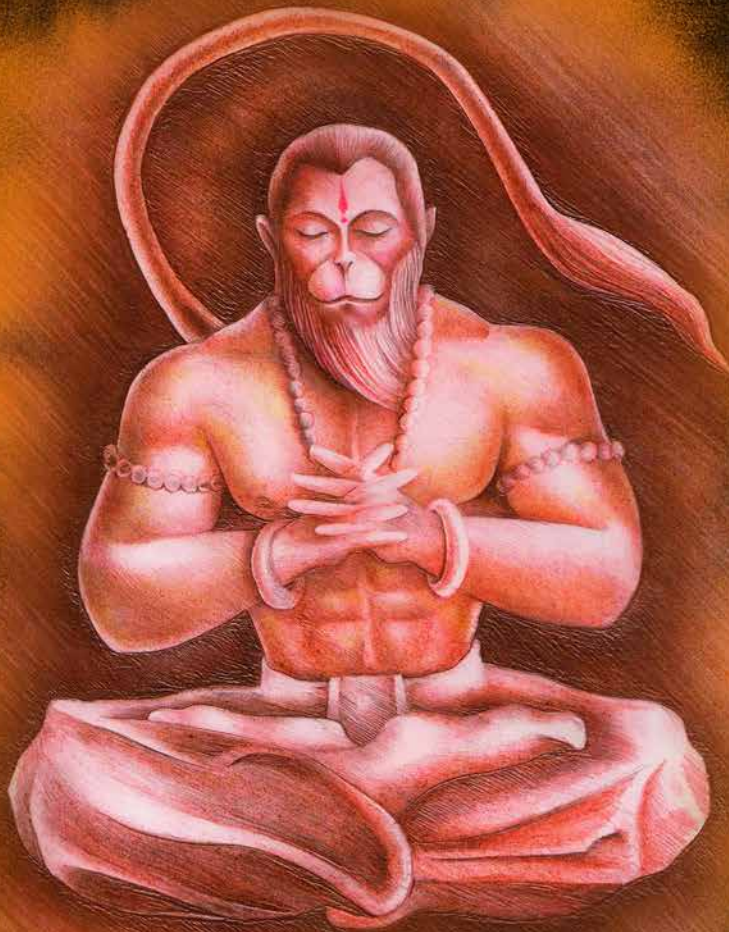


# Akram Youth

October 2021 English

Dada Bhagwan Parivar



Our Very Own Superhero Hanumanji

# Table of Contents

4	<b>Hanumanji's Introduction</b>	14	<b>Where There is Self-realization, There is No Arrogance!</b>
5	<b>The Meanings of Hanumanji's Names</b>	16	<b>Goswami Tulsidas</b>
6	<b>Gnani With Youth</b>	18	<b>Akrampedia</b>
8	<b>Hanumanji's Devotion for Lord Rama</b>	20	<b>Misuse of Power</b>
10	<b>Q &amp; A</b>	22	<b>Find Hanumanji's Names</b>
12	<b>Bhim's Arrogance</b>	23	<b>#Poem</b>

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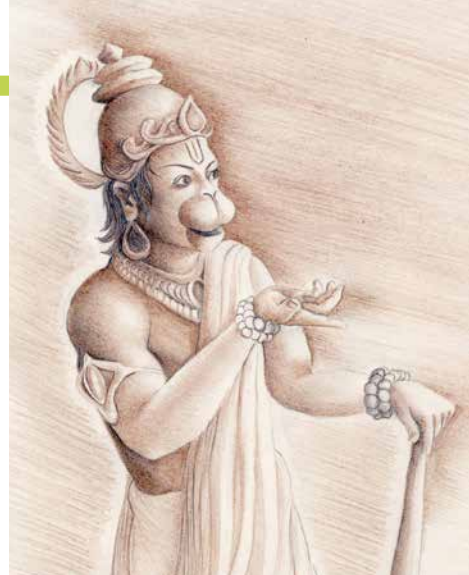
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# Editorial



Friends,

Today we are going to talk about a superhero, who is a favorite among kids, youths, celibates, and infinite devotees of Lord Ram. It is believed that by worshipping him, we can become wise, powerful, and knowledgeable. Yes friends, I am talking about our favorite superhero, Hanumanji.

Out of all the characters of the ancient scripture Ramayana, Hanumanji is considered the most famous God in the Hindu religion. There are several stories describing his unique powers, bravery, celibacy, and his unparalleled devotion towards Lord Rama. We have covered some stories and events in this edition of Akram Youth, which will surely increase our reverence for Hanumanji.

In the twenty-first century, where the virtues such as *seva*, dedication, and celibacy are decreasing every day, this edition of Akram Youth, which is dedicated to Hanumanji, will definitely help you to develop those virtues.

- Dimplebhai Mehta.

# Hanumanji's Introduction

The King and Queen of the monkeys Kesari and Anjani's brave son Shree Hanumanji was born in the current city Kishkindha of Karnataka. As soon as we hear the name Hanumanji, we remember several adjectives given to Hanumanji, such as a happy, mischievous, young celibate, devotee of Lord Rama, etc. Isn't that true, friends?



Hanumanji had so many noble qualities that by just listening to them, our devotion for him increases manifold. So let us learn about the inspiring events of Hanumanji's life and try to understand his unique devotion and total surrender for Lord Rama.

## **The secret behind the name “Hanuman”**

You may not know that the name “Hanuman” is derived from the Sanskrit language. In Sanskrit, “Hanu” means “Jaw” and “Man” means “Leader”. According to one folktale, once as a child, Hanumanji went to eat the Sun, thinking it was a fruit. The king of the celestial gods, Indra threw his weapon to stop Hanumanji. As a result, Hanumanji's jaw was hurt. Based on this incident, the child, Maruti, also got the name “Hanuman”.



# The Meanings of Hanumanji's Names

**Abhyant** – Fearless.

**Anil** – God of Wind.

**Atulit** – Incomparable.

**Bajrangbali** – One whose limbs are as powerful as lightning.

**Dinbandhve** – The one who helps the helpless.

**Kesarinandan** – The son of King Kesari.

**Lokpujya** – The one who is revered by all.

**Pragna** – A great scholar.



**If you want to ask for anything from Hanumanji, then ask for celibacy like his.**

## Gnani With Youth

**Questioner:** What should we ask from Hanumanji?

**Niruma:** If you want to ask for anything from Hanumanji, then ask for celibacy like his. If someone is not able to get married, then he will ask for a wife. If he has a wife, then he will ask for children. Hanumanji is a celibate. How will he give you a wife? We keep on asking for such things. Stop asking for all these things! ‘I don’t want anything other than *moksha*’, have that intention.

**Questioner:** That’s right.

**Niruma:** All these things will increase the worldly life. Nothing like this is needed on the path to *moksha*.

**Questioner:** Niruma, we do ask for all these things in the Hanuman Chalisa (devotional hymn in praise of Hanuman). What do we do about that?

**Niruma:** You recite the Hanuman Chalisa, but do you ever recite the Rama Chalisa?

**Questioner:** There is no Rama Chalisa.

**Niruma:** Then, wouldn’t Lord Rama feel bad? One man told me to write a Dada Chalisa. I told him, we don’t have a Dada Chalisa, but we have a Lord Simand-



har Chalisa. Pay obeisance to Him forty times.

There is no end to this. We used to do all this in the state of ignorance. We do not have any objections or insistence for anything. We pay obeisance to everyone. We do not want anything.

Remain in the pure Soul and pay obeisance to Hanumanji. Go to Hanumanji's temple on Saturday and pay obeisance to him. If you do not want to go to the temple, then pay obeisance in your mind. Remain in the awareness of 'I am a pure Soul' all the time.

We have a lot of love for Hanumanji because we are also celibate by nature. Hanumanji does not talk about the Chalisa. Other people have just added this. If you just pay obeisance to Hanumanji and ask for celibacy, then that is more than enough. He will be pleased. Instead of reciting the Chalisa four times, if you ask for celibacy only once, Hanumanji will be very pleased. He will feel that, 'This is my true devotee!'

Is it mentioned in the Hanuman Chalisa, 'Hanumanji, please give me celibacy like yours?' I have never recited the Hanuman Chalisa.

**Questioner:** No, it is not.

**Niruma:** It is not? Then, what can be done? If you are a devotee of Mataji, then you do not have to ask for a lot of things from her. Just ask for the energy to make your *prakruti* (relative self) natural. The Self is natural. If the *prakruti* becomes natural, then we are separate and the *prakruti* is separate. Ask for the energy to overcome the obstacles of this worldly life. Ask for the energy to overcome all your karma. Do not ask her to take away your pain and suffering!

# Hanumanji's Devotion For Lord Rama

You all know that Hanumanji was a true devotee of Lord Rama and was ready to do anything for him.

Let's read about a story depicting his devotion....

One day, Hanumanji saw Sitaji applying vermillion on her forehead. He asked Sitaji, "Why do you apply vermillion on your forehead?"

Sitajireplied, "By applying vermillion, my husband's life will become longer."

Hearing this, Hanumanji was surprised. He thought, 'If applying a little bit of vermillion to my forehead will increase the lifespan of Lord Rama, then how much will his lifespan increase if I apply it to my entire body!' Thinking this, he applied the vermillion to his entire body.

When Lord Rama saw Hanumanji with his entire body covered in vermillion, he asked him the reason for doing so. When Lord Rama came to know the reason, he was very pleased and said,

"Hanuman, you are my true devotee."

Just as Hanumanji had unparalleled devotion for Lord Rama, Niruma had that same unparalleled devotion for Dadashri...

When Niruma met Dadashri for the first time, a heartfelt desire arose within her to serve Dadashri and Hiraba for the rest of her life. Internally, she had the attachment that leads to liberation for Dadashri and she also got the opportunity to serve and see Dadashri very closely. Moreover, she did not have any major responsibility in worldly life, so her entire existence was for Dadashri.

Niruma constantly had the ardent desire to stay with Dada and serve him. While doing this, she would get a lot of love from Dada, which would make her very happy. As a result, she decided that it was more than enough for her if she did not lose Dada's proximity and seva. In short, compared to Dada's seva, nothing else was of value to her.

Niruma's chit used to constantly remain in Dada, so she could present



**One day, Hanumanji saw Sitaji applying vermillion on her forehead. He asked Sitaji, "Why do you apply vermillion on your forehead?"**



anything that Dada needed, even before Dada asked for it. She would know if Dada needed anything even in the middle of the night. She was fully engrossed in Dada. She used to take care of Dada's physical body like a temple, more than she took care of her own body. One may see Niruma as being physically separate, but her entire *chit* was fully engrossed in Dada. All of Dada's vibrations used to reach her and she could experience those vibrations.

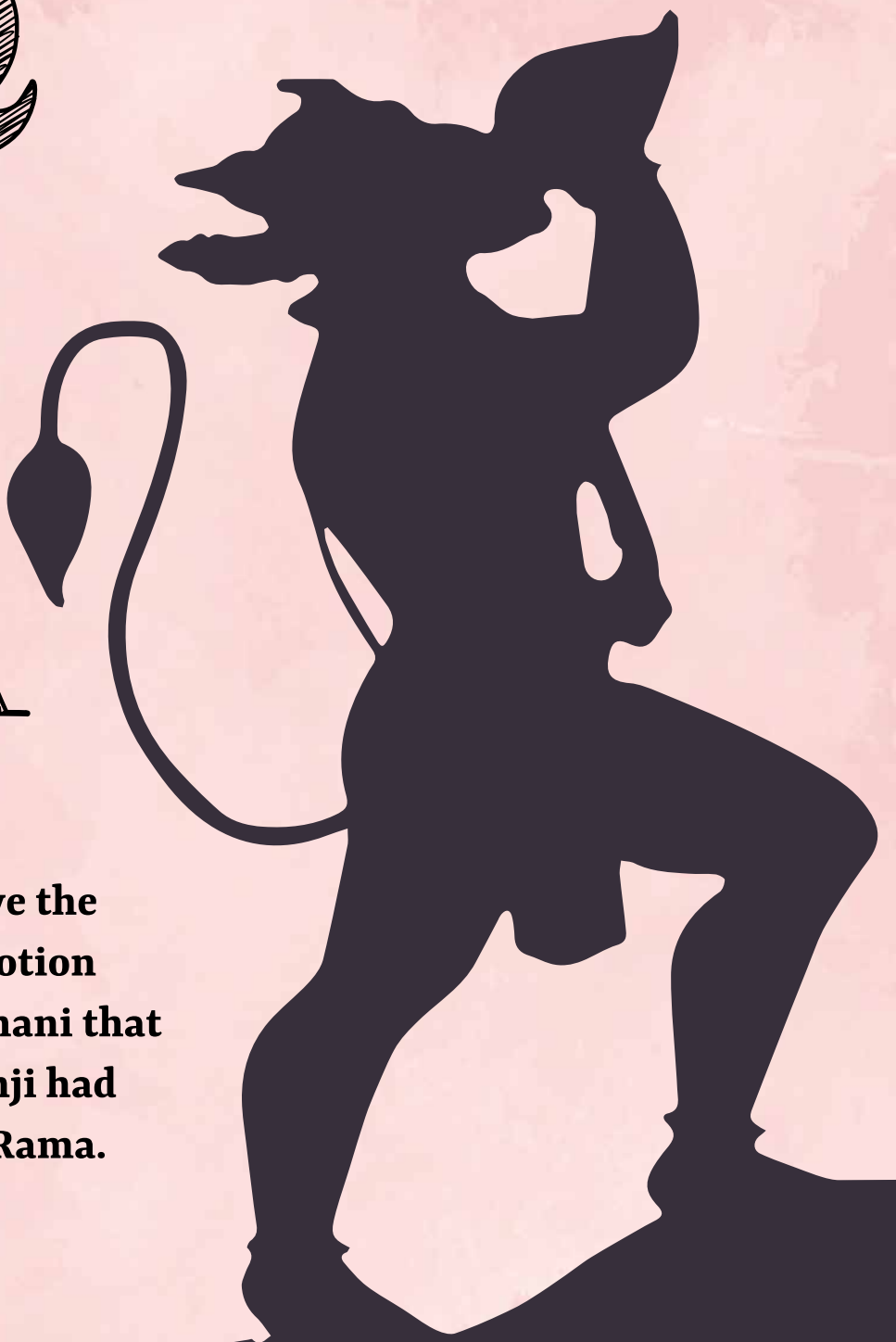
See, friends, constantly having Dadashri's contemplation and serving him by being one with him, those were the only thoughts that Niruma had. Along with this, she used to constantly feel that, 'Dadashri is beneficial for me and He is indeed my own Self.' Having been pleased with Niruma's *seva* and oneness, towards the end, Dadashri had said, "Niruben has constantly stayed with us as one, like one body and two Souls." Dada had showered infinite grace on Niruma.



Q

&

A



**May I have the  
same devotion  
for the Gnani that  
Hanumanji had  
for Lord Rama.**

**Questioner:** What should we ask from Hanumanji? What should we learn from him?

**Aptaputra:** There was one incident between Niruma and I. I once asked Niruma, “Niruma, I want you to do a special *vidhi* for me today” Niruma said, “Come, let me perform a *vidhi* for you in the presence of Hanumanji today. What will you ask from Hanumanji?” I replied, “I will ask for celibacy from Hanumanji.” Niruma said, “You fool! Celibacy is indeed there, but ask for devotion towards the *Gnani*. You are lacking in that.” On that day, I decided that, ‘May I have the same devotion for the *Gnani* that Hanumanji had for Lord Rama.’

**Questioner:** Yes, I have seen your WhatsApp status. It says, “Working on devotion towards the *Gnani*.”

**Aptaputra:** What does it mean to have devotion like Hanumanji? Hanumanji and Lord Rama were like one body and two Souls. Hanumanji would not see Lord Rama’s actions, speech, or conduct. He would just understand Lord Rama’s inner intention and keep on working to achieve that. Hanumanji would never think about himself, but sincerely keep on working on the tasks assigned to him by Lord Rama.

I am also trying to live with Pujoyashree in the same way. Any incident that happens in the entire day, I try to check, ‘Did I miss anything in my devotion towards the *Gnani*? How is the one who has devotion towards the *Gnani*? What kind of thoughts does he have? What kind of speech does he have?’ Then I decide according to that, and work towards improving myself.

Just as Hanumanji used to live with Lord Rama, in the same way, I live with Pujoyashree Deepakbhai. In the present day, Pujoyashree is indeed the living *Gnani*.





# Bhim's Arrogance

During the exile of the five Pandavas, once Bhim was angry and was passing through a jungle. He came across an old monkey who was resting. Seeing the monkey's tail in his way, Bhim told the monkey, "Old monkey, your tail is in my way, so move it aside..."

The old monkey heard Bhim, but just ignored him and continued resting. Seeing this, Bhim again said, "Can you hear me or not? Move your tail."

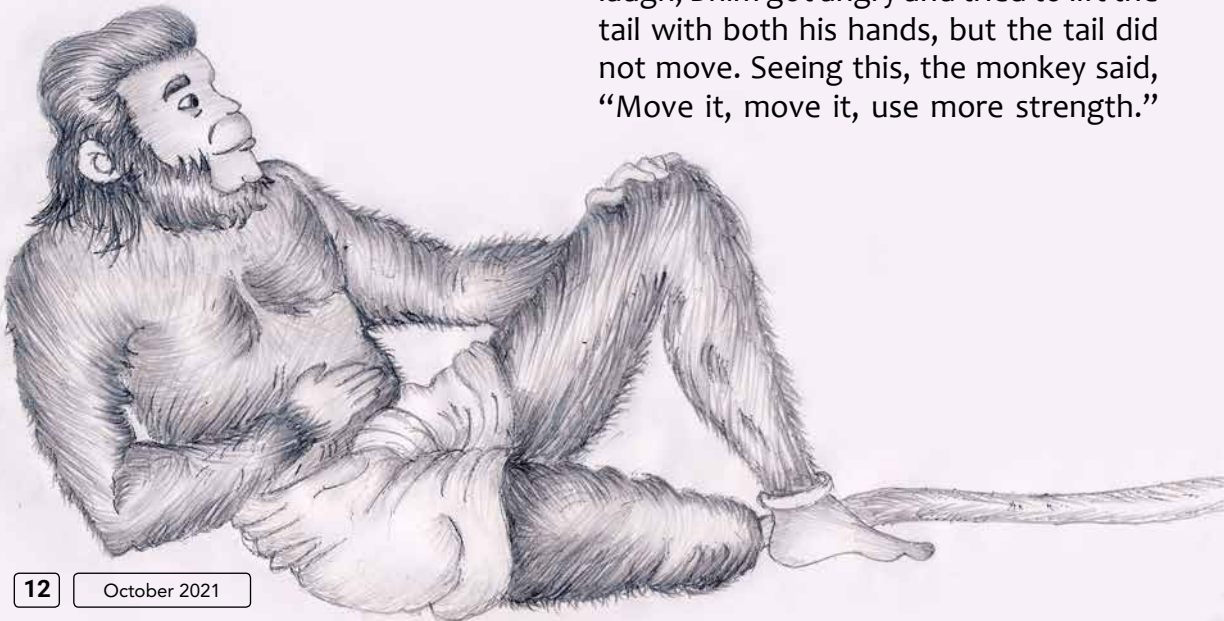
The old monkey replied, "Brother, chant Rama's name and let me rest." Bhim got angry and said, "Are you going to move your tail or should I pick it up and throw it aside?"

The old monkey answered very patiently, "Brother, chant Rama's name, cross over my tail and be on your way."

Hearing this, Bhim's eyes became red with anger and he told the monkey, "You don't know who I am. I am asking you for the last time to move your tail, otherwise I will throw it away."

The monkey laughed and replied, "Oh, will you move my tail? Okay, try it. Anyways, it has been my desire for many years that someone move my tail." Bhim laughed out of pride. He thought, 'This old monkey does not know that I am the great warrior, Bhim! That is why this foolish monkey is challenging me to move his tail.'

Thinking this, Bhim put one hand on the tail, laughed at the monkey and tried to lift it. But the tail did not move! So, Bhim tried again. Seeing this, the monkey laughed. Seeing the monkey laugh, Bhim got angry and tried to lift the tail with both his hands, but the tail did not move. Seeing this, the monkey said, "Move it, move it, use more strength."





Hearing this, Bhim used all his strength. His body started to sweat. His hands turned red, but the tail did not budge. Bhim understood that this was not any ordinary monkey. So, Bhim went closer to the monkey and said, “O monkey, please present your real form.” Hearing this, the monkey said, “Brother, chant Rama’s name. What will you do by seeing the servant? Upon hearing this, Bhim understood that this was Hanuman, the devotee of Lord Rama!

Then Bhim said, “O brother Hanuman, why didn’t you tell me from the start that you are Hanuman, the devotee of Lord Rama?” Hanumanji replied, “Dear young brother Bhim, I had to do this to teach you a lesson to get rid of your anger and arrogance. You could have easily crossed over my tail and gone on your way. But you did not do so because of your arrogance about being strong. Without knowing the other person, it

is foolish to accept a challenge only because of your arrogance about your own strength. When I challenged you, you thought that, ‘Since I am a great warrior, I can easily defeat this monkey.’ Just as I can take the form of an old monkey, anyone can challenge you by assuming a different form and you will get defeated due to your anger and arrogance.”

Hearing this, Bhim realized his mistake and decided that he would no longer have arrogance about being strong and no longer get angry.

**See friends...  
How Hanumanji  
dissolved Bhim’s  
ego! Dadashri  
also burns our  
egoism. Let’s see  
what Dadashri  
says about this....**



**The Gnani Purush  
has everything. With  
that, everything can  
be dissolved.**



**Questioner:** Is it possible to dissolve egoism?

**Dadashri:** Yes, ‘our’ speech is such that the egoism will dissolve. Anger, pride, deceit, and greed will dissolve by listening to ‘our’ speech. Once a rich man came to meet me in Ahmedabad. He said, “Take away my anger.” So, ‘we’ took it away! The Gnani Purush has everything. With that, everything can be dissolved.

What is the basis of anger, pride, deceit, and greed? What is the basis of its existence? People say, ‘I get angry.’ Now, the belief that ‘This is happening to me.’ That is the basis on which the anger exists. ‘The Gnani Purush’ takes away that basis, so the anger will dissolve. It is not possible for someone to dissolve his anger on his own. Even if one dissolves his anger a little bit, on the other side his pride increases. It is such that, one does not have the slightest awareness of his true form as the Self and he believes that he is the doer. All these worldly interactions are happening without the awareness of the Self, without the slightest awareness.

# If You Ripped Open Your Heart, Who Would We See?



**One day, all of a sudden, Dadashri asked Pujyashree**

**Dadashri:** Deepak, if Hanumanji were to rip open his heart, we would see Lord Rama. If you were to rip open your heart, who would we see?

**Pujyashree:** On one side it would be You, Dada. And on the other side, Niruben.

**Dadashri:** There cannot be two, there must be only one.

**Pujyashree:** Then it would be Mallinath, which means Niruben.

**Dadashri:** Okay, okay, then keep her. We both are the same.



# Goswami Tulsidas



Goswami Tulsidas was born in 1532 in the city of Rajpur. He was given the name Rambola after his birth. As soon as Rambola was born, his mother passed away. So, considering him as an ill-omen child, his family members abandoned him. The house maid named Chuniya felt empathy for Rambola, so she took him with her and raised him. However, Chuniya also passed away after five years. After that, a man named Narsidas adopted Rambola and named him Tulsidas. In this way, he spent his childhood in a lot of adverse conditions.

Tulsidas was very intelligent. In his time, all the religious and historical scriptures were written in the Sanskrit language and only Brahmins were able to read them. With the very noble intention that everyone should be able to read these scriptures, he translated the holy scripture Ramayana into the Hindi language. He also wrote the Hindu devotional hymn called the Hanuman Chalisa which encompasses forty verses praising Hanumanji. We can understand his greatness from this one verse:

Yug sahastra yojan per Bhanu |  
Leelyo taahi madhur phal janu ||

**In his time, all the religious and historical scriptures were written in the Sanskrit language and only Brahmins were able to read them. With the very noble intention that everyone should be able to read these scriptures, he translated the holy scripture Ramayana into the Hindi language.**



In this verse, Tulsidas has described the event when Hanumanji tried to eat the Sun, thinking it was a fruit. In this verse, Tulsidas has also described the exact distance that Hanumanji traveled to reach the Sun:

1 Yug = 12,000 years

1 Sahastra = 1,000

1 Yojan = 12.8 kilometers

$\text{Yug} \times \text{Sahastra} \times \text{Yojan} = 15,36,00,000$  kilometers, which is approximately the distance between the Earth and the Sun. Tulsidas predicted this without any scientific instruments in the 16th century. Afterwards, in the 17th and 18th centuries, with the help of telescopes and other modern inventions, scientists discovered the longest distance between the Earth and the Sun as 15,21,71,522 kilometers.

Here is a very good example of devotion to Hanumanji.

He worked hard for two and a half years from 1575 to compose the Ram-charitmanas. After that, he was always immersed in satsang and adoration of God.





# Akrampedia



**Hanumanji had a seva, which was to snap his fingers whenever Lord Rama yawned.**

Name : Ayush Mehta  
Age : 22 years

Hello friends! Is everyone fine? Due to the Coronavirus and the lockdown, my television and phone usage has increased so much that I can't even talk about it.

As I was flipping the channels one day, I came across a Hanumanji serial. There, I saw an event that happened between Hanumanji and Lord Rama. Hanumanji had a seva, which was to snap his fingers whenever Lord Rama yawned. For this seva, Hanumanji used to always be with Lord Rama, day and night.

Seeing this, I was really surprised. Hanumanji, even though he was so powerful, just so that Lord Rama did not face even the slightest of discomfort, without thinking about himself, he would do even the smallest seva with utmost love!! And, besides that, due to this seva, Hanumanji could constantly stay besides Lord Rama.

I developed great praise for Hanumanji after seeing his utmost devotion and *seva* towards Lord Rama. I also felt like doing *seva*.

With this intention, I registered myself for *seva*. Within a short period of time, I got the opportunity to do *seva*. I was told that they needed my help in Event Registration. As part of this *seva*, if anyone came across any technical issues while registering for any youth events, I had to resolve those issues.

However, today's youth is so computer savvy that there are hardly any problems. I did join the *seva*, but I hardly did any *seva* during the event. I started thinking, 'I did not contribute anything towards the *seva*. I don't like to do this type of *seva*.' Being dissatisfied with the *seva*, I started to remain unhappy. I felt that 'I should feel happiness after doing *seva*, so why am I unhappy?'

I have always gotten solutions to my confusions from Pujyashree's *satsang*. With these thoughts, I started browsing on Dada Bhagwan's YouTube channel. I found this *satsang* of Pujyashree:



**Pujyashree:** When my life (with Dada) began, the only thing I had in my mind was, 'I want to do Dada's work.' Whatever it may be, even if it is sweeping the floor. I used to carry the big bags of *mahatmas* from America. I used to go to the airport at 3 AM to receive them. I used to be happy because all this *seva* was for our Dada's *mahatmas*. I used to carry their luggage as a porter. Sometimes, if we didn't find a taxi, I would carry their luggage until we found a taxi. However, I would feel happy, as I was doing this for Dada. The other thing is that, even if it does not directly reach Dada, doing *seva* of our *mahatmas* is the same as doing Dada's *seva*. By doing *seva* sincerely, nature takes us higher. The *kashay* in our *prakruti* (relative self) empty out and the state of *Gnan* keeps on increasing.

# Misuse of Power

Upon hearing of the power of Superman and Spiderman, we feel that we want to become like them, but when we hear about the powers of Hanumanji, we have a deep feeling of reverence! Hanumanji is just out of this world!

Hanumanji had received many boons from the celestial beings.

**Indra:** Hanumanji will die as per his wish.

**Agni:** Hanumanji will be protected from fire.

**“Hanumanji will forget all his powers until someone reminds him of them.”**

**Brahmaji:** No weapon can kill Hanumanji.

Similarly, Hanumanji received a total of fifteen powerful boons.

However, there is one saying...

“With great power comes great responsibility.”

But when Hanumanji was a kid, when he received these boons, he did not have any idea of the responsibility that came with these boons. So, out of ignorance, Hanumanji misused his power and destroyed some sages’ sacrificial fire. So, the sages cursed Hanumanji:

“Hanumanji will forget all his powers until someone reminds him of them.” This was needed so that he would not misuse his powers.

When Hanumanji needed his power to serve Lord Rama, Jambuvantji reminded him of them. We all know how Hanumanji used his powers to serve Lord Rama!

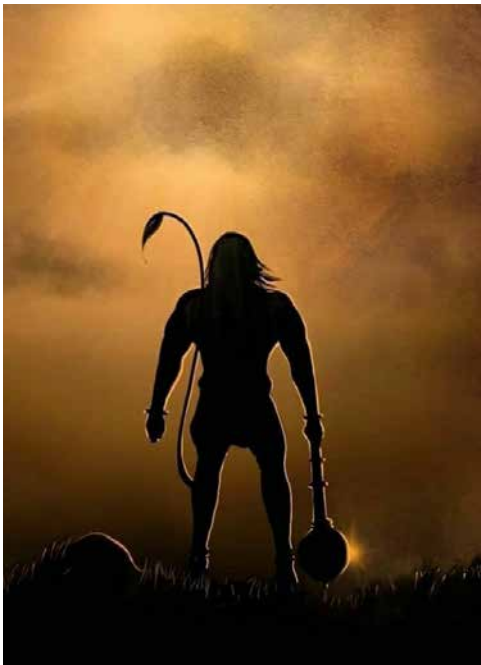
Friends, we do not have boons from any celestial beings; however, we do get a lot of things easily, which we misuse knowingly or unknowingly.



The things that we misuse the most are phones, the internet, and other social media platforms.

We are not going to meet any sages, who will help us forget about all these things until we need them. We will have to do this effort on our own.

We are not even aware that we are misusing the internet and our phones. We keep playing games when we need to be studying. We keep on using social media more than needed. We watch certain videos that spoil our *chit*. By doing these things, we are misusing our phones.

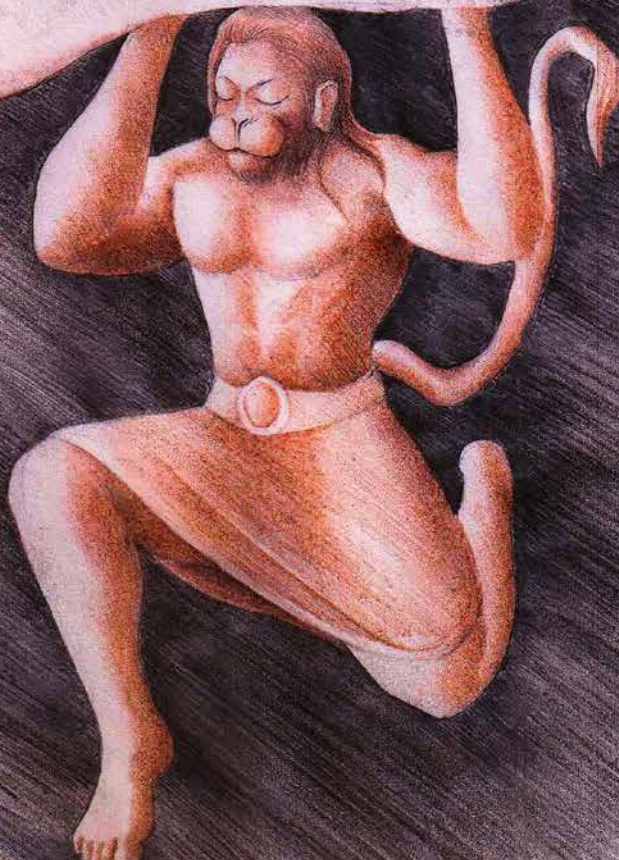


**So let us decide today, that we will indeed use the boon of technology; however, we will certainly not misuse it.**

## Find Hanumanji's Names

Z	N	X	Z	P	R	A	G	N	A	K	O	C	D	W	J	G	E
X	S	V	W	B	N	C	H	V	T	T	C	A	U	L	K	D	P
F	A	V	M	A	R	U	T	I	Z	N	J	S	B	Q	G	N	A
L	D	R	C	D	I	N	B	A	N	D	H	V	E	C	Q	Z	V
O	A	E	G	X	R	M	L	E	K	T	G	Q	V	Z	C	M	A
K	A	B	H	Y	A	N	T	H	J	M	N	Z	T	M	J	H	N
P	H	Y	B	A	J	R	A	N	G	B	A	L	I	B	I	M	P
U	T	Y	P	F	V	F	G	W	O	Q	C	U	Q	Z	P	Z	U
J	W	R	U	R	G	M	P	L	X	K	D	V	E	E	F	O	T
Y	U	F	S	D	J	Y	X	M	M	D	A	N	I	L	X	U	R
A	H	P	R	G	K	E	S	A	R	I	N	A	N	D	A	N	A
S	L	Y	F	N	N	A	T	U	L	I	T	Z	P	W	L	Y	E

1. Abhyant
2. Anil
3. Atulit
4. Bajrangbali
5. Dinbandhve
6. Kesarinandan
7. Lokpujya
8. Maruti
9. Pavanputra
10. Pragna



# #Poem

**Hathe sohe gada, ane mukh par raam naam;  
Jemnu bas, swami bhakti nu che ek kaam.**

**Jena dil ma kayam, Shri Ram-Sita ni chabi che;  
Ananya evu samarpan, Itihaas ma ajod che.**

**Bal-buddhi-vidya, sadguno tamam che;  
Toye chaak nahi, saathe vinay ni lagaam che.**

**Saagar olangi shake, bhale asim door che;  
Bhavsagar olangava, pratyaksha Ram jaroori che.**

**Aaje pan yuvano, brahmacharya shakti lahe che;  
Bhakta tani suchima, agresar Hanuman rahe che.**

**Swamibhakti kari, jagate pote bhagwan thaya;  
ShriRam sathe-sathe, sahune yaad Hanuman rahya.**



By Dada's Youth



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## **Youth Value Addition Camp**

**For 17 to 21 yrs  
YMHT Boys**

**Vadodara | 80+ Participants  
18<sup>th</sup> to 20<sup>th</sup> July**



**Amreli | 50+ Participants  
13<sup>th</sup> to 15<sup>th</sup> August**



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