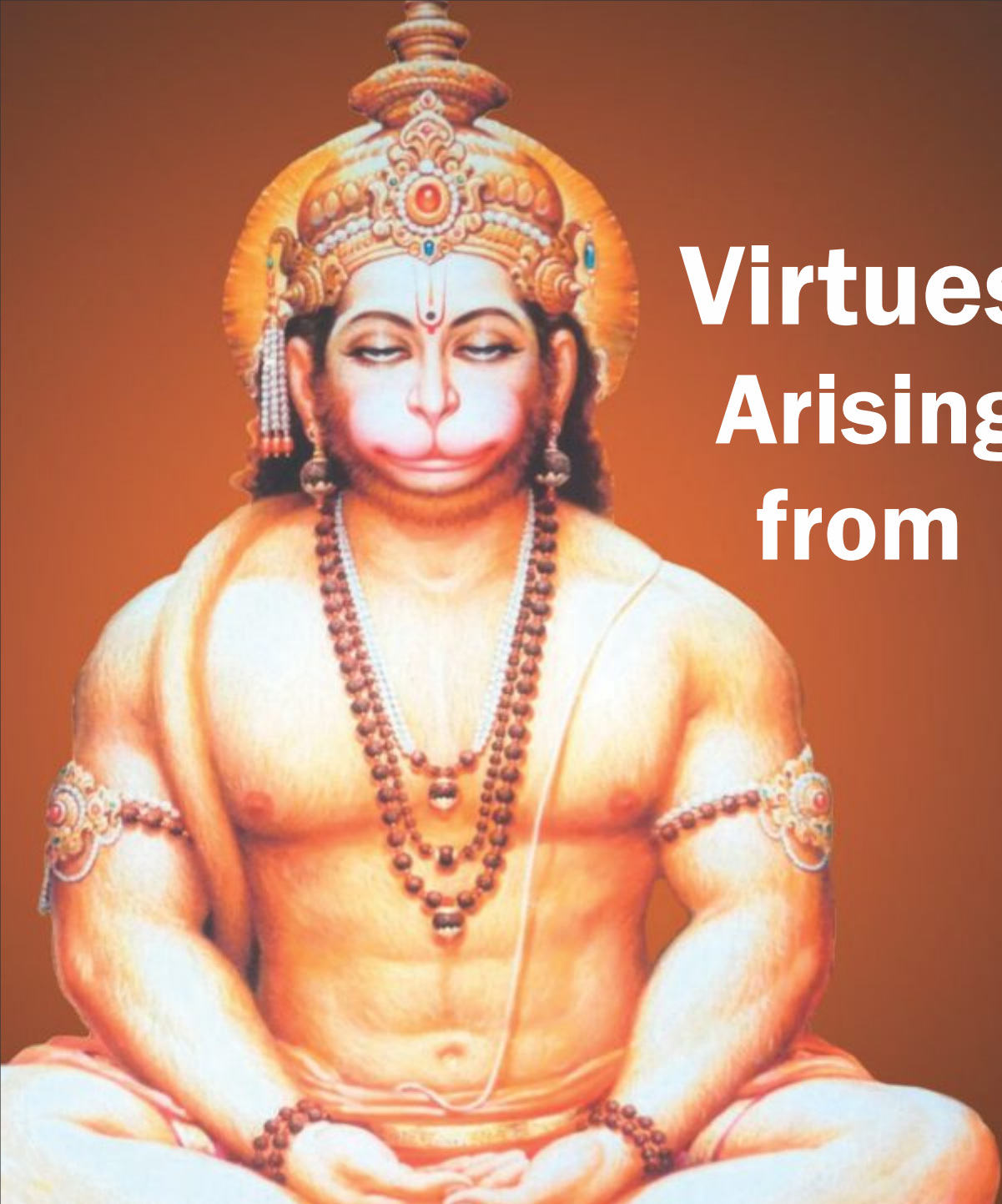
Great Bishma, was grandfather to both Pandavas and Kauravas. He obtained victory over death by adopting celibacy.

Lakshman, the brother of Shree Ram was an ideal celibate who defeated Meghnath, the son of Ravan, a man of inestimable prowess.

Emperor Prithviraj's greatness and valor was due to the factor of celibacy.

Swami Vivekanand followed celibacy and was successful in making India famous across the whole world.

Hanumanji, Using the weapon of Brahmacharya, acquired unsurpassable strength and valour that led to the status of 'Maha-Veer'.



**Virtues
Arising
from**

Brahmacharya

1. Intuition/Spontaneous Understanding : The mind becomes incredibly sharp with the ability to grasp things easily. One starts to understand things intuitively without thinking about them.

2. Courage/Fearlessness : Through celibacy fear diminishes to a great extent and during fearful situations a person faces it steadily with courage . Awareness of risks increase and with this the ability to solve difficult situations improves thus reducing panic.

3. Blissfulness/Contentment : You start to feel blissful and this reduces passion and taste for sensual pleasures. Sometimes the bliss is so great and continuous that you lose interest in everything around you experiencing an invigorating effect on the body.

4. Better Memory : You will find it is easier to remember long forgotten things/situations including dreams.

5. Better Immunity : The energy reserves of your body improves thus making it easier to deal with illnesses.

6. Lack of worry : Worries decrease and this provides a sense of security enabling individuals to deal with difficult situations.

7. Suppleness and flexibility : The body becomes more supple and flexible.

8. Calmness and peace : An indescribable inner calm develops that enhances the virtue of patience quite naturally, leading to peace and bliss.

9. Confidence : Vigor and confidence develops with shyness disappearing enabling one to feel comfortable with Self. The increased confidence can easily make one conceited, therefore exercise care.

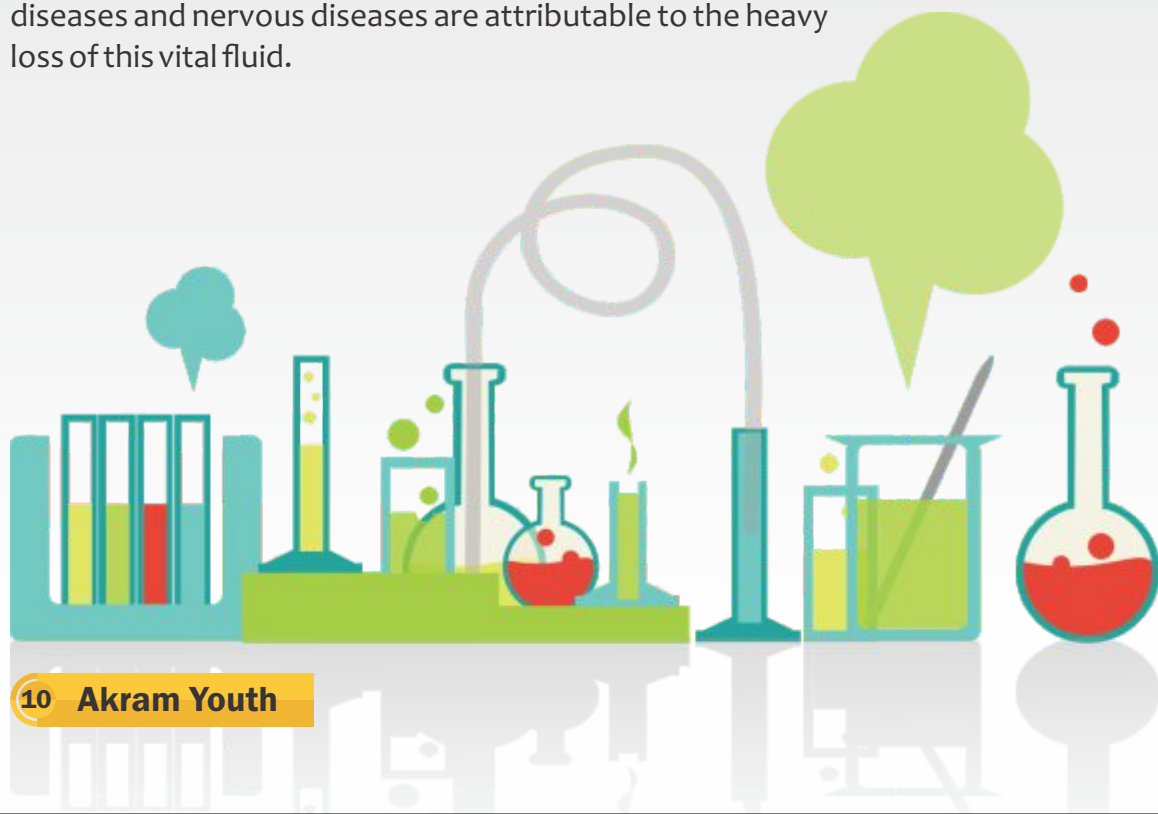
10. Lack of Anger : Practice of celibacy enables one to be more at peace with Self. Patience develops and reasons for anger disappear, making one feel ‘ everything's fine!’

Scientific

Reasons to preserve Celibacy

If celibacy is not practiced by body, speech or mind/sense and sensory organs, sex hormones flow out of the body of men and women. The sex hormones are mostly made of lecithin, phosphorus, nitrogen and iodine, the components which are very useful to life, body and brain.

In this connection 'Science of Regeneration', a book written by Raymond Bernard is worth reading. He writes that man's sexual tendencies are fully controlled by endocrine glands that produce sex hormones which in turn control other glands. Youth subsists on abundance of sex hormones in the blood. As endocrine glands decrease the production of sex hormones, individuals begin to experience old age and weakness. Semen is a treasure of inexhaustible strength. By protecting and preserving it, individuals can maintain high energies and remain young for a long time. Just indulging in imaginary sexual pleasures can use up energy thus reducing balance of mind resulting in little things upsetting them. The body and mind refuse to work energetically while physical and mental lethargy persists. Exhaustion and weakness are experienced. One becomes slave to anger, laziness and fear. Bad memory, premature old age, impotence, various sorts of eye diseases and nervous diseases are attributable to the heavy loss of this vital fluid.





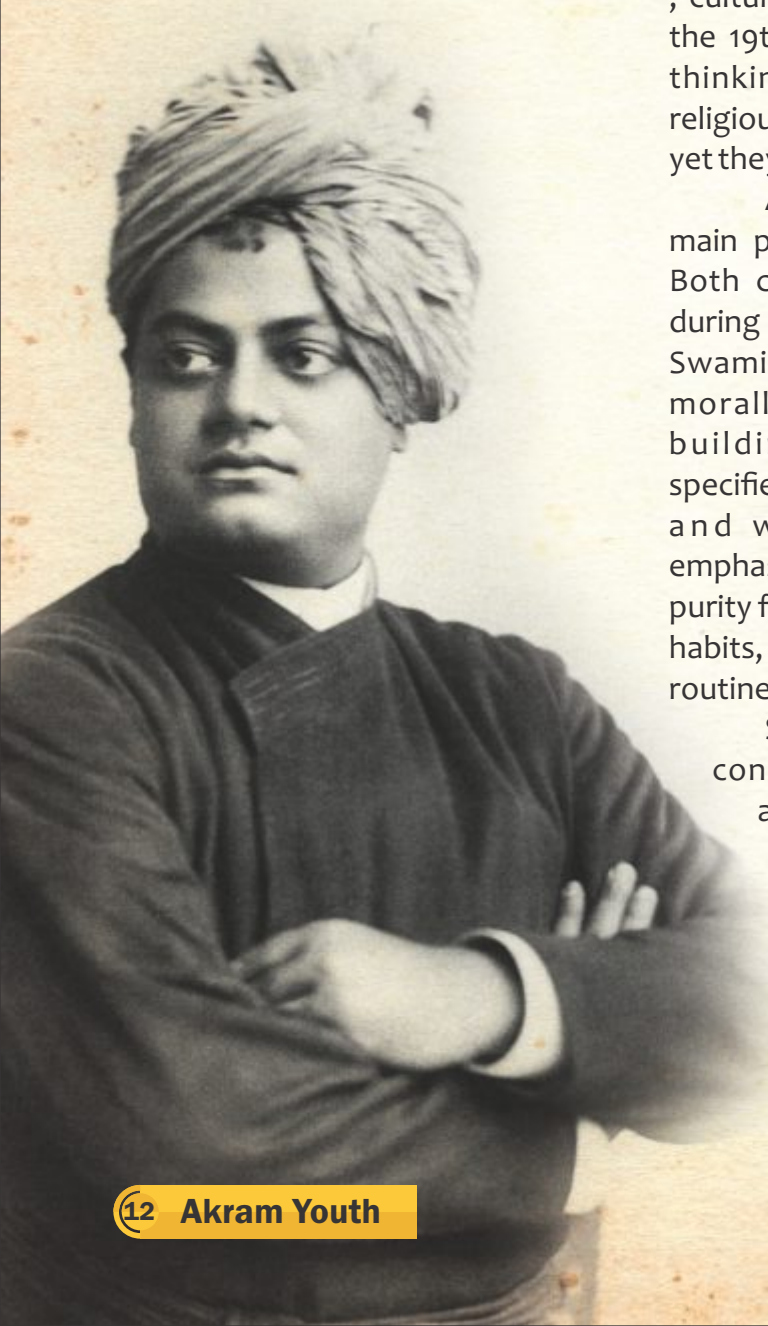
Questioner : I am studying in 12th standard and rank 1st in the class. My memory is very sharp with my physique fit and healthy. How come I perform well even when I don't practice celibacy and often commit dhrashti-dosh (starring at females)

Aptaputra : You do not adhere to celibacy but still possess sound memory, good health and perform well. That is because of punya (merit karmas). However, as you progress deep into abrahmacharya (debauchery), you will gradually start to loose your grasping power. You may be ranked 1st now but if you meddle in love affairs, you will gradually be downgraded as your 'chit' gets far-fetched. That will be a great loss. If one doesn't follow celibacy, he is in abrahmacharya (questionable character). Whatever comfort and materials are available today, it is the result of carried forward punya karmas from the past. The debauchee deeds conducted at present will bear fruits later, in difficulties arising. If one goes to enjoy what doesn't rightfully belong to them, then the implications are grave, it bears tremendous risks and brings heavy liabilities.

Watching videos, movies and indulging in love affairs will occupy your mind constantly with the same thoughts recurring. As a result, there will be quarrels at home and you will experience lack of peace. When we look at others, what we observe are merely few points! The one that passed with 1st rank in the class, would have many friends and would be very impressionable. But the results of these actions will emerge after a while. Is this good conduct? Will the people at large criticize or praise? Most of the time, while in power, we see all will run smoothly. Subsequently, when power is lost, you start facing criticism from the same people. Someone may be highly educated but if his conduct is not good, we will not associate with him. We all like to move around people who may be less learned but still maintain good conduct. So if someone gets away with wrong conduct, it is only because of his past punya karma and once this diminishes, problems will start pouring in.

Glimpses of Great Soul

Swami Vivekanand and Maharshi Dayanand Saraswati



Maharishi Dayanand Saraswati and Swami Vivekanand are important historical, cultural and revolutionary individuals of the 19th century India. Their educational thinking was rooted in ancient India religious, spiritual and cultural traditions yet they were open to western culture.

According to them, education's main purpose was to build a character. Both considered celibacy as necessary during the period of pursuing education. Swami Dayanand gave strict rules for morally sound conduct in character building, while Swami Vivekanand specified ideal qualities for celibate men and women. The main qualities emphasized were independent living and purity from lust, amongst others like, good habits, self confidence and rules for daily routine.

Swami Vivekanand introduced concentration as the main tool for acquiring knowledge and celibacy was considered inevitable for this purpose. He believed that practicing celibacy for twelve years resulted in lustful energy being transferred into spiritual strength. To safeguard individuals practicing celibacy, both instigated separate schools for girls and boys.

Swami Dayanand announced forty eight years of celibacy as the best and Swami Vivekanand gave women a place to live with respect by creating monasteries for them. Swami Dayanand warned celibates to beware from eight types of lustful activities. He considered celibacy essential for the development of memory power, intellectual growth, physical and spiritual progress.

Both great personalities give credit to celibacy for spiritual, societal, educational and character development which is necessary for acquiring knowledge. Competence of spiritually powerful characters stems from their celibacy!



“Brahmacharya should be like a burning fire within the veins!”



Gnani with youth

Questioner : It appears as if I have a major blockage with the internet. Under certain circumstances, that mistake happens.

Pujyashree : Do you have internet at home?

Questioner : No, not at home

Pujyashree : Outside, when you have easy access to it, ask for strength.

Do you want to be driven by your mind or as per your goal?

Questioner : According to my goal.

Pujyashree : Sometimes the mind tempts you to watch T.V or search the internet. The temptations are just from the mind. So, if we follow our mind then we will fall into a pit and if we stick to our

goal, then we will reach the peak!

We should ask for strength from Dadashri and make a firm resolve to not listen to our mind. Besides, you will find a relevant chapter in your book on celibacy, so read that, as well as in Volume 10 of Aptavani, on 'mann ka chalta tan chale...' and thereafter you should decide how to remain firm.

Questioner : I can decide, but the sincerity which should come with it is lacking.

Pujyashree : It will come. So now, once again make a strong resolve, then calculate how much time and energy have you wasted by not following your resolve. Make a

strong determination and you will be able to come out of this weakness.

Questioner : Pujyashree, please give me strength to come out of this.

Pujyashree : Five, ten, twenty even fifty times, ask for inner strength from Dada and say, 'Hey Dada Bhagwan, whatever the circumstance may be, I don't want to stain my celibacy or be insincere. I want to remain strong so please give me inner strength. You will manage to come out and thereafter remain in touch with Aptaputras.

Questioner : File no.1 is unable to control his roving eyes. When someone wearing attractive clothes approaches, he can't help looking at her. Simply speaking, he is attracted towards

women. He is aware that there is no happiness here, yet the attraction is strong.

Pujyashree : When you feel attracted, silently chant the 6th Kalam "Dearest Dada Bhagwan (pure Soul within), give me the absolute inner energy not to have, nor cause to have, nor instigate someone to have any sexual desires, feelings or gestures towards any living being, be it male or

female or of bisexual orientation. Give me the supreme energy to be externally free of sexual desire." Keep repeating this statement and chanting, "Dada Bhagwan na Asim Jai Jai Kar Ho!" By doing

all this, the link of attraction will break. Do Pratikraman at night and check if you have hurt anybody during the day.

Questioner : Yes, sometimes that happens.

Pujyashree : So do Pratikraman for any indulgence in sensual pleasures and for 'kashays' (inner hidden enemies) then ask, 'did I hurt anyone, did I spoil my vision?' Then in the spare time repent. Ask forgiveness for hurting others and for any attractions towards individuals. Chant the 9 Kalams, do Namaskar Vidhi and perform prayers to give you strength against your weaknesses.

Gnani

An Idol of Astonishment

In 1997, I saw Niruma for the first time and was deeply drawn towards her followed by a thought, 'will my parents allow me to come to Simandhar City?' Fear of refusal made me run away from home to Simandhar City just like individuals do to get married. I surrendered myself at the feet of Pujya Niruma who moulded me in dealing with worldly interactions (relative sense) as well as progressing in the spiritual state (real sense).

I had failed in Chartered Accountant (CA) exams, yet she encouraged me to go ahead and not to fear. She said, "I appreciate when girls study. They should do so and become independent." She was constantly advising me to study Company Secretary (CS) which I finally did. After shifting to Simandhar City, I got lots of support from her. For me, she was everything! My mother, father and guide. I received all the motherly warmth from her. She showed her fondness towards us in many ways. When we worked till late in the night, she would ensure we received 'Prasadi' (food offered to god) and not go hungry.

Once, I wrote out Niruma's 'negatives' and personally handed the paper to her saying, "these are what I have observed in you." Generally, one would think that on reading this, Niruma, would rebuke me and ask me to return home. However, being a Gnani, she explained very lovingly and with compassion, "all that you have written, is from your intellect. It therefore doesn't bother us. We only look at what's within your heart!" On hearing this, I was in tears and at a loss as to what could be done to appease my mistake regarding Pujya Niruma.

I had an opportunity to stay with Pujya Niruma for two years. I felt those two years were the best in my life. When I arrived here, I had no abilities. I used to make many mistakes that Niruma bypassed with her love.

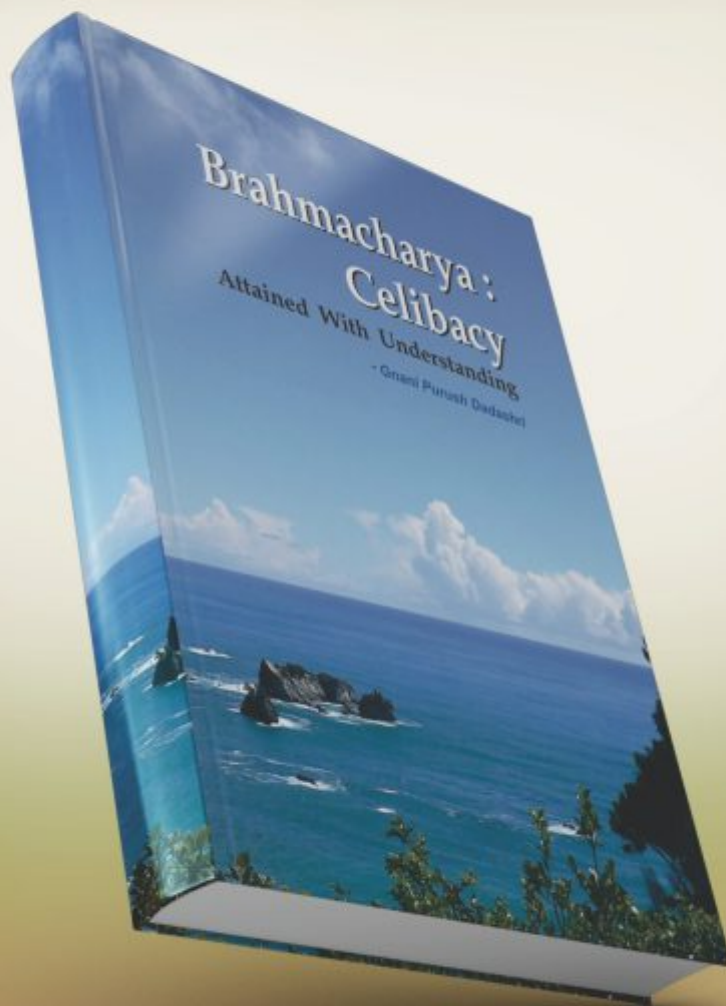
In the year 2004, I used to make a mistake repeatedly. Then I wrote out everything and handed it to Niruma. She very lovingly explained and solved my problem.

But after some time the same mistake recurred. So, Niruma sharply rebuked me for this, while showering a torrent of compassion upon me saying, “Whose daughters are you? Aren't you Niruma's daughters? What's the matter? You've received the best 'mother' in this world. Then what more do you want? Why all this restlessness? ” These words were like hammer blows and penetrated all the way within me. I pledged to do everything for her.

When I came out from the mistakes that were frequently troubling me, I realised I had really progressed.



Dada's Book Excerpt



Download free ebook / PDF
versions of this book by
scanning this QR code



Just be warned against lustfulness

Questioner: Dada, I understand now that I am doing wrong, and yet mistakes occur.

Dadashri: Does pratikraman occur afterwards?

Questioner: It does. But I cannot stop 'Chandubhai' from doing wrong. I immediately do pratikraman. But within no time, he turns everything around and does the wrong thing.

Dadashri: There is nothing wrong with everything going wrong. But this lustfulness is one thing that makes a person forget everything. So 'we' just tell you to be vigilant when it comes to matters related to lust.

On a day to day basis, you are not able to see your mistakes because of eating heavy meals that cause sloth and dullness (pramaad); for most part, your awareness goes down for several hours after eating, then the intoxication slowly reduces.

However, intoxication of lust remains for a whole twenty-four hours.

For this reason, one is simply not able to see his mistake.

These become apparent when he becomes free from lust. Real mistakes, serious mistakes, known as gross mistakes, are not seen because of dependency on lust.

So it is up to each individual to do pratikraman, depending on how much of a hurry he is in. And no such rule exists.

For That, You Need to Do Thousands of Pratikraman a Day!

For now, just watch where your eyes wander. Once upon a time, people used to gouge out eyes if they looked upon someone with lustful intentions. That is sheer foolishness; you do not need to do that. If it occurs for you, simply avert your eyes and if it occurs again, then do pratikraman. Do not forsake even a minute's worth of pratikraman in this matter. Mistakes associated with eating and drinking are inconsequential when compared to lustfulness. Lust is the worst disease for the one who wants freedom from worldly life. Bondage to the worldly life exists because of lust.

Using wisdom, get your work done. If goods are bought from black market, then they will have to be sold on black market, however tell 'Chandubhai' to do pratikraman. Before, no pratikramans were done resulting in ponds of karmas being filled. Doing pratikraman cleanses it. When you do five hundred to a thousand pratikraman's a day, is when your work will get done.

Pratikraman With True Repentance

Questioner: Sometimes I feel lazy and get bored in performing pratikramans as there are so many to do.

Dadashri: Yes, this is the fault of apratikraman. This happens because pratikramans were not done at the time the mistakes happened. By doing pratikraman right away, the fault will not arise again.

Questioner: When can you say that the cloth* has been washed properly?

Dadashri: When you do pratikraman, you yourself will feel that it has been washed properly.

Questioner: Should you feel remorse internally?

Dadashri: You should definitely have remorse. The remorse must remain until your work (liberation) is done. You just have to keep watching if he is remorseful or not. You have to do your work, and he will do his.

Questioner: All this is very sticky, but some change is occurring.

Dadashri : Whatever kind of fault was accumulated that is coming out. But this will be emptied in five, ten or twelve years, and then the 'tank' will be all cleared. Then it will be clean and you will be free from everything.

Questioner: Once the seed has been sown, it will bring forth its fruit, will it not?

Dadashri: The seeds are sown! It will bear fruit, but as long as the roots have

not taken a firm hold, there will be some change in the intensity of the fruit. Therefore, before death, one can change the result to come, and be cleansed of it. That is why we say to a person who has committed lot of lustful mistakes, or any other mistakes, to fast on Sunday and keep thinking about these mistakes while cleansing them for the whole day. If this is done with my Agna, the mistakes will decrease.

Questioner : How do we do samayik and pratikraman for matters related to lustful indulgences and impulses?

Dadashri: You have to do pratikraman for all the mistakes that have occurred till today and make a firm decision not to repeat those mistakes in future.

Questioner: What if we keep seeing the same mistakes over and over, when doing samayik?

Dadashri: Ask for forgiveness for as long as you keep seeing these mistakes. Do repentance and pratikraman with remorse over it.

Questioner: Just now, when I sat in samayik, why did I keep seeing the same things over and over again?

Dadashri: That will come for as long as those atoms are within you. What problem does that cause for you anyway?

Questioner: Does it mean that these keep coming back because they have not been cleansed properly?

Dadashri: No. The existing stock will remain for a very long time. It remains for about tens years, but you have to perceive to remove it all.

Experience



I was very good at studies in my school life. From standards I to IX, I always ranked 1st in my class. In the X standard, I scored 85% marks in my class. Thereafter I took admission in engineering diploma. It did not take long before I got infected with dirty co-ed atmosphere of college. I scored 60% in the first semester and in the second, I failed in 2 subjects. I was highly depressed and in order to get some relief, I fell into bad company. As a result, I started getting 'appear for re-exam' clause in almost every subject. Somehow, I managed to sneak into 3rd year and during that time I took Gnan from Pujya Niruma.

One day, a sudden thought appeared in my mind. Will I be able to complete my studies or not! What will I do? My father didn't have a business of his own that I could inherit. He was in a government job so I could not expect much help from him. I had no other option but to build my own career. I had no special skills, not even with vocabulary. I was not the type to get compartmental remarks in exams or failures. How did this deterioration happen! Earlier, I was pretty good at my studies. I realized, it was due to bad company of friends and engaging in lecherous affairs. I used to get into the whirl of dirty lustful thoughts and could not finish reading one page for hours. My grasping power was terribly reduced.

I started attending Pujyashree's satsang on celibacy after taking Gnan. I liked his discourses and found his matter applied to me the most. I realised that if I manage to come out from affairs with girl friends, I would be able to regain my educative strength and grasping power. I was deeply influenced by the satsangs on brahmacharya (celibacy). I started reading that book on daily basis and doing pratikraman (asking for forgiveness). In a short span of time, I managed to clear my compartmental exams and finished graduation with good marks. Subsequently, I got a good job and finally found success in life. After that, I came down to Adalaj and offered my complete submission to Pujya Niruma. She performed 'vidhi' for me and from that moment onwards, I never had any single thought on abrahmacharya (obscene thoughts).

Great Personalities

Celibacy enhanced their lives....

Some of the most influential and greatest minds the world has ever known have had their lives enhanced through celibacy.

Leonardo da Vinci

Was born on 15 April 1452 in Italy. He was a great mathematician and a scientist who became famous for his art. Examples of his famous work are, Mona Lisa, The Last Supper, The Vitruvian Man and Lady with an Ermine. It is believed he practiced celibacy and this improved his concentration power.



Mahatma Gandhi

Mahatma Gandhi in his autobiography wrote that at the age of 34 years, he heard an inner voice informing him that the observance of total celibacy was imminent for further spiritual progress. At the time, he was already practicing selfless service, observing silence on Sundays, praying daily, studying Bhagavat Gita, practising yam, niyam, satya and ahimsa. Being married, he sought compliance for total celibacy from his wife Kasturba who agreed with his proposal. He was 34 - 35 years old and from that age until 79, for more than 40 years, he observed strict celibacy. Mahatma Gandhi is famous for freeing India from British rule using the weapon of Ahimsa. An achievement that is great in world history!



Sri Ramakrishna Paramahansa

Was born on 18 February 1836. He was an Indian mystic and a yogi who believed that unbroken practice of celibacy for twelve years would assist an individual to develop special powers. A new inner nerve of memory grows through which one remembers and understands all. When a man succeeds in the conservation of his lustful energy, his intellect reflects the image of Brahma. Such a man is able to accomplish anything – he succeeds wonderfully in any action that he chooses to engage with. Such are the thoughts of Sri Ramakrishna Paramahansa. His famous disciple was Swami Vivekanand.



Nikola Tesla

There is more to life than lust, dating and money. Tesla is a wonderful example of what humans can achieve in a single lifetime when they are completely focused on forging their passions into reality at the expense of everything else that society says matters (money, relationships, sex, etc.). Tesla was a true, uncompromising idealist. He had the chance to become a wealthy, famous industrialist, but he spurned that path without hesitation, spending his time instead trying to make every one of his ideas a reality. Tesla's innovations are induction motor and rotating magnetic field known as the Tesla coil. Tesla, had no need for a reference library as he could consult in his mind any page of any textbook he had read, any formula, equation or item in a table of logarithms. This would flash before his eyes. He could recite scores of books, complete from memory. It is believed that Tesla also practiced celibacy.

December 2017.
Year: 5. Issue: 08.
Cont. Issue: 56.

Akram Youth

Date of Publication: 22nd of Every Month
RNI No. GUJENG/2013/53112
Reg. No. G-GNR-311/2017-2019
Valid up to 31-12-2019
Posted at Adalaj Post Office
on 22th of every month

Brahmacharya



Send your suggestions and feedback at: akramyouth@dadabhagwan.org

Printed and Published by Dimple Mehta on behalf of Mahavidya Foundation-Owner.

Printed at : Amba Offset, B-99, GIDC, Sector-25, Gandhinagar – 382025.



Akram Youth **24** December | 2017