

# Akram Youth

May 2020 English

Dada Bhagwan Parivar

₹20



The **9** of  
power series 6

To not have even to the slightest extent, any sexual faults, desires, gestures, or faults related to sexual thought

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May 2020  
Year: 8. Issue: 1  
Cont. Issue: 85

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**Printer & Published by**

Dimple Mehta on behalf of  
Mahavideh Foundation  
Simandhar City, Adalaj -  
382421. Taluka & Dist - Gandhinagar

**Owned by**

Mahavideh Foundation  
Simandhar City, Adalaj -  
382421. Taluka & Dist - Gandhinagar

**Published at**

Mahavideh Foundation  
Simandhar City, Adalaj -  
382421. Taluka & Dist - Gandhinagar

**Printed at : Amba Offset**

B-99, GIDC, Sector-25,  
Gandhinagar – 382025. Gujarat.

**Total 24 Pages with Cover page**

**Subscription**

Yearly Subscription

India :200 Rupees

USA: 15 Dollars

UK: 12 Pounds

5 Years Subscription

India : 800 Rupees

USA: 60 Dollars

UK: 50 Pounds

In India, D.D. / M.O. should be drawn  
in favour of "Mahavideh Foundation"  
payable at Ahmedabad.

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# Editorial

Dear Friends,

Do you know that every creature is born with four instincts? They are food, fear, sexuality, and sleep. Out of these four instincts, three of them can be evident since childhood. That is why if a person is a small child or a youth like us, all of us feel hungry, feel sleepy, and in some situations, even feel fearful. The instinct of sexuality only shows up after a person steps into the adolescent stage of life. Due to this, young men and women get attracted to each other. There is not a large risk in the three instincts other than sexuality. However, Dada Bhagwan constantly warned that the tremendous risks that lie in sexuality, especially that of illicit sexuality, requires a lot awareness. We are not aware of how the curiosity towards sexuality prior to marriage turns into perverted tendencies. Additionally, the consequences of illicit sexual intent are so terrible that we keep sinking deeper into this quick sand due to its ignorance.

Through the medium of recitation of the sixth *Kalam* of Pujya Dada Bhagwan's nine *Kalams*, we receive the understanding and strength required to be free from the mistakes of sexuality, while



maintaining a safe distance from it. This issue of the magazine provides a deep understanding of sexuality and Dada Bhagwan's sixth *Kalam*, while also providing the understanding of how to come out of those mistakes. I am sure this edition will become a guiding force for you to become aware of sexual faults and to make efforts to come out of those faults.

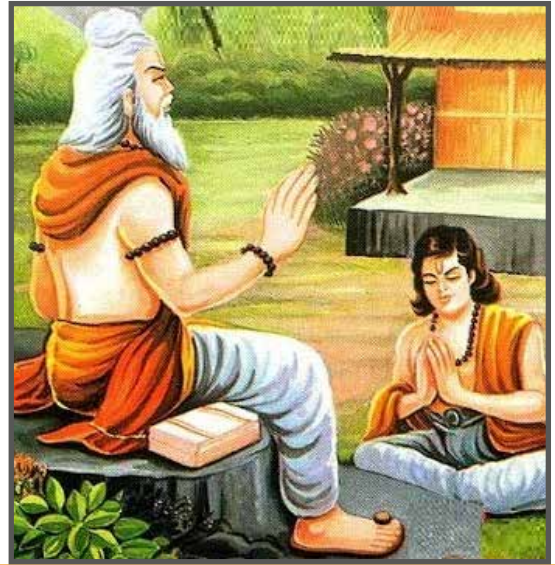
All the best. We will meet again next month, with a new *Kalam*, and with a new understanding...

Jai Sat Chit Anand!!!

- Dimple Mehta

# Sixth Kalam

In ancient Indian tradition, the first 25 years of one's life used to be considered the stage of celibacy (Brahmacharyashram). In this stage, disciples lived their lives away from family and society. While in the vicinity of their Guru and under his guidance, the disciples received education and spent their lives with self-control and restraint. After 25 years, they would spend their life in the family stage of life (Gruhasthashram) with one wife with utmost faith. Due to that, there was no place for the bad company and intergender relations.



However, these traditions have been unhinged in modern India due to the influences of foreign cultures. The coeducation of young boys and girls along with other factors have led to lots of problems faced by the youth and society at large. After reaching adolescence, they start experiencing new feelings while undergoing physical and mental development. There is some sort of a special attraction of a man towards a woman and a woman towards a man. They start liking to look at him/her and like dreaming about him/her. They find new people over the phone, on the internet, and on social media platforms and begin conversing with one another. They enjoy hanging out with friends and watching movies. This impacts their education and their day-to-day lives. During this time, they require proper guidance from someone who can understand their mental con-

dition and can turn them back from this illusory world. Pujya Dadashri has shown many remedies to stop this downfall and strengthen their celibate state. In addition, one should repeatedly recite the sixth *Kalam* out of Nine *Kalam*s that Dadashri has given in order to increase strength so that one can avoid repeating past mistakes.

**Sixth Kalam → Oh Dada Bhagwan [the Lord within]! Give me the absolute energy not to have, nor cause anyone to have, nor instigate anyone to have, even to the slightest extent, any sexual faults, desires, gestures, or faults related to sexual thoughts towards any living being, be it male, female, or of bisexual orientation. Give me the absolute energy to be continuously free from all sexual impulses.**

## The Fault of Looking at Someone with a Sexual intent

Raj, who is eighteen years old, was the son of a wealthy businessman. He was living a very extravagant lifestyle. He and his sister, Saumya, were studying at the same college. Saumya liked a simple lifestyle from her childhood, while Raj's nature was completely opposite to his sister. Since childhood, he used to waste money on his friends to impress them. After going to college, he spent lavishly on new clothes, bike, car, and friends.



It was the first day of college after vacation. Being the first term, there were many new freshmen who were eager to experience college life. As usual, Raj was smoking cigarettes outside of the college gate with his friends. Suddenly, his attention

was drawn towards a girl who was standing by the college gate waiting for her friends. Raj's friends saw him staring at this girl and told him that she is a new student.

Raj was attracted to her and he planned to start a conversation



with her. The next day, Raj boldly went up to this girl and asked her name, which school she came from, where she lived, etc. Gradually, he started spending more time with this girl, whose name was Riya. This continued for many days. Since Raj was popular in the college, everyone came to know about Raj and Riya's relationship. Riya started liking Raj a lot. She started dreaming about her future with him. While for Raj, Riya was the present. Upon getting a new girlfriend, she would turn into the past.

One day, Raj saw his sister, Saumya, walking towards the parking lot, while holding the hand of his classmate, Virat. Raj was furious.

He ran and held Virat by his collar and told him in anger, "How dare a poser like you approach my sister? Stay away from Saumya, or else..." Virat responded, "Or else... what??? Everyone knows that you are just taking Riya for a ride and she is also the sister of some guy. So relax, bro... so let's both enjoy." Virat shrugged Raj's hand and left with Saumya on his bike. Raj got lost in a daze by Virat's words.

**Let us see what Dadashri says about this....**

# Dadashri's Scientific Solution

I have disgust towards this matter that how can one look at anyone with a sexual intent? How would you feel if someone looked at your sister with a sexual intent? Similarly, what if you were to look at someone else's sister with a sexual intent? But people do not think this way, do they?

**Questioner:** No one would do that if they thought that way, would they?

**Dadashri:** Yes, no one would ever do that. But there is so much gross unawareness, isn't there! There has been a great change in these boys since they attained this Gnan. Therefore, I feel happy, do I not? Otherwise, I would not even call them over, because it would cause a feeling of revulsion in me.

**Dadashri:** If you happen to view someone with a sexual intent, then immediately tell Chandubhai [reader to insert his or her name here], 'This is not right. This does not suit you. You are a person with noble qualities. Just as you have a sister, she may also be someone's sister! If someone were to view your sister with a sexual intent, then how hurt would you feel? Similarly, would someone else not feel hurt? Therefore, this does not suit you.' So, if you happen to view someone with a sexual intent, then



repent over it.

From the time I was young, I have not liked how people found happiness in this? I think that what kind of a thing is this? They should play with Japanese toys. They should play with these living 'toys', but living toys will strike back if you hit them, will they not? Illusory attachment happens internally because all of this is covered up and dressed in clothes. From a very young age, I have become accustomed to the practice of 'three vision'. That is why I feel aversion towards worldly life and I have a feeling of revulsion towards this. Whereas these people devote themselves to these things. What kind of foolishness is this?

# Ban on Obscene Websites



In October 2018, the Indian Government ordered Internet Service Providers (ISPs such as BSNL, Airtel, Tata, Reliance Jio, etc.) to block 827 websites. The reason was that all of these websites were encouraging obscene (dirty) materials (photos and videos), debauchery, sex, violence, and other perversions. These were derogatory to our Indian culture and values. Due to such websites, many negative effects are seen amongst our citizens, especially within the younger generation.

## 1. Mental Effects:

Most of the people have accepted that using these websites have created problems in their lives. They have experienced loneliness, depression, self-negativity, mental instability and a lack of confidence in their own interactions. Such impacted people remain alone in their room and avoid mingling with other people. When they interact with people then their vision and their attention and tendencies are drawn towards sexuality (vishay vikar) and they are lost in imaginary dream world.

## 2. Addiction:

Such types of people cannot keep control of one's own self and due to that, they easily get dragged towards vices such as alcohol, drugs, cigarettes etc. Once they get addicted to such vices, they do not have the strength and steadfastness to come out of it. This addiction keeps destroying their self-respect and damages their health, prosperity, strength, and time.

## 3. Effects on the career:

A person cannot focus on his education, job, or business. Due to this,



prospects of progress gets smothered. Almost 25% of those who are addicted to such websites have reported negative effects on their job front.

#### **4. Downfall of human values:**

Such a type of person can become violent in order to fulfil his imagination and his suppressed fantasies. He can apply force and rape someone, as well. Such a person has no respect for another person. He has no value for the opposite person's respect or character. After losing complete control of his own self, he has no idea what he is doing or what he is going to do in the future.

There was an incident in Dehradun where four seniors raped a tenth grade student and after that, the student informed the police that they had committed this crime after visiting pornographic websites. Due to the effects of such websites, cases of rapes keep increasing.

For such a person, relations are not important. He forgets that with which person he is associated by which relation. Due to this, his perversion keeps increasing. Such a person can look up to his own family members with illicit intentions. Many such cases lead to illicit relations. Due to the loss of control on one's own senses, sincerity is not maintained within their relations. This has resulted in incidences of painful marital life, betrayal, extra marital relations, divorce, suicide, murder of family members, and with that, countless families have

been shattered.

#### **5. Social impacts:**

When people come to know about the illicit and improper activities of a person, then that person falls out the grace of others. Due to this, people avoid him, and when he needs assistance, he finds it difficult to obtain. Such a person lives life like a stray animal and is similarly treated with insult and contempt from society. Due to this, his self-confidence also suffers.

**If the Indian Government takes steps at the national level to uphold the cultural values of the Indian heritage, then as an Indian and as a responsible citizen of the society, it is our moral duty that we do not surf such obscene websites. We should not take any step that would encourage such a perversion. As a result, we must make sure that we do not view any such photo or video that would provide encouragement to indecency. We must make sure not to see anyone with bad intentions that could make us fall from the grace of others.**

# Glimpse of Dadashri's Book

The practice of humanity is such that upon seeing a woman, one immediately thinks, "What would happen if someone looked at my sister with a sexual intent? I would be hurt." This sort of thought is considered the practice of humanity. "Therefore, I should not look at anyone with a sexual intent," He would repent in this way. His development should be such!



The practice of humanity means that whatever you do not like, you should not do to others. What you yourself do not like, you should never do to other people; that is called the practice of humanity. The practice of humanity has limitations; it is not beyond limits. But if you do just this much, then it is enough.

Say someone has a wife and a mistress. Now the Lord has said, "The world has accepted that you are married. Your in-laws have accepted it, your family has accepted it, the people in your town have accepted it." Will anyone point a finger at you if you take your wife to the movies? And what if you take another woman to the movies?

**Questioner:** In America, there is no objection to that.

**Dadashri:** There may not be an objection in America, but there would be an objection to it in India, wouldn't there? This statement is correct, but those people do not have the same understanding. However, they do raise an objection to it in the country in which you were born [India]! An objection is raised; that in itself is a fault. In America, there is no objection to it. Over there, not many people are headed towards an animal life-form [in the next life]. Over here, eighty percent of humans are headed towards an animal life-form. Eighty percent of people here. This is because they come into the human life-form and what do they do? They sell adulterated goods and enjoy what is not rightfully theirs, they steal what is not rightfully theirs, they have desires to



take what is not rightfully theirs, they have thoughts about that which is not rightfully theirs, or they look at other women with a sexual intent.

A person has the right to indulge in [sexual] pleasure with his own wife, but he should not even look at another woman with a sexual intent; there is punishment even for that. The punishment for just looking at another woman with a sexual intent is an animal life-form [in the next life]. This is because that is beastliness. There ought to be humanity.

What is the practice of humanity? To enjoy that which is rightfully yours; that is referred to as humanity. Do you accept this or not?

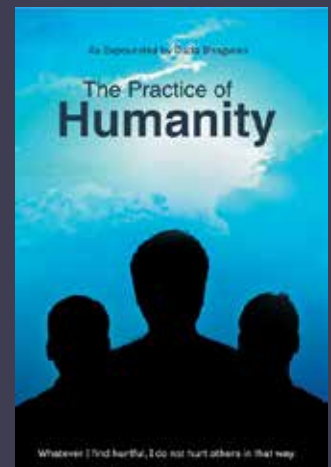
**Questioner:** Yes.

**Dadashri:** And that which is not rightfully yours?

**Questioner:** One should not accept it. Is there any proof that a human will be born in an animal life-form?

**Dadashri:** Yes, it is with proof. Such statements cannot be made baselessly, without proof. For how long is the life-form as a human retained? The life-form as a human is retained as long as one does not indulge in that which is not rightfully his, even to the slightest extent. Those who enjoy what is rightfully theirs are born as humans. Those who enjoy what is not rightfully theirs are born as animals. Those who give what is rightfully theirs to others, go to the celestial realm (*dev gati*), and those who forcibly take from others that which is not rightfully theirs and hurt them in the process, go to hell (*narkgati*).

**One should not even look at another woman with a sexual intent; there is punishment even for that. The punishment for just looking at another woman with a sexual intent is an animal life-form.**





Chhatrapati  
**Shivaji**  
**Maharaj**

Chhatrapati Shivaji Maharaj was famous for his valor and was equally known for his *sheelvaan* (state of being absolutely free from sexuality and *ka-shay*) moral character. He never let his character blemish.

Once upon a time, one of Shivaji's brave commanders won Kalyan fort. Along with ammunition and other stuff, he also acquired the beautiful wife of Kalyan fort's Mughal soldier. Commander was infatuated with her beauty and decided to give her to Shivaji as a gift. He went to Shivaji with this woman in a palanquin.

At that time, Shivaji was meeting with his team of commanders regarding administrative arrangements.

The commander bowed to Shivaji and informed him that he wanted to give him a beautiful thing that he acquired from the Kalyan fort. After mentioning this, he gestured towards one of the palanquins.

As Shivaji removed the veil from the palanquin and saw a beautiful young lady, his face fell in shame and he uttered... "Had my mom been so beautiful, I would also have been born beautiful."

**Even though you stayed with me, you still don't know my nature? Shivaji looks at other people's daughter and daughter-in-laws as mothers.**

After that, Shivaji scolded his commander and said, "Even though you stayed with me, you still don't know my nature? Shivaji looks at other people's daughter and daughter-in-laws as mothers.

"Go right now and send her back to her home with due respect."

The commander was stunned. He was thinking that he would get a prize for this, but instead he received a scolding. He had no option but to return the Mughal soldier's wife back to her home.

He appreciated the moral character of Shivaji and left to return the Mughal soldier's wife.

Such was the character of our Chhatrapati Shivaji Maharaj.

## Where do Mistakes Occur?



**Questioner:** I make so much effort, do so many *samayiks*, and do *pratikraman*. However, I am not sure where mistakes are occurring.

**Pujyashree:** Yes, but I think about where mistakes are occurring at least 400- 500 times no matter how many *samayiks* or *pratikramans* have been done. “I will see it this way. I will see it that way. I will enjoy it this way. I will enjoy it that way.” Now, you have intents such as, “No matter what situation comes my way, I want to remain free from all sexual impulses. No matter what types of body parts I see, I do not want to have sexual intent. Oh Dada Bhagwan, give me the strength that no matter how nice the packaging might be that is seen, I want remain free from sexuality with the use of three vision. Give me strength. Likewise, for each and every word that is spoken or heard, and each and every opinion that arises, cancel each one individually by saying, “I want to remain free from sexual impulses no matter what sort woman it may be or how beautiful the body parts may look. Give me strength to remain strong.” This should be ruminated upon a thousand times. We have ruminated upon those other things for a thousand times so we end up slipping. We fall as soon as we see those things because we have worshipped sexuality the entire day.



**“No matter what situation comes my way, I want to remain free from all sexual impulses. No matter what types of body parts I see, I do not want to have sexual intent. Oh Dada Bhagwan, give me the strength that no matter how nice the packaging might be that is seen, I want to remain free from sexuality with the use of three vision. Give me strength.”**

And going further, we have been worshipping only this (sexuality) life after life. Therefore, cancel this thought at least 500-1000 times a day by saying, “Show me that which I am looking at, in the way it actually is through the medium of three vision. All these spare parts are pieces of flesh. Please give me strength not to have the slightest sexual impulse. Give me the absolute energy to be continuously free from all sexual impulses. Give me the strength to maintain pure celibacy without any leakage. Give me strength to maintain complete, pure celibacy for this life, for the next life, and until I attain liberation.” Ask for strength at least 50, 100, 500, or 1000 times. Who is there to stop you? Instead, one does *chintavan* (ruminates on a topic visualized in the chit) the wrong way, that, “When I am alone, I will watch this. That TV show is still remaining to be watched. I will watch this on the internet.” In the end, we have no control over the fruits of our wrong signatures that have been done. Moreover, if we have done the correct signatures such as, “Whatever body type it is, be it feminine, masculine or bisexual; give me strength to remain free from any sexual impulses towards any of them. Give me strength to remain free from making any sexual gestures. Give me strength so that I am not sucked into any lustful attractions or illusory attachments. I want to remain in a state of awakened awareness. I do not want to be tainted to the slightest extent. I want to see only the Pure Soul. I want to be free of all sexual impulses.” Nurture these types of intents. “Give me the strength that neither I become an evidentiary instrument for someone else nor someone else becomes an evidentiary instrument for me such that sexual impulse do not occur within me and my celibacy remains protected.” Now, is there any problem in asking for this?

**Questioner:** No, there is not.

## Introducing the Sixth Kalam

From previous articles of this magazine, we learned different types of faults, its effects, and the damages they cause. Who would not want to come out of these menaces? Do you also want to come out of them? To come out of all these faults, Pujya Dadashri has given the sixth *Kalam* as a sure remedy.

**Oh Dada Bhagwan [the Lord within]! Give me the absolute energy not to have, nor cause anyone to have, nor instigate anyone to have, even to the slightest extent, any sexual faults, desires, gestures, or faults related to sexual thoughts towards any living being, be it male, female, or of bisexual orientation. Give me the absolute energy to be continuously free from all sexual impulses.**



If you recite this *Kalam* sincerely, then not only you can wash away your old faults, but along with that you attain the awareness and strength to ensure that such faults do not occur again. If you recite this *Kalam* 10-20 times every day with proper understanding, then it gives special results. However, to get that you have to understand certain words in depth that are within this *Kalam* such as “*Vishay-vikar*”, “*Chestao*”, “*Nirvikar*” etc. Let us understand these words in detail in our following article.





**Questioner:** When we go to school or college, on the way sometimes there is a dalliance, we touch someone, or we think of touching someone. In that case, what is our responsibility?

**Aptaputra:** Sometimes you don't realize it but unknowingly you touch someone while some people purposefully touch. Sometimes upon touching you feel very good, you have sweet feelings within and enjoy it, but when you improperly touch someone purposefully, the opposite person does not like it, and due to that, he or she develops bad feelings for us causing us to have to suffer its consequences. When we hurt someone for our own pleasure, it is called *Raudradhyan*, which is the adverse internal state of being. Result of *Raudradhyan* is very severe. Examples are going to hell or being born as an animal in the next birth. Hence, this is risky. One must maintain awareness that his or her actions are causing suffering to the opposite person. Even if you like it, it's an offense. But if one is doing these actions on purpose, then it's considered the worst. It should not happen.

**Questioner:** If I have thoughts of inappropriate touching while riding a train, in an elevator, or in class, then what is the remedy for that?

**Aptaputra:** It means that the thought, "I will receive happiness by touch-

ing,” is caused by wrong belief. By watching people sexually touch on the TV, the belief sets in that by doing so, I will get happiness. From what Dada says, we actually attain the understanding that this is wrong. Although behind it, we have a wrong belief that by doing so I will attain happiness, but in actuality, you don't get it. On the contrary, its reaction will give you suffering. This has many negative effects, too. Examples being that you get insulted in society, get mentally disturbed, are not be able to focus on studies, etc. You should be able to visualize such negative consequences. Additionally, we should also think about what would happen if we touch someone in public and the resulting consequences of that act. Everyone is neither going to applaud and appreciate you nor would they encourage you. This is wrong, and being wrong, you should not think about such acts. We should not agree with such bad thoughts. We should apologize in the presence of God that “Such bad thoughts occur in me, I want to get rid of them, and I do not want to proceed in that direction. Oh God! Give me strength that I can ignore such thoughts.”

This understanding can be developed with Dadashri's Gnan and with Satsang, which will give us permanent happiness. While worldly knowledge will give us temporary happiness, we would not know when suffering would crop up.

**Questioner:** In the sixth *Kalam*, there is the word *cheshta* (sexual gestures). So does *cheshta* mean touch or something else?

**Aptaputra:** *Cheshta* is that any sort of sexual touching on oneself or with another person. *Cheshta* is a very gross activity that we can actually photograph. On the other hand, subtle things cannot be photographed like the thoughts in one's mind cannot be photographed.

**Questioner:** Does going to watch movie fit in the definition of *cheshta*?

**Aptaputra:** Yes, the act of watching a movie can be photographed, right? If someone is being touched, then that is considered *cheshta*, while thoughts are not *cheshta*. However, if someone is touched based on the way one is thinking or if there is any sort of sexual touching, then that is considered *cheshta*. Imagination is a type of thought; therefore, it is not considered *cheshta*.

# Gnani with Youth



**Questioner:** What is meant by free from all sexual impulses? Moreover, what sort of strength should we ask to become free from all sexual impulses?

**Pujyashree:** Attraction is considered a sexual impulse. If we have the awareness within the attraction that we do not want to get involved in such attachment or attraction with anyone, then it is considered as being free from sexual impulses. If one is involved in sex with someone, then it is known as sexual impulse. And if he protects his celibacy, then it is known as being free from sexual impulses. One should ask for strength. Whenever one views someone with a sexual intent or has thoughts of sexual intents in his mind then he should ask for forgiveness from the pure Soul within that girl by reciting, “Oh pure Soul! Please give me the strength to not have deluded vision towards on anybody and give me strength to remain in celibacy.”

**Questioner:** Does that mean that only attraction is considered a sexual im-

pulse or is there something else?

**Pujyashree:** If one has a desire to indulge in the activity after attraction takes place, then that is considered a sexual impulse. To indulge sexual pleasure is considered a sexual impulse. Did you understand?

**Questioner:** Then, what about if one wants to remain free from sexual impulses?

**Pujyashree:** If one asks for forgiveness from her pure Soul, then that much of the layer of that sexual impulse breaks. One layer of the knot of sexuality is removed. Do you understand? *Pratikraman* must be done, the sixth *Kalam* must be recited, and strength must be requested. Get married when account for the marriage presents itself. Until then, you should not go astray. Indulging in relations other than husband-wife relations is wrong. Therefore, ask for forgiveness for that. Dating is also wrong.

# Experiences

After finishing primary school education, most of my friends took admission at the village high school where it was co-education. My family took me to a boys only school in a nearby town. I was eager to go to college after finishing five years in high school. Moreover, I was a youth, and due to that, my curiosity of meeting girls and being acquainted with them was increasing. In the meantime, I used to visit my village library during vacation days, and there, I came across small books of Dada Bhagwan. I finished them all. I read about sixth *Kalam* and the explanations given by Dadashri from the book named “The essence of all religion” and was pondering over the fact that if someone looks at my sister with bad intentions, I would not like it. Similarly, every girl is also someone’s sister. If I look upon her with bad intentions, is it considered gentleman like? Incidentally, Pujya Deepakbhai’s Satsang and GnanVidhi was organized in that city around the same time, wherein after listening to questions and answers my understanding of the fault of looking at someone with a sexual intent became deeper. After that, I used to increase my awareness and awakening by reciting sixth *Kalam* to avoid such faults in the college whenever time permitted. Due to that, I could finish my college without getting involved in any friendship or any other affairs and I could save myself from dangers arising out of it.

-Saurabh Sheth

Up until my tenth standard, I was the brightest student in my tuition class. Nevertheless, halfway through the tenth standard, one bright girl took admission and by securing excellent grades. She dropped me down to the second rank. She was also good looking and well natured, so I started thinking more about her. But after finishing tenth grade, I majored in science, while she took commerce. For this reason, I lost touch with her. Nonetheless, old memories always used to remind me of her and distract my attention from studies. At the same time, I found science stream tough and my grades went down. In the meantime, I joined the YMHT Group. There, I began reading material on the Sixth Kalam for the Akram Youth magazine. As I started reciting Sixth Kalam, reasons for obstructions in my progress became evident. Subsequently, I removed that girl from my memory and focused on my studies. Due to that, my progress gradually started and my grades went up from 40 percent to 60 percent. I hope to keep holding on to Sixth Kalam for my spiritual progress along with my career.

**-Jenil Rita**

# CONTEST TIME!

Exciting Prizes

The **9** of  
power series 6

**9. AKRAM YOUTH**

**9. KALAM**

**15. QUESTIONS  
FOR EVERY MONTH**

## Today's Youth App

The Official App of Dada Bhagwan Youth Group  
for visiting [youth.dadabhagwan.org](http://youth.dadabhagwan.org)  
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to play **The Power of 9 QUIZ** and much more...



# #Poem

Yuvaanino aa sauthi vikat rog chhe..  
Bhutaval chhe je, loko kamje bhog chhe..

Mari gaya samajjo drashti manday jo..  
Ankh na khulli rahe aarpaar dekhay jo..

Vastu aa ek j, ninda karvaa yogya chhe..  
Jovu nahi, anhakknu badhu ayogya chhe..

Stri, purush, napunsakma ek jevo bhagwan chhe..  
Dehto darekno matra ne matra khokha samaan chhe..

Sukh nahi, maansna locha chunthvani j vaat chhe..  
Gnaniono prakash lo, aa bahu andhaari raat chhe..

Aajkaal kartaa padi anantni atkaman chhe..  
Bagichaani sher nathi aa, bhaavoni bhatkaaman chhe..

Kapraa kalikaale brahmcharya e antim tapasyaa chhe..  
Eva Gnanionu maano, aamaa nathi lapsya je..



By Dada's Youth

May 2020

Year: 8, Issue: 1

Cont. Issue: 85



During the stage of the Coronavirus Lockdown

## Dada Bhagwan Pariwar's Massive Contributions

- Sevarthi from Adalaj prepare food parcels and grocery kits for the needy people every day.
- In the first round, more than 4000 grocery kits were distributed to the needy people in various villages. A similar distribution was organized a second time as well.
- Home delivery of medicines, tiffins, and the necessities of daily life was provided for the senior citizens of Simandhar City and ATPL.
- At the Vadodara Trimandir, food parcels are being made every day for the police staff, medical teams, and other essential service personnel.



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