

Akram Youth

March 2021 English

Dada Bhagwan Parivar

How Are
The Ones On
The Path To
Liberation
Like ?



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Editorial

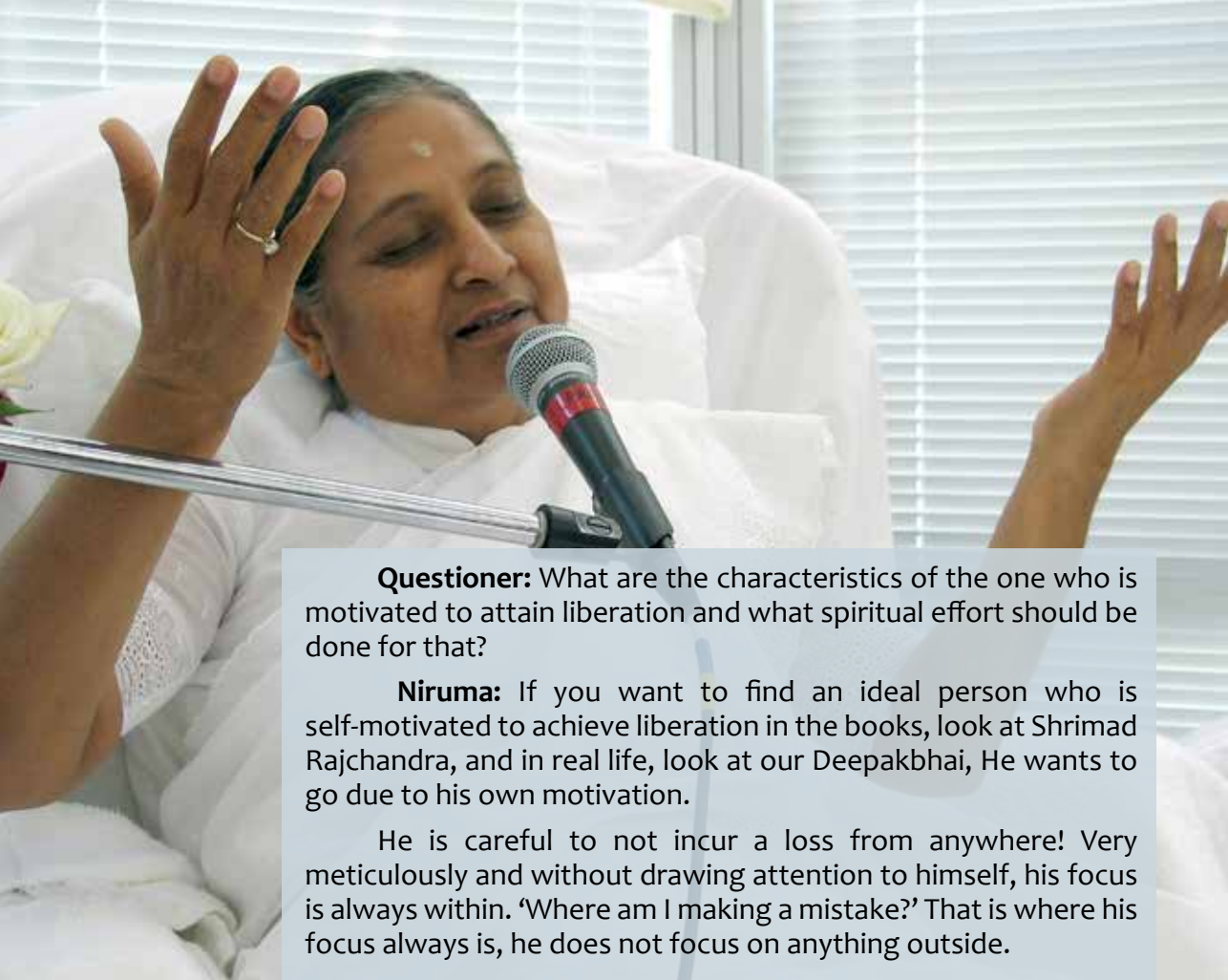
My young friends, when we meet an influential person, we get attracted and influenced by some of their qualities. The rule is such that, we naturally get attracted towards the qualities that we don't possess and are present in the other person. By observing such a person, those qualities begin to grow within us.

Most of the time, Gnani's and other elevated Souls attain Self-realization and final liberation in that very lifetime. There are very few cases, such as Lord Mahavir who attained absolute Knowledge at the age of 42 and was around until the age of 72. Krupaludev (Shrimad Rajchandra) attained enlightenment and passed away at an early age and, therefore, very few people came in contact with him. Dadashri received Akram Gnan in 1958 and was able to give Gnan to others for 30 years. Niruma, who was graced by Dadashri, stayed with us for 38 continuous years, waving the Akram flag after receiving Gnan from Dadashri. And our loving Pujyashree received Gnan from Dada at the age of 17, stayed with our revered Niruma as a spiritual colleague, and for the last 50 years, we have a present, living Gnani Purush amongst us as a representative of Dadashri.

We are all very fortunate to have the extraordinary opportunity to witness the celebration of the '50th Golden Jubilee Gnan Year.' We have a wonderful chance to see and learn 'How Are the Ones on the Path to Liberation Like?'

Friends, this month's issue of Akram Youth has brought a special inspiration to all of us. Let us get a glimpse of the divine events in Pujyashree Deepakbhai's life and through these various occasions, let us see 'How Are the Ones on the Path to Liberation Like?' It will give us a new vision to progress in our spiritual effort so that even we can move forward on the path that the Gnani has experienced and shown us.

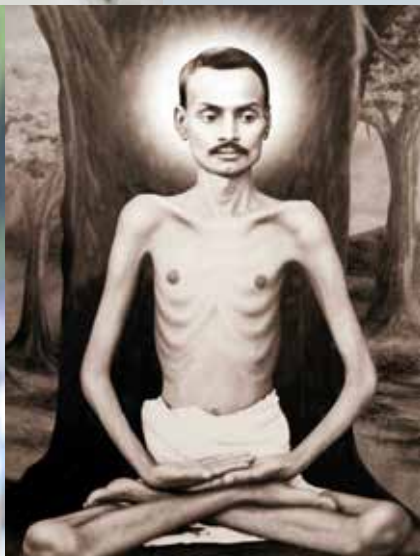
-Dimple Mehta



Questioner: What are the characteristics of the one who is motivated to attain liberation and what spiritual effort should be done for that?

Niruma: If you want to find an ideal person who is self-motivated to achieve liberation in the books, look at Shrimad Rajchandra, and in real life, look at our Deepakbhai, He wants to go due to his own motivation.

He is careful to not incur a loss from anywhere! Very meticulously and without drawing attention to himself, his focus is always within. 'Where am I making a mistake?' That is where his focus always is, he does not focus on anything outside.



How Are the Ones on the
Path to Liberation Like?

They are
Self -Motivated to
Attain Liberation!



With the blessings and grace of revered Dadashri and Niruma's blessings, Deepakbhai has cultivated many noble qualities. They give us an outstanding example of what the characteristics of a person wanting to attain liberation should be like.

So, let us understand some of these qualities in greater depth.

How Are the Ones on the
Path to Liberation Like?

They Have
Absolute Humility



A Glimpse of One of Dadashri's Books



Questioner: If someone wants to acquire the same Gnan as 'You', What should their conduct be like?

Dadashri: Humility towards parents is needed. One should follow their instructions. Similarly, absolute humility is needed here.

Questioner: What is absolute humility?

Dadashri: It is an egoless state. The nature of Gnan is such that it flows down from above. Therefore, if a person does not maintain absolute humility, he pushes away the Gnan!

Absolute humility means to keep absorbing [the Gnan] and to please a revered person. Then, no matter how much he abuses you, you stay put! To show humility in the face of disrespect is considered strong humility and to show humility towards someone who disrespects you by giving you two slaps is considered absolute, steadfast humility. The one who attains this absolute, steadfast humility will attain liberation. He will not need a Self-realized spiritual teacher or anyone else. I give the guarantee that he will become Self-realized on his own.

Humility Towards Parents

Pujyashree: I met Dada Bhagwan at the age of seventeen, so there were many problems due to differences of opinions between my father and I. He wanted me to get married. In the beginning, he told me to finish studying, then do this and that, and when I started going to satsang more, he said “You go to satsang too much, you don’t stay at home, you aren’t working, you’re not doing this.” I was making great progress in my studies. After my studies were finished, I took up a job, and then gradually I had a business, and it was progressing smoothly.

Eventually, after five to seven years passed, he told me, “It is good that you did not get married. You were able to stay with me.” All the way till the end, I served my father and mother in every way. My father was extremely pleased with me afterwards and he later told me, “You are my guru. This path that you have chosen is the best. It has been extremely useful for my liberation and for my worldly interactions.”

My earlier years, after receiving Gnan from Dada, passed in such conflicts, but I had the Gnan with me that ‘he is’ a pure Soul. No matter how harshly he spoke

“It is good that you did not get married. You were able to stay with me.”

with me, I always viewed him with the vision of the Self and I never let go of my humility towards him as my father. With Dada’s Gnan, I constantly had that vision that he is not at fault, it is my karmic account, no matter what he says, that is his viewpoint, but I do not want to hurt him. That spiritual awareness stayed with me all the way till the end.



Absolute Humility



Questioner: Niruma must have scolded Deepakbhai at some point, right?

Aptaputri: Oh yes! Niruma would scold him many times. One time, Niruma relentlessly scolded him for half an hour. I was so shocked and wondered why Deepakbhai wasn't giving a justification, why he wasn't explaining the facts. He kept on listening, but he never said, "Niruma, because of this reason this happened, that is why I was late." Nothing of that sort. He always thought that whatever Niruma was saying is correct. Whereas, it was completely opposite for me. I would explain to Niruma my situation, and my intellect was so overpowering that I would constantly argue and try to show her the truth and prove my innocence. Deepakbhai would never argue. He would heartily accept 100% of whatever Niruma told him, he would find his faults and increase his awareness. He had such steadfast, absolute humility towards Niruma, that if she were to slap him (to mold him), his absolute steadfast, humility for her would never break.

How Are the Ones on the
Path to Liberation Like?

They Do Not See
Anyone's Faults



We cannot attain liberation by hurting anyone, that is not possible. If someone is hurt by us, he will stop us from moving ahead. And if we give happiness to others then they will let us pass.



They Have Constant Thoughts of Only the 'Self'.



Niruma: Many years ago, Niruma and Dada were in Aurangabad. Then Deepakbhai arrived in Aurangabad by taking a train from Mumbai. He had to change trains and after waiting for the second train, it took him 15-16 hours to arrive.

When Deepakbhai came to meet Dada, he was asked, “What were you doing for so many hours?” Deepakbhai said, “I got on the train and fell asleep. I was lying down, but I was not able to get a second of sleep. I was constantly thinking about the Self, Dada! It has been happening non-stop ever since I visited you.”

Then Dada said,

“You are in the same state of enlightenment as Krupaludev (Shrimad Rajchandra).”



Niruma: So, this is not an ordinary thing, rarely does someone attain this [state]. Only thoughts about the Self, and no other thoughts. There is no [interest] in food or drinks. Even if he is served mangos, he is not interested. Only talks about the Self interest him. He does not even look at what station the train has arrived at. If everyone gets off, then he gets off. “Sir, please get off,” so then he gets off.



Aptaputra: And after Deepakbhai spoke about those sixteen hours, I continuously kept having thoughts about Dada's work for 16-20 hours. There was no break anywhere, and this has been happening for many years, so now how can I progress towards the Self? I have the energy, but right now, it is all getting used up for the relative.

Niruma: If you didn't have thoughts about work, then thoughts about the worldly life would have continued in this manner. You would have had thoughts about your business, women, and kids. You have moved up one step from that, at least you are not thinking about the worldly life. You have thoughts about the work of world salvation. Gradually a time will come when your thoughts will turn towards the Self. Be prepared, that if this change happens and your thoughts go to-

wards the Self, then that is the best.'

I was not like Deepakbhai, I was thinking about Dada's seva the entire time. If it wasn't seva, then it was Dada. I did not have any other thoughts.

Constant Thoughts
of Only The Self

Thoughts of Dada
and Dada's Seva

Thoughts About Business,
Women and Kids



Dadashri: Sincerity is a virtue that is close to the boundary of the original Self. A sincere person remains sincere to himself as well as to others. He will not feel that 'These things do not belong to me. I am remaining sincere to him because he is my boss, but I won't remain sincere to this other person.' Not like that. Sincerity takes one towards his intrinsic nature.

When a person remains sincere in every matter, that is a sign that he will go to liberation!

Niruma: Dada had said something very beautiful about Deepakbhai, "He has a great virtue of sincerity. Whatever he does, he will do it sincerely, till the end. So that sincerity will take him to great heights."





In Pujoyashree's Own Words...

What is my intention when I am closing a window? It is that no mosquitoes should come in. If mosquitoes come in, someone will get bit, they will get sick for 15 days, and Dada's work will be put on hold.

I repair the machinery with such sincerity that it does not get damaged even when I go to satsang for 3-4 months.

I plan in a manner that it becomes convenient for whoever takes my place in the future. I am sincere towards the person and the work.

I do not look for my own convenience, I will work twice as hard, but the mahatmas should get it at the right time. To get it to them on time, that is our sincerity.

I am not insincere while doing *pranayama*, so the first breath is as deep as the last breath, it is the same. One must remain sincere.

Whenever there is some time between two circumstances - whether it is for a minute, five minutes, or two hours - then at that time, remain sincere to your Real form [as the 'Self'].

Always remain sincere to Dada, to your work, and to people. You should remain 100% sincere to whoever comes in front of you.

How Are the Ones on the
Path to Liberation Like?

They
Adjust Everywhere

The one who has learnt the art of adjustment has turned from the world and onto the path of liberation. When an adjustment is made, that is considered as Gnan. The one who has learned to take adjustments has sailed free. You are bound to suffer whatever suffering comes your way, but the person who has learnt to take adjustments will not have any problems; the accounts will become clear. If you encounter a robber and you 'disadjust', then he will beat you. Instead, you should decide that 'I want to adjust and get my work done.'

Adjustments Do Not Have to Be Taken, They Happen Naturally

Questioner: How did Pujiashree take adjustments? Please talk about that in more detail.

Aptaputra: Pujiashree is constantly taking adjustments naturally. He constantly thinks, 'How can Niruma be taken care of even more? How can things be made more convenient for her? How can I be more helpful so that Niruma can do Dada's work even better?' His mind is continuously thinking about all of this. Niruma is constantly in his awareness, so he is easily able to adjust naturally.



There is a photo of Niruma sitting on the top berth in a train and there is another lady sitting in front of her. Deepakbhai is sitting across from her and an Aptaputri is sitting on the other side. Deepakbhai feels, 'It doesn't matter where I get to sit, but Niruma should not be inconvenienced.' His *chit* is constantly in Niruma and in the Knowledge laden speech of Dada (Gnanvani). I have never seen his *chit* go anywhere else.

Niruma was a big instrument for the salvation of the world and Pujiashree remained in constant, absolute, steadfast humility with her. Even now, Pujiashree always thinks about those who are around him before thinking about himself, whether they are a Sankul member or a mahatma. He takes adjustments so naturally, that no one even knows he is doing it to avoid the slightest inconvenience to them.

Pujyashree's Adjustments During Dada Darbar In the Words of Sevarthis...

When seekers that are elderly or sick come for darshan, Pujyashree raises both his legs up so high that they only have to bow their head down to touch his feet and they get the satisfaction of having done darshan.



When four or five people have to perform vidhi over the phone, Pujyashree holds two phones in each hand with ease. His intent is that everyone should be able to hear him clearly and so they feel like Pujyashree is talking to them individually. This is the kind of adjustment he makes so that everyone is satisfied.

When someone comes with a heavy idol and is talking to Pujiyashree while standing, then, despite the weight of the idol, he lovingly takes the idol and puts it on his own lap so that the mahatma is not burdened.



Pujiyashree himself does not need air conditioning, but he has the air conditioning or fan turned on for the comfort of everyone in Darbar and no one even realizes that this has been turned on for them.

Just like Pujiyashree, we should maintain the awareness in our mind towards our parents, our teachers, our friends, and our relatives so as to not inconvenience them in any way, to help them and to take care of their well-being. If we keep such intents then we will not have to take adjustments, they will happen naturally.

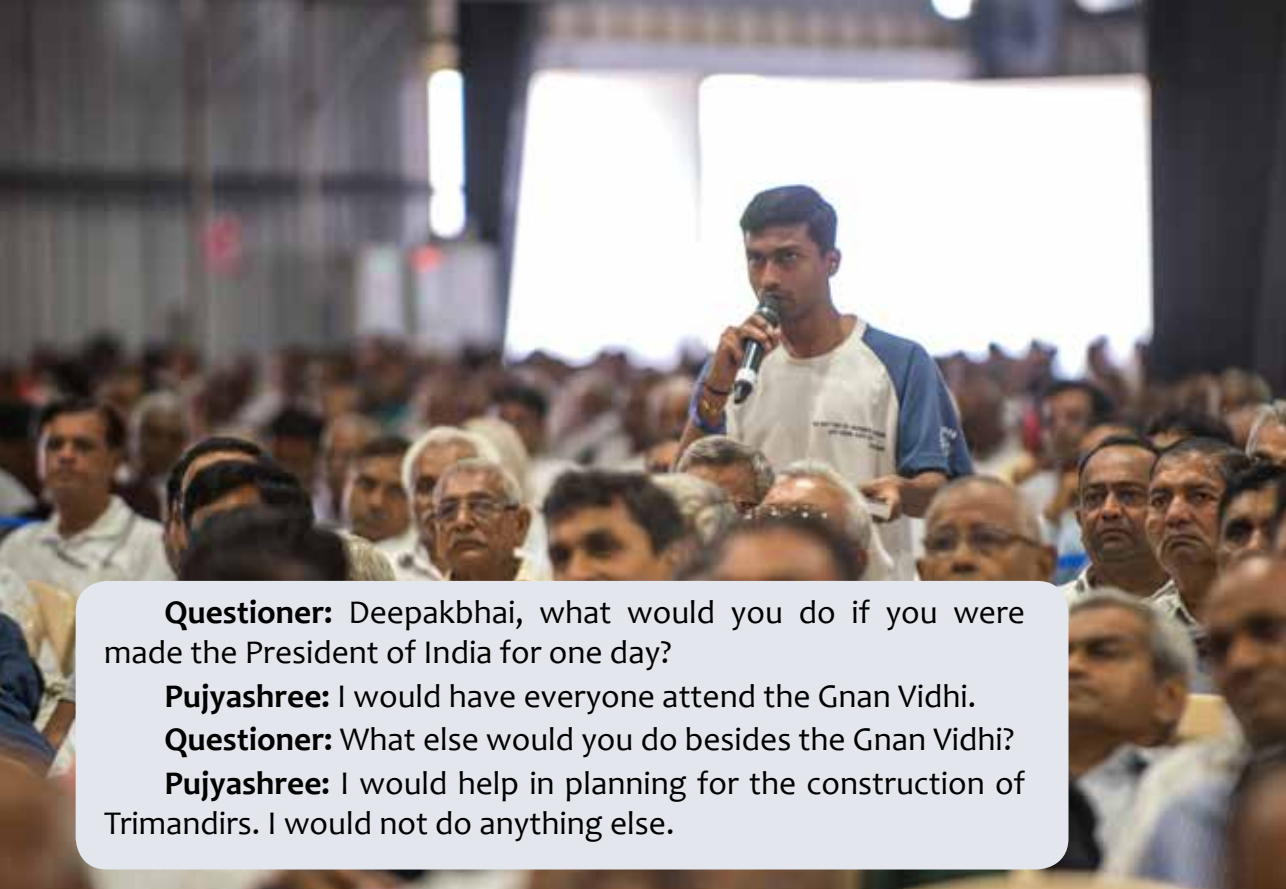
Questioner: If a dog fell (chased) after you, then what would you do?

Pujyashree: If it fell, then I would help it get back up. 'Why did it fall?' The one on the path to liberation does not do anything to make anyone fall.

Questioner: Not like that, what would you do if a dog were to chase you?

Pujyashree: I would look at it's pure Soul, what else is there to do? I would tell it, "Come here. Sit here calmly. Do you want to eat anything? Will you eat a biscuit or bread?" I would ask it. If it says 'biscuit', then it should be given a biscuit. If you put a little something in a dog's mouth, it will forget about fighting.





Questioner: Deepakbhai, what would you do if you were made the President of India for one day?

Pujyashree: I would have everyone attend the Gnan Vidhi.

Questioner: What else would you do besides the Gnan Vidhi?

Pujyashree: I would help in planning for the construction of Trimandirs. I would not do anything else.



Questioner: What would you do if you had a magic lamp?

Pujyashree: Yes, I would call Dada and Niruma here as soon as possible.

Questioner: Not that, why not ask for something else to happen?

Pujyashree: What else is there worth asking for? And if I were to have a magic lamp, then I would have everyone sit in a large plane that would take them all to Simandhar Swami. I would not leave anyone behind, whether they want to come or not, I would make everyone sit [in the plane] and take them to the Lord.

How much awareness do people maintain to stay safe while crossing the road? Similarly, the same kind of awareness is required to be safe on the path to liberation.

No One Can Attain Liberation by Hurting Anyone

Questioner: Dada, you have said to make a firm decision every morning that, 'Let no one be hurt through this mind, speech or body that has been given to me.'

Dadashri: 'Given to me' means that which you have received, the mind, speech and body. Even if your mind is spoilt, you should still keep the intent that, 'May no one be hurt by me.' It is not possible for us to hurt someone and attain liberation. Hurting any living being, even our enemy, and attaining liberation is not possible.

If anyone is hurt to the slightest extent, no living being can attain liberation. This is regardless of whether he is a saint or anyone else. Even if his single disciple is being hurt, the saint will still be restrained here, there is no option!

Bring About a Solution One Way or the Other

One who wants to attain liberation should not feel that, 'This should be done' or 'This should not be done'. One way or the other, he should bring about a settlement and move on. He should not hold on [to his insistence], he should bring about a solution one way or the other.

Jai Sat Chit Anand,

In 2005, there was a satsang trip to Dubai. Since it was a foreign trip and I was going to be with Pujiyashree, my mom packed five or six newly stitched kurta and pants. Three days before the trip, I received a phone call from Pujiyashree saying, "I also want to get some kurta and pants stitched. Go immediately and bring me a sample of the cloth. Once I decide on it, I will let you know the next day, and you can give them for stitching."

A mahatma owned a clothing store in Ahmedabad. I went to the store and called Deepakbhai from there. Deepakbhai asked, "How is the cloth?" I replied, "It is very good." Deepakbhai said, "So then do one thing, since we are running low on time, give the cloth there to get stitched." I gave it there to get stitched.

We were to leave three days later, at 5 am in the morning. The stitched clothes came the night before at 11 pm. As soon as Pujiyashree saw the clothes, he said, "This is bluish-white, it is not pure white." I knew immediately that I had messed up. Pujiyashree's six pairs of new clothes were bluish-white. Since I knew I had messed up, there was great suffering within.

Pujiyashree spontaneously said, "Do one thing, since you have the new kurta and pants in pure white, you can do satsang in Dubai. I will sit next to you and give you water." One gets to witness his humbleness. If the other person feels slightly hurt, then he is able to fix it. Deepakbhai said, "I needed some to wear at home anyways. I was going to get them stitched after a month. So this is perfect. They will come in handy, and I still have some old pairs that are good for a couple of more trips." Immediately, he is able to take such adjustments so that the other person does not feel hurt even to the slightest extent.

-Deven Kamdar



Not only did our beloved Pujiyashree receive Dadashri's grace, but he was also able to please Niruma. Niruma constantly lived in his heart. He was able to please Niruma so much that she wrote this heartfelt song about him:



“Deepak, you are the divine light that shines through the eyes.”

“The moon shines in the sky, you are its illumination.”

The Akram path is the path of grace, and it is possible to naturally achieve liberation by attaining the grace of the living Gnani. Niruma pleased Dadashri, and Pujiyashree pleased both Dadashri and Niruma. Currently, our living link is Pujiyashree. So, let us today take baby steps in making a strong determination to please the living Gnani...

Before I do this work, will the Gnani like it?
This work is not a hindrance for my liberation, is it?

How Are the Ones on the
Path to Liberation Like?

They Always Think,
“Will the Gnani Be
Pleased?”

At each step shown below, think...

'Will the living Gnani be pleased?'



Drinking
Alcohol

Yes NO

Eating Meat

Yes NO

Having a
boyfriend/
girlfriend

Yes NO

Serving our
Parents

Yes NO

Stealing

Yes NO

Making fun of
our friends

Yes NO

Serving
Others

Yes NO

Having the intent
for world salvation

Yes NO

Doing Vidhi -
Reading -
Introspection -
Pratikraman

Yes NO

Hurting our
Parents

Yes NO

Regularly
attending
Satsang

Yes NO

Playing violent
video games

Yes NO

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