

# Akram Youth

November 2024 English

Dada Bhagwan Parivar



લર્ન

— Learn

ગુજરાતી

# Table of Contents

- 4** Akram Science
- 6** The Science Manifested in the Gujarati language
- 7** Gnani with Youth
- 9** Experiences...
- 15** Learn Gujarati School
- 18** Elders Batch
- 23** Poem

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# Editorial

Jai Sat Chit Anand,

This sacred land of Gujarat is blessed, where in the last 150 years, two Gnani have manifested: Shrimad Rajchandraji and Dada Bhagwan. Their divine words will prove beneficial to the world as future scriptures.

The majority of their discourses are in Gujarati. To deeply understand spirituality, if we wish to engage with their teachings, knowing the Gujarati language is essential. Learning Gujarati makes it easier to comprehend Dada's words as they are.

For Mahatmas and seekers to benefit from the Gnani's words in their own languages, translations of Dada's Gujarati discourses are available in many languages such as Hindi, English, Bengali, Punjabi, Telugu, Spanish, German, and others. However, if one wants to grasp the original meaning, reading Dada's words in Gujarati is best.

To enable everyone to easily understand the Gujarati language and progress on the path to liberation, the "Learn Gujarati" project has been ongoing since January 2020. This issue compiles experiences from the project, course details, and more.

So come, let's encourage all Mahatmas to read and speak Gujarati...

Let's Learn Gujarati!

- Dimplebhai Mehta



# Akram Science

**Akram Vignan is a spiritual science that is practical in everyday life and serves as a “shortcut” path to moksha (liberation).**

“I want to know how moksha can be attained.”

Traditionally, on the path to moksha, people have had to renounce their worldly life and material possessions. They had to eliminate inner weaknesses to dissolve the ego, practice self-restraint, and only then ultimately attain the Self. In Akram Vignan, there is no need to do any of these things.

**Moksha is attained in two stages through Akram Vignan.** ————— ❖ —————

In this spiritual path, when you experience freedom from all kinds of suffering in this very life, you attain the first stage of moksha. Even amidst suffering, you will experience natural, effortless bliss.

When all your karma are completely exhausted and you are freed from the cycle of birth and death, you attain the second stage of moksha. This is the ultimate moksha!

The first stage of moksha can be attained here and now, but does this seem impossible to you? No, it isn't! Thousands have experienced this and have transformed their lives.

Akram Vignan enables an individual to remain unaffected in any situation, thus allowing the experience of the first stage of moksha.

In Akram Vignan, when complete ignorance of the Self is dispelled by the grace of the Gnani, an inner transformation begins. Through the scientific experiment of Self-realization, known as Gnan Vidhi, one attains the Knowledge of the Self in just two hours. After that, there is nothing left to renounce. With true understanding and a firm conviction of “Who am I really?” a person can maintain equanimity in all circumstances.

## Specialties of Akram Vignan:

- The simplest spiritual path to experience the Self in just two hours through the grace of the Gnani.

- It is a spiritual science, not a religion.

- A practical spiritual science that will bring positive changes in your life and relationships.

- No need to change your religion or guru.

- No rituals are required.

- No need to renounce your family or comforts.

Akram Vignan is based on true understanding, which ultimately results in right conduct. This science is very easy to understand, relevant to the present time, and practical.

## History of Akram Vignan

The world was introduced to the path of Akram Vignan by the Gnani Purush, Param Pujya Dadashri, also known as Dada Bhagwan.

His name was Ambalal Muljibhai Patel, and he was a contractor by profession. One evening in June 1958, while he was sitting on a bench at the Surat Railway Station, nature orchestrated a wonderful spiritual miracle. In one hour, he attained universal vision! Answers to all spiritual questions of the world became evident, and all questions were completely dissolved. Insights into countless questions like “What is the world? How does it operate? Who is God? Who are we? What is karma? What is bondage? What is liberation? What is the method to attain liberation?” became clear.

*“The happiness you are searching for will not be found in ‘this’. True happiness is in the Self. We have tasted and experienced that happiness.” – Dada Bhagwan*

All this was the result of his spiritual quest and efforts over infinite lifetimes. What he attained was itself a wonder. But even more wondrous was his ability to grant the same experience to the seekers who came to him! Through his extraordinary Gnan experiment, he imparted the Knowledge he had attained to others in just two hours. Thousands of seekers have received his blessings through Gnan Vidhi, and thousands more are receiving them through this Akram Vignan.

## The Direct Link of Akram Vignan:

Param Pujya Dadashri bestowed the ability to conduct satsangs and Gnan Vidhi upon Pujya Niruma and Pujya Deepakbhai. Currently, Atma Gnani Pujya Deepakbhai is tirelessly spreading this spiritual path across the country and abroad through question-answer satsangs and Gnan Vidhi.



## The Science Manifested in the Gujarati language

This is the world's most astonishing science which is non-contradictory and is an established principle. This Akram Vignan is beneficial for the entire world. Understand it! If you learn Gujarati, you will comprehend this science. Among all languages, consider Gujarati as the 'mother'. And those who wish to learn this knowledge will indeed have to study the Gujarati language.

"You have presented the science of the twenty-four Tirthankar Lords in your colloquial language—that itself is a marvel! Speaking of your colloquial language, we enjoy it very much!" — Experience of a Mahatma



## Gnani with Youth

**Pujyashri:** The Aptavanis are like scriptures. Dada’s books will serve as scriptures for the future path to moksha. And we will have to consider the Gujarati language as the mother. At one time, Sanskrit was the mother language; today, it is Gujarati. People will also have to learn the Gujarati language to understand the science because, without it, complete understanding won’t occur. Translations of the language do happen, but some things slip through. Therefore, to understand Akram Vignan in depth, one should know the Gujarati language.

Now, even Hindi-speaking and foreign mahatmas have started using some Gujarati words. For words like ‘Charitra Moha’ and ‘Spashta Vedan’, translation into English isn’t possible, so the same words are used. Even in Hindi, Gujarati words have started being used.

### **For example... ‘Dharyu Karvu’**

A Hindi speaker might use it like this... “Dhaaryu karne ka hamaara dosh hai.”

In this, ‘Dhaaryu karna...’ is Gujarati... because if we properly translate ‘Dharyu Karvanu’, it becomes ‘Manmaani’. ‘Manmaani’ is a very low-level word, of a lower order. Acting according to the mind’s desires, and this is according to the ego’s desires. So where do we derive that from? Therefore, if we use Dada’s own language here, people will understand precisely, and we too will understand. And the inner impurities will realize, “Now I’ve been spotted, so I’ll have to run away.” Thus, they were able to bring concepts from the level of absolute Knowledge down to practical application.

In the future, the Gujarati language will have to be taught to the world—to those who wish to fully and deeply understand the entire spiritual science. Therefore, this is the Gujarati language. From the Sanskrit language, it evolved into Prakrit, and from Prakrit into Gujarati. Just as during Lord Mahavira’s time, Sanskrit wasn’t used; instead, it was the Ardhamagadhi language. Similarly, during Dada’s time, Sanskrit isn’t the language but Gujarati is. The science has been revealed in the Patidari, pure Gujarati, colloquial Charotari dialect.

**With this inspiration,  
A project was initiated in  
Dada Bhagwan Foundation...**



**Started : January 2020**

**Mahatmas who learned Gujarati : 8,000+**

**Volunteers: 400+**

- Regular homework and necessary follow-up
- Personal mentor for each student
- Certificate course



# Experiences...

Anita Sharma,  
Ghaziabad

My experience of learning Gujarati has been very good. When we engage in Pad Bhakti, we can deeply understand its emotions only if we comprehend Gujarati. Most of the pads are also in Gujarati. One truly enjoys devotion when it is performed with understanding, so from all perspectives, learning Gujarati is very important. Additionally, when we join Gujarati classes, not only do we learn the language, but we also gain much more. Observing the teachers' behavior, it feels like these people take time out of their busy schedules to teach us for free. We also witness their patience; even if someone makes mistakes repeatedly, asks questions, or takes time to learn, they do not get disturbed at all. It feels as if we are attending a satsang, not just a class.

During COVID, feeling bored, we registered for Learn Gujarati to learn something new. Later, attending LG classes and doing homework became enjoyable. Then we were allotted a mentor, and it was a lot of fun reading Akram Express and Dada's comics with them. The best thing was that despite having their own commitments, the mentors would adjust according to my timing; they would accept whatever I suggested. This led me to feel immense respect for them, seeing such tremendous dedication. Now, whenever there is any satsang of Pujyashree Deepakbhai, I listen to the original Gujarati instead of the Hindi translation. I enjoy listening to Pujyashree and Niruma's words in Gujarati. Reading Dada's Aptasutras also brings joy.

Meenakshi Aanchaliya

Divyansh Jainini,  
Ghaziabad

When I used to go to the satsang center in my childhood, the videos were in Gujarati with Hindi text below, but I couldn't understand Gujarati at all at that time. It felt like all mahatmas should definitely learn Gujarati because, due to not knowing the language, a lot of satsang content gets missed.

Shweta Upadhyay

While doing the Learn Gujarati course, I didn't face any difficulty at all. Today, I can proudly say that I am able to watch Pujoyashree live, which is mostly in Gujarati.

These classes were really very helpful for me during seva at the Mehsana Janma Jayanti, and it was my first time practicing spoken Gujarati with children at the event. Now I am working at Amba School; this learning also helped me in my interview process, which required 40% speaking in Gujarati.

Nidhi Chauhan

After the classes, I am now doing Charan Vidhi in Gujarati, and that's something better than the Hindi version. I wish that one day I will read the Aptavani in Parayan in front of Pujoyashree.

Rajesh Shegavkar,  
Panvel

Completing the Gujarati learning classes was a very exciting and remarkable journey since it has not only enriched my understanding of the language but also the rich culture associated with it. Practice and assignments helped us learn the language quickly. The Learn Gujarati classes have enabled me to read Gujarati and understand the meaning of Dada's words.

My experience was very positive; I learned a lot from the very basics to advanced levels. Everyone from the teachers to the mentors were very supportive. Now when I read Dada's Aptavani or Dadavani, I understand 80-90% of it.

Shreyam  
Sinh, Obra

Sheena Patel,  
Chicago (USA)

I am amazed at how magical and effortless it was for me to learn Gujarati writing and reading which I never thought was possible for me before (especially as an American born and raised Mahatma). I am able to read many signs during my trip to India and can now read the daily Gujarati Akonnect samayik and other video content notifications.

Kamla Kunhara,  
Indore

The experience of learning to write, read, and speak Gujarati has been very enjoyable. Along with that, I can now understand both sessions of satsang on Doordarshan Girnar well; this feels like a miracle to me.

Vibha Arora, Auckland  
(New Zealand)

My native language is Hindi. And most of Pujyashree's satsangs happen in Gujarati. So after having scoured the video library in English and Hindi, I felt left out during Parayan and other special events. After completing the course, I'm now able to fluently read, write and understand Pujyashree's Gujarati satsang that I watch on Dada Bhagwan app and I have also recently started reading Aptavanis. I will say I'm able to largely follow Satsang 95% and rest you can make out. For Aptavanis, I can read and get the gist of it. The course is highly recommended for starting your spiritual journey and becoming better human beings.

Diip Rajguru

After attending the Learn Gujarati and Spoken Gujarati classes, I started understanding the Knowledge of Dada, and my interest in it increased further.



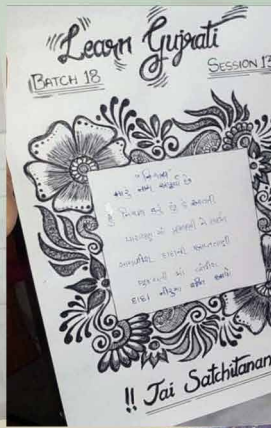
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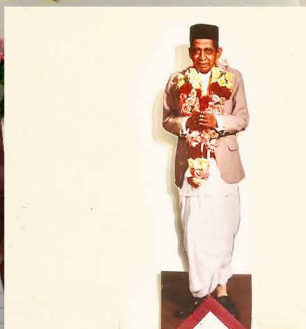
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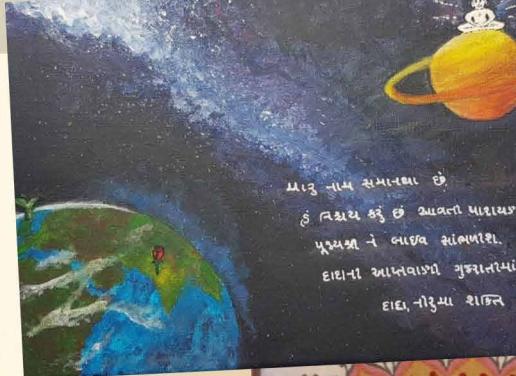
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 ઉમા શિરોદિયા



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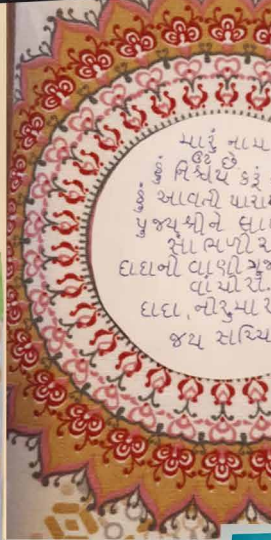


નિશ્ચય  
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મારુ નામ  
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 વાંચીશ.  
 દાદા, નીરુમા શક્તિ આપો.



નિશ્ચય  
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 જય શક્તિ દાનંદ.



**મારું નામ માંદિત છે.**  
**હું નિશ્ચય કરું છું આવતી**  
**પારાયણમાં પૂજ્યશ્રીને લાઘવ**  
**સાંભળીશ. દાદાની**  
**આત્મવાણી ગુજરાતીમાં વાંચીશ.**  
**દાદા, નીરુમા શક્તિ આપો!**

મારું નામ કેવું રહ્યું છે  
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**જય સચ્ચિદાનંદ**

હું નિશ્ચય કરું છું  
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 દાદા નીરુમા શક્તિ આપો.

મહે વગે મારિઓન  
 હું નિશ્ચય કરું છું. હું આવતી પારાયણમાં  
 પૂજ્યશ્રી ને લાઘવ સાંભળીશ.  
 દાદાની આત્મવાણી ગુજરાતીમાં વાંચીશ.  
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 જય સચ્ચિદાનંદ

# Online Learn Gujarati Course

Through Zoom sessions

Once a week, twice a week,  
and weekend batches.



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### Welcome to Learn Gujarati

REGISTER

**Dadashri** : Teach them Gujarati. All the people from foreign (countries) have come to us to learn Gujarati. If you will learn this Gujarati then you will understand this Science. This is this world's tremendous wonderstruck Science - 'Akram Science', it's for the Salvation of the entire world. Understand it ! It's non-contradictory, and it's based on principles. It doesn't give a damn to the intellect. Even so called good intellectuals had to wrap-up their intellect (here). This science has made those (intellects) go to trash.



# Learn Gujarati Schools

Schools are active in  
Adalaj | Amravati  
Pune | Kolkata | Kolhapur



If you wish to start a Learn Gujarati School  
in your city, contact:

Email: [learngujarati@dadabhagwan.org](mailto:learngujarati@dadabhagwan.org)

Contact: +91 9820213308



**For German and Spanish  
Mahatmas - Special batches for learning  
Gujarati from Spanish and learning  
Gujarati from German are ongoing...**  
So far, 300+ Mahatmas have participated  
in this course.

## To join these courses

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### **Laurin Eidam (Student & Sevathi) (Germany)**

I'm grateful for the Gujarati course. We can really come in touch to heart of the true science of Dada, this is really beyond words. I'm grateful that me and Sebastian can be nimitz for supporting the technical that mahatmas could get accessed with, which is really great. It's helpful to learn Gujarati to see how Dada's gnan is working. Though it is relative thing to learn Gujarati but it helps to get beyond the limitation of doership because it is really different language to German actually, it is just possible because of Dada's krupa that is flowing from first session onwards that is just happening. હું દાદાની કૃપા અનુભવું છું જ્યારે હું ગુજરાતી શીખું છું.

### **Laura (Spain)**

It would be a really nice experience. By the time we finished the course, we could read Dada's books fluently.



## Sebastian Huber (Germany)



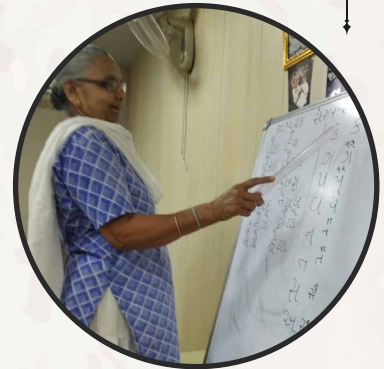
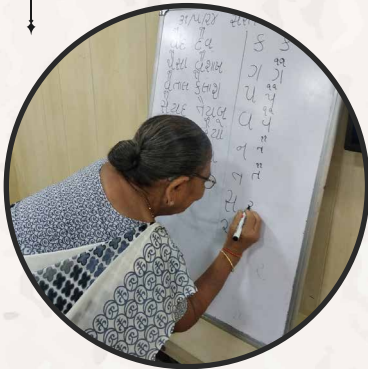
The intention to learn Gujarati came up with the intention to understand the speech directly without any translation, and also a lot of the informal conversations with Pujyashree are only in Gujarati language. We started the class knowing nothing about this language and started from scratch. Quickly we learnt all the letters and vowels and were able to read small texts and sentences like the line written on the socket of Lord Simandhar Swami Murtis. After this we focused on grammar and vocabulary. With every word we learnt I feel amazed how great this is to be able to directly read small Aptasutras and in Gujarati language. And from time to time the understanding became better and now in reading these Aptasutras I feel so much happiness with the knowledge that this is exactly as Dada said it in all his depth and all facets of it and the limitation of language translation has been solved for me to this extent of understanding. After the batch finished, I could do some seva in the following batches as Zoom Admin and start follow-up classes like Alumni Class and Spoken Learn Gujarati as continuing support for us to learn Gujarati. Especially in Spoken Class I could see a big benefit in practical interaction in India and International Events. e.g. In GP 2024 there was a small welcome of Pujyashree and before Vidhi there was some informal talk with the Mahatmas, because it was not planned there was no English translation available but just sitting there and listening to the talks the understanding was good enough to get the topics they are talking about and some funny talks that were going on. Many of these experiences reinforce my belief in how great the benefit is in understanding Gujarati and the closeness to Pujyashree, Dimplebhai and all the Mahatmas that comes with it.



# Elders Batch



In Adalaj, there are many elder women who have never been to school, never held a book or pen in their hands. These elders understand Gujarati but cannot read or write. They were very enthusiastic about reading Dada's words and learning to write. Their courage was bolstered by their grown-up sons and daughters, who got the chance to bring slates and pens for their mothers over 60 years old and enroll them in Gujarati classes. Our mothers used to take us to school, but have you ever taken your mother to school?



## ***Here are some of their experiences...***

### **Ramilaben Patel**

The elders themselves organized to teach other elders. We all went there to study and learned to read and write; everyone was very happy. We took exams and passed. I also passed. My children said, "Mom, it's great that you've learned to read and write at this age. It's wonderful-you are doing good work in Dada Bhagwan's path." I said, "Yes, dear, everyone is teaching us..."

**My name is Sattuben Kikani.** I could read a little before, but now I can read much better. Dada has showered grace upon us and given us wonderful divine energy.

I live in Simandhar City. My name is Hiraben (Makwana), and we are originally from Morbi. I came to study in classes to learn Gujarati; it felt very good. Now I can nicely read Dadavani and small books. Reading helps me understand well, and I have started grasping the essence. Earlier, I couldn't understand. All the teachers did a great job. They taught elders like us! It turned out to be wonderful... Please continue to shower such grace on everyone. May Dada's compassion shower upon us, and may He give everyone the strength to learn the Gujarati language.

My name is Bhagvatiben Savsani. I didn't know anything about studying. I had no memory power. The women worked very hard. Due to the immense grace of Dada and Niruma, many sisters like us have learned to read and write a little bit well. That's all. Please grant us the grace to be able to read Dadavani, Aptavani, everything. May Dada and Niruma give us such strength. Let Them reside in our hearts. We were completely illiterate and didn't understand anything before.

My name is Geeta Dashrath Vaghela. I live in Adalaj at ATPL and do a cooking job. I did not know how to read or write. I regularly attended the "Learn Gujarati" classes for 3-4 months. Now I can read the Charan Vidhi. In my daily life, it helps a lot in teaching my daughter. I used to put my thumb impression on checks, but now I can sign. I can also handle bank work myself.

My name is Manjulaben Chandubhai Vasava. I was very minimally educated. I did not know how to read or write. But since I started attending these classes, I have become very happy. The mentors in the class taught us with great enthusiasm. Earlier, I didn't know how to read or write. Today, I feel very happy. I have learned to read and write very well. Additionally, my "File 2" has also given me a lot of support in studying. Now I can read WhatsApp, Akonnect, and Energizer on my mobile. Earlier, I needed help from others to operate my mobile, but now I do it myself.



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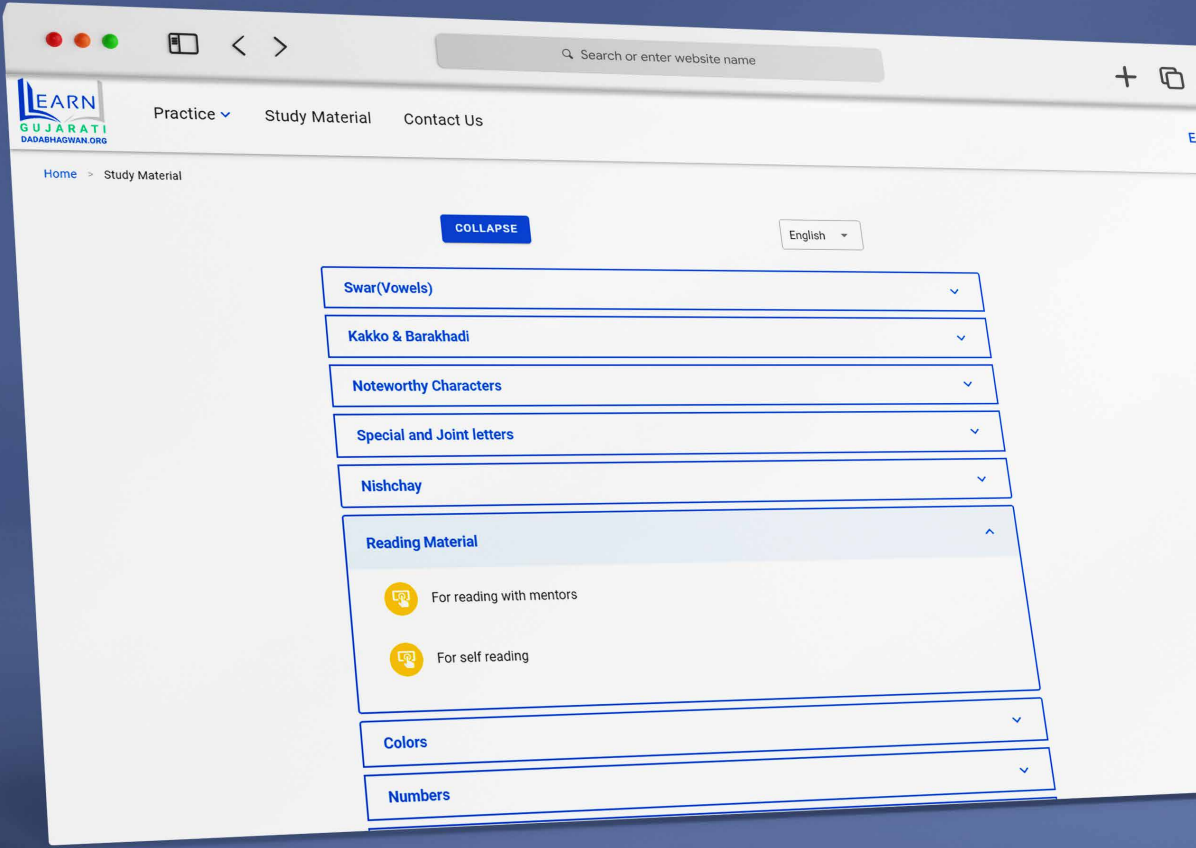
## Why Learn Gujarati?



**Start Attending the Learn Gujarati Course Today. Encourage the Mahatmas around you to take this course to understand Dada's Science in detail. Help them register and start their journey!**

**To Register visit:**

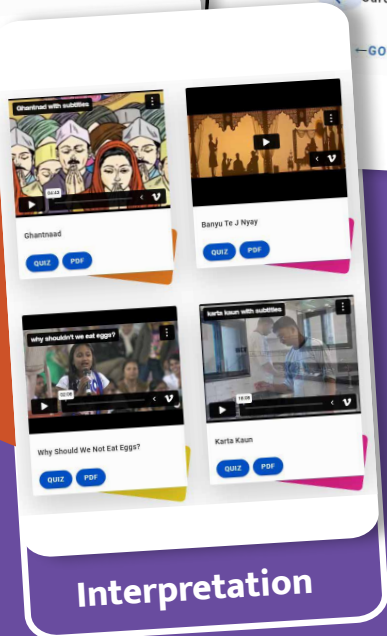
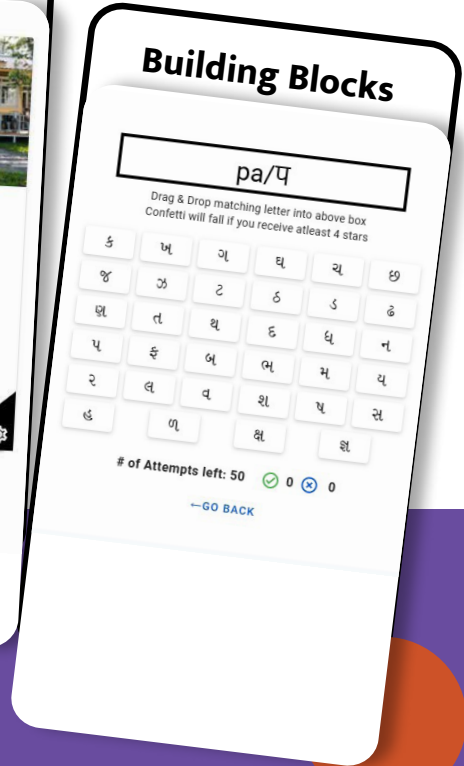
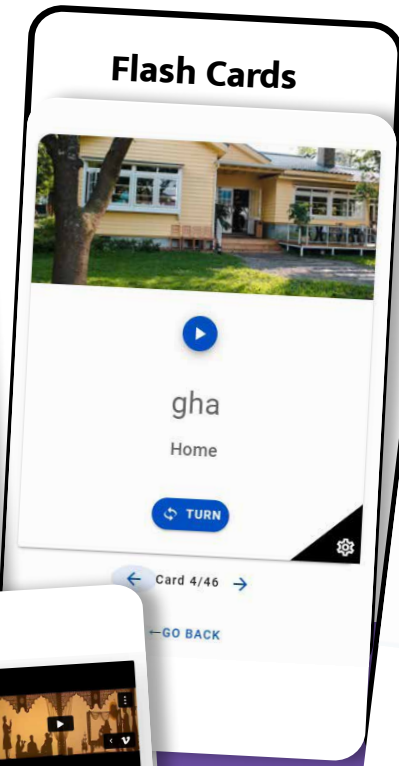
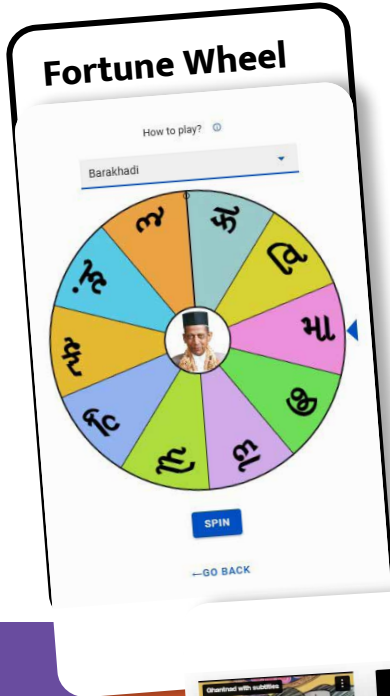
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# 50+ GAMES & ACTIVITIES



Practice reading and writing Gujarati with 50+ games and activities.

50+ interactive games to help practice Gujarati Words, Sentences & Characters with accuracy & ease.

# Poem



Jem chhe tem pragatyu Atmagnan,  
Dusham kaale aa acharaj mahan.

Khulla thaya gudh rahsyo tamam,  
Ketlu paarku ne kya chhe swa mukam?

Vyavasthite kevi kadiyo jodaati,  
Ke gnan bhasha bani chhe Gujarati.

Jano aa bhashama deshna thaati,  
Mano have to 'Maa' thai Gujarati.

Moksh sadhava jane sadhan bani,  
Bhasha koi vahalu swajan bani.

Jagaadti ane aajey sambhalati,  
Dada bolya chhe, te ganga Gujarati.



By Dada's Youth

## Information Regarding the Discontinuation of Akram Youth Magazine Printing

Jai Sat Chit Anand Mahatmas,

Today's youth primarily read the magazine online, resulting in a decrease in subscriptions for Akram Youth (Gujarati). Therefore, we have decided to discontinue the print version of the Akram Youth magazine starting from January 2025. The digital version will be freely available on the Akonnect website and youth.dadabhagwan.org.

From December 2024, those with remaining Akram Youth magazine subscriptions will receive a refund. To claim a refund, please scan the QR code provided below and fill in the required details for your magazine and bank account.

The final date for submitting refund requests is January 15, 2025. The refund amount will be deposited into your bank account by January 31, 2025. If you have any questions related to this, please feel free to contact the magazine team at dadavani@dadabhagwan.org or by phone at +91 81550 07500.

- Magazine Team, Adalaj



To get your refund,  
scan the QR code

Send your suggestions and feedback at: [akramyouth@dadabhagwan.org](mailto:akramyouth@dadabhagwan.org)  
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