# **Akram Youth**

March 2023 English

Dada Bhagwan Parivar



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#### March 2023 Year: 10. Issue: 11 Cont. Issue: 119

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# Editorial

Jai Sat Chit Anand!

Dadashri used to say that the youth of today possess a healthy mind; all they require is someone who can steer them in the right direction. In order to fulfil this desire of Dadashri's, a special youth retreat was held in December of 2022 with Pujyashree at the Statue of Unity! Let's recap every facet of this special youth retreat in which the Gnani's abundance of love overflowed. Not only that, here we will also see the Gnani becoming like a youth, witness the touch of the Sankul brothers and sisters, hear the various seva experiences of the youth, and have a lot of fun as well.

We will be accompanied on this entire journey by a youth who attended this retreat. Those who got a chance to enjoy this retreat in the presence of Pujyashree will get a chance to rekindle those memories once again. More importantly, for those who were not able to attend this retreat for any reason, this is a chance for them to experience it as if they were actually there.

This retreat is a new beginning. My heartfelt intention is that events like this retreat continue to happen and that the youth continue progressing in the right direction under the guidance of the Gnani.

- Dimplebhai Mehta



# **Celebration With a Surprise!**

Hello friends. I am your old friend, Ayush Mehta! Today I am going to share with you some very special memories from this special retreat. So are you all ready to join me on this journey?

The dates of the special youth retreat were 2nd , 3rd and 4th December! Do you know what day is 2nd December is? Yes, Niruma's birthday! This year, our young and energetic youth group got a chance to celebrate Niruma's 79th birthday in Pujyashree's presence!

First of all, Pujyashree was welcomed with a bang!





Then there was a beautiful performance by the youth girls musical band ... A mash-up of Niruma's songs!

If it is Niruma's birthday, there has to be a cake cutting, right? But there was a huge surprise. Along with Niruma's cake, all the youth who had birthdays on 2nd, 3rd or 4th December got to come up on stage to cut the cake! And that too, with Pujyashree!





Niruma, what can we give to someone who doesn't want anything? So we all wrote down a heartfelt promise on a card and gave it to Niruma.

And as a return gift, Niruma gave us all a special band with the letters NIRUMA written on it. So Niruma will stay with us 24/7.

And then in satsang, Pujyashree became Niruma! We had to address Pujyashree as 'Niruma' and Pujyashree had to answer in Niruma's style. We asked questions with an open heart and opened our hearts and got solutions to our questions.

#### Let's see a glimpse of that satsang.

**Questioner:** Jai Sat Chit Anand Pujyashree. Yesterday we celebrated Niruma's birthday very nicely.

#### Pujyashree: Yes.

**Questioner:** The cake was really good, the video was nice, and the singing performance was done very well. I don't even know Niruma, but my eyes teared up while watching her videos. Was there any occasion in which you cried?

**Pujyashree:** Yes, Niruma says, "I met Dada, but what about all these people? These people were present, but they didn't meet Dada. My desire is that, 'Dada, you will take me to moksha, but I will take everyone with me and come to you. Take everyone to moksha." What more can one ask for? Our heart fills up with gratitude!



Everyone thinks, 'My stomach is full, so now I'll go to sleep peacefully.' But to think, 'All these people are hungry. I'll feed them and then I'll eat.' That is so much affection!

**Questioner:** Can you share one occasion in which you were very attached to Niruma and you still remember her through that?

**Pujyashree:** This is no small occasion! Niruma lived her whole life only for the happiness of others. While we try to remember our problem, Niruma would give us a solution to it. Her thinking was so advanced that she would solve our

problem even before we understood it ourselves. She would find a solution for everyone. Therefore, she had a unique personality; one that cannot be found elsewhere.

# Sightseeing



I still can't believe that we spent three whole days, 24/7, with Pujyashree and the Sankul brothers and sisters, all in the same campus! At the Statue of Unity's 'Tent City Narmada'. Not just that, we all ate together in the same dining hall and were together while sightseeing as well. I simply observed Pujyashree during these three days. In conversations with him, I could understand that even though we see the same things as he does, Pujyashree observes something different!

### #JungleSafari:

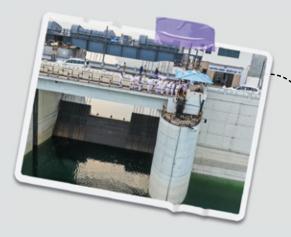
**Pujyashree:** If we see the pure Soul in an animal when we pray for them, the vibrations will reach them and they will feel inner peace.



### #StatueOfUnity:

**Question:** Pujyashree, what were your 'thoughts when you saw the Statue of Unity?

**Pujyashree:** What if a statue like this was made of Dada Bhagwan...!



#SardarSarovarDam:

**Question:** Describe yourself in one word! **Pujyashree:** I am pure Soul.

## #BridgeWalk:

Question: Pujyashree, what do you think about while walking? Pujyashree: Thoughts about Gnan, such as 'I am this and the one who is walking is this.'I see everyone's pure Soul.I do vidhis. Something is always going on.

## #Excitement :

**Questioner:** Jai Sat Chit Anand Pujyashree. When we heard the announcement about this retreat with you, we were very excited. We also had a lot of questions about how the retreat would go. We were very excited that we would get a chance to spend time with you. We were so excited that we couldn't sleep the night before the trip. How excited were you about this retreat?

**Pujyashree:** If I had the type of excitement that you had... Actually, I wasn't excited. My intention was that you all get attached to Dada, find the right direction in life, and progress in Gnan. Otherwise, I didn't notice any excitement.

## #MagnetOfGnani:

**Pujyashree:** In the absence of a magnet, all the pins will be spread out randomly. As soon as a magnet comes near, all the pins will line up. This [satsang] acts like a magnet. All our inner tendencies get attracted here, so they stop wandering outside and become steady.

# **Strange and Interesting Questions**

On the second day of the retreat, everyone had dinner with Pujyashree. Then a half-hour informal session was scheduled in another hall. But as soon as Pujyashree was getting up to leave the dining hall, the questions started pouring in one after another. Everyone joined the informal session from wherever they were. No one moved and the half-hour informal session went on for two and a half hours! We all talked with complete openness with Pujyashree!

Below are some of the informal questions that were asked to Pujyashree. Along with that are a list of points that were revealed in Pujyashree's answers. So let's think about what the correct answers are.

1) Pujyashree, as Niruma's favorite color was purple, what is your favorite color?	<ul><li>5) Pujyashree, what is your hobby?</li><li>a) Reading</li></ul>			
a) White	b) Writing			
b) Transparent	c) Understanding Dada's Science			
c) A sober color that does not draw an	d) A and C			
yone's attention	6) Pujyashree, you have been on so			
d) All of the above	many trips, so how would you rank			
2) Pujyashree, if Niruma called herself	this trip?			
'Sweet Sixteen', then what would you	a) First Rank			
call yourself?	b) Second Rank			
a) Sweet Seventeen	c) First rank for now, then last rank once			
b) Sweet Fifteen	the next trip starts			
c) Sweet Sixty	d) None of the above			
d) Not even one	7) Pujyashree, what is in your pocket?			
3) Pujyashree, what activity do you like	a) A comb			
to do most when you are free?	b) A tissue			
a) Yoga	c) A toothpick			
b) Pranayam	d) All of the above			
c) Head Stand	8) Pujyashree, what was your			
d) All of the above	grandfather's name?			
4) Pujyashree, what did your friends	a) Somchandbhai			
call you when you were a child?	b) Uttamchandbhai			
a) Lloyd	c) Vanechandbhai			
b) Deepu	d) Veerchandbhai			
c) Richards				
d) Deepak				

#### When With Youth... the Gnani Becomes Like a Youth!



**Questioner:** Pujyashree, how much fun did you have on this trip? **Pujyashree:** (spreading both his hands) I enjoyed th...is much!!

#### Selfie with Pujyashree!

One youth requested Pujyashree to take a selfie with everyone. That request was welcomed by all the youth together and by Pujyashree as well! The result is below!



**Questioner:** Pujyashree, today is the first time in my life that I have felt so much happiness.

**Pujyashree:** You experienced so much happiness, didn't you? **Questioner:** Yes, it happened today.

Pujyashree: It was within, it just came out today. It is certainly within.

# **Special Sankul Touch**

Throughout the entire retreat, all the Sankul brothers and sisters stayed with us as if they were youth just like us. They played with us, ate with us, travelled with us, and had fun with us.



We got Niruma's return gift from the elder brothers and sisters!



The Sankul brothers and sisters served us food with love!



## My experience with Sankul

Jay Sat Chit Anand Pujyashree, I wanted to share my experience.

Yesterday, we had a satsang with Dimplebhai. He explained a lot of things to us. From that, a question arose. Actually, this question was in my mind even before coming to this retreat, and it arose again yesterday. So, I talked to a Sankul sister at the retreat, saying that I have this question. She told me that she would connect me with an Aptaputri who could answer it nicely.

Then the rest of the day was so busy that I forgot I had such a question. But every time I met the Sankul sister at the retreat, she would ask me, "Did you get a solution to your problem? Did you talk to the Aptaputri?" She would even call me. Then, when I was supposed to meet the Aptaputri, she was busy, but she kept assuring me, "I'll be able to meet you at this time. You can talk openly with me. When will you be free?"

So my experience is that these sisters take care of us so well. Sometimes we even forget that we had a problem, but they don't forget! They always try to find a solution to our problems. Yesterday, the Aptaputri answered my question very well and guided me very nicely. They care for us like our parents. That felt very good.

# A Lifetime

NTCITY

Ξ

And this was one such moment, which

# TENT CITY

# 

# Memory!

has been framed in all our hearts forever!

# **NARMADA**

# Jackpot of Seva!

The biggest jackpot we got during the retreat was to do seva of Pujyashree!

Through a lucky draw, 125 youth girls and 50 youth boys got a chance to do close seva of Pujyashree. The girls got to serve food to Pujyashree, open the car door for him, and to welcome him, whereas the boys got to help him put on his shoes, open the hall door for him, and hold the umbrella for him while he walked in the sun.

The experience of seva was unique!

#### Lucky draw for Pujyashree's seva!

Pujyashree, a few days ago we were asked to fill out a google form to provide our input on what we want to do with you for three days. At that time, a thought came to my mind that I want to do your seva for these three days.

Then, I thought that this may be too much to ask for. Then, I again thought that since they have asked for my input, I should express my desire. So, I wrote, 'It would be great if the youth girls could have the opportunity to do Pujyashree's seva for three days.'

And when I came here, I didn't expect that I would get such an opportunity. But on the first day when we arrived, one of the sisters told us that there is a lucky draw going on and that the youth girls will

> be doing Pujyashree's seva for the next three days. I was completely shocked and didn't know whether this was really happening or whether it was a dream! I was very happy.











What if I missed out on the informal time due to seva?

**Questioner:** Jai Sat Chit Anand Pujyashree! Everyone enjoyed the youth retreat very much. Everyone is saying that they really enjoyed the informal time. However, some of us were not present for that due to other seva. For example, yesterday when the informal session was going on, some of us were setting up for the garba and some of us were setting up for the group discussion. So, we feel that we missed out, and the fact that we may never get such an informal session or such a shibir again is bothering us.

**Pujyashree:** No, but you are indeed part of the shibir. Doing seva is a big... We have done this for many years. We have had to miss out on satsangs as well. We have even had to miss out on Gnan Vidhi. We were only focused on seva. By doing such seva, you will receive all the blessings. You may feel that you missed out on the shibir due to seva, but at the end of the day, you will benefit more from that. So, there is no reason for you to feel bad that you missed out. There will be other opportunities for you. Someone has to do the setup, right? Today, for this program, some people have to sacrifice satsang in order to do the setup. Those people aren't losing anything. They will definitely get their share of blessings, satsangs, and darshan. Did you understand? So, keep on doing seva. It's not worth missing out on seva.

Questioner: We definitely get darshan.

**Pujyashree:** Yes, in every way, and you won't miss out on anything.

Questioner: Jai Sat Chit Anand.

**Pujyashree:** It's not worth missing out on seva. Today, if some of us do good seva, then the rest can enjoy the program. So, someone has to take the responsibility. We should be happy that we got the opportunity to do all this seva. We should do the best seva, sincerely.

Questioner: Sure, Pujyashree.



#### When Is the Next Retreat?

**Questioner:** Jai Sat Chit Anand Pujyashree. It has only been two days and we have already had so much fun. We are wondering when the next trip will be?

**Pujyashree:** Let's wait till tomorrow evening. If everyone behaves, then we'll consider another program like this!

Everyone wanted such a retreat to happen again. So as soon as Pujyashree said, "If everyone remains well behaved, then we'll consider another program like this!" we immediately help onto it. In a single informal

session, we asked multiple times how we could remain well behaved. Let's see what Pujyashree's answers were to those questions. **Questioner:** Jai Sat Chit Anand Pujyashree. After observing us for two days, do you think we were well behaved?

**Pujyashree:** Yes. I can't tell after just two days. I'll know after the third day. If you all remain well behaved, then we'll think about having another shibir in the future

**Questioner:** What should we do to become well behaved? We want to ensure that we get to go on the next trip.

**Pujyashree:** Don't behave inappropriately. **Questioner:** What kind of inappropriate behavior?

**Pujyashree:** Ask that to one of the sisters. That's why they are here. They are checking to see if anyone is behaving inappropriately. **Questioner:** What is the definition of being well behaved? How can we become even more well behaved?

**Pujyashree:** One who dissolves like sugar in milk is considered well behaved, and what do we call a person who rattles like a rock? What do people do with such rocks? First they find the dust bin and then they pick up the rock and throw it in. They throw it away so that it doesn't hurt anyone. So, you should behave like sugar. Dissolve like sugar in milk. Will that suit you?

#### Questioner: Yes.

**Pujyashree:** You will know when you misbehave.





**Questioner:** Jai Sat Chit Anand Pujyashree. You mentioned to be well behaved on the next trip and not to misbehave. In terms of misbehaving, what should we not do?

**Pujyashree:** All this flirting, interfering, and mischief... Don't behave in a way that will cause others to become fed up of you.

Questioner: So, in this trip...

**Pujyashree:** Let's wait till tomorrow. For the past two days, no one has complained. However, if someone misbehaves when it is time to leave, then we will have to raise a complaint.



# Before and After the Retreat

During this retreat, all our inner tendencies that were wandering, became focused solely on the Gnani.Not only did we get drenched in the Gnani's love, but a single heartfelt intent arose in all of us, 'You have given us so much! Now it's our turn to do something for the Gnani and for Dada!'

#### Let's hear the experiences of some of the youth.

Jai Sat Chit Anand Pujyashree! In one of the events in Adalaj, you talked about your experience with Dada during a pilgrimage. You had massaged his feet and attained his grace. I become very emotional hearing this. Then I felt that we don't have Dada or Niruma with us, but Pujyashree is the best! We should also get a similar opportunity with Pujyashree. Then, as you were leaving the stage, since I couldn't tell you directly, I made such a strong desire as if I was telling you in a loud voice, 'Arrange something similar for us.' Then, when this retreat was announced, I called all my friends to let them know. We were so overjoyed and filled with excitement.

Pujyashree, you don't say it, but you know everything! I don't have words to describe it, but you know everything about us!





The Statue of Unity retreat with the Gnani, which was held from 2nd to 4th December, was the best trip of my life. It was such a memorable trip that we will all remember it forever. And this trip was so special due to only one person, our Pujyashree!

Due to the presence of Pujysahree, the Sankul brothers and sisters, and all my friends, this trip gave me a unique experience which I have never had before.

It was organized so well that no one faced any difficulties. Everything from the travel, to the food, to the rooms was excellent. All the places that we visited were fun and enjoyable. We all had a lot of fun. I am very thankful to the organizers who made this possible, and I hope that we get more opportunities like this with Pujyashree.

# **Today's Young Generation**

Due to a lack of guidance, they are in suffocation. However, this generation of youth is like no previous generation. They are pure. They need someone to guide them. If they are given proper guidance, Hindustan will be alright. They will find someone to guide them. They will find everything soon.

- Dadashri



Bahu najikathi ame gnani joya... Chutte hathe prem varasavata joya!

Premane emana galadub anubhavya, Hajari matrathe anande bhinjaya.

Dem

Anubhavi je tadak tenu varnan nathi! Sannidhya vyakt karava kathan nathi!! Pami amidhara karnayugal dhany thaya. Buddhi ben to chupchap bajeue rahya.

Anubhavyo je shilano shital tap ahi, Ankhe varasati karunanu koi map nahi! Tajagi badhi emana haasyani hati... Hajari dada-nirumani sukshmaman hati.

Amane lhavo kai anero ja dai gai, Jata jata e kshano amar thai gai!

Nathi khabar shun pamyun ne shun kahi shakya? Akhi sarita pami ketalun vahi shakya!

Chelle prarthana che sahune ava prasang male... Ananya atmajnanino tamaneya sang male!



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Be helpful in life, teach moral values, help make good friends, provide a fun environment, a positive approach, and personal development. Drama, stories, multimedia shows, presentations, games, fun, bhakti, and satsang.

#### For more details, visit...

https://youth.dadabhagwan.org/camps/summer-camp/

Group A-13 to 16 Boys			Gro	Group B-13 to 16 Girls		
Center	Date	Day	Contact no.	Date	Day	Contact no.
Simandhar city	13, 14 May	Sat, Sun	8155007480	22, 23 April	Sat, Sun	079-35002154
Ahmedabad	30 April & 27, 28 May	Sun & Sat, Sun	9724445847	13, 14 May	Sat, Sun	9727259185
Amreli	30-Apr	Sun	9879175482			
Ankleshwar				27, 28 May	Sat, Sun	9664794127
Baroda	20, 21 May	Sat, Sun	8000914488	22, 23 April	Sat, Sun	9428765032
Bhavnagar	21-May	Sun	9879822077	28-May	Sun	9428565568
Bhuj	4-Jun	Sun	9925991600	30 April, 1 May	Sun, Mon	9429821882
Dahod	4-Jun	Sun	9428904747, 8238892222			
Dhoraji	14-May	Sun	9574046081	17, 18 May	Wed, Thurs	9824820352
Gandhidham	7-Мау	Sun	7016282664, 9974705391		-	9978952100
Jamnagar	30-Apr	Sun	9428315109	27, 28 May	Sat, Sun	9723147318
Mehsana	7-May	Sun	8140724124	14-May	Sun	9824165505
Morbi				23-May	Tue	9512228448
Mumbai	21, 22, 23 April	Fri, Sat, Sun	9820597129	23-Apr	Sun	9664120690
Palanpur	30-Apr	Sun	9724973531, 9429290795, 9979162610			
Pune				25-Jun	Sun	9920016136
Rajkot	13, 14 May	Sat, Sun	8238990150	20, 21 May	Sat, Sun	7990967612
Surat	22, 23 April	Sat, Sun	8369489255	13, 14 May	Sat, Sun	9925110682
Surendranagar	21-May	Sun	9033872775			
Veraval	30-Apr	Sun	7359366133, 9228216025	20, 21 May	Sat, Sun	9638904820
			Group E -	17 to 21 yrs Girls		
Simandhar City	079-35002154		30 Apr, 1 & 2 May	Sun, Mon, Tue		
			Group F - '	17 to 21 yrs Boys		
Simandhar City	8155007480		27, 28, 29 April	Thurs, Fri, Sat		

https://youth.dadabhagwan.org/schedule/

#### March 2023 Year: 10, Issue: 11 Cont. Issue: 119



#### **Activity answers:**

1: D,2: B,5: C,6: A,7: D,8: C,4: A [Lloyd – A West Indian Cricketer] 3: C [Pujyashree: Not a hand stand of this body, but to turn a wrong belief into a right belief. A wrong belief causes suffering, misery, makes one see the faults of others. That should be removed. And if you fit the right belief, then you will have oneness, love, and bliss.]

Send your suggestions and feedback at: akramyouth@dadabhagwan.org Printed and Published by Dimple Mehta on behalf of Mahavideh Foundation-Owner. Printed at : Amba Offset, B-99, GIDC, Sector-25, Gandhinagar – 382025.